



Be Ye Peaceful - Volume IX

Released on the occasion of 126th Holy Birth Anniversary of

Yug- Purusottam Param Premamaya

Sri Sri Thakur Anukulchandra

Celebrated as 9th US National Satsang Congregation

SATSANG USA, NEW YORK

SATYANUSARAN (THE PURSUIT OF TRUTH)

First of all, we must wage war on weakness. We must be bold and brave; for weakness is sin incarnate! Drive it away at once – this depressing, blood-sucking vampire! Say – you are bold, the offspring of Might; believe – you ARE a son of Father the Supreme! Before all else, be daring, be sincere. Then it is clear you have the right to enter the kingdom of heaven. With the least weakness you cannot be truly sincere, and so long as your thoughts and words do not agree, the dirt within shall not be touched. Once word and thought become alike, the dirt cannot collect within.

The hidden rubbish floats up in words and sin cannot remain within. Failure need not be weakness; to fail to try is weakness. If, despite your all-out effort in anything, you fail to succeed, no harm; carry on; don't stop! That unblemished effort must carry you toward the goal. Weak minds are always suspicious. They can never trust. Their faith has been lost; so they are generally sickly, tricky, sensually inclined. For them, all of life is a burning. Ultimately joy and sorrow are dissolved in despair. What is pleasure, what is pain, they cannot differentiate. If asked, they sigh, "What's the difference!" Ever restless, their lives deteriorate in dullness. Love and regard has no place in the weak heart. To be anxious about one's own distress, suffering or death on seeing that of others and to be broken, bewildered and distraught thereby is weakness. But the eyes of those who are strong are always seeking for a remedy in everything they do and in such a way that no one is shattered while in that condition. To find the remedy with love, as did Lord Buddha, is the sign of a courageous heart.

Say not you are timid! Say not you are a coward! Say not you are evil-minded! Look towards Father! Speak fervently, "Oh, I am Your son. Within me there is no more dullness, no more weakness. I am no longer a coward! Never again forgetting You will I run towards hell with my back towards Your light crying, 'Darkness, darkness, darkness!'"

- Sri Sri Thakur



Constancy to fulfill the Ideal invites the Constitution that fulfills.

-Sri Sri Thakur

“Be Ye Peaceful – Volume-IX”

We are pleased to have our ninth edition of BE YE PEACEFUL published on the occasion of the 9th US National Satsang Congregation to celebrate the Holy 126th birth anniversary of Supreme Love Sri Sri Thakur Anukulchandra.

We are fortunate to have the divine words of blessings from none other than Param Pujoyapada Acharyadev Sri Sri Dada and directions from Pujyaniya Babai Da which have made this challenging task achievable.

We sincerely acknowledge the painstaking efforts and contributions from all the devotees of US, Canada, UK and India who have provided their own experiences and learning in the form of articles and/or other forms of contribution. We are especially delighted to have contributions from young members.

The compilation of this document was not possible without the effort and guidance from Gisela Lichtgarn, Ram Kinkar Thakur (SPR), Jeffrey Renert, Gabriel Lichtgarn, Paresh Samanta, Asis Basu (SPR), Richi Mistry (SPR), Debol Gupta and others.

We believe that this document will provide its readers valuable insight into Sri Sri Thakur’s life and teachings and inspires one and all to know increasingly more about the Divine Life and be anointed with His blessings and grace.

Vande Purushottamam!

On behalf of devotees of Satsang USA and Canada,

RS and Jaiguru,

Mitali Bhadra
Fremont, CA, USA



Glow of character glows the temperament of the environment.

-Sri Sri Thakur

Table of Contents

SN	Description	Page
01	Ashirvani (Letter of blessings): <i>Param Pujayapad Acharyadev Sri Sri Dada</i>	6
02	Messages from various sources: <i>Compiled by Ram Kinkar Thakur</i>	11
03	Introduction (An Overview of Sri Sri Thakur's Life)	22
04	You Are For The Lord: <i>Preeti Marasini</i>	24
05	GOD Is One: <i>Baishali Chaudhuri</i>	26
06	How He Fulfils, Protects and Nurtures Us: <i>Gisela Lichtgarn</i>	27
07	The Most Memorable Day In My Life – My Diksha: <i>Siddheshwari Thakur</i>	29
08	A Pleasant Surprise: <i>Pratibha Thakur</i>	30
09	The Need For A Teacher On Each Subject Of Our Life: <i>Richi Prosad Mistry</i>	31
10	To Worry Or Not To Worry: <i>Kerry Brace</i>	33
11	A Deep-Sea Creature (Or How To Live With Pressure): <i>Gabriel Lichtgarn</i>	34
12	Bless Me: <i>Reet Dipti Dhakal</i>	35
13	The Two Shining New Cents: <i>Sowjanya Chintala</i>	36
14	Param Pujayapada Sri Sri Borda In My Life: <i>Sasanka Kumar Mishra</i>	37
15	The Dentist and The Dog: <i>Jeffrey Renert/Richi Prosad Mistry</i>	40
16	The Art Of Meditation: <i>Jeffrey Renert</i>	41
17	How To Raise A Child, etc.: <i>Compiled by Tushar & Madhusmita Swain</i>	43
18	Leadership or Respect – Which Comes First: <i>Debol Gupta</i>	46
19	2013 – Memories (PHOTOGRAPHS)	49
20	Blessed	52
21	<u>তিনি অপ্রমেয়</u> : <i>Asis Basu</i>	51
22	Photos: 8 th US National SATSANG Congregation 2012	55
23	SATSANG Calendar: 2013–14	56
24	Dedications (from Devotees)	57

REMEMBER AND GO

Think not weak,
Think not depressed,—
ye hopelessly immobile;
remember the best creation
of His stock
which you live in !
Shout,
cheer up,
be sure and brave;—
hold His banner of love,
behold Him in His creation;
go—
and this go
is only to serve,
to kneel
and to pray !

*- Sri Sri Thakur
(The Message - Volume I)*

"ASHIRWANI"

(from Param Pujiyapad Acharyadev Sri Sri Dada)

Sri Sri Thakur is our Ideal, – the very centre of existence of all of us. Only by remaining totally adhered to Him with every mighty urge and worshipful-endeavour, serving him piously with unquestioning allegiance, and doing every thing for his sake with whole-hearted sincerity and vigour, we become true to our selves and come to true piety for others. He is fulfiller the best. Only by serving and loving Him, we may attain perfection in all our actions, words and behaviour. By remaining in tune with his existential ordinance, we join true happiness and may make others happy too.

May your resolve to be His and His only, resonate your own heart and also that of every one else with ever undiminishing peace and happiness.

Love & R.S.

Dada

26.08.2010

Satsang, Deoghar

MESSAGES

(Compilation from Magna Dicta and other sources)

More alive the adherence
to the Ideal, more is man unshocked
and unshaken.

-Sri Sri Thakur (13 – Magna Dicta)

Grace and Gracious favour
are the outcome
of unexpectant serviceable love
with a tenor of thyness.

-Sri Sri Thakur (15 – Magna Dicta)

Love makes one steady,
unquivering, majestic and
active with every cautious
insight.

-Sri Sri Thakur (31 – Magna Dicta)

When the Ideal is awake in man,
he is active, agile,
inquisitive, responsible,
alert and tactful:
in a word
all faculties bloom and glow.

-Sri Sri Thakur (33 – Magna Dicta)

Demand without pleasing service is the command that invites dissatisfaction.

-Sri Sri Thakur

Be conversant with them
who love Lord the Love
unrepelling
and be in love with love
-- the way to heaven ;
and that is the way
to love, knowledge and bliss.

-Sri Sri Thakur (35 – Magna Dicta)

To comply with the wishes
of Beloved the Superior
with every uphill contentment
in the shortest reaction-time,
is the crucial measure
to test
that the complexes
are adjusted
with a meaningful
achievement.

-Sri Sri Thakur (45 – Magna Dicta)

Whoever serves the environment
for his own sake
shall lose it,
and he who does it
for Lord's sake
shall be crowned !

-Sri Sri Thakur (50 – Magna Dicta)

Do to others as you would be done by – but expect not in return.

-Sri Sri Thakur

Any effort,
any acquisition,
any wealth that goes
to fulfill anything
above which
the Lord is not enthroned,
is futile
through the conflict of complexes
that falter !

-Sri Sri Thakur (53 – Magna Dicta)

Sweet tongue,
exalting habits and behaviour
with services
and unexpecting devoted adherence
to the Ideal
is the royal road to win.

-Sri Sri Thakur (57 – Magna Dicta)

To materialize
the wishes of Beloved
the Love
with every fulfillment
and sharp tactful immediacy—
throwing behind
all other calculating back-out tenors
is the only way to achieve love, energy
and perfect skill.

-Sri Sri Thakur (58 – Magna Dicta)

Suspicion is an unbalanced diversion from positive go.

-Sri Sri Thakur

Unity of purpose
invites amity
and unison of principle
creates friendship
and brotherhood.

-Sri Sri Thakur (61 – Magna Dicta)

Do meditate Mantra
on thy Lord
dawn and night,
do repeat
the Holy Name
mentally and meaningfully
in all the movements
of daily life,
do materialize the directions
of the Guru in due time—
that is Tapas—
the way to achievement !

-Sri Sri Thakur (68 – Magna Dicta)

All the prophets of the past
converge and awaken
in that of the present ;
love to Him
is love to all—
in the worship of God.

-Sri Sri Thakur (138 –Magna Dicta)

Decency is the essence of conscientious adjustment of habits.

-Sri Sri Thakur

THE WAY TO SUCCESS

Surrender to thy Ideal,
continue to move on—
smashing and managing
the sufferings
that come forth as obstacles,—
and be crowned
with success !

-Sri Sri Thakur (The Message: Volume-I)

KNOWLEDGE THROUGH ATTACHMENT

Attachment picketh wits
from its object;
so be wise
that you may acquire
knowledge
through attachment!

-Sri Sri Thakur (The Message: Volume-I)

DHARMA—ITS OBSERVANCE

To observe the upholdment
of the laws of existence
both mental and physical
with an honest interest
in the environment
with every nurture of
individual specific specification
is the observance of Dharma.

-Sri Sri Thakur (The Message: Volume-II)

Serve but do not destroy one's self-healing ability.

-Sri Sri Thakur

TO BE RE-LIGARED IS RELIGION

Religion is nothing
but to be ligared
with the Master—Exponent
and to lead life
according to His leading commands
making Him prominent in life
by which solace of life
and existential uphold
are cultured
combining evil
that deteriorates it.

-Sri Sri Thakur (The Message: Volume-II)

DIVINE LOVE

When you feel concentric
to your Love-Lord
with conscientious
inquisitiveness
and delighting throb
through the wine of love
with enlightened good
or well-being to existence—
it is the response
of your godliness
that peeps in you with flashes
and radiates through your being—
for joy is the
zeal of the Lord
and it is divine.

-Sri Sri Thakur (The Message: Volume-III)

Be not jealous of anyone and never be the subject of jealousy.

-Sri Sri Thakur

UNIVERSAL LOVE

Love is ever-unitary,
ever devoted to the Beloved,
and sublimates
and spreads itself
into each individual
with every special characteristic ;
thus it sublimates into
universal love
with its central affinity,
and with every meaningful fulfillment.

-Sri Sri Thakur (The Message: Volume-III)

LOVE CREATES FELLOW-FEELING

Continuous consistent
beloving attitude
and behaviour
with an intent to fulfill the needs
of the Love
by every support and service
but not out of
passionate crave
creates an evolving chain of
inter-interested love
and fellow-feeling
among the people
in place of
mutual animosity,
boosting up
their existential morale
in their propitious go of life.

-Sri Sri Thakur (The Message: Volume-III)

Characterless teacher is the spoiler of the student's life.

-Sri Sri Thakur

FOUR PILLARS OF EXISTANCE

The main thing for every individual
is to maintain
his life and growth
with apt nourishment,
and this nourishment requires
education, agriculture, industry
and proper marriage for good progeny ;
therefore these four pillars
are the sovereign
towers of existence
and the other things are to help
the equity and liberty
individually and collectively ;
hence, the main duty of the state
is to maintain these
with their nutritive properties,
and that is the stay of
every individual
and the stay of state.

-Sri Sri Thakur (The Message: Volume-IV)

DO ALL THAT NURTURES LIFE

Be not superficial in your knowledge
but know things
with every thoroughness ;
and be not exuberant
in doing anything
that makes existence shattered
but do all
that nurtures life
with a progressive go.

-Sri Sri Thakur (The Message: Volume-V)

He who is for his Love is for his self and environment too.

-Sri Sri Thakur

CONCENTRATE AND ADHERE

Deep-interested observation,
keen intelligence,
gratifying attitude,
auto-initiative service,
friendly co-operation
with every satisfying embrace
of your bosom,
honest-controlled and controlling
temperament
with every normal
considerate outlook,
sweetening grateful conversation,
valourmost active habit
with a blessed eloquence,
possible time-keeping collaboration,
friendship in words und deeds
with acquisitive habit
and practical lore
with normal existential
happy uplift—
make one
effulging,
generative,
exaltingly upheaving
with every adhering growth
in all enquiries ;
concentrate and adhere
to the Love-Lord
the Lead
in a pious efficient
contribution of his service
with a sweet effulging blaze.

-Sri Sri Thakur (The Message: Volume-VI)

Concentric love sprouts into universal love.

-Sri Sri Thakur

TRADITIONAL TRAIT-SPINE OF EXISTENTIAL STAY

Traditional trait
is the spine of
existential stay
and cult and culture ;
it extends from
individual to family
towards society and country
with an evolving volition
through
the observation
and adjustment of man;
in the absence of it
concentric invigoration valour
dwindles
and slave mentality becomes
prominent,
and molested tradition
kicks people to the dogs.

-Sri Sri Thakur (The Message: Volume-VII)

UNADJUSTED COMPLEXES

Unadjusted complexes
are ever unprincipled
and unbalanced
so, liable to be
agitated and depressed
with unwise
and incongruous display.

-Sri Sri Thakur (The Message: Volume-VII)

Love imparts will, will imparts activity.

-Sri Sri Thakur

ESSENCE OF EDUCATION

To bring out and materialize
a congruity
from among varieties
and unify them meaningfully
discovering their relation
to existence
is the essence of education.

-Sri Sri Thakur (The Message: Volume-VIII)

EDUCATION WITHOUT CHARACTER

Where education
does not collaborate
with character and conduct,
it is merely
an induction
of knowledge
without an
all-round association
with facts
that make
the personality
of our inner being
grow,
effulging
into peaceful fellow-feeling
with sympathetic service
to one's
existential uphill
momentum.

-Sri Sri Thakur (The Message: Volume-VIII)

Introduction

*(An Overview of Sri Sri Thakur's life)
Satsang USA with Contributions from Several Sources*

To describe the attributes of a prophetic personality like Sri Sri Thakur is an utterly difficult task, and to describe him briefly is to try to achieve the impossible. The multi-faceted magic of his lofty personality can be experienced but it can hardly be described in words.

Human language has an infinite capability to describe, to explain, to analyze and to define. But when it is a question of describing divinity, it seems to break down. This is why the great spiritualists in India used the Sanskrit expression *neti neti*. This Sanskrit expression means HE IS NOT THIS, HE IS NOT THIS.



Sri Sri Thakur was not a scholar. He often described himself as the most ignorant son of Father the Supreme. But he will be the source of inspiration for original and profound scholarship for ever. He had no sense of vain pride about himself as nearly everyone in this world has, but because of his lofty ideals and his sublime personality he will continue to be a source of pride and glory for the whole of humanity for all time to come.

He had in him the compassion of Jesus Christ, the philosophical profundity of the Buddha, the perceptivity of a super scientist, the spiritual awareness of Lord Krishna, the practicality of Prophet Mohammed, the wisdom of Confucius and the vision of Zarathustra, the originator of the Parsi religion.

Born on 14th September 1888 in Himayatpur, now in Bangladesh, he was remarkable from his very childhood. Initiated by his mother in his young age, he remained constantly absorbed in meditative contemplation and would often have visions of the universe melting in light. As he grew older he would enter into a state of 'Samadhi' while doing 'kirtan' whereby his heart stopped beating and all outward signs of life would disappear. However, in this state, profound utterances emanated from him not only in Bengali but in other languages, some unknown to the listeners.

Sri Sri Thakur, according to his mother's desire, studied medicine and started practicing as a physician. Soon, however, he turned his attention to treating the inner malady of mankind and the Satsang movement was born. 'Sat' means truth and existence and 'sang' means association; hence the Satsang is an association or brotherhood to uphold truth and existence. Sri Sri Thakur called this movement a

He who loves his soul loves solace too.

-Sri Sri Thakur

'Man Making' movement aimed at reforming the inner universe of man so that each individual becomes a 'relief centre' for society.

His slogan was 'universal brotherhood' through being attached to the 'Universal Father', 'convergence' rather than 'conversion' between religions and 'materializing spiritualism and spiritualizing materialism'. Many great contemporary leaders like Mahatma Gandhi, Subhas Chandra Bose, Radhakrishnan, Chittaranjan Das and Lal Bahadur Shastri visited Sri Sri Thakur at his ashram (now in Deoghar, India) and came away impressed and inspired.

Besides, millions upon millions of people from all over the world approached him with their problems and queries for everything from science to spirituality, atom to infinity, and found in him a meaningful answer to their quest. Describing the multi-faceted, multidimensional, oceanic personality of Sri Sri Thakur is a challenge to language and words. He was at once a practical metaphysician, a benign dictator, a material spiritualist, a poetic scientist, a householder sanyasi and a pragmatic philosopher. Above all, he was a loving refuge for humanity. Saint or sinner, people were never turned away from him but always found in him a compassionate and kind friend whom they could trust with their lives. Millions felt his loving touch and accepted him as their spiritual guide or 'Guru' and as the 'Yug Purushottam' or prophet of the age.

He left his mortal frame on 27th January 1969, but is still forcefully alive in the hearts, minds and spirits of his followers and admirers. It was in recognition of his greatness that the Government of India issued a commemorative stamp on his 100th birth anniversary in 1987. The Satsang under the dynamic leadership of Acharyadev Pujyapada Sri Sri Dada (grandson of Sri Sri Thakur) carries on with the task of propagating his eternal message of life and growth, being and becoming, to the world. The greatest compliment we can pay to Sri Sri Thakur will be not to use empty words of praise for him but to try to find out who he was, what were the lofty and sublime ideals that he has left behind himself and how we can benefit from those lofty and sublime ideals. From our experience and on the basis of the personal experience of about a billion of his followers now, we can assure you that the more you know about him, the more and vining personality but someone the like of whom the history of humanity finds once after many centuries.

Bande Purushottamam



Love is the leaven of life and bliss.

-Sri Sri Thakur

You Are For The Lord

*Preeti Marasini
San Antonio, Texas, USA*

It was a beautiful afternoon in Deoghar. It had just stopped raining. My brother and I were walking through the wet paths of Thakur Bari towards Sri Sri Borda bari. The big old trees of Thakur Bari were giving shade and water was dripping from the leaves. It was very peaceful and a soothing walk. Along the path there were these small slates/boards hanging with a yellow border and they had Sri Sri Thakurji's sayings written on them in Bengali, English, Hindi etc. We were walking at our own pace and reading them. The messages have been hanging there for a long time. Yet every time I read them, I seem to understand and relate to them better than the last time. He has conveyed the most complicated topics in very simple words. And I think that is the beauty of Sri Sri Thakurji's. Even though said many years ago, they hold so true in today's time and world. That afternoon, amongst many sayings, the one that struck me the most was:

**You are for the Lord, not for others,
You are for the Lord and so for others.**

I thought to myself... What does Thakurji want to say, why would He say such a contradictory sentence? In the same sentence He wants us to do two the things. Is it even possible? Thinking about it, I walked away, yet contemplating the meaning. Later, I discussed it with my brother and cousins. Each one of us shared what it meant to them. To me, the saying meant that we are first the servants of the Lord, belong to Him and that we came to this earth to fulfill His wishes. However, since every one of us belongs to the Lord, in order to serve the Lord, we have to serve His people. Thus, when we serve people around us, we are actually serving the Lord and fulfilling His wishes. By simply nourishing, helping and serving our environment, we can make our Lord happy. How Unique, How True and How Doable is the Lord's desire, I thought to myself.

Discussing the messages of Sri Sri Thakur I would sometimes believe that there could be only one way of interpreting it. However, one day I heard an incident that changed the way I thought. The incident was told to me by Gisela ma. Gisela ma and her husband Late David da have been initiated for over 43 years. David was a Ritwik and his family have been dedicated devotees who have been trying to spread the word of Sri Sri Thakur every way they can. Many years back she and her husband were fortunate to spend a long time in Deoghar ashram understanding the

When love condenses energy expands.

-Sri Sri Thakur

philosophy and practicing the principles of Sri Sri Thakur under the love, care and guidance of Sri Sri Borda. Back in the 90s, when they returned to US from their trip to Deoghar, they wanted to do something to spread the message of Sri Sri Thakur. So, Gisela ma and David da started putting out a little booklet called 'Dharma and Ideal'. This booklet had Sri Sri Thakurji's messages and they would comment on it and send it to friends to do jajaan. Another time in Deoghar, David da shared with Sri Sri Dada that they were trying to spread the message of Sri Sri Thakur in the USA and printing a booklet with Thakurji's messages with the interpretations. At this Sri Sri Dada responded that, there was not only one way of looking at Thakurji's message. Sri Sri Dada's point was that Thakurji's messages can be interpreted differently by different people.

After listening to the above incident I was thinking how every word of Sri Sri Thakur is a piece of art that can be understood by different people in different ways. Once Sri Sri Thakurji when still a child was asked by His teacher what is 1+1. At this Sri Sri Thakur said, 1+1 is not 2 as no two things are the same. Then how can they be added. No two people are the same, no two leaves are the same, no two stones are the same, no two apples are the same. Thus they cannot be added if they are not the same. Just because everybody is different, everybody deals with situations differently, thinks differently. Thus the sayings of Sri Sri Thakur can hold a different meaning for everybody. However, amongst all the different thinking and backgrounds, the common goal of every human being is Being and Becoming. And that leads us to our Love Lord, Sri Sri Thakur. His sayings are not rigidly carved in stone but flexible and adaptive for this ever changing world today. And I strongly feel that we are so lucky to be chosen by the Lord to be initiated with the Holy Name.

In the end I just want to say:

**'Every word you said, oh Lord, is a stroke of colorful paint.
Creating an exquisite painting of love on the blank canvases of our lives.
Oh Lord, How wonderful is your Artwork... we call Life.'**



Love is the sonorous plasm that rouseth knowledge.

-Sri Sri Thakur

GOD IS ONE

*Baishali Chaudhuri
(9 year old)*

Is God the one who made our lives?
Is God the one who made the Earth?
Is God the one who made us survive?
Yes!Yes!He's the one!

Is God the one that we pray?
Is God the one that we worship?
Is God the one that makes our day?
Yes!Yes!He's the one!

Is God the one that made us food?
Is God the one that gave us a home?
Is God the one that makes us good?
Yes!Yes!He's the one!
GOD IS ONE !!!



How He Fulfills, Protects And Nurtures Us

*Gisela Lichtgarn
Unionville, CT, USA*

Let's Not Meet by Accident!

The other day I was driving to one of my local Indian stores. A car was already parked in front of the store. I was coming from the right of the car, not noticing that her car lights were on and the woman was about to back up. When I suddenly saw the lights, I became terrified and, not even having the time to honk my horn, quickly drove behind that car and to her left! I must have missed her car by inches! My heart was pounding in my throat, and the owner of that car hadn't even noticed how close we had been to meeting by accident! I was grateful beyond belief how the Lord protected me from such a close accident!

Ice Cream at Friendly's

We were seated at the table, decided on what we wanted and someone came over to bring us water without taking our order. As we knew what we wanted we waited for the waiter—who never came! Then to our amazement a family of 4 came, was seated immediately near us and the waitress at once took their order! We looked at each other stunned! We had been waiting for at least 10 minutes, being ignored by every waiter in sight. Finally the head waiter came over and we mentioned how long we had been waiting! He got a waitress immediately who served us and the head waiter explained, because the menu was put away, it looked to the waiters that we were waiting for our orders, instead of waiting for a waitress! Later a surprise awaited us: he told the waitress not to charge us for one of the ice creams! The waitress said, "Because you were so patient."

Flowers at the Doctor's office

My doctor was too far away for me. Friends mentioned an alternative place only 1/2 an hour away, The Center for Integrative Healthcare and Healing. It sounded good. When I called I was surprised that I was kept waiting longer than seemed necessary. The tone of the receptionists seemed disrespectful. Even the nurse I spoke to sounded harsh and not at all sympathetic. I made an appointment but thought, 'What kind of a place is this with people so negative, and unsympathetic?' I was nearly in tears. When the time came for my appointment I was close to

Love creates inter-interested love and fellow-feeling.

-Sri Sri Thakur

canceling it, being very reluctant to meet people who were that disrespectful towards the patients . But Sri Sri Thakur had other plans. Slowly He planted the idea in my mind that I should bring some flowers. At first that seemed outlandish to me. I thought, 'Well, I do have plenty of flowers growing outside my house. But isn't it a little weird to bring flowers when I haven't even met these people?' But the idea persisted and I finally went out and cut a large amount of white daisies, several kinds of red and pink roses and other flowers. The bouquet looked stunning! I stuck it into a plastic container with water and drove off toward the Center.

The nurse was the first who noticed as I placed everything on the counter. At once she became very enthusiastic, ooing and aing about how lovely the flowers where. Then she got out her ipad and showed me her garden, small but obviously important to her. There was no disrespectful talk from anyone. The Lord had guided me, not to correct anyone but to inspire! What an awesome solution to those in need of correction!



The Most Memorable Day In My Life – My Diksha

*Siddheshwari Thakur (11 Year)
Houston, TX, USA*

Jaiguru to all. I would like to share with you all the most memorable days that I have experienced in my life – my diksha.

I, along with the whole family reached Deoghar on 24th August at around 7PM. We hired a taxi and reached the guest house (a place of residence for visitors inside the Satsang compound) in quite a rush since we wanted to request for permission for the diksha for me. However by the time we reached, Param Pujoyapada Sri Sri Dada had already taken leave from his seat and had proceeded towards his residence.

The following morning, I had a strange feeling in my stomach and very soon I had found out I was sick. I didn't tell anyone until later on, after we requested Diksha from Pujya Babai Da. Fortunately, Babaida agreed for us to have Diksha, and what was more? He agreed to do it himself – a great honor.

Then we sat down in front of Param Pujoyapada Sri Sri Dada and stayed there until my head was throbbing and I felt weak and tired because of fever. Me, my mother and my sister, returned back to the guest house while my father stayed there. We had not even told anyone about the fact that I was sick but guess what? Pujya Binki Da already knew that and had advised my father to take care of my stomach.

I was pretty much unsure about the Diksha the night before it, and by now even my sister felt feverish. However the next day I felt much better and was ready for the Diksha after taking bath early in the morning.

We went to Pujya Babai Da and did pranami. He asked us to sit on the bench. I was surprised that he had said that because my mother had earlier told me to sit on the bench due to my weakness. I had gone there and now Babaida was saying the same. I realized this was because my mother said and Babaida wanted me and my sister to follow that. Later I and my younger sister were asked to sit inside a room allocated for diksha. At that time I felt excited and eager and a bit nervous too. I was talking about the diksha to my sister when Babaida entered the room. We stood up and bowed down to him. The diksha continued for 15-20 minute and I learnt a lot of things, which I will apply in my life.

The most important thing I learned from Pujya Babai Da is to keep Thakur first in my life. I will keep that in my mind all the time and try to fulfill Thakur's wishes as he is the one who guides us for our existence and growth.

A Pleasant Surprise

*Pratibha Thakur (9 Year)
Houston, TX, USA*

I would love to share an important tale about a time, not long back, when I got Diksha. I would say, I will never forget this surprising moment. Read on if you want to know about it.

It all began on August 24 when I reached Deoghar. I was tired but our guest house was not far. We put our stuff in and went to offer Thakur-Bhog and pranami to Sri Sri Thakur, Sri Sri Borma and Sri Sri Borda. By the time we reached Sri Sri Dada's place, he had already left to take rest.

At the guest house it was very cozy but my sister, Siddheshwari had fallen sick. I think the food from outside could have been the one to blame. My father bought medicine to heal her. The next day, I also got fever.

I wanted to take Diksha but when my father requested Pujya Babai Da for the Diksha, he only mentioned Siddheshwari, not me. I was a bit sad as I was not sure if I was allowed to take Diksha. The next day i.e. 26th September was due to be the Diksha day. In the night before Diksha, I had a very high fever and had to take medicine in the middle of the night. The next morning, when I and my sister went to Pujya Babai Da, he asked us to sit on the bench and wait. My father asked me to keep repeating 'Holy Name' and pray to Sri Sri Thakur for the Diksha.

30 minutes later, an unknown person came and took us to the Diksha room. Pujyaniya Babai Da came after some time and gave us the Diksha. During the Diksha he asked us to always keep Sri Sri Thakur first in all our activities.

After the Diksha we got better. There was no fever. I am very excited to start a new life after taking the Diksha.

Jaiguru.



Adherence with active service for the Lord induces love.

-Sri Sri Thakur

The Need For A Teacher On Each Subject Of Our Life

*Richi Prosad Mistry
Brownsburg, Indiana, USA
rprosad@gmail.com*

We grew up getting private lessons from a teacher on each subject in my academic field. It still scares me to think of the hectic childhood routine that we had. We used to go to get private lesson on each subject for my secondary and higher secondary schooling. We also had a separate teacher at home (we used to call him lodging master) who guided my education on all subject up to the end of secondary schooling. The need for a teacher is still pretty common, maybe even more intensified as the competition in academic fields has been sharply increasing ever since as the number of good schools, colleges and universities did not keep up with the population growth in the country where I was born and grew up. Most education-conscious households in the part of Bangladesh where we grew up had the similar feeling of the need for a teacher in academic fields. The need for a teacher according to subject has now been the new norm. I must say what a wonderful idea the parents of that part of world had. That need is still growing just out of severe competition that that country has in order to be able to get into a good higher educational school. Obviously in general, the goal is to earn a better living, in a country where scarcity of resources is severe, by being able to compete for a good job, for which thousands compete.

I am impressed with the thought of the need for a teacher for each subject- mathematics, English, Bengali, geography, science etc. But what about other subjects in life- how to behave with those who are younger, peers and elder? How to choose a friend? How to choose a mate? How to become a good father or mother? How to bring up a child? What about what to eat and how to eat it? What about how to protect us from disease? And many more incredibly complex subjects that our life presents us with.

We go from teacher to teacher, from school to school and spend an incredible amount of resources (money and time) for our relatively simple academic subjects and that is wonderful. We get a better education, we earn a good living and those are part of living a better life and we are apparently successful in doing so. However, most of us ignore to go from teacher to teacher, school to school or spend any resources for other incredibly complex subjects that make most of our living a better life. How good will life be earning a good living but living an unhealthy life or not being able to choose a compatible mate for life? Don't we see that everyday, apparently very successful people are not able to live a life the way he/she ever dreamed of. That dream never came true because he/she never put

Do never die, nor cause death, but resist death to death.

-Sri Sri Thakur

any effort into learning how to do it. He/she focused on how to get an academic education, spent all his/her resources to achieve that one thing, mastered it and became successful but has not tried to learn how to live that dream life- the other more complex aspects of it.

According to the intensity with which we go from teacher to teacher and school to school for our academic affairs, we become successful. The intensity of our effort generally is reflected in the outcome and it is obvious in our daily lives. If we focus on the other complex aspects of our living a better life and put that same amount of effort that we put into achieving our academic knowledge, we may be able to live that dream life, the other more complex aspects of it.

"Bipak pathe hath dhare je chalar kaida jaanie dei, thakei jaanish guru bale, take pele naiko bhai"

"Whoever, holding our hands, can guide us/teach us the tricks of walking on the difficult hazardous walks of our lives, is the Guru (Teacher) and if we reach him we do not have anything to be worried about."

— Sri Sri Thakur.



That to conceive which the mind loses itself is Infinite.

-Sri Sri Thakur

To Worry Or Not To Worry

*Kerry Brace
Pittsburgh, PA, USA*

Sri Prafulla Kumar Das is well known among the Satsang community as the man who recorded many of Sri Sri Thakur's conversations which have been published in the volumes of Alochana Prasange. I had the good fortune to meet him when I stayed at the Deoghar Ashram in the 1970's. The following is an interaction that he had with Sri Sri Thakur. He narrated this to me in March of 1974:

Prafulla-da was writing down on a pad some inspirational rhymes ("chora") which Sri Sri Thakur was dictating. This was during the time when the Lord was at Pabna.

Prafulla-da tore off a leaf of the pad to begin writing on the next leaf before the previous one was filled. Sri Sri Thakur asked him why he tore it off before it was filled.

Prafulla-da answered, "In order to be sure that there will be no delay, if the bottom is reached, and I have to go on to the next page in the middle of a dictation," or something to that effect.

Sri Sri Thakur told him to analyze himself, and see why he did it.

Prafulla-da could think of no other reason why he did it, and said so.

Sri Sri Thakur said, "This one action indicates your character," or something to that effect.

Prafulla-da asked him, "What do you understand from it?"

Sri Sri Thakur's answer was that it shows you are concerned about the future, and Prafulla-da agreed that he was. He was worried about what would happen to him.

Sri Sri Thakur said that this was not good, that worry is a disease, that we are to be careful in what we do, but we are to rely on him.

This proved to be a turning point for Prafulla-da. He began to rely on Sri Sri Thakur more and more. Eventually he felt no fear when he had no means of support. People would come on the day that he ran out of money and bow down at his feet with an offering of ten rupees.

A Deep-Sea Creature (Or How To Live With Pressure)

*Gabriel Lichtgarn
Unionville, CT, USA*

I like to read about science and technology. Last year I borrowed a copy of Popular Science magazine from our local library. In the June 2012 issue they write about a deep-sea crab called the *Segonzacia mesatlantica* crab. Scientists found that this crab (and some other fish and octopuses) cannot survive if they are brought to the surface of the ocean. This crab thrives at depths in the ocean of 6,000 feet! When I read this article I thought: Wow! If only I could become like that! This crab not only likes pressure (high water pressure), it also cannot live without it. The crab cannot live without the pressure for more than a few weeks. (Quote: "Even hardier animals, such as crabs, can survive at sea level for no more than a few weeks.") I was thinking if I can meditate and repeat the Name, maybe I can become more like that deep-sea crab that loves the pressure of the deep ocean. In a related way I want to mention a letter that Sri Sri Dada had written to me a few years ago. In it he said:

"You have wanted to know the meaning of life. It seems to me that it is a process of gaining control over forces of the physical and mental world and thus be one's own master unhindered by environmental pressure, death and disease. This can only be possible when (we) gain ever-lasting consciousness and memory. It has been said that God created man unto His own image. Hence it has been our destiny to achieve the Unchangeable, omnipresence and omnipotence of our Supreme Father which becomes possible only when (we) try to follow Him in a human form. This is a process a state of consciousness when spirituality reigns extreme and physicality of our existence holds little charm. You become a part of the whole, and thus stop existing as a simple human being controlled and dictated by uncontrollable forces of nature.

In this state of Supreme Consciousness man is not really bound by the physical world. So pleasures and pains of our everyday life do not have any relevance here." (June 23, 98) End of quote.

This letter from Sri Sri Dada never ceases to amaze me. I have not realized what he has said fully yet, but I am trying to understand it and put it into practice in my life. This letter gives me hope that we can overcome the problems, sufferings and *pressure*, which we experience in our day to day lives and also the pressures that are even a bit worse than normal because we are trying to become absorbed in the holy Name. Through meditation I have felt some peace in spite of pain and other problems at times.

That which expands and has expansion is Real.

-Sri Sri Thakur

Bless Me

*Reet Dipti Dhakal
Salt Lake City, UT, USA*

Every time I look at you,
A new hope arises
Dark sorrows of the past vanish,
And my sun rises.

This world becomes beautiful
With your very presence
The blue sky, the green trees
Everything gets its essence.

Among the strangers in this world,
I know you are truly mine
I will never get lost and abandoned,
Our relationship is sublime

Bless me Thakur,
That I always yearn for you
No matter where the roads go
I will be able to say I Love you!!!



Doing that which makes one fall from existence is Sin.

-Sri Sri Thakur

The Two Shining New Cents

*Sowjanya Chintala
San Manteo, CA, USA*

After taking Initiation, I used to do Istavrity daily keeping one cent in front of Thakurji. One day we all went to Myrtle Beach in South Carolina. My friends, Tusar and Madhu Swain asked me in the car whether I carried the Istavrity amount. I said "Yes" but later I realized that I had taken out all the change from my bag so as to reduce the weight of my bag. At night after reaching the Motel, when I checked I could not see any coins. In the morning I got up and thought to check once again in my bag and to my astonishment, I found two new cents and our plan was also to stay for two days. That day for the first time, I felt the presence of Sri Sri Thankurji in those two shining new cents. Those cents were really a Miracle. May Thakurji's blessing be showered on all humankind! Jai guru.



Doing that which preserves our existence is Virtue.

-Sri Sri Thakur

Param Pujoyapada Sri Sri Borda In My Life

*Sasanka Kumar Mishra (SPR)
Bhuvaneswar, Odisha, India*

Those who have seen Sri Sri Thakur Anukula Chandra, The Purusottam of the age with their own eyes and spent some time in close contact with him are definitely fortunate. Though I did not get a chance to see him, I was fortunate enough to receive the Holy company of Parama Pujoyapada Sri Sri Borda for a long time which had given me the feeling to a great extent what Sri Sri Thakur was and about his divine life and loving personality. This has impressed and influenced me a lot and enriched my life with a spiritual bent.

I was lucky to be in constant touch with Sri Sri Borda for quite a long time i.e. from 1976 to 1994 mostly either at Satsang Ashram Deoghar or at Puri Thakurbadi. Occasionally I also had the opportunity to serve him at Bhadrak Satsang Vihar and Baripada Satsang Centre in Odisha, India.

Once in 1976 there was a plan of Sri Sri Borda's visit to Cuttack and Paradeep in Odisha via Kolkata by road. Sri Jatindra Mohan Bose, the then asst. Secretary, Satsang Ashram Deoghar from Odisha requested him to halt at Baripada (which was on the way to Baleswar and Cuttack) for a little while to take some rest for a few hours at Satsang Center there. Baripada is a sacred place because Sri Sri Borda had brought Sri Sri Boroma there after Sri Sri Thakur's demise. It is my native place and even though I was transferred to Bhadrak from there, I was working at Baripada as an active gurubhai at that time. Once the convoy reached Baripada, he went to offer his oblations to Sri Sri Thakur and Sri Sri Boroma.

According to Sri Sri Borda's wish I with some other gurubhais offered him and his family along with all the Ashramites some green coconuts, other fruits and sandesh (Indian sweet). He was so caring and responsible for everyone's comfort and health, he enquired if we had enough fresh coconut water for everyone, which we were offering to him. Once we confirmed that we did then only he took some. After a stay for about a couple of hours he started for Cuttack. Some of us, as planned earlier, accompanied him by car up to Bhadrak. This was Borda's first blessing for me that we could please him in a very sweet way by our service.

Another occasion when my heart was filled with gratitude for Sri Sri Borda was my marriage. I hail from a Jamindar (head of the village) family. Everybody of our large joint family except my mother (a pious lady) and I were fond of non vegetarian food and a life full of luxury and worldly pleasure. So, I being a disciple of Sri Sri Thakur, had made up my mind to have an arranged marriage with a Swastayani girl (taking vegetarian food without onion and garlic) from a gurubhai family. And I was fortunate enough that my father accepted this idea and hence paid a little more attention to that which led to the receipt of two proposals from gurubhai family. My father along with my family went to Puri and put forth the proposal for the final selection in front of Sri Sri Borda. Sri Sri Borda selected the

To adhere the mind thoroughly to the Ideal is called Holiness.

-Sri Sri Thakur

proposal where the girl (my wife) was a vegetarian and was a Swastayani holder. I was both overwhelmed and speechless with joy as Sri Sri Borda could know my heart's desire and blessed me accordingly. My marriage was finalized with his blessings and he advised that it take place within 4 days, in July 1982. On the day of my marriage, as we (the bridegroom party) reached late it dawned for the marriage ceremony to be over. On the morning I and my wife went straight to Puri Thakurbadi with my family for the blessing of Sri Sri Borda and Pujaniya Rangama. When we offered our pranam, they were very pleased to see us in the marriage costumes and expressed their love in such a way that we felt as if they showered their blessings on us. My father was also very delighted and thus began our blessed married life.

Now let me share something about Sri Sir Borda's holy loving life. Sri Sri Borda appears to be very grave; so people generally fear to go very close to him. But he was so loving and affectionate that once anyone is close to him and gets his acquaintance, he finds the real sweetness in him and can never leave him. He had another great quality that he never neglected or ignored anyone, rather he was very caring to all and gave proper respect to everyone irrespective of being rich and poor and even the most neglected one.

Once I and my wife had been visiting Sri Sri Borda with our 2 year old son. Then he was going to take his bath. We along with some others watched the oil being massaged on this body while he was talking to everyone pleasantly. After the message a screen was put up so that Sri Sri Borda could take his bath and only his feet were visible. My son being very small and not being able to see him started shouting 'Borda' 'Borda' continuously.

My wife out of fear and embarrassment brought the baby out of that room and the premises, but Sri Sri Borda was so caring and his feelings for the baby was so strong that he came out after his bath and started asking "Ke re Borda Borda Korche?" (who is calling Borda Borda?) and knowing my wife took the baby out, asked someone to fetch her and bring the baby back. When we took the baby to him, he held the baby in his hands and lovingly told him - 'see, here is your Borda'. My son simply stared at him for some time; we could feel his joy too. We were stunned by his simplicity, love and care for us.

Sri Sri Borda had extraordinary love and affection not only for human beings but also for animals, birds and plants alike. His feeling and love for animals was so deep that they were able to recognize his voice and even his footsteps from quite some distance while he was walking on that way. This reminds me of an incident. Once when we were following him towards the morning prayer, he was walking very fast, we noticed that the deer and some birds were coming towards the fence from their sheds, hearing his footsteps from a distance to be closer to him to get some love and affection from him. Sri Sri Borda also consoled them by patting them on their heads. The birds and monkeys started screaming being overwhelmed with joy and eagerness to see him.

He had expressed his love for everyone and always sang Sir Sri Thakur's message:-

To pray is to invoke the inner aptitude.

-Sri Sri Thakur

**“He who loves all
Irrespective of man and animals
Has actually served the lord.” (Sri Sri Thakur)**

His mental strength was unique and of very high order. Whenever he planned to do anything he sincerely tried to finish it with perfection and utmost care and on time. So, he did not like to hear from anyone – “no”, “I cannot do” or “it is not possible for me”. If he heard any negative word like this, he became very sad and grave and stopped talking to that person. So, everyone was morally forced and became eager to do whatever, if Borda wanted him to do something only to make him happy and satisfied. By doing so many people have become more and more accomplished and thus achieved a lot in their life but those who could not have been deprived of a lot of things too.

As his love and affection for all was unparalleled he could know the minds of people and so could win the hearts of all by his divine personality. He was always very keen and sincere to complete any work which Sri Sri Thakur loved and thought for the betterment of society. That is why he was able to fulfill everyone according to Thakur’s wishes. Thus he was a constant source of inspiration and encouragement for people to follow Sri Sri Thakur and also work for him with whole-hearted sincerity and devotion. As Sri Sri Thakur’s sayings will lead them in the direction of becoming, he was always reciting the verses of Sri Sri Thakur –

**“To meditate at dead of night and dawn
To repeat the Name always while moving on
To work out in time the commands of the Lord.
This is called Tapashya in a word.” (Sri Sri Thakur)**



Faith is the pivot of truth and goad to becoming that fulfills.

-Sri Sri Thakur

The Dentist And The Dog

*Jeffrey Renert
Farmington, CT, USA*

Jeffrey's lifelong friend, a dentist, is a spiritual person who has some familiarity about Sri Sri Thakur for more than 40 years. On a recent dental visit, the friend was telling Jeff that he had a problem with his neighbor's dog. It roamed the back yard with authority and barked quite a lot. Most aggravating was when the dentist or his employees went to their cars the large German Sheppard came across property lines, intimidating the staff. The dentist appealed to the neighbor to secure the dog, however the neighbor was not cooperative. The dentist had no choice but to go to the police for help. They could do nothing unless they were actually present at the time of each occurrence. The dentist who loves dogs and is a gentle and loving person was very frustrated for his employees who were in fear of the dog. He told Jeffrey this story out of complete frustration.

Jeffrey gave it some thought..."How would Thakur manage this situation?". This is what he told the dentist: **"Thakur's existence was synonymous with LOVE. Therefore, Thakur would have a loving solution."**

With this in mind Jeffrey continued..."Maybe it is worth considering when the dog approaches an employee have them offer the aggressive dog some dog treats and win him over with love rather than being fearful".

The dentist, being a spiritual person and having respect for Sri Sri Thakur, was extremely moved and excited about hearing Jeffrey's suggestion. He said the next day he would bring in some of his own dog's treats and see what would happen. He was energized to pursue this experiment.

From Jeffrey's point of view he was following the impulse he received from Thakur.

He had no other expectation. If his friend reported back with any results that would be fine. He heard nothing. Interestingly, he met with the dentist two more times, yet no word of any results. Considering that the dentist was a compassionate person Jeffrey was slightly curious. What to do? The third time the two met, Jeffrey did Japa to help make the best decision of asking or not.

Jeffrey asked his friend, "By the way, what happened with your neighbor's dog and the treats?"

The dentist replied, "Amazingly, we have not had an interaction with the dog since I was prepared with treats following Thakur's strategy of love... Maybe it was Thakur's influence".

(This is a story as told by Guru Bhai Jeffrey Renert as told to Richi Mistry.)

The Art Of Meditation

*Jeffrey Renert
Farmington, CT, USA*

"Repetition of NAME makes man keen and Meditation or 'DHYAN' makes him calm and receptive."

"To remain engaged in any single thought and to feel that which distracts but cannot break our continuity is 'DHYAN' or Meditation."

Sri Sri Thakur, Satyanusaran

When a person takes initiation accepting Sri Sri Thakur as their Guru or "guide for living a fulfilling life" the Ritwik instructs the individual on being and becoming a devotee. Devotees have three daily responsibilities. This article is about one of the three: Jajan or meditation.

Meditation with Sri Sri Thakur is practical. A few basic conditions will be helpful to make one's meditation efforts grow and fulfilling.

First, try to establish a place that is conducive to peace and quiet. If one uses the same place continuously over time meditation will become normal, relaxing and personally beneficial.

Next, the best time to meditate is in the early morning. Beginning around the time of sunrise, before distractions start occurring, is preferred. Upon awakening in the morning, your first thought should be the idea of meditation. This thought must be before mental issues dealing with family, business or stress start entering one's mind. Over time when this "start of the day mind set" becomes routine, your meditation becomes more peaceful and rewarding. Activities that follow throughout the day will become more manageable. Another suggestion between waking up and starting Jajan is to relieve any possible gastric disturbances. Again, to avoid disruptions the overall point is to believe and instill meditation as the highest value activity along with Istabritty and Jaajan. Therefore it establishes the important tone or vibration enhancing your individual existence every day.

How long should meditation occur? What happens? This is where "Art of Meditation" begins. I am using the term "Art" to mean "in the eyes of the beholder or viewer of the art". Regarding meditation, it would transition to "in the MIND of the meditator" ...meaning, meditation is an individual experience. It is an experience that grows day to day, month to month and year after year. Appreciation of Art takes years of studying and experience. Meditation takes time and experience as well. Meditation in the beginning of one's devotion might be a

Faith is inert without active compassionate service.

-Sri Sri Thakur

few minutes. Over time and as devotion to Thakur evolves, the few minutes will flow into 10 minutes then even more time. It will be a normal progression. A small warning: it is not necessary to become obsessed with how long your meditation lasts, rather your sincerity in your effort to continuously repeat Thakur's mantra. It is normal for one's mind to drift in and out of thoughts. That is part of the "Art" of meditation and development.

If one is sincere in the process taught at the time of initiation and performed daily, there personal fulfillment is assured. Your individual daily experiences expand based on your own personality. Ideas, concepts, insights will eventually flow into your mind as your meditation develops and increases. This process is called expansion or growth. Your experience will be unique to you. Over time, individual needs and hurdles become resolved. Meditation is your "universe" and with Thakur's "guidance" you are His "Star". You will be guided by our Supreme Love Lord, Sri Sri Thakur. Through Thakur's love, peace and growth evolve within. Life becomes infinitely more fulfilling.



Past prophets are embodied in the Present.

-Sri Sri Thakur

How To Raise A Child And Other Valuable Advices

*Compiled by Tushar Swain and Madhusmita Swain
Mooresville, North Carolina, USA*

Sri Sri Thakur answered some very important questions asked by different people, which are very useful and guide us in our life.

Ques-1: How does the health, growth and longevity of the child come about? (*Matrujagata: Urjana January 2010*)

Answer: Age is related to heredity. But where there is a very deep attachment between husband and wife, the wife respects her husband according to instincts and husband loves his wife very deeply, there health, longevity and intelligence of the child is natural. With this the husband should be Ideal-centric. If the husband is wife-centric then his wife couldn't respect him for long. Then the attraction between them is more materialistic and passion-oriented. But if the person is Ideal-centric and follows health and hygiene and the marriage selection is done properly and education and environment is properly adjusted and men and women are educated according to their basic instincts, then the health, intelligence and capacity of our people will grow very fast.

Ques-2: How to make a child an ideal person? (*Istaprasanga Part-5: Urjana, Phalguna 1408*)

Answer: Start from the root. First we have to give selfless service to others and teach them to do that. We have to respect and love our parents and show this to our children. With all this we have to give our children a good education, teach them selfless service, truthfulness, duty and responsibility from their childhood. If our children see us respect our parents, love them, serve them and feed them first before eating then the children will learn to respect, love and care for their parents. True love brings you closer to God.

Quse-3: How to make a naughty child calm and quiet? (*Jeebanadwuti: Urjana Baisakha 1411*)

Answer: Though that child is naughty, you have to make sure that he should be more and more attached to his mother and father. Attachment and devotion towards mother should be such that if the child sees tears in his mother's eyes, then it seems to him that the earth is split into two pieces for him. If you said, "My child, if you will not listen to me it hurts me a lot", then by listening to this he will start to think, "If I will

Prophet of the time is the enlivening emblem of the past.

-Sri Sri Thakur

not do this my mother will feel hurt”, and his attachment and devotion to you is so strong that he can’t give any pain to you. So he starts listening to you and do what you want from him. If the attachment towards mother and father is strong then the child will grow. Never beat your child but try to make him understand. First he may not understand but never give up. Try to get through to him through attachment. It will work through doing.

Ques-4: What is more important, to do Thakur’s work or to earn money and solve family problem? (Karmeedarpana: Urjana, Sept. 2009)

Answer: Those who think to earn money and solve family problems and then will do Thakur’s work, there lies their folly. What they want to happen will never happen. Their life will be full of problems and they will learn from their problems. It means they took Ideal in their life for the betterment of their family. So their Ideal is family not Thakur. They don’t understand that if they serve Narayan, goddess Laxmee will come to them automatically. But who don’t serve Narayan, goddess Laxmee always stay far far away from them, however much they pray to her, it doesn’t matter. Narayan is the path of growth and elevation, who took Him as Ideal in their life and follow Him, they are on the path of growth and the Lord will take care of their financial problem, family problem and overall growth of their life.

Ques-5: How to study people? (Alochanaprasanga Part-6: Urjana, Phalgun 1408)

Answer: When we are studying someone we should be unbiased. If we have the tendency to fault-finding then we can’t be fair to someone. Altogether, fault-finding is a disease, that doesn’t help anyone and there is no reality. Power of observation and discrimination is a scientific trait of character. There is no ugly passion or prejudice. Due to this power of observation and discrimination, we will have a factual conception about an object, person or subject. But what we observe from the angle of fault-finding is far from the fact and it is misleading and deteriorating. The person whose self-study (self-awareness) is strong, can study people properly.

Quest-6: What to do when someone insults you or misbehaves with you? (Deeparakhee Part-6: Urjana December 2011)

Answer: You should not keep quiet. You should speak up, but that should not insult him but should be appealing to him. Whatever the situation is,

He who is loyal to his own prophet, is loyal to all prophets.

-Sri Sri Thakur

never accept anyone's misbehavior and simultaneously you should not be colored by it.

Quest-7: If I tell good or bad of someone to his face, should I never feel bad about that? (*Deeparakhee Part-6: Urjana December 2011*)

Answer: It works like echo. You told good and bad of someone to his face. People may not react to the good but they will not be happy about the bad. Think if someone tells you bad to your face how you will feel at that time. You are thinking, you said what is true, but remember Lord Sree Krishna said, "Tell the truth but never bring destruction."

ISTVRITY

Every day
very early in the morning
observe Istabhriti unconditionally,
offering as much as you can offered
for His use according to His will ;
your presence of mind
will remain awakened
you will be able to avoid a lot of troubles
in the world
by adjusting yourself properly
with an auto-enlightening alert
inquisitiveness ;
know for sure
that any person or persons
dissuading you from observing this Istabhriti
are your enemies.

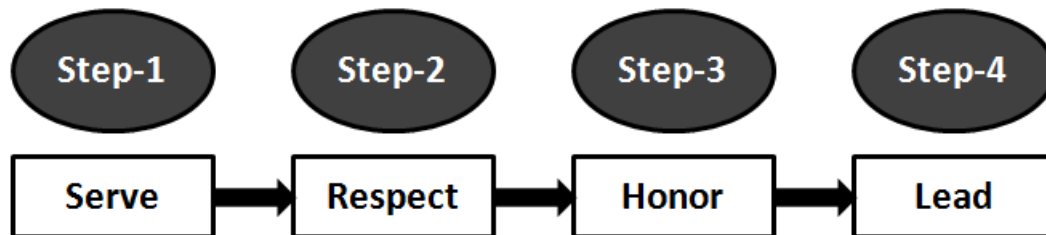
(Dhriti-Bidhayana, Vol.II, 149)

Leadership Or Respect: Which Comes First?

*Debol Gupta, PhD, ME, BE
Lafayette, NJ, USA*

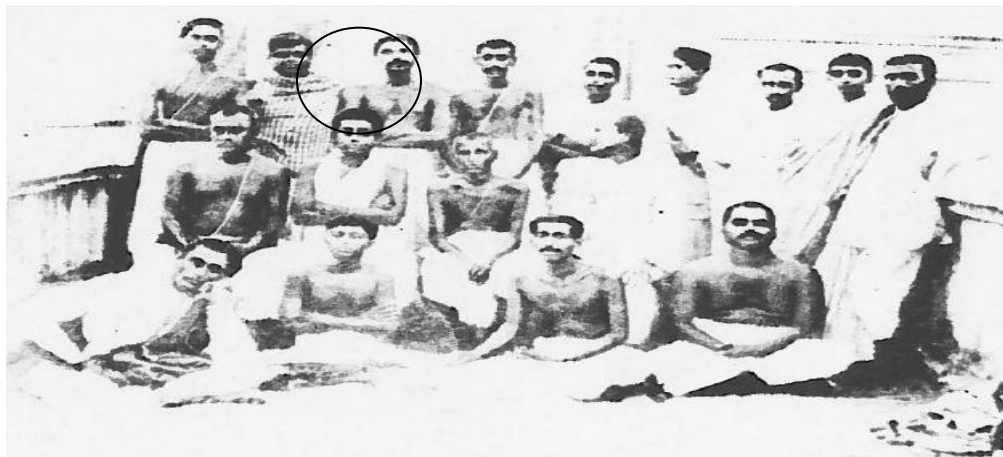
Do you know leadership or respect among peers/family/friend, which comes first? Both are just outcomes of share hard work and sincere passion toward the goal. We get attracted toward post or rank or authority or role as leaders or mentor or guru or preacher or sadhu or priest.

If you step back and check any great leader's history, you will find every genuine leader or mentor or guru or preacher has traveled a long journey with passion, dedication, love, selfless adoration, serve the family/friend and their community. Leaders are **server**, they are **great followers** and extremely **team player** and **helper**. People like to associate with them, due to his/her good behavior, gesture and selfless love. They start respecting them and ultimately he/she becomes a leader.



Example of follower:

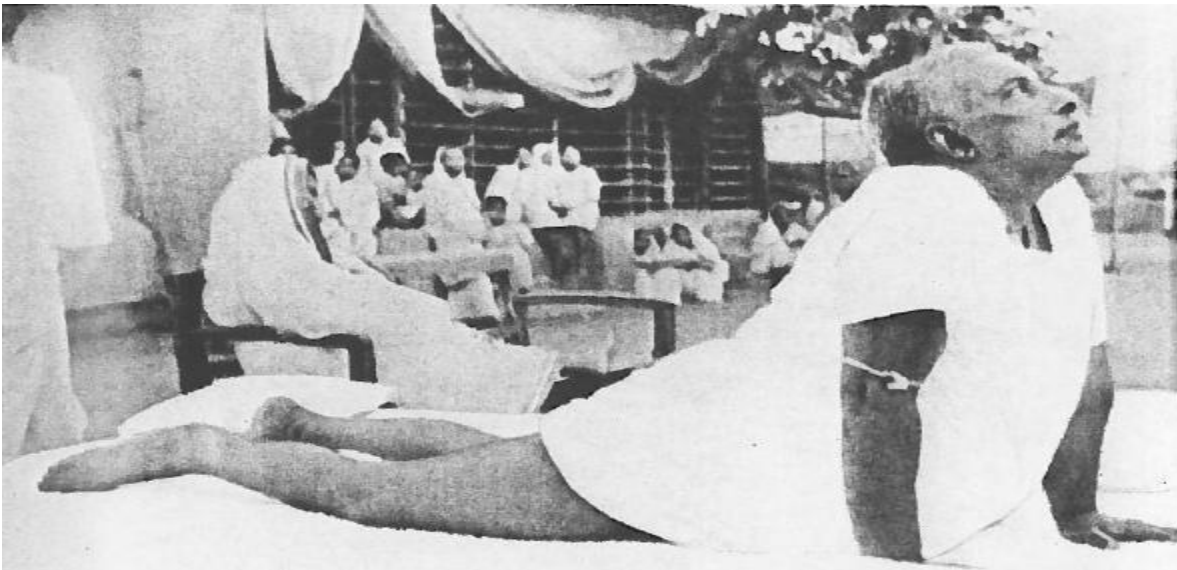
Sri Sri Thakur is a great leader and philosopher. In his young age he showed his passion toward man making machine and sticks to his goal. He showed the path to achieve it too. He was very serviceable, passionate, loving and follower.



Light and life come out from existential thrill.

-Sri Sri Thakur

Sri Sri Thakur has always respected past prophets and their doctrines. Following the past doctrines which have been preach by prophets and also respecting them, lead the laymen to understand the fundamental. He has showed by example how to be follow and when you follow someone 100%, we adopts their good capabilities, their style of gesture, their deeds etc and try to become one of his kind. Thy is performing yoga to keep himself healthy and passing the message to every human being that with healthy body, you can achieve greater and better result.



Example of server:

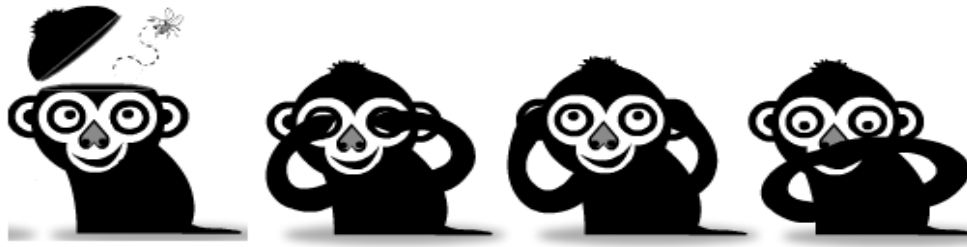
Sri Sri Thakur as a young doctor, when he was practicing during his duty. He was serving the community selflessly and uses to wait outside the patient's home or roam around patient's home to know the result of his medicine. He is purosotam, he is Vishnu, however as a normal human being he showed his humbleness, excitement and passionate to solve the human sufferings. Later, he understood medicine provide temporary relief in body, hence he introduce Kirtan to remove issues from mind. As you must be aware, Mahatma Gandhi introduce following monkeys:



God resides in existential welling up.

-Sri Sri Thakur

Sri Sri Thakur introduce **think NO evil**. If at **first** one don't think evil, then neither you will NOT see NOR hear and NOT even speak evil.



THINK NO EVIL !

He has focused on mind healing and uses the vehicle known as "Kirtan" and powerful "Naam" to prevent from evilness and provide extremely power, if one does it in right way and right time.

Example of leadership:

As a good leader, one should develop his/her successor and teach everything to execute or run the organization. Sri Sri Thakur has groomed his own son and thy was very strict with him. If Sri Sri heard any complain against Sri Sri Boroda (Sri Sri Thakur's elder son), then he will scold him in front of people and then ask him why people are blaming him for his activity. After investigation Guru bhai would found, Sri Sri Dada was never at fault, he was obeying Sri Sri Thakur blindly. Sri Sri Thakur demonstrated the path of cultivating and nurturing his kid to become first follower and then leader. He has earned the honor to serve Sri Sri Thakur in every way as depicted in this picture.



Repel the devil by resistance and win by love.

-Sri Sri Thakur

Photographs: 2013 – Memories



Sri Sri Thakur (Deoghar)



Sri Sri Borma (Deoghar)

Religion makes people inter-interested.

-Sri Sri Thakur



(Revered Thakur Family)



(Photos taken from 68th Anukulabd/Subhagaman Divas at Deoghar)

Religion installs life and becoming of existence.

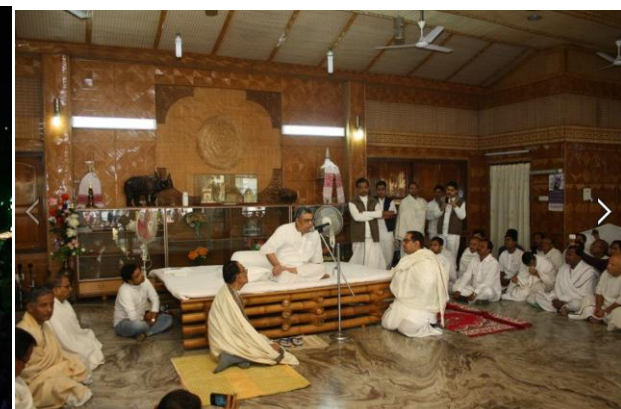
-Sri Sri Thakur



(Photos taken from 120th Abirbhav Thithi of Sri Sri Borma)



(Param Pujiyapada Sri Sri Dada hoisting national flag)



(Photos taken from New Year Celebration at Guwahati)

Dharma induces one to evolve out of ardour to a particular oneness.

-Sri Sri Thakur

Blessed

Blessed is he who loves the Lord
above all—
grace blows
with a blossomed fragrance,
and the Lord
for them,
is baffled with a tiny
flickering grace ;
he who loves the environment
and the Lord equally,
bastard is the love in him ;
and when one loves the Lord
with every ardent desire
and loves the environment
only for Him
with all shining service,
heaven comes stretching its hand
with the crown of love
that glows and shines others too !

-Sri Sri Thakur (51 – Magna Dicta)

তিনি অপ্রমেয়

আশিস বসু, আটলান্টা, জর্জিয়া

পরমপূজ্যপাদ শ্রীশ্রীদাদার শ্রীচরণপ্রাণ্ডে বহুদিন আগে একদিন বসে আছি। শীতের ভোরবেলা। ফিলান্ড্রপী নাট মন্ডপ। পূর্বদিকের থেকে তাঁর শান্ত অননে হাল্কা গরম রোদ্দুর এসে পড়ছে। অদ্ভুত সুন্দর দেখতে লাগছে। তাঁকে দেখে মনে হয় ঈশ্বর দর্শন হল আমাদের। তিনি ঠাকুরের কথা বোলছেন তাঁর সমাহিত ক্ষেমসুন্দর ভঙ্গিতে। শ্রুতিলেখক শ্রী ভরুণ পালদা যথাসাধ্য লিখে রাখছেন।

সেদিন তিনি শ্রীশ্রীঠাকুরের আগমনরহস্য আমাদের কাছে ব্যক্ত করেছিলেন। কতটুকুই বা আমি ধরে রাখতে পেরেছি তাঁর সেই দিব্য কখন বা ভাববাঞ্ছনা! এটুকু মনে আছে তিনি বলেছিলেন যে “পুরুষোত্তমই বলিস আর পূর্ণ অবতারই বলিস, তাঁকে জানা যায়না। তিনি অপ্রমেয়। তাঁকে মাপার উপায় নাই।”

“তিনি অবতারী – ঠাকুরই দুনিয়ার সকল অবতারের প্রেরণকর্তা। তিনি প্রেমের মূর্ত প্রতীক। তাঁকে যদি ভালোবাসা যায়, সে মুক্তপুরুষ হয়।”

দীর্ঘ সময় ধরে তিনি কথা বলে চলেছেন। ক্লেপসুখপ্রিয়তার জলজ্যান্ত manifestation – কষ্টটাই যখন সুখের হয়। তাঁর মুখে কোন ক্লাস্তির ছাপ নেই। বরং তাঁর সমগ্র সত্তা জুড়ে এক অপার্থিব চেতনদীপী সুরক্ষ্মনি প্রবাহমান। কেবলদীপ্তি, এক অনন্য নিরন্তর দীপ্তি। তিনি মর্তে প্রেমের রাজ্য আনলেন। আমাদের মনের আনাচ-কানাচের সমস্ত অন্ধকার যেন নিকাশ করে দিলেন এক মুহূর্তে। অ্যাটলান্টা থেকে ঠাকুরবাড়ী এবার আসতে পারার জন্য আমার স্বপ্নার গভীরতম প্রদেশে একটা অদ্ভুত আনন্দের বন্যা বয়ে গেলো। ধন্য হল আমার এই ক্ষুদ্র জীবন। তাঁর ধারণপালনী, সম্বৎসিদ্ধ ব্যক্তিত্বের পরশে আমাদেরও দেহ মন আত্মা পরিশুদ্ধ হোয়ে গেলো।

আশ্রমবাসী বা দুরাগত কিছু মানুষ আসছেন যাচ্ছেন, শ্রীশ্রীদাদা তারই মাঝে তাঁর সহজ সুন্দর ভঙ্গিতে কুশল বিনিময় করছেন। প্রতিমস্ক্রার করছেন। ভাবলে অবাক লাগে প্রতিটি মানুষের জন্য তাঁর কি গভীর মনোযোগ। অসীম প্রযত্নে তাদের কথা শুনছেন, সঙ্গে সঙ্গে সমাধান দিচ্ছেন। আবার ফিরে আসছেন তাঁর কথা প্রসঙ্গে। দেখলাম তিনি কখনও interrupted feel করেননা। প্রতিটি মানুষ যেন তাঁর নিজস্ব স্বপ্নার এক একটি Cellular Component. ঠাকুর যে inter-interested হওয়ার কথা বলতেন এটা তাঁর ভিতর কেমন সহজ হোয়ে আছে। জন্মগত সংস্কার।

অদ্যপি করে নীলা গোরা রায়,

কোনো কোনো ভাগ্যবান দেখিবারে পায়।।

পরে এক গুরুজনের মাধ্যমে জানতে পারি অপ্রমেয় শব্দটির ইংরাজি মানে হোল “incapable of being measured”.

একবার ঠাকুর আসামের শঙ্করদেবের গব্ব নিজেই শুনিযেছিলেন উপস্থিৎ মানুষদের। শঙ্করদেবের কাছে কয়েকজন বৈষ্ণব দীক্ষা নিতে গিয়েছিলেন। শঙ্করদেব মাটিতে একটা চক্র কেটে তার ভিতর চৈতন্যদেবের নাম লিখলেন। সবাইকে বললেন সেটা পা দিয়ে মুছে ফেলতে। একজন ছাড়া সব মানুষ তা মুছে ফেলল। শঙ্করদেব ঐ একজন ছাড়া সবাইকে তাড়িয়ে দিলেন। খালি ঐ একজন মানুষকে তিনি দীক্ষা দিলেন। ইষ্ট, কৃষ্টি, পারিবারিক সংস্কৃতির উপর আমাদের সহজ আনুগত্যই আমাদের বৃদ্ধির পথে নিয়ে যায়।

What makes us live and grow with healthy maintenance- is Dharma in short.

-Sri Sri Thakur

ঠাকুর এইভাবে কত গর শোনাতে। একজন বললেন “সাধু মানে গৃহী নয়, সন্ন্যাসী।”

ঠাকুর তখন পরমপুরুষ শ্রীচৈতন্যদেবের কথা মনে করিয়ে দিলেন,

“সন্ন্যাস লইনু যবে, ছন্ন হ'ল মন

কি কাজ সন্ন্যাসে মোর, প্রেম প্রয়োজন।”

আমার ছোটখাটো মাপের সামান্য জীবনে দেখা সংসদীদের ভিতর একজনকেও দেখিনি যে গৃহত্যাগী সন্ন্যাসী হতে চায়। তথাপি প্রত্যেকেই বোধ করি গৃহী সন্ন্যাসী হতে চান।

একজন গুরুভাই ঠাকুরকে জানালেন তিনি কালকে ইশটভূতি না করায় একটা chain of mistakes তাকে পেয়ে বসেছে। ঠাকুর তখন অজেয় ইন্দ্রজিৎের কথা সবাইকে স্মরণ করিয়ে দিলেন। নিকুঙ্কিলা যজ্ঞ সে যেদিন সমাপন করতে পারলনা, সেইদিনই তার বিনাশ সম্ভব হল। ঠাকুর বলেন ইশটভূতি অটুট রাখলে রক্ষাকবচটা হাতে থাকে। মানুষ ক্ষয় পায়না। মানুষ রক্ষা পায়।

দুই সপ্তাহ আগে আমি আর আমার স্ত্রী সকাল ৭ টার সময় Gymnasium যাচ্ছি ব্যায়াম কোরতে। প্রচণ্ড traffic তার উপর construction চোলছে। আমাদের গাড়িতে শ্রীশ্রীদাদার সুর দেওয়া গান “শুনো রে ভাই, মেরে মালিক জগৎ কে নাথ” চলছে। আমাদের দুজনের ভেতর লন্ডন উৎসবে যাওয়ার প্রস্তুতি নিয়ে কথা হচ্ছে। হঠাৎ দেখতে পেলাম রাস্তার ডান দিকে opposite direction-এ একজন construction worker গাড়ীর দিকে এগিয়ে আসছে। তাকে বাঁচাতে আমি ক্রমাগত বাঁদিকে সরে আসছি। তখনও বুঝতে পারিনি যে আমাদের সামনে একটা অনেক ছোট গাড়ী PT Cruiser left turn নিতে চাইছে।

হঠাৎ বুঝতে পারলাম যে আমি যদি brake করি তাহলে গাড়ী sandwich হবে। কেননা আমাদের সামনে পেছনে সারি সারি গাড়ী। যাই করি না কেন, front end এবং rear end collision হতে বাধ্য। “ঠাকুর” বলে চিৎকার করে উঠলাম। কি যে আমি করলাম আর না করলাম তা আমি জানিনা। তবে বুঝতে পারলাম যে ঠাকুর নিজে হাতে আমাদের সমূহ বিপদ থেকে রক্ষা করলেন। পরপর গাড়ী ভীষণ brake করে দাঁড়িয়ে গেলো। কোনও গাড়ীর কোনও ক্ষতি হলনা। আমরা আমাদের গল্পব্যে পৌঁছে প্রথম কথা বললাম। তার আগে সম্বিত ফিরে পাইনি। মনে হয় আমরা ঠাকুর প্রসঙ্গ নিয়ে ছিলাম বলে আমরা রক্ষা পেয়ে গেলাম। এভাবে প্রতিনিয়ত তিনি আমাদের রক্ষা করে চলেছেন। তাঁর লীলা সংবরণ করে তিনি দয়াল ধামে চলে গেলেন আজ ৪৪ বছর হল। সুস্বদেহে তিনি একইভাবে বা অধিকতরভাবে সক্রিয় বিরাজমান। তাঁকে সত্যই বোঝা যায়না।

আমাদের সংসঙ্গ হাসপাতালের ভারপ্রাপ্ত ডাক্তার শ্রদ্ধেয় স্বপন দার কাছে শুনেছিলাম ঠাকুরের নিম্নোক্ত বানীটি

“তাঁকে দেখতে ভালো, শুনতে ভালো

বুঝতে চেওনা

বুঝতে গিয়ে বুঝের মাথায়

ডাঙ্গশ মেরনা।”

আমার লেখাপড়া খুব কম। বোধশক্তিও তখৈবচ। বাস্তবিকপক্ষে শ্রীশ্রীদাদার অপার দয়ায় এবং করুণায় টিকে আছি। তবে ঠাকুরের দয়ায় এবং পিতৃপুরুষের আপীর্বাদে এটুকু বুঝতে পেরেছি যে শ্রীশ্রীদাদাও অপ্রমেয়। তিনিও virtually unfathomable। আমরা অপারিসীম ভাগ্যবান যে তাঁকে পেয়েছি। আমাদের পরমারাধ্য আচার্য্যদেবের শ্রীচরণে কোটি কোটি প্রণাম জানাই।

Be adjusted and do good; that is the worship of God.

-Sri Sri Thakur

8th US National SATSANG Congregation (NY, USA)



To worship a deity or a great and good one is to imbibe him.

-Sri Sri Thakur

SATSANG Calendar: 2013–14

Date	Day	Event Description
14 th Apr, 2013	Sunday	Purushottam Swasti-Tirtha Maha Yagnya and All India
15 th Apr, 2013	Monday	Satsang Ritwik Conference at Satsang Deoghar.
10 th May, 2013	Friday	The 43 rd Demise Divas of Sri Sri Borma
25 th May, 2013	Saturday	The 43 rd Demise Tithi of Sri Sri Borma. Habhishannya.
27 th May, 2013	Monday	The 39 th Holy Snan-Utsav of Sri Sri Thakur at Satsang Deoghar.
13 th Jul, 2013	Saturday	All India Ritwik Conference.
14 th Jul, 2013	Sunday	
30 th Jul, 2013	Tuesday	The Holy 120 th Subha Abirbhav Divas of Sri Sri Borma.
5 th Aug, 2013	Monday	The 20 th Tirodhan Tithi/Divas of Sri Sri Borda. Habhishannya.
2 nd Sep, 2013	Monday	The Holy 68 th Deoghar Subhagaman Smaranotsav of Sri Sri Thakur and starting of Anukulabda 68.
14 th Sep, 2013	Saturday	The Holy 126 th Subha Abirbhav Tithi of Sri Sri Thakur.
16 th Sep 2013	Monday	The Holy 126 th Subha Abirbhav Vivas of Sri Sri Thakur.
16 th Oct, 2013	Wednesday	The Holy 126th Janmotsav (Birth Anniversary) of Sri Sri
17 th Oct, 2013	Thursday	Thakur & All India Ritwik Conference.
21 st Oct, 2013	Monday	The Holy 81 st Shubha Abirbhav Divas of Sri Sri Dada.
6 th Nov, 2013	Wednesday	The Holy 81 st Abirbhav Tithi of Achryadeb Sri Sri Dada.
21 st Nov, 2013	Thursday	The Holy 103 rd Shubha Abirbhav Divas of Sri Sri Borda.
3 rd Dec, 2013	Tuesday	The Holy 103 rd Shubha Abirbhav Tithi of Sri Sri Borda.
31 st Dec, 2013	Tuesday	The Holy 103rd Janma-Mahotsav of Sri Sri Borda and All
1 st Jan, 2014	Wednesday	India Ritwik Conference.
9 th Jan, 2014	Thursday	Sri Sri Thakur's Banabhojan Utsav at Manikpur, Deoghar.
26 th Jan, 2014	Sunday	The 46th Mahaprayan Divas of Sri Sri Thakur.
8 th Feb, 2014	Saturday	The 46th Mahaprayan Tithi of Sri Sri Thakur. Habhishannya.
16 th Mar, 2014	Sunday	The Dol Utsav of Sri Sri Thakur.

What is good to your existence is godly to you.

-Sri Sri Thakur

Dedications (from Devotees)

What is known by realization is wisdom

Wisdom destroys confusion and gives discerning eyes to man
Wisdom indicates the real nature of an object. When one sees an object in a
condition that reveals all that is to be known about it, one knows its very essence

Remove doubts the moment they appear and merge yourself in thoughts of the
good. You shall become the possessor of wisdom and bliss!!!

Satyanusuran , Sri Sri Thakur

Dedication by
Jeffery Renert

Pursue only that whim which
follows conscience – you must
achieve bliss.

Satyanusaran, Sri Sri Thakur

-Gisela & Gabriel Lichtgarn

Dear “Supreme Lord” is always
showering so much of “His” Holly
Blessings and Endless Love
upon Us – Let’s take this
opportunity to Say a “Thank
You” to “Him”.

-Gourish Mondal

It is a pleasure to support your organization and its celebration based on my relationship with one of your Devotees!

-David,
Washington DC

My Son's participation in Satsang and a follower of Sri Sri Thakur has been a very rewarding experience for me.

Best of enjoyment for your celebration.

-Lillian Renert

I wish you a Joyous celebration honoring
Sri Sri Thakur!

-Leo Bonetti

Have a wonderful and enlivening
Satsang!!!

-A Friend
Los Angeles

To ignore the source is to be deprived of resources.

-Sri Sri Thakur

Exchange of hearts is a sign of love. If you conceal your heart, it is sure, you possess selfish desires. You love Him only in words. There is concealment in lust but there can be nothing concealed in love! The true Guide has a light ego. He will never assert His own strength to you by Himself, and so will follow you according to your thought. This is the characteristic of a true Guide. If you really have a true Guide, whatever you do, no fear. You cannot be destroyed. Only keep prepared for sufferings."

Sowjanya & Saahiti



The laws and activities that uphold existence are Dharma.

-Sri Sri Thakur

By Ritwadeep



DO LOVE



ENJOY-
AND

HAVE
WISDOM

SRISRI THAKUR

US Contact: satsang_usa@yahoogroups.com

India Website: www.satsang.org.in