

# Commemorating the 119th Birth Anniversary of Sri Sri Thakur Anukulchandra



3rd National Satsang Conference  
in New Jersey, U. S. A.  
On Saturday, September 1st, 2007



*“One for whom enthusiastic, uphill effort is normal, through whose courage, skill and efficiency chaos and error are converted into order and rightness, who diminishes and destroys that which withers life, glory and growth, and thus establishes becoming,—he alone is a hero!*

*Sri Sri Thakur*

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## Acknowledgements

*I would like to extend my sincere thanks to all our Guru Bhai and Guru Ma, who have sent their articles in a relatively short time. This is our first attempt to develop the souvenir for SATSANG USA. This has motivated me to create a benchmark, which will enable us to develop many more souvenirs in consecutive years. I would like to thank **Gisela Lichtgarn Ma, Gabriel Lichtgarn Da and Sumita Saha Ma** for proof reading the English articles.*

*I would also like to thank **Asis Basu Da, Avinash Misra Da, and Richi Mistri Da** for their valuable inputs, to ensure that we have encompassed all details of current and last Satsang. Last but not the least, I would like to thank my wife **Arpita Gupta** and son **Timirant Gupta**, for their help as well, or else it would have been impossible to successfully accomplish such a mammoth activity within a short time.*

**Debol Gupta**

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- 1) Debol Gupta Da
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## From the host.....

We are blessed to commemorate 119<sup>th</sup> Birth Anniversary of Sri Sri Thakur Anukul Chandra in NJ. This is also the 3<sup>rd</sup> National Utsav in USA. As you all must be aware, we all guru bhair/ Guru Ma live different parts of US, though we all are linked with our spiritual binding. Overcoming challenges of time zone, different regions and work demands, our guru Bhair and Guru Ma came forward to make this event a mega success.

Complete Utsav activities have been divided in the following team:

### Main function team:

*Team lead:* Asis Basu Da, & Madhumita Basu Ma, Gautam Saha Da & Sumita Saha Ma,

*Team member:* Debol Gupta Da and Arpita Gupta Ma

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*Team lead:* Debol Gupta Da & Arpita Gupta Ma and Richi Mistri Da & Saswati Mistri Ma

*Team Member:* Depeshwar Doley Da, Asis Basu Da, Gabriel Lichtgarn Da

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Our special thanks to all kids for their coordination, to make it a grand success.

Debol Gupta  
Arpita Gupta

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## **Sri Sri Thakur Anukulchandra, the great Prophet and Messiah of the Age.**

By Sarbeswar Doley, S.P.R  
Assam, India

Whenever, O, Arjuna, righteousness declines and unrighteousness prevails, I manifest myself. (*Gita, IV: 7*)

The life of Sri Sri Thakur is so eventful and so inspiring that it is difficult to paint a picture of its splendor and glory in such a brief write-up. Those who saw him and were fortunate enough to come in his contact know what a wonderful and attractive personality he was.

### **Early Childhood**

On 14<sup>th</sup> September, 1888, Sri Thakur was born in a Brahmin family in Himaitpur in Pabna district, now in Bangladesh. His father, Sri Shiv Chandra Chakraborty was well known for his ideal-mindedness, dutifulness, kindness and hospitality. His mother Srimati Monomohini Devi was a great devotee of God and a disciple of Sri Sri Hujur Maharaj, the great saint and spiritual guide of Agra Satsang. At the time of his birth the room was brightened with radiance from an inexplicable divine light and the women in attendance were amazed at the child Anukulchandra.

His early life, like the rest of it, was full of wonderful events. One day, when he was 11 months old, he was taken to the house of one Umesh Lahiri, who used to worship the image of Balagopal (Lord Krishna's childhood name) in his house. Mr. Lahiri was sitting absorbed in meditation when the child Anukul arrived with his mother. His meditation was suddenly broken when this child put aside the image of Balagopal and sat in His place. When mother Monomohini scolded the child, he innocently said "Why does he call me then?"

One day a Sanayasi (monk) came to Anukulchandra's house. Mother Monomohini welcomed him but he did not pay any attention to the welcome. With tears rolling down his eyes, the Sanayasi said, "This is no ordinary boy. He has come to reduce the world's sufferings". This sanayasi cooked the rice he had been given earlier and made an offering to the divine child and then ate the rest of it as prasad (offering). He said that he had found the Lord whom he had been trying to find all through his life.

### **Education**

On an auspicious day, his father got him enrolled as a student in a school. But there was hardly anything in that school for him to learn. One day a teacher in that school was explaining to the children that ONE PLUS ONE MAKES TWO. Child Anukulchandra wondered whether this was right. As no two things of the world are identical, how can they be added together? But the teacher did not understand him at all and beat him mercilessly.

One day, he was late for his examination in mathematics. His mother said, "You are so late and you will not be able to solve a single sum." Anukulchandra rushed to school and reached his school in time for the examination. He found the question paper very easy; he could solve all the sums in that paper. But he was not doing the sums; he was full of tears. When a teacher asked him what the matter was, he said that if he solved any one of the sums, his mother would be proved a liar. The teacher looked in wonder and amazement at this unbelievable example of devotion to his mother.

At the end of the course in the school, he had to appear in the college entrance examination. As he was going to deposit his examination fee, he met one of his classmates, who did not have money for the fee. Saddened by his friend's distress, Anukulchandra deposited the money in his friend's name and came back home.

His mother wanted him to be a doctor. But only those who passed the entrance examination were eligible for admission to the National Medical School in Calcutta. The teachers of that medical school were so impressed by his knowledge that they held a special examination for him. Anukulchandra was admitted to this medical school after passing this special examination with extraordinary merit.

Calcutta, like most other cities, had lots of vile attractions. In his spare time Anukulchandra would sit by the side of the Ganges and repeat the HOLY name. Some of his fellow students for whom the most important thing in life was the gratification of animal desires, did not like his contemplative nature and his spotless character and wanted to test him. So one day his classmates caught hold of him and persuaded him to go out for a walk with them. They took him along through various unknown lanes and alley and finally forced him to enter a two-storied building on Chitpur road. Soon these friends disappeared leaving Anukulchandra behind. It was a prostitute's house and the woman approached him with a seductive smile. He shivered at this horrible sight of a mother. Calling her by the name of Mother, he went into a trance and said "Mother I can't see this form of yours. You are a mother, but what have you done to yourself?" After he regained consciousness, she fell at his feet and prayed for forgiveness. Later she donated all the property to a philanthropic organization and left for Vrindavan to lead the life of a devotee.

### **AS A PHYSICIAN**

He practiced as a physician only for a few years but even then his reputation traveled far and wide. Patients who could not be cured by some of the very eminent physicians in the country and thus lost all hope of survival came to him and went back fully cured. His training was in allopathy but sometimes he also used homeopathic and ayurvedic (naturopathy) medicines according to the needs and symptoms of the patients. One day when he saw one of his acquaintances passing by, he could read on his face the symptom of the homeopathic medicine called veratum album. This acquaintance was taking some fish home. Anukulchandra asked him not to eat fish because fish was going to be dangerous for him. This person did not understand the implications and said "When Allah so desires, one day or another I must die," and went home. Shortly after he arrived home he had a terrible attack of diarrhea. When he broke into cold

sweat and his condition became critical, he remembered this doctor and he was cured with that homeopathic medicine.

His aim, however, was to cure a patient completely. The mind is said to be the root cause of any diseases and so even after the physical disease was cured, he wanted to cure the patient's mind with his supreme love. All his patients became his great admirers in no time.

## **THE PERIOD OF TRANCE**

From his very childhood Anukulchandra was extremely fond of music, particularly of devotional songs. He organized kirtans which were so inspiring that the whole atmosphere used to get charged up with an indefinable vibration leading to divine inspiration.

Those who participated in it say that when the kirtans rose in intensity, even birds and animals became enamored of it and even the branches of the trees seemed to bend down to the rhythmic movements. Sometimes he fell to the ground in an unconscious state and with an amazing rapidity his body moved through numerous yogic positions and gestures although he had never practiced such exercises before. After this the body became limp and the big toe of his right foot vibrated for a while. Finally, the whole body would become as cold as ice and stayed in this condition for hours together. His heart would also stop functioning for sometime. In that state he spoke out numerous messages, saying who he was and what his followers should do for an all around upliftment of society, which had long been the victim of all kinds of corruption and degradation. He spoke not only in Bengali, Hindi and Sanskrit but also in many other languages in which he had never spoken at any other time.

His sayings during this period of trance covered a wide variety of subjects like creation, religion, prophets, love, universal brotherhood and the significance of the holy name. The messages recorded on 71 days during 1915 to 1919 were compiled and published in the book now known as *Punya Puthi*. During the period of trance, as before and after, he emphasized the essential unity of all religions. Being overwhelmed by his divine personality, his followers started calling him Sri Sri Thakur.

## **OTHER ACTIVITIES**

The trance disappeared after a few years. Thousands of people from different parts of the country and from abroad started coming to him with personal, social, national and political problems and wanted him to suggest solution for those problems. Mr. C.R. Das, one of the important leaders of India's struggle for independence and a devoted disciple of Sri Sri Thakur, wrote a letter to Mahatma Gandhi saying "I have learnt from my Guru the value of truth in all our dealings. I want to live with him for few days at least. Your need is not the same as mine, but he has given me the strength I did not possess before. I see things clearly which I saw dimly before."

(Young India, July 1925)

Impressed by Mr. C.R. Das's enthusiasm, Mahatma Gandhi visited Sri Sri Thakur and found him a wonderful personality of the world. Dr. Rajendra Prasad, the first President of India, Mr. Shyama Prasad Mukherjee, Mr. Bipin Pal, Mr. A.K. Fazlul Haque and Mr. Gopinath Bordoloi were among some of the many thousands of people who visited Him. Respected Jigme Dorjee Wanchuk, the king of Bhutan also sought His blessings and advice. The parents of Netaji Subhas Chandra Bose became his great devotees and Netaji himself came to see Him many times.

People asked Him questions on science, philosophy, religion, problems of personal life, national life and so on. He answered people's questions with amazing clarity and conviction. His inspired utterances and conversations with various people at various times have all been recorded. So far more than fifty books containing these utterances and conversations have been published. Once a scientist by the name, Mr. Krishna Prasanna Bhattacharya, who later became one of his great disciples, doubted his abilities and said "How can you talk of these things, of electron, of quanta? Surely you have read of these things?" He answered, "No, from my childhood I sometimes see the universe melting into a glow of ineffable light particles and the light condenses again and again into the material objects surrounding me."

### **FROM HIMAITPUR TO DEOGHAR**

In 1946, Sri Sri Thakur asked some of his followers one day to reserve a railway carriage and then left the Ashram at Himaitpur for Baidyanath Dham (Deoghar) in Bihar. His arrival turned Deoghar into a great center of attraction. People from different parts of Bihar and other parts of India, large number of people from outside India came to Deoghar to visit Him. This tremendous popularity antagonized some miscreants who filed certain contemptible cases to malign Sri Sri Thakur. But the truth became known and the miscreants surrendered and were forgiven by His ever-forgiving nature.

### **THE GREAT DEPARTURE**

He passed away on 4:45 a.m. on 27 January 1969. Even now the sight of the house in which He lived brings back to His lakhs of devotees extremely pleasant memories of this great personality. They all know that the best compliment they can pay to Him is to follow His instructions and be prosperous and blessed thereby. Some of His inspired utterances and sayings have been listed below.

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**MY RELIGION**

The act of binding oneself  
With the Ideal,  
In love, worship and administration  
And to live on accordingly  
In an acceleration  
Of one's being and becoming  
Is Religion to me.

**RELIGIONS MAY BE MANY**

Religions may be many,  
But the principle  
And the realization thereof  
Are ever the same.

**SPIRITUALISM AS I MEAN**

Spiritualism is investigation  
And invention  
Of the how's and why's  
By which matter extends and grows-  
To the acceleration  
Or our being  
And becoming;

**INGRATITUDE**

Ingratitude is the only throne  
Of Satan:  
Betrayal is the  
Dreadful-darkening  
Queen-consort,-  
Where sin and crime  
Are the prime ministers:

**INSIGNIFICANT THE GREAT**

He who thinks himself  
With the Denial of  
Others' possibilities to be so  
Proclaims  
That he is himself  
Insignificant the Great;

**OPPONENT-THE CAUSE OF THY SUCCESS**

When opposition comes forth,  
Manage it  
By exerting thyself  
To make thy opponent prominent; -  
Surely the opponent will be  
The cause of  
Thy success;

**TIT FOR TAT**

Tit not for tat,  
Rather treat for tat  
Compassionately,

**PARDON YOUR OPPONENT**

Be not proud  
But pardon your opponent  
And seek the opportunity  
To serve him.

**BE NOT A HELP-SEEKER**

Be not  
A help-seeker,  
Until your need is dire  
And thus save your ability.

**DESTRUCTIVE “ISM”**

Any “ism”  
That ruins or dislocates  
The existential tradition  
And culture of any country  
Is not the fulfiller of it,  
Rather a destructive demon  
Of that soil.

**TRUTH**

That which keeps our being  
Firm and compact  
Is true to us.

**DO CORECTLY**

Be not agitated  
By your mistakes;  
Find out the correct approach  
And do correctly  
Mistakes will fly off.

**THE METER OF MANHOOD**

Let your heart  
Be the meter  
Of your manhood,  
And not money.

**THE MOTHER OF SUCCESS**

Verily, I say,  
Doing  
Is the mother  
Of success.

In such a small introduction it is impossible to make even a brief mention of the many incidents in the life of such a great personality. The people of each faith and religion have found in Him the fulfillment of their own faith and religion. The following are some Tributes paid to Him by some foreign newspapers.

“Sri Sri Thakur’s thesis is that the universe is one and the solution of all problems and requires a synthesis. Any effort to separate the material and spiritual is useless. He

preaches and practically applies his belief that the universe is sustained by love that must find a practical expression in every contact. Sri Sri Thakur is truly an Indian holy man with His feet on the ground----“

*(St. Louis Post Despatch, St. Louis, Missouri, U.S.A.:Sept. 15<sup>th</sup>, 1962)*

“Sri Sri Thakur, a modern saint in India, has done much good through his teachings and his practical works. He is a wise man who bears no religious prejudices.”

*(Gazette Mail, Charleston, W. Virginia, U.S.A.:15th July, 1962)*

“Sri Sri Thakur Anukulchandra is one of the worlds great spiritual leaders, a man of extraordinary intelligence and keen insight, a physician, a scientist, a man of love and service...”

*(Together, Methodist Monthly: Dec. 1962)*

“Sri Sri Thakur has a real message for our world. He rejects the gross materialism of the West, while yet embracing our science and inventions. He embodies ideas so powerful and challenging that people with strings of degrees will find themselves thinking about this contemporary Indian Saint again & again.

*(The Examiner, U.S.A.: 20th July, 1962)*

“From India comes a 20<sup>th</sup> Century “Gospel”, Sri Sri Thakur Anukulchandra is unlike the stereotyped Guru. He is a medical doctor well trained in Western Science who combines his medical ability and scientific interests with contemplative and mystic techniques...(Thakur) blends meditative mystical techniques with a stress on love in terms of deeds of mercy and the use of scientific theories (evolution) and practice through medicine.

His deeds of mercy particularly when they are coupled with an enlightened medical science and love in Thakur and his followers are needed today. Love, kindness and truth are needed and men who do the good that Sri Sri Thakur does are needed.”

*(The Kansas City Times: Kansas City, Missouri, U.S.A.:8<sup>th</sup> August, 1962)*

“Sri Sri Thakur’s life and work makes the Christian doctrine of love a practical “Modus Operandi” for hundreds of thousands of Indians. The political and economic implications of work are as important as its spiritual basis- not only for India but for us in the West also. A visit to the small, informal centers of his devotees in various rural and urban areas of India is a refreshing and inspiring reminder of the early days of Christianity.”

*(Mr. Eugene Exman, Vice-President, Harper & Ro Publishers’, New York, U.S.A)*

Thus men and women from far and near came and bowed at his feet, offering money and tears. He heard their sufferings patiently even eagerly, He turned his back on their money and took their homage.

A reformed gangster assisted him as patients grew in number; bomb-throwing terrorists in the dead of night came to unburden their anguished hearts. With a mind as perceptive as practical, He pierced to the root and innocently yet unerringly suggested a way or an activity that when followed would remove or soothe the smoldering source of bitterness or frustration in the heart and mind toward friend, foe, ruler or ruled. He

has everything that gives hope to this world. He is worshipped by tens of thousands as a god; he is offered gifts that constantly grow larger. He receives such a flood of spontaneous service as would make a king jealous; he has family, friends and flatters that few men could dream to match.

Here is Sri Sri Thakur, our God in flesh and blood.

**Sarbeswar Doley, S.P.R**

Forestry Adviser (rtd.)

Royal Govt. of Bhutan

Typed by Timirant Gupta (Age 12)

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## Meditation

Dr. Bhaskar Chakraborty, M.D., (S.P.R.)  
New Delhi, India



Nowadays some people are giving more importance on *Dhyan* (Meditation). However, one should be cautious that they are just talking about *Dhyan* but not repeating the *Holy Name* according to the direction given by the Satguru or Prophet. We are the followers of Sri Sri Thakur Anukulchandra and know the method of *Dhyan* with repetition of the *Holy Name*

To overcome the stress and strain of life and to cool the nervous system, to execute work accurately, we try to achieve good results through the process of *Dhyan*. All over the world industrial enterprises are gaining importance. In that area mental strain and stress are also abound, mainly at the management level, because they are responsible for getting more work with best quality of production material within a short period of time. Companies will profit when there is very high competition all over the world with the best quality of production and more sale of the material. How an industrial enterprise can survive with its employees, depends on the best quality of production and more sales. For that, management and workers have to keep their mental stress under control. It has been observed through research, only meditation can relieve mental stress and those who are practicing meditation are getting good results. Some organizations advertise in the media to give training in meditation and they charge heavily per person for this. They give training just to fix one's attention at the root of nose, without the necessity to repeat the Holy name. This is called devotion of the unmanifest of Brahma that has no shape, no form; the devotee has no knowledge about the goal. The personality of the devotee gets formed according to that which he meditates on and the object of which he loves. So, the person should have great love and respect for the Ideal he meditates on. So the Ideal should be the Super Soul in flesh and blood, and we call him a Prophet. He should have the capacity to solve the entire world's problems. Otherwise a person will gradually become rigid and dull if his object of love (upon whom he meditates) is the unmanifest Brahma

In chapter XII of the *Bhagavad Geeta*, Arjuna said to Lord Krishna – the devotees exclusively and constantly devoted to you in the manner stated earlier, adore you as possessed of attribute as those who adore the Supreme reality only, the indestructible unmanifested Brahma.

*Of these two types of worshippers who is the best Yogi?*

Lord Krishna said – I consider them to be the best Yogis who are endowed with supreme faith and who are united through meditating on me worship me with the mind centered on me. Sri Bhagwan also said –It is more difficult for those who have their mind attached to the unmanifested. On the other hand those who depend exclusively on me, surrendering all actions to me, worship me, constantly meditate on me with single-minded devotion. Those Arjuna, I speedily deliver from the ocean of birth and

death, their mind being fixed on me. Therefore, fix your mind on me and establish your intellect in me alone. Thereafter, you will abide solely in me. There is no doubt about it.

**Sri Sri Thakur also said in his message**

*Repeated mental utterance  
of the **Mantra**  
with thoughts about Him  
from which it has been*

*Revealed  
or who's its **Seer-**  
is **Japa**.*

*The prime factor of **Japa** is  
along with **Mantra**,  
the nourishing and cherishing  
elation of attachment  
to its **Seer**  
with an activating resonance.*

***The loving elation**  
tuned with thoughts of  
**Superior Beloved**  
and with repetition of **Mantra**  
according to his Direction  
leads a man-  
character with inspiration of  
satisfactorily pleasing the*

***Beloved Ideal**  
with active materialization  
of deeds  
with psychic phenomena  
to **Siddhi** or success.*

***Dhyan** – its method  
Mere-fixation of mind  
upon the figure of the **Ideal**  
cannot necessarily be called  
**Dhyan**.*

*Active craving  
for the interest and  
glory of the **Ideal**  
adjusting normally  
to His fulfillment,  
whatever reflections  
may occur in the brain-  
with desire of continuous thinking  
is **Meditation**  
as I mean.*

Meditation on the *Holy Name* (on the Living Ideal) makes the brain very sharp and increases receptivity of the brain (by *Dhyan*). The Guru should be the Seer, All-Fulfiller, who can solve any problem of human life. Meditation of His Mantra means one will achieve one's goal and have success. Sri Sri Thakur Anukulchandra is the same Super Soul, the Guru who can see everything and can solve any problem of human life – the All- Fulfiller.

There is a similarity of his message with the Bhagavad-Gita.

If a person meditates on zero point without any living Ideal in front of him, the person will gradually become blunt, and success is rare in their life. So, Swami Vivekananda said that if a person makes few mistakes after attachment with Satguru, that person would make thousands of mistakes without Satguru.

If a person cannot meditate properly (with *Living Ideal* as the center) sharpness of the brain will be reduced. Sharpness of brain is necessary for finer and quick production of best quality material. Sharpness and receptivity ratio should be equal. If equality of ratio is lost, production of material will lose its quick and best quality. Then there will be a failure in marketing the material; hence the time will come when owner will be forced to close his factory. He cannot pay his employee due to loss in market. There will be more and more unemployment; there may be no route open for the employee and owner except to commit suicide.

I like to quote one example of best quality production. Sri Sri Thakur established **Satsang Chemical Works**. It produces very high quality of medicines. They were not able to fulfill the demand of the market. One small example is *Cardotone* (Heart Tonic). It is the best medicine for the heart, and it can control any irregularities of the heart rate like tacky cardiac (PSVT), fibrillation different ectopic (arterial + Ventricular). Those who are using cardotone regularly after M.I. have had increase in their EF. DCM can usually be very much in control. I have not seen any person using cardotone regularly who is suffering from Ischemic Heart Disease and M.I.

Real meditation controls the passions in a person, passions that divert him to wrongdoing and create all sorts of sorrow and unhappiness in life. Those passions will never knock on the door of a person who meditates and has accepted the *Satguru* (the *Living Ideal*) in their life.

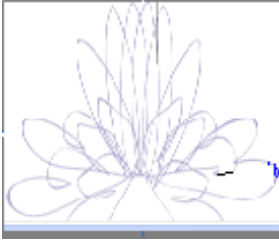
“Children, fix your attention at the root of the nose to have you and draw the spirit onward”- this was my policy when I was **Jesus**.”

This was spoken by Sri Sri Thakur when he was in a trance on 13.3. 1321 (Bengali year). The common people and even scientists could not understand this 'policy' for centuries.



## Effects of Meditation

*Dr. Bhaskar Chakraborty (SPR), M.D.  
New Delhi, India*



Subtle vibrations are created by the various actions and interactions in our system. These vibrations create sounds that can be heard within if the brain cells are stimulated in a specific way. Such sounds arise in the consciousness in gradations from grosser to finer. The brain cells become excited from repetition of the vibration and combustion takes place in them. The result is that those impressions stored in the cells are released and appear in the consciousness in different forms: colors, sounds and so on. Again proper meditation generates heat. The intercellular combustion caused by the pressure of proper meditation is like that. As the internal pressure increases the cells break out of their latent static state and gradually increase in elasticity. The internal nervous system reflects this transformation as a vision, a colour or a light. Further, this radiating stimulus excites the auditory nerve centre and creates a sound accordingly. Thus the consequent excitement of the auditory centre through the repetition of a vibration having the creative force causes one to hear something internally but without any external stimulation. In his book, "Man the unknown", the Noble laureate Alexis Carrel has expressed "Certain spiritual activities may cause anatomical as well as functional modifications of the tissues and the organs. These organic phenomena are observed in various circumstances, among them being the prayer. Prayer should be understood not as a mere mechanical recitation of formulas but as a mystical elevation and absorption of consciousness in the contemplation of a principle both permeating and transcending our world. Such a psychological state is not intellectual. It is incomprehensible to philosophers and scientists, and inaccessible to them. But the simple, seems to feel God as easily as the heat of the sun or the kindness of a friend. About efficacy of prayer and meditation Sri Sri Thakur told that the cerebral substance in the brain contains millions of cells linked to one another by thread like fibers.

Most of the cells remain dormant. Should one persistently – concentrate his mind on a gland straight from the midpoint between two eyes one becomes calm and receptive. Possibly the point coincides with what is called pineal gland. It is a minute, oval endocrine gland just attached to the base of the brain and situated in a depression of the sphenoid bone that secrets hormone. It is slightly above the oculomotor nerve. The holy name given by Sri Sri Thakur is the abbreviated form of the whole structure of the thrill and the sound, sound can not be created without thrill. We are blessed with the holy vibration by Sri Sri Thakur as the root mechanism of all vibrations. RA is the great-enlarged syllable; DHA is the imaginary followed by stoppage. After RA and DHA added with aa the continuity of these waves – succession of these waves follows. SWAMI means the original to and fro movement like the to and fro motion of the piston of a trained.

'Aum' is the sound. After crossing 'Aum' there are other sounds found. 'Radhaswami' is not a sound but it is the soul of the sound. As this feeling sprouts up in the vocal sound

of that may be pronounced as 'Radhaswami', this can be felt as the central life of the universe and verily be called causal thrill.

Mantra is a formulated clue, meditating on which leads to the unfoldment of the cause. The vital current is swelled up and nourished through cogitation of holy mantra and meditation. It can even heal up many incurable diseases in man by infusing existential thrill. By stimulating man through vital vibration of the Holy Name, mal functions of the body organ of diseased can be set to tune with re-vitalization.

### **MIRACLE HORMONE – MELATONIN**

Recently from 1980 onwards scientists have done great exciting break through of this Millennium by discovering secretion of Miracle Hormone from *Pineal Gland* the '**MELATONIN**'.

*Pineal Gland* is situated at the center of the brain just behind *Thalamus* size of ½cm, weight 120 mg, usually it dries up at the age of above 40.

If one draws a straight line at the root of nose between two eyebrows it will reach to the pineal gland. So, Sri Sri Thakur gave instruction to fix attention at the root of nose and repeat the *Holy Name* i.e. chanting the *Holy Name*.

Vibration by chanting Holy Name will stimulate pineal gland for more secretion of melatonin. The melatonin helps to slow down ageing process, prevent diseases by secreting antibody by boosting immune system, by boosting energy level to keep youthfulness over a long time. To survive without diseases, without memory loss, which organ of the body is responsible? This was unknown for centuries

Lord Buddha at the peak of His youth left the golden throne, lovely beautiful wife, and affectionate son, in search for a way to prevent ageing process, disease and premature death. Could He find out the way? Yes, He found the way through meditation. His ideology was spread worldwide.

For a long time scientists have neglected two glands of our body, pineal gland and appendix. Sri Sri Thakur told that no part of our body is useless.

Of course, from time immemorial in Indian Vedic culture various books have been discussed. The *Third eye* or *Tri-netra* or *Gyan-netra* or *Aghya-Chakra*. During the Vedic age Sages could develop their Tri-netra through meditation. So they could see clearly the past, present and future by perceptivity, receptivity and sharpness of brain. It was more adapted to their brain through meditation as compared with common people.

Melatonin, which is produced naturally by human brain, helps us to live longer, sleep better, overcome stress and strain of life, boost immune system to keep the body disease free and helps to maintain blood pressure at normal level.

Melatonin acts as a powerful Antioxidant – prevent early oxidation of the cells of our body, it prevents early wrinkling and heart diseases also.

Oxidation is the reason for iron rusting, paint fading and oil furnishing rancid in the body. It is one of the most common causes of cellular damage, breaking down complex and delicate chemical compounds necessary for life and health.

Secretion of melatonin acts as an anti-oxidant prevents rusting of cells, which stops chemical damage of oxidation. By blocking oxidation of cells, melatonin prevents changes in blood vessels i.e. atherosclerosis, changes of blood vessels which cause hypertension and heart attack and it may reduce attack of cancer and memory loss.

All health problems develop due to ageing process and it is due to the deficiency of melatonin.

To maintain youthful life, to keep it for a long time and disease free with intact memory and every thing, it is necessary to depend on continuous secretion of melatonin.

Stress and strain of life and different drugs can reduce secretion of melatonin, can even shut down such secretion and pre-maturely starts ageing process. Many drugs as Alpha & Beta-Blocker, Painkiller are NSAID (Non Steroidal Anti-Inflammatory Drugs).

Other less harmful drugs include Stimulant, Sedative, and Benzodiazepine such as Valium and Librium, Birth Control Pill, Estrogen replacement Therapy, ACE Inhibitor and Thyroid Pills.

Also other less harmful effects like electromagnetic field emitted by household gadgets from coffee maker to computer have powerful effect on pineal gland secretion, some times shutting down melatonin secretion completely.

Light and Darkness regulate secretion of melatonin. So it is called a Biological Clock. The pineal gland is connected to eyes through nerve. The onset of darkness transmits a signal to pineal gland for production of melatonin. When we feel sleepy in the evening it is due to secretion of melatonin pumping in blood stream. So, it is called a natural sleeping pill. Again in the morning bright light hitting the retina of eye shut down melatonin secretion completely.

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**The Message given by Sri Sri Thakur-**

*Do meditate Mantra on thy Lord  
Dawn and night,  
Do repeat the Holy Name  
Mentally and meaningfully  
In all movements of daily life,  
Do materialize the directions  
Of the Guru (Spiritual Guide) in time-  
That is **Tapas**—  
The way to achievement*

Vibration created by chanting of *Holy Name* stimulates the *Pineal Gland* for secretion of *Melatonin*. By meditation all stress and strain of life can be overcome, nervous system will cool and adjusted normally by the help of melatonin. Swami Vivekananda said that carrying out the order of Guru without the least shadow and hesitation is only the way of success.

Usually after 40 years of age the *Pineal Gland* gradually stops secretion of *Melatonin*, according to various opinions of scientists. However, Sri Sri Thakur has given instruction for meditation right from childhood. Continuous stimulation and vibration of meditation will keep *Pineal Gland* alive and active even many years after 40 years of age.

Autonomic Nervous System is an efferent system that innervates vascular and smooth muscle exocrine glands, a Parenchyma Cells through out the various organ systems functioning below conscious level. The autonomic nervous system responds rapidly and continuously to perturbation that threatens our constancy of the internal environment. Foremost among the functions governed by the system are the regulation of blood flow and the maintenance of the tissue perfusion, the regulation of blood pressure the regulation of Vol. Composition of extra cellur fluid, the expenditure of metabolic energy and supply substrate and activity, visceral smooth muscle and glands. The automatic neurons located in ganglia out side, center nervous system and there are preganglionic neurons of the Para-sympathetic nervous system

A Neurotransmitter as ACETYLCHOLINE is pre-ganglion for both division of automatic nervous system so it is called Cholinergic (Para-sympathetic).

All naturally occurring Catecholamine, Norepinephrine and Epinephrine and Dopamine function as neurotransmitter within the CNS Catecholamine maintained in high concentration in adrenal medulla. All N E present in sympathetic nerve ending.

All these neurotransmitters are essential for motor sensory co-ordination and to lead active life. Deficiency of Dopamine produces Parkinsonism, thymus gland controls body temperature.

Some endocrine glands like Pancreas and Pituitary Gland by their active secretion maintain youthfulness. Deficiencies of pituitary secretion cause loss of youthfulness and reduce memory. Deficiency of hormone in pancreas causes Diabetes Mellitus.

It is said, that melatonin activates them all and maintains youthful life, and sharp memory. Due to motor sensory co-ordination there will be fewer mistakes in policy-making, planning of work and its execution.

Intuition will be more accurate, perception of brain and sharpness of work will increase, and work will be finer.

Regular Meditation, Vegetarian Diet with less fat and salt, with Vitamin E, C and A help to secrete melatonin regularly.

One can survive more than 100 years of disease free youthful life. They may acquire many things like '*Jatismar*', can revive a dead person.

Satguru/Prophet knows solution for all earthly problems. So we should follow them without hesitation and doubt.

Sri Sri Thakur Anukulchandra, the founder of SATSANG is the latest incarnation of God. We should follow Him and His Ideology for the benefit of the Individual, Society and Country.



## Karunar Dhara

Asis Basu  
GA, US

In summer of 1978 on a very sultry evening we clustered around ParamaPujyaPada SriSri Dada on the rooftop of the new Guest House in ThakurBari. There were very few people. From what I can remember, there were some who were singing as per His request. Since I was new in this exclusive company and enjoying His Holy presence every second of my being there, my whole heart filled with fresh breath of life and untold joy. Sri Sri Dada queried, "Ota Kere?" Sanjib Mondal Da replied, "O Konnagar Theke Esehhe. Or Naam Bapi."

The place was semi dark and to give Sri Sri Dada a little bit of tranquility, the people in charge of serving Him appropriately did not put on external lights. Only the moon upstairs was shining and created a super atmosphere of peace and harmony. The one who serves the Lord naturally glows even in darkness. I think SriSri Dada always loves and serves the Lord incarnate out of natural practice. That's what makes His realization so different, so pure and so natural. This little memory of my life will never be wiped out from my repository of spiritual collections. From that night onwards, I felt I am loved by all, cared by all and acquired a new sense of purposefulness.

The next morning I was introduced to SriSri Dada by Pujoniya RangaMa. We were sitting inside the private residence of ParamaPujyaPada SriSri Borda. Inside the Soroshi Bhawan, He was accompanied by Pujoniya RangaMa, SanjibDa, AshutoshDa, RohitoshDa, KripasindhuDa, Dhirenda, NandaDulalda, and BimalDa. RangaMa very exaltingly introduced me to SriSri Dada saying, "Babu, Tui Bapike Chinish"? I was awestruck. The little offering of a Sada Chadar was liked by SriSri Borda so much that for the last few months He was wrapping the Sada Chadar around Him while He was doing Name and meditation. This Chadar was brought in by my sister Kalpana (who is no longer with us in this world) from USA and given to me to offer to SriSri Borda.

This is another rare phenomenon of Thakur's family. That is to trumpet the drums of others even if they do very little. Anyway, the bridge of love was connected and ever since I experienced unfathomable quantum of love from SriSri Dada. He is my Father in my needs, AcharyaDeva in my spiritual life, ever protecting me from utter mistakes of life that I would have otherwise made. SriSri Borda was looking at me with a godly smile so sweet that it is inexplicable. He looked at me and asked, "Baba Kemon Acchhen"? I replied nodding my head because I was utterly speechless experiencing the love in that room.

Much later in my life, I got to travel with Late KaminiDa (no longer with us) of Guwahati. Of all the people I know and admire outside Thakur's family, KaminiDa seems like a rare breed. Rev. BinkiDa always seems to be lovingly joking around with me. We have this indefinable attributes in our relationship that only few enjoy. The youngest son of Prodhan AcharyaDeva is an impeccable devotee of SriSri Thakur. It is hard to understand him as he seems absolutely normal. Inside he is always planning to do

bigger, better things. His ability to network with people across the nation is just admirable. His

Anyway, we are leaving for Dakshinatya the next morning. SriSri Dada kindly accepted me in the roster as part of the caravan. I was told by the organizers to get ready very early because the bus would start at 9:30 AM. As I was planning to go to my room early to catch a good night's sleep, Rev. BinkiDa took me apart and asked me, "Apni KaminiDake Chenen"? When I said "no", he told me about the man. We spoke about one hour and he finally advised me to keep in touch with KaminiDa whenever I can. "...he is one of the very few people who understands who Baba (SriSri Dada) is", said BinkiDa. That little advice paid me immensely in my life. Had Rev. BinkiDa would not advise me and act as a true Acharya, my understanding of SriSri Dada would be always grossly incomplete.

KaminiDa described his experience with SriSri Borda and SriSri Dada as being totally out of luck. He humbly told me that he cannot boast of any special skills or attributes or enriched form of Sadhana to enjoy this special love from them. It just happened. We were in a SUV from Bangalore on our way to Chennai. I was not traveling with KaminiDa, DulalDa (Majumdar) and RatanDa (Sarkar) for the preceding part of the journey. Somehow, it must have been the blessing of Dayal that I was advised to be in that car. SriSri Dada had about 12 cars in the caravan. Each car and traveling passengers are configured by the advice of none other than Pujoniyo BabaiDa.

Those eight hours of my life was one of the most valuable times of my life. I was now soaking the stories of a realized Hrishi from a person who realized Him (the Hrishi) to a great extent. DulalDa and I was spellbound while KaminiDa unilaterally describing his enriched experience with SriSri Dada. We were not sure what RatanDa was doing. Usually he is so quiet and meditational.

"Apni Dadar Charan Jugal Konodin Dekhechhen Khoob Kachh Theke"?, asked KaminiDa.

I replied, "Yes, I had this rare opportunity to take care of His holy feet in Puri ThakurBari. Khoob Naram. "

He retorted, "Khoob Lal. Lord Vishnur Payer Moto."

He continued, "Every time I turn around, His feet are getting redder. Amra Kake Peyechhi, Aar Helai Somoi Katachhi. Komore Gamchha Bendhe Lege Poren. Ekhono Somoi Achhe."

I remembered Mahatma Kabir's verse:

Lalee Meri Lalki  
Jeet Dekho Teet Lal  
Lalee Dekhon Main Gayee  
Main Bhi Ho Gayee Lal."



## **The Mysteries of Human Birth**

*by Maa Harshananda and Sri Nithya Devarshi  
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*Authors of Cosmic Cradle, Souls Waiting in the Wings for Birth*

Rare are those among us who seem to remember anything about our first breath at birth, what transpired in the nine months inside the womb or even our existence before our biological conception. Our first memories of living in the body are steeped in deep mystery and lie hidden beneath layers of veiled consciousness. How fascinating, then, to find gifted individuals who experience a conscious birth, who recall the realms of the cosmos from where they journeyed to reach Earth, as well as their reasons for coming here. We describe memory of events occurring prior to life in a physical body and developing a physical brain — “gifted memory.”

William Wordsworth, the 19th Century English poet refers to Gifted Memory when he says:

*Our birth is but a sleep and a forgetting:  
the Soul that rises with us, our Life's Star,  
Hath had elsewhere its setting, and cometh from afar:  
Not in entire forgetfulness, and not in utter nakedness,  
But trailing clouds of glory do we come from God, who is our home.*

Gifted Memory suggests that consciousness is not confined to a physical body, and that memory is independent from having a brain and neurological system. Surprising historical sources posit that Gifted Memory is natural. Gifted Memories have not been well reported or accepted in Western cultures, since the scientific theory prevailed that newborn babies did not have sufficient brain development to be able to have memories. But advancements in medical research and insights into the abilities of newborns to bond with their mothers quickly after birth reveal that the brain is far more developed at birth than previously thought. The ability to maintain awareness beyond death, through other worlds, and back to rebirth is proportional to spiritual maturity. The higher the consciousness, the greater the power of memory. Individuals with the greatest gifted memories of their conscious birth are enlightened persons, who report more profound experiences due to their higher state of human consciousness. The ability to consciously recall experiences associated with life in the womb, the earliest moments after being born, and even before fetal development are extraordinary and reflects a poorly known characteristic of enlightened individuals.

Plato, Sufism, Middle Eastern Gnosticism, Mormonism, Transcendentalism, Hinduism, and Buddhism, to name just a few, teach that Gifted Memory will arise as we ascend the evolutionary ladder of consciousness.

**Plato (ancient Greece)** – The soul then being immortal, having been born again many times, and having seen all things which exist, whether in this world or the world below, has knowledge of them all; and it is no wonder that she [the soul] should be able to call to remembrance all that she ever knew about virtue, and about everything ...for all inquiry and all learning is but recollection.

**A. Bronson Alcott (1799-1888, American Transcendentalist writer)** – The soul's destiny is to see through the veil – to dispel the oblivious slumber and recover for the mind recollections of its descent and destiny.

**Epes Sargent (1813-1880, American Transcendentalist writer)** – The soul is like a bird that is born in a cage, however, nothing can deprive it of its natural longings, or obliterate the mysterious remembrance of its heritage.

**Chwolson (Middle Eastern Harranites)** – God endowed us with an intelligence and faculty of perceiving so that we can recall that we are strangers down here.

**Iranian Gnosticism** – My soul, O most splendid one ... whither hast thou gone? Return again. Awake, soul of splendor, from the slumber of drunkenness into which thou hast fallen ... follow me to the place of the exalted earth where thou dwelledst from the beginning ... .

**Joseph F. Smith (19th century American Mormon President)** – The power of the Spirit allows us to catch a spark from the awakened memories of the immortal soul, which lights up our whole being as with the glory of our former home.

Our book, *Cosmic Cradle, Souls Waiting in the Wings for Birth*, presents accounts of Gifted Memory in the words of contemporary people, East Indian saints, Tibetan lamas, Native Americans, ancient Greek philosophers, to name a few. These individuals are experiencing varying degrees of enlightenment.

Whether or not, they are fully enlightened yet, their gifted memory is at least a glimpse of our soul's journey to human birth. As Buddha pointed out, there are four modes of human birth. From the most advanced memory of human birth to the lowest:

1. To enter the mother's womb fully conscious, stay in the womb with full awareness, and experience birth consciously. Enlightened masters report all these memories.
2. To enter the mother's womb fully conscious, stay in the womb with full awareness, but lose awareness during birth.
3. To enter the mother's womb fully conscious, but lose awareness in the womb and throughout birth.
4. To enter the mother's womb unconsciously and remain unconscious throughout womb-time and birth. This heavily veiled memory is more typical of most human births.

India is the world's spiritual incubator for Enlightened Masters landing on planet Earth. No where else do we find such a rich heritage of experiences of the superconscious state. For that reason, we are highlighting in this article the Gifted Memory of Thakur Anukulchandra, who lived as an enlightened master in India teaching about the highest spiritual form of human life, as described in *Cosmic Cradle*.

We first present Thakur Anukulchandra's advanced Gifted Memory in which he observes the entire process of creation, from the prime indivisible point to this widely evolved vast universe, the Creator and the created both. Next we share cross-cultural parallels to Thakur Anukulchandra's memories. These parallels contain bits and pieces of his exhaustive mem

Enlightened individuals do not necessarily describe their memories of birth or their existence before this lifetime since they have all dissolved their egos and prefer to avoid discussing their private histories. Therefore, we are grateful to Thakur for inspiring us with one of the most extensive accounts illustrating how much human memory may encompass. Thakur's high state of enlightenment is an important consideration in the power of his memories. Few enlightened masters seem to share these memories but more accounts may exist in the untranslated biographies of other masters.

Thakur Anukulchandra was a renowned Indian guru, physician, and founder of the Satsang ashram. Anukulchandra set up schools, charitable hospitals, engineering workshops, a publishing house, and a printing press. He was a prolific writer; noted among his ninety-four books are Satyanusaran, Punyapunthi, Anushruti, Chalar Sathi, Shashvati, and Pritibinayak.

Thakur was born in 1888 in the primitive village of Himayitpur where tigers, bears and poisonous snakes roamed freely in the streets even during the day. The village was situated on the bank of the river Padma, where crocodiles floated on the surface of water freely. As a young boy, Thakur used to swim in the River Padma along with the crocodiles. Very often he went deep to the bottom of River Padma to meditate for a long period and he never felt discomfort due to cessation of respiration.

From early youth, Thakur frequently became absorbed in melodious songs to the Almighty. At that time, his body temperature would rise above 110F. He had no pulse. In that stage of superconsciousness, Thakur felt as if he had been expanded to bear the whole Universe in Him. He felt responsible for all events happening in the Universe. He felt his existence among all living entities around him. In that stage of consciousness, a horse was beaten in front of him and the cane marks on the horse's back appeared distinctly on the back of Thakur.

### **Cosmic Memory and the Big Bang - Thakur Anukulchandra (1888-1969 India)**

I recall how a prime point let itself explode into millions of hyper atoms. Each hyper atom then burst into millions of supra-hyper atoms resulting in an uncut indivisible physically inconceivable point. I witnessed that ultimate point - the Cosmic Soul – create an infinity of beings out of itself like thousands of sparks coming from a fire. The

souls were destined to live through a series of lives so long as they remained subject to the illusion of personal individuality

Thakur Anukulchandra

From the beginning of Creation until my present life, my ego passed through various phases prior to being encaged in a living body, last of all human. My chain of human births includes a cobbler, prince, and spiritual seeker. In the gap between each death and rebirth, I felt empathy for family members whom I watched grieving for me.

I dwelled in an undefined higher region prior to my present life. My journey to Earth involved traveling through a yet undiscovered system of celestial constellations. I traversed a vast distance in space, passing through 44,000 planets. While our planets rotate around the Sun, I observed that millions of suns rotate around a bigger sun.

I also proceeded through a former planet that had split into pieces, and observed a planetary system yet to be discovered by science. Still fresh in my memory is the strange behavior of a unique constellation - a central star surrounded by four other stars. The four stars appeared red when they approached the central star and turned blue when they moved away through a principle known to science as the Doppler Effect.

En route to Earth, I stopped at various planets where celestial beings welcomed me with a grand ovation. Each planet had unique life forms suited to their atmospheres, unlike, any found on Earth. I felt a pang of separation as the planetary beings chanted hymns in my praise as I departed from their planet.

I finally arrived in our solar system by coming through a ray of light and descending into the Sun. I was not burnt to ashes. The Sun's interior is very cold; the heat is on its surface. Just think, I descend from inside the sun by a track. If one takes the track from here, one would see pitch darkness just on the left and on the right, not right, rather diagonally he would see light only. He would witness 44,000 planets on the way, one of which is split into pieces.

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**Historical Gifted memories from *Cosmic Cradle* parallel Thakur Anukulchandra's memory of coming from the Source.**

**Rabbi Moses ben Nahman (1194-1270, Spain)** – Leader of Spanish Jewry in the end of thirteenth century. Not only was he officially the chief rabbi of Aragon and Catalonia, but he was a well respected leader of Jews everywhere and grew to become the crown of Western European Jewish scholarship. Today we acknowledge that his great Torá scholarship, laudable personal life, and incisive analysis of Jewish history.

I was amongst God's hidden treasures...from the beginning of time. God called me forth from "Nothing." Divine forces then built, nourished, and gave form to my soul. I remained preserved in the chambers of the King before descending upon Heaven's ladder from the primeval pool of Siloam to Earth.

**Rabindranath Tagore (1861-1941 India)** also known by the sobriquet Gurudev, was a Bengali poet, Brahma Samaj philosopher, artist, playwright, novelist, and composer whose works reshaped Bengali literature and music. He became Asia's first Nobel laureate when he won the 1913 Nobel Prize in Literature. He writes:

At the far end of the stage of the world's play I stand. Each moment do I see the shore beyond the darkness where in the vast consciousness of the Unmanifest I once lay merged.

**Guru Gobind Singh (1666-1708, India)** - Upon Divine command, Guru Gobind Singh left a celestial realm to be born during one of India's bleakest periods. He was the tenth and last of the Ten Gurus of Sikhism.

I shall now tell my own history of how God sent me into the world when I was absorbed in penance on Mount Sapat Shring where King Pandu practiced Yoga and attained bliss. There I continuously remembered the omniscient power of God and I became blended with Him.

I had no desire to take human birth. My thoughts were lost in prayer at the Holy Feet of the Lord. However, the Lord made me understand His Will and inspired me to undertake the Mission: "I have appointed you as My son and created you to spread righteousness and prevent people from committing senseless deeds."

I bowed my head and answered, "I will take birth in the Dark Age of Sin. Bless me with supreme sustenance." The Lord then ordered me to take birth as Guru Gobind Singh, the son of a couple who worshipped "the Unseen One" and strove to attain God's Union.

Gerard de Nerval (1808-1855 France) French poet, essayist and translator.

I felt bitterly that I was but a momentary sojourner in that world, that foreign yet cherished world, and I trembled at the thought that I must return and re-enter life.

**Paramahansa Yogananda (1893-1952, India)** the first yoga master of India to take up permanent residence in the West (1920) and traveled throughout the United States on his 'spiritual campaigns'. Hundreds of thousands came to see the yogi. Yogananda continued to lecture and write until his passing.

My far-reaching memories are not unique. Many yogis have the ability to retain self-awareness without interruption during the big sleep of death – the gap between the end of one life and the beginning of another.

**Jalal ad-Din Muhammad Rumi (1207-1273 Persia)** –Persian, Muslim poet, jurist, and theologian.

For a million years I floated in ether, even as the atom floats uncontrolled. If I do not actually remember that state of mine, I often dream of my atomic travels.

**Empedocles (490-430 BC Greece)** – Greek pre-Socratic philosopher and a pupil of Pythagoras. Empedocles' philosophy is best known for being the origin of the cosmogenic theory of the four classical elements.

I am a wanderer exiled from the divine dwelling. I fell down to Earth from my high estate due to the decree which requires erring souls to wander from their heavenly home. I have experienced a series of lifetimes for 30,000 seasons: a boy, a girl, a bush, a bird, and a mute fish in the sea. I wept at being born on Earth once again, the region of raging discord. I expect to rejoin the immortals following this life.

**King Solomon (Old Testament)** – The Lord created me the beginning of his works, before all else that he made. Alone, I was fashioned ... long before earth itself. (Proverbs 8:22-31)

**Jeremiah (Old Testament)** – Before I formed you in the womb I knew you for my own; before you were born I consecrated you, I appointed you a prophet to the nations. (Jeremiah 1:4-5)

**Joe Homer (Native American Yuma, 19th-20th century)** – I was present at the very beginning and saw and heard it all.

Gifted memories from contemporary interviews in *Cosmic Cradle* parallel Thakur Anukulchandra's memory of coming from the Source and having a divine origin.

**Lorenzo Caravella (20th-21st Century U.S.A.)** father, teacher, mystic and author of *Mouth of God: Your Cosmic Contract* — I recall the pre-existing soul stage prior to entering my mother's womb. Everything was part of the Oneness. Imagine all your senses just rolled up into one sense of being. You don't really hear, see, taste, smell, or touch. You don't do any of those things. Yet everything exists for you. And you are totally unattached. It is a total unity experience: *Tat Twam Asi* – "Thou art this. Thou are That." I was aware of everyone and everything and everywhere else.

As the pre-existing soul, I saw my whole future life before me. I accepted its lessons, both the peaks and the valleys. I knew there was going to be some discomfort – and sure enough, it came along in different shapes and forms – but I did not want to remember some valleys that I contracted for. So there was forgetfulness on purpose.

In order for the peaks and valleys to be what they were, I needed to be guided through those energies called parents. So when the selection was made, it was not specifically that human and that human, but that energy to serve this peak or valley and that energy to serve this other peak and valley. So I was conceived by a mother with a compatible nervous system – one that would permit me to grow. That is what the Cosmic Contract is all about.

**Katarina (20th-21st Century U.S.A.),** mother of six: I remember a place of pure light, intermittent between lives where I enjoyed the freedom and movement of being without a physical body. I used remote-sensing capabilities of the soul instead of the sensual experiences of hearing, vision, smell, taste, and touch, used in a physical body.

My individuality was barely audible. That is the best way I can describe it. I had a subtle feeling of myself. All my senses became unified. Everything was one. Yet, there was still a subtle my-ness, identity, ego, an individuality. I felt the presence of God, of not being totally one with God, but being in God's womb, so to speak. I was aware of other souls close by. It's hard to explain because there was no space and time. Yet there was still the present, and other souls coming toward and going away from me.

**Beverly Anderson (20th- 21st Century U.S.A.)** mother, clairaudient, clairvoyant, and spiritual healer: My continuous conscious memory extends back to the moment when I was created as an individual spark of God. My soul then became encapsulated in different human forms, cultures, times, and places in order to learn different lessons of perception and awareness.

I remember before I left as a spark of God — I remember my spark and Him. And the profound limitless power of that makes me a little nervous. He is in the major leagues and we are in the minor leagues. But talent grows, evolves, and matures, and we will get there, too. But I will be fine doing the minor leagues for a while. I am not ready to do that format yet. I do not respect it enough. I will, with time, as will all of us.

My lesson plan has been to understand that there is no power but the “All that is” and I am but a piece of that. Therefore how can I be more proud of myself than anyone else? How can I be more special than anyone else? Yes, I am unique, but each molecular structure has a function and a purpose that is to be regarded with the utmost respect.

People often tell me, “You are so amazing, so special.” I say, “So are you!” I thank God for every soul who comes to me. I learn something from each of them, that I would not find anywhere else in the universe. So how can anybody tell me that they are more or less than anyone else? I do not buy that.

I disagree with human categorizing into levels of maturity and worthiness. Does it make the child who grows up first any more special than the little child who is to come behind

him? We are all equally cherished and loved by the Love source. There is no better or worse soul.

The universe is like a choir. Each soul in the choir has a unique voice, color, range, talent. Each soul has melodies it enjoys, as well as melodies it dislikes or feels comfortable singing. But that is okay. God created the whole choir, not just one voice.

So each voice is magnificent in its own way. But we need all the voices to make the music. So, yes, some are more or less than others. However, what is important is learning to appreciate and encourage each soul's voice, abundance, to manifest. That is what God is trying to teach us. Until we learn that, we will not be grown up enough to be little gods. We will be warring with each other and making a mess of the universe. So we are still children who have much to learn, but we are loved every step of the way.

## Parallel II

*My journey to Earth involved traveling through a yet undiscovered system of celestial constellations. I traversed a vast distance in space, passing through 44,000 planets. While our planets rotate around the Sun, I observed that lakhs of suns rotate around a bigger sun.*

Thakur Anukulchandra

Our earthbound journey emerges from a world of transparent light and timelessness. Historical Gifted memories from *Cosmic Cradle* parallel Thakur Anukulchandra's memory of piercing through layers, veils, starry heavens on the soul's journey to Earth.

**Sri Ramakrishna Paramahansa (1836-1886)**, the great Bengali sage, shared his memories of how he chose his chief disciple prior to their births.

I was reminded of how I had selected Vivekananda while I was deep in ecstatic meditation one day. My awareness rapidly ascended through every illumined level of being, plunging toward the Mother Essence, the dazzling darkness of the absolutely unmanifest, beyond any possible experience.

My consciousness soared high and ascended a luminous path through the world of gross matter into the subtle world. I transcended the stellar universe, entered the subtler region of ideas, and witnessed the ideal forms of God.

When my mind reached the outer limits of that region, I encountered a luminous barrier separating the sphere of relative existence from that of the Absolute realm where form ceases. Crossing that fence made of light, my mind entered that realm where no physical form is visible. Even the highest celestial beings kept their seats far below and dared not peep into that sublime realm.

In the next moment, I saw the seven eternally liberated sages – a constellation of conscious stars, floating in boundless awareness beyond all heavenly realms. The light of pure consciousness constituted the bodies of these primordial, genderless stars of wisdom. They were unsurpassed in knowledge, holiness, renunciation, and love.

A bolt of radiance meanwhile manifested out of that undifferentiated luminous region and I condensed into a five-year-old golden boy. I approached Vivekananda, one of the seven brilliant lights sitting in the lotus posture in a transcendental state of equipoise. I climbed onto his lap and tenderly clasped his neck with my arms. My touch roused the venerable Buddha-like figure. Vivekananda gazed upon me with half-open eyes. I appeared as a flame dancing everywhere around him.

I whispered to Vivekananda: "I am descending into time. You, too, must come with me." He gazed upon me, and although he remained mute, his beaming countenance revealed that I was the treasure of his heart.

Vivekananda once again became immersed in ecstasy. Next a fragment of Vivekananda's body and mind, in the form of a bright ray, emanated from his right eye. As the ray of light descended to Earth, the light pierced each plane of existence like a needle a needle passing through layers of loosely woven cloth until reaching his birth home in Calcutta.

**Norman Paulsen (1929 - U.S.A.)** American mystic and disciple of Paramahansa Yogananda. His gifted memory exists in his consciousness as a visual memory recall with vivid images, sounds, and colors.

I descended toward a bright blue pearl of a Mother Earth. Her waters and land appeared like a celestial garden floating in the cosmos and drew me like iron to a magnet. My life energy and love merged with images of clashing waves, torrents of spray...clouds of mist, slowly settling upon glistening monoliths of stone.

Still searching, I flew East beyond the rolling hills and bright green meadows to a fertile valley. There a village greeted me and a silent street ran north and south. I watched for a house facing the rising Sun. Then, a picket fence, an open gate, and a green lawn sprang out beneath two tall palm trees to welcome him. Indeed, I found the home of the blind Buddha – my father-to-be.

Charles Paulsen was the newly elected judge of the city and county courts, as well as an American Buddhist minister. Deprived of earthly vision, Charles walked with a white cane sensing the ground beneath him. The blind man was stalwart and precise. Using his acute hearing, he heard the message of the whispering wind and the babbling brook as he extended his life outward into all beings and images around him. Silently my spirit approached the blind man by being as quiet as the wind. But like an ocean wave meeting another wave, our souls could not resist.

He found me standing there on the street in the midst of his life. My spirit-image flashed before his inner vision; I had startled him. He stopped walking to stand alert in a silent greeting. Time stood still for him. "You have finally come to help me, to be my eyes in the world." explained: "Long have we been friends and again we meet. My spirit is fixed upon rebirth here. Our lives must be joined together for a time."

Charles invited me into his home like any other guest. Although cheerful, Charles harbored reservations that blindness might accompany me if I was born in his family. Once Charles overcame his fear, he prayed:

“Man from the North, eyes for two, abide in my house with my wife and me; be my friend once more. Your name shall be Norman after the blood of our fathers: Nor (the) man.”

I answered the blind Buddha’s call on February 3, 1929, and lost no consciousness in entering the planetary body of the earth elements.

**Macrobius (4th – 5th Century AD Rome)** – grammarian and Neoplatonist philosopher.

Souls come to Earth from the region of the fixed stars through the descending portal located where the Milky Way intersects the zodiac sign of Cancer. As souls descend from the top of the cosmos to the bottom, Saturn confers reason and understanding, Jupiter – practicality and morality, Mars – a bold spirit, Venus – passion, Mercury – eloquence and discrimination, Sun – sense perception and imagination, and the Moon – ability to procreate and nurture.

**Judeo-Christian Tradition (Genesis 28:11-19):** The biblical patriarch Jacob witnessed the ladder between Heaven and Earth:

Jacob left Beersheba, and went toward Haran. And he came to the place and stayed there that night, because the sun had set. Taking one of the stones of the place, he put it under his head and lay down in that place to sleep. And he dreamed that there was a ladder set up on the earth, and the top of it reached to heaven; and behold, the angels of God were ascending and descending on it!

And behold, the LORD stood above it [or “beside him”] and said, “I am the LORD, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your descendants; and your descendants shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south; and by you and your descendants shall all the families of the earth bless themselves. Behold, I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done that of which I have spoken to you.”

Then Jacob awoke from his sleep and said, “Surely the LORD is in this place; and I did not know it.” And he was afraid, and said, “This is none other than the house of God, and this is the gate of heaven.”

Our interpretation of Jacob’s Ladder is that the ladder is the bridge between Heaven and Earth and these are the angels who escort our souls’ descent from the heavenly world to be born on Earth and they also accompany us on our ascent to Heaven after earthly life.

**Sufism** – Seventy thousand veils separate the spiritual and physical worlds. Our souls lose divine attributes as we traverse the first 35,000 veils of light. We then accumulate earthly qualities in our passage through the next 35,000 veils of darkness.

**Rabindranath Tagore (1861-1941 India)** – The Time that my Journey takes is Long and the Way of it Long. I came out on the Chariot of the First Gleam of Light and Pursued my Voyage through the Wilderness of Worlds, leaving my Track on Many a Star and Planet.

Gifted memories from the *Cosmic Cradle* interviews parallel Thakur Anukulchandra's memory of piercing through layers, veils, starry heavens on the soul's journey to Earth.

**Katarina (20th – 21st Century U.S.A.)** mother of six children.

I traveled through space and time, which literally looked like flashing stars. It is a very fluid motion of space and time, from death to life and life to death. Obviously I did not have eyes and ears. I had nothing physical to perceive with. However my senses were in play. I became one sense. All the senses became one, traveling through space and time, and coming into the womb. So there was some entity that was myself that had these tools at its disposal.

**Glen Beicker (1929-2005, U.S.A.)** a retired military officer raised in Christian religious background, recalls choosing his parents out of three possible couples. Next he felt himself enter a huge round tunnel;

I flew down through that tube at a terrific speed. Lights from a narrow light band flashed by. The lights wrapped all through that tube, like a red stripe on a peppermint candy cane. The light circle never broke. It went with me. It was dark except for the band of light. The light was on the outside of the tube and it was transparent, and you were looking through it, but you weren't looking through it, it was just a band of light. The next thing I knew I was a little boy.

**Beverly Anderson (20th – 21st Century U.S.A.)**, mother, clairaudient, clairvoyant, and spiritual healer.

I clearly remember stars whizzing by, but there was no sensation of movement as we know it as humans. There was no density, no up or down, no left or right, no time, no sensations of colors, sound, or heat. You just were. . . . pure energy . . . surrounded by comfort and ease. . . . wonderful. I haven't a clue as to "when" that was. There was no time associated with that because there was no space. Space did not mean anything. You just were.

### **Parallel III**

*I finally arrived in our solar system by coming through a ray of light and descending into the Sun.*

Thakur Anukulchandra

Historical Gifted memories parallel Thakur Anukulchandra's memory of coming in as a ray of Light.

**Sri Ramakrishna Paramahansa (1836-1886), enlightened master, India** - At the time of his chief disciple Vivekananda's birth, Ramakrishna saw a shattered ray of divine energy flash across the sky from Benares to Calcutta where Vivekananda was being born at the same instant. Ramakrishna jumped in joy and announced, "My prayer is answered. You have taken a body for my sake."

**Plato's Republic (Ancient Greece)** Greek philosopher Plato pictured creation as three zones: ethereal, aerial, and material. He said the soul's journey to Earth begins in the ethereal universe, its birthplace.

At the end of Plato's *Republic* (~400-300 BC), a warrior named Er, who "died" in battle, observed a towering band of light resembling a rainbow, only brighter and purer. It seemed to be a passageway by which souls journey back and forth to Earth. Most western scholars, who lack insights from the discoveries about near-death experiences (NDEs), tend to interpret Er's experience as merely an allegory, yet it offers striking parallels to modern NDE accounts being reported by thousands of people.

As recorded in Plato's *Republic*, the warrior Er reentered his body after a twelve-day NDE and reported the following:

Once I regained consciousness, I related the story of the soul's 1,000 year journey between one human life and the next. My near-death episode began in the region where individuals who had just completed their earthly lives experience a life review. I watched as judges overseeing the process sent mature souls to Heaven; whereas souls who lived at cross-purposes with universal law went to a nasty underground prison (Tartarus), there to pay their penalty.

Like the rest, I took my turn to stand before the judges; they surprised me and advised: "Er, you are not here for judgment. You have come as Earth's messenger and must return to mankind to tell them of the other world."

My assigned task began in a great meadow where I mingled with a gathering of souls like a festival crowd. For seven days, I listened closely as souls recounted experiences taking place over the past one thousand years: the shining souls related beautiful visions of Heaven, whereas soul dwellers from the underworld, who were still covered with dust and grime, wept as they related all that they had suffered.

I then observed how this entire company of souls prepared for another human birth. To begin with, I ascended with them through a heavenly gate and traveled to the outer rim of the sky. We eventually reached a luminous column stretching through Heaven and Earth, the axis of the cosmos by which the universe revolves. This cosmic pillar, a towering band of light, resembled a rainbow, only brighter and purer.

Within this scene, both the souls who had spent 1,000 years in the heavens or in Tartarus [Hell], began preparing for their next lifetimes. First, souls leisurely previewed a set of tablets inscribed with life patterns of every living creature and condition. The

total number of scripts available exceeded the number of souls in the assembly so that everyone had the opportunity to choose a good life.

Before the souls picked out the cosmic contracts which pleased them most, an overseer threw lot numbers amongst the assembly. The number the soul picked up determined the order in the queue for selecting a new life. Number one had the first choice, and so forth, according to the numbers held, until all had chosen.

The overseer next warned, "You are free to choose and will be held responsible for your choice. Let not the first choose carelessly, nor the last give up hope. Even the last soul to pick a cosmic contract will find a tolerable life lying here, if he chooses with intelligence."

I noted that some souls selected conditions of their next life more wisely, and others less wisely. Pleasurable lives easily tempted less mature souls. Young souls blindly grabbed cosmic contracts without examining the fine print such as — great wealth followed by bankruptcy, or years of sensual pleasure followed by years of pain.

Dispositions formed in previous lives definitely influenced the soul's preference. The first soul in line illustrates this principle. He settled upon the life of an absolute dictator. Having made a hasty decision, he noticed that he was fated to eat his children, among other evils. He beat his breast, blaming God, the stars - everyone except himself. In this case, he had been virtuous in a previous life, yet his virtue had been merely "customary" without foundation upon consciously realized principle.

Wiser souls took time to contemplate previous experiences before making a decision. Souls who had suffered in Tartarus, on the average, seemed to plan more wisely than souls coming down from Heaven.

Odysseus, the clever king of Ithaca, serves as another prime illustration. Although Odysseus had emerged victorious in battle after suggesting the stratagem of the Trojan Horse, he encountered obstacles in returning to Greece following the Trojan War. Odysseus wandered with his men from place to place for an entire decade. They had countless adventures: the sorceress Circe turned them into swine; they nearly succumbed to the temptations of the land of the Lotus-Eaters and the insidious song of the Sirens; they barely survived the dangers of the passage between Scylla and Charybdis; and they encountered the fearsome one-eyed giant Polyphemus.

I observed how Odysseus reflected upon the hollowness and uncertainty of fame, the batterings of endless journeys, and treacherous adventures. This time he decided to look for an easier lot with less heartache and tragedy. Sure enough, he picked up the cosmic contract for a quiet man's life, the one that had been rejected by the other souls. Although Odysseus happened to be the last to make a choice, he said, "I would have done the same even if I had drawn the first lot."

In another instance, Orpheus recalled how he had been murdered by a woman in his previous life. As a consequence, Orpheus' hatred of women influenced his decision to be reborn as a swan rather than entering a woman's womb.

Besides humans choosing to pass into animals in the next life, I even noted that animals changed into one another and into humans.

I witnessed one final step prior to the take off spot for the return journey to Earth. I marched with the assembly of souls through a burning heat and frost across the Plain of Lethe. At last, when we arrived at the River of Forgetfulness, some of us felt compelled to satisfy their thirst. Foolish souls drank more than the rest. The more they drank, the deeper they slept - and the more they forgot of their divine heritage.

Unlike the rest, I chose to forgo the waters of Lethe in order to remember all that I had seen and heard. I remained wide awake at midnight to witness a lightning and quaking of the universe to awaken the souls, propelling them to the waiting wombs of their earthly mothers - leaping upward like shooting stars.

Twelve days had passed since I had “died” on the battleground. Yet before I knew it, I had opened my eyes and found myself on the funeral pyre, not knowing by what means I had gone in and out of my body.

Edward George Earle Lytton Bulwer-Lytton (1803-1873, England) –

Novelist, playwright, and politician, who coined such phrases as “pursuit of the almighty dollar” and “the pen is mightier than the sword.”

My soul descended into its dark sarcophagus from its eternal, star-like sphere.

Ralph Waldo Emerson (1803-1882, USA) essayist, poet, and leader of the American Transcendentalist movement.

The human soul is a ray from the source of light which comes into the human body, as into a temporary abode.

**Paramahansa Sri Nithyananda (1978 - , Tiruvannamalai, India)**, an enlightened master and modern mystic, was in a state of complete awareness on his journey into his physical body.

Nithyananda described his birth process on January 1, 1978 as a sequence of three scenes, of three *kshana*. (*Kshana* is a measure of time. The Hindu concept of time is not chronological, measured by the movement of a pendulum. *Kshana* is the time between two thoughts and varies individually based on state of consciousness.)

The first scene was one of perceiving a light, a flame that emanated from some place in South India. The second scene was himself, the energy, floating into that light. The third scene was conscious awareness of Arunachala, the place, the mountain, and the deity at Tiruvannamalia. He knew he had arrived.

It was neither dark nor light-filled; an independent color covered planet Earth. Suddenly a bright and brilliant light appeared from a region, which I now see as Southern India. I

entered into that light in the form of a brilliant meteor. An explosion of light occurred. The very next sight that I perceived with my inner eye was Arunachala, and I knew that I had assumed the body once more; I had entered the womb of my mother.

It was a conscious birth. I entered into the body at 11:45 pm. Within 45 minutes I was fully aware of being in my body. I was conscious of all that was happening around me. It was a joyful experience.

Nithyananda was born on January 1, 1978 at 32 minutes past midnight in Tiruvannamalai in South India. According to his parents, he never cried at birth; his spirit was so relaxed and comfortable, the doctor had to tap the baby to make sure it was alive. There was no pain in the birth to the Being.

Gifted memories from a *Cosmic Cradle* interview parallel Thakur Anukulchandra's memory of coming in as a ray of light.

**Beverly Anderson (20th – 21st Century U.S.A.)** mother, clairaudient, clairvoyant, and spiritual healer.

I recall previous lives. And I remember the in-betweens (the heavenly life between each earthly life). They are just as tangible as earthly lives. They are another form of being that is not squashed together in such a small package. Because when you are “there” and not currently occupying a shell, a package — we do not lose or change anything about ourselves except our fear. Fear is a function of survival incorporated in the humanness of our bodies

To ask, “How do I remember?” is like asking, “How do I breathe?” There is no difference. There is no stop in time and space for me. And the veil is not really there. It is our brain's perceiving the veil as existing that cuts us off from our superconscious memory, our true higher self — other than the little piece of us here that we are trying to school right now. So I don't like the phrase “the other side of the veil” because there is no veil. Heaven is simply there and our minds obscure it. Our mind is designed to sense sight, sound, smell, taste, and touch, and is so preoccupied with maintaining and protecting the body, that it tends to be a good cap on accessing collective consciousness.

My continuous conscious memory extends back to the moment when I was created as an individual spark of God. I remember when God initially spun me on my merry way and said: “Have a good time. Come back when you are all done.” My journey began at the Source.

It is difficult to verbalize what happened when my soul became individuated. I remember coming from the “All That Is,” as a projectile of light. I remember being spat out, pushed out like a projectile and I was screaming through the universe as a spark of light, like a little star. I knew that I was going somewhere, but I did not know where. There was no fear, just a feeling of sheer exhilaration. I clearly remember stars whizzing by, but there was no sensation of movement as we know it as humans. There

was no density, no up or down, no left or right, no time, no sensations of colors, sound, or heat. You just were. pure energy surrounded by comfort and ease wonderful.

I haven't a clue as to "when" that was. There was no time associated with that because there was no space. Space did not mean anything. You just were. So that is the best human description I can give.

## Conclusion

Since the earliest recorded times, the image of the human soul as a traveler, a sojourner in a foreign land, or the wandering heir to a forgotten inheritance, appears in various religious texts, philosophical discourses, poetry, and tribal legends. Age after age, the same idea repeats itself: we pre-exist as superconscious beings in a world existing out of sight.

As we see from previous examples, Gifted Memory of the soul's pre-earthly home and journey to Earth answers questions about life prior to conception: what kind of life is it compared to the life we know here? Was our soul merged with God? Did we dwell in the sky, the Earth, or in a world of light? Reports vary according to cultural background, yet they all portray preconception in glowing terms.

The phenomenon of Gifted Memory validates that we are spiritual beings having a human experience in the physical body and not simply human beings having a physical experience. Individuals who share their Gifted Memories are blessed messengers of a higher reality . . . no matter whether these individuals provide complete reports or glimpses.

Whereas we find accounts of Gifted Memory scattered throughout diverse cultures on earth, no where is Gifted Memory and the superconscious state experienced and described more fully as it is in India. It is unfortunate that western psychology has ignored this inner dimension of our being and chose to heavily focus on abnormal psychological states of unenlightened people. In some cases, psychology has brushed aside reports of higher consciousness as mental disorders.

The great Western psychologist Carl Jung visited India and had made an appointment to meet sage Ramana Maharshi. In his diary Jung explains that he cancelled meeting the enlightened sage the night before. Jung said he feared all his vested interests in his understanding of human psychology would be proved to be a lie. Jung had no courage. Imagine what evolutionary direction he could have taken Western culture if he had not acted like a politician.

Gifted Memory is another way the enlightened beings inspire us to go beyond our limited body/mind and experience the superconsciousness of who we really are. We will never solve the problems of humanity if we do not have knowledge of higher states of consciousness and how to reproduce them. As the 2nd century Gnostic Theodotus advises: – "What liberates is the knowledge of who we were...where we were, whereinto we have been thrown; whereto we speed...what birth is, and what rebirth."

About the Authors of Cosmic Cradle, Souls Waiting in the Wings for Birth

The Carmans are pioneers on the frontier of consciousness research. Their message is we are spiritual beings briefly housed in a physical body. Elizabeth has enjoyed a life-long passion to study the human mind and outer limits of human potential spending over forty years investigating consciousness, including long-term inner development courses in North America, Europe and Asia. Elizabeth has taught meditation and personal growth workshops to hundreds of people. Neil has a B.S. and M.S. (U. Iowa) and Ph.D. in botany and plant chemistry (U. Texas at Austin); he also taught plant biology and consciousness. Currently he is an environmental scientist and a technical adviser to communities exposed to toxic chemicals. He has spent forty years investigating consciousness.

***About Cosmic Cradle, Souls Waiting in the Wings for Birth:***

*Cosmic Cradle* is part of a ten-year consciousness research project tracing the soul's step-by-step journey from the heavenly world through the mother's womb to birth. In more than 700 pages and 35 chapters, we share more than 200 Stories, told by people from 165 cultures and religions, elucidating pre-life consciousness, pre-life planning, and the soul's pre-life journey to earth. Insights and information include:

- Parents -- modern and historical -- report meeting their children before conception. Modern and historical gifted individuals recall planning their earthly lives and choosing parents.
- Spiritually Enlightened Masters recall their journey to birth.
- Angels help us plan our births and escort us to Earth.
- Cosmologies describe where our soul dwells prior to entering our mother's womb.
- Pre-birth agreements prescribe a person's plan for their lifetime on Earth.
- Reasons why most people forget their pre-earthly life while sojourning on Earth.
- New paradigm explains the wealth of ancient and modern pre-conception accounts.
- Over 1100 cites, 532 bibliographic references, 165 illustrations, glossary, index.
- Learn what is happening at the soul level prior to human conception:
- How do souls seeking human birth communicate with potential parents?
- How do our souls choose parents, earthly circumstances?
- Why does the soul fall from the higher dimensions to Earth?
- How does the soul travel to the physical dimension?
- What events happen when our soul is preparing for human birth, when we are in the mother's womb, when we take our first breath?
- Why do we forget our spiritual nature? What techniques help us remember our true nature?

Visit [www.CosmicCradle.com](http://www.CosmicCradle.com) or email us at: [Carmans@CosmicCradle.com](mailto:Carmans@CosmicCradle.com).



## **Excerpts from Satyanusaran (The Pursuit of Truth) written in his own hand by Sri Sri Thakur Anukulchandra, as messages for guidance in 1910 AD**

Lucknow, India

It is better to die at toil than on the toilet.

He who speaks less and does more is a first class worker. He who does as he speaks is a second class worker. He who speaks more but does less is a third class worker, and he who, out of laziness, neither speaks nor does is of the worst type.

Run, but don't pant, and watch you don't stumble.

Should you feel aversion or anger in doing any work, know for sure, it is on the verge of failure.

Be ready against the difficulties that arise at the time of executing a work. Don't be dissatisfied or impatient. Success will be your servant.

Try and don't be gloomy; don't be sorrowful! Success must come!

Delirium of distress is not a sign of the skilful.

Haughty brain and vain, pompous thoughts are both signs of unsuccess.

Gain success by avoiding or defeating misfortune, and see that difficulties do not cheat you of success.

If neither joy nor sorrow hinders your movement, you shall without doubt reach your goal.

### **Hindi Translation:**

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tkS cksyus esa de] dke esa vf/kd gS] ogh gS izFke Js.kh  
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e;/e Js.kh dk dehZ] tks cksyrk vf/kd gS] djrk de gS] og  
gS r`rh; Js.kh dk dehZ] vkSj ftls cksyus esa Hkh vkyL;]  
djus esa Hkh vkyL;] ogh gS v/keA

nksM+dj vkvks] fdUrQ gkaWQ u tkuk] vkSj Bksdj [kkdj  
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**oUns iq:"kksRree~**

**σσσσσσσσσσσσσσσσ**

nkEiR; thou dk orZeku ladV  
Jh vo/ks'k dqekj flag & lkRorh twu 2005

iq:"k vkSj izd`fr ds la;ksx ls gh l`f"V dk fuekZ.k  
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vkSj izd`fr dk la;ksx Hkh cuk jgsxkA iq:"k vkSj izd`fr  
gj ;qx esa ,d flDds ds nks igyw jgs gSaA lnk ls  
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esa ;g of.kZr gSa fd iq:"k vkSj izd`fr dk laca/k vukfn  
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gSA iqjk.kksa vkSj mifu"knksa esa vkfn esa iw:"k vkSj  
ukjh ds laca/k esa dgk x;k gS fd tc czg~e dks nks gksus  
dh bPNk gqbZ] rks mUgksaus Lo;a dks nks Hkkxksa esa  
foHkkftr dj fy;kA blfy, nk;ka va'k dks iq:"k vkSj ck;ka  
vka'k dks ukjh dgk x;kA iwtk&ikB] /kkfeZd dk;Z vkSj  
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Hkkjrh; ukjh vkSj iq:"k 'kjhj ls nks jgrs gq, Hkh ,d  
nwljs ds iwjd gSaA iq:"k ukjh dk lsod] fe= vkSj Lokeh  
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fookg O;fDr dks tSfodh; rFkk larkuksRifRr }kjk ekufld  
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fookg euq"; dh nks iz/kku dkeuk dh gh ifjiwfrZ djrk gS  
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vkfFkZd mnkjokn vkSj HkweaMyhdj.k us nkEiR; thou dks  
iwjh rjg cny fn;k gSA eer] Lusg] izse] nkf;Ro vkSj  
drZO; bR;kfn dh izfrewfrZ ukjh dks egkuxjksa eas viuh  
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ukSdjh ds lkFk&lkFk ?kj dh ns[kHkky] izlo ds le; ekufld  
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Lokeh dk vkn'kZ D;k gS ;k dSlk gS]  
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vkSj] rqe ftls oj.k djuk pkgrh gks]  
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dkj.k] rqe mldh lg/kfeZ.kh cuus tk jgh gks]  
blesa rqe ;fn mncq) gks &  
vkSj] tkfr] o.kZ] oa'k] fon~;k esa &  
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os loZrksHkko ls rqels Js"B gksa &  
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 jgk gS] ftlls cPpksa ds vUnj lkewfgdrk] Hkkoukvksa vkSj  
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jk"V<sup>a</sup>xBu esa n'kfo/k laLdkj dh vko' ;drk

Jh fot;dqekj eS= lkRorh ebZ 2004

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ukedj.k]  
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Ykskx dgrs gSa Hkxoku [kkrs ugha] lcjh dh rjg rqe  
f[kykrs ughaAA  
lkx HkDrh fonqj dks f[kykrs pyks & euqok

nq%[k esa dgrs gSa Hkxoku vkrs ugha] nzksinh dh rjg rqe  
cqykrS ughaAA  
Vsj xt dk izHkq ls yxkrs pyks & euqok

izHkq dgrs gjh jV yxkrs pyks] euqoka] xksfoUn xksiky  
xkrs pyks &euqok

&2&

d`.k xksfoUn xksiky xkrs pyks] eu dks fo"k;ksa ds fo"k  
ls gVkrS pyksA  
uke /ku dk [ktkuk c<+krs pyks AAd`.kAA

ns[kuk bafnz;ksa ds u ?kksM+ Hkxsa] jkr fnu mudks la;e  
ds dksM+ yxsAA  
vius jFk dks lqekjx pykrS pyks AAd`.kAA

dke djrs jgks uke tirs jgks] jkr fnu d`.k dk /;ku  
/kjrs jgksA  
iki dh okluk,a gVkrS pyks AAd`.kAA  
;kn vk;sxk mudks dHkh u dHkh] n'kZu nsosaxs gedks dHkh  
u dHkhA  
,slk fo'okl eu esa tekrs pyks AAd`.kAA

nq%[k esa rM+iks erh lq[k esa Hkwyks erh] izk.k tk,a  
exj uke Hkwyks erhA  
jk/ksd`.kk dks eu ls fj>krs pyks AAd`.kAA

uke ti&ri ds ykxksa us ikbZ xrh] HkDr us gSa blh ls  
djh churhA  
Ekqjyhokys dks eu ls fj>krs pyks AAd`".kAA

ΦΦΦΦΦΦΦΦΦΦΦΦΦΦΦΦ

## 1<sup>st</sup> National Satsang Photos



**Nagar Kiran by all Satsangees at 1<sup>st</sup> National Satsang held at Atlanta, GA**



**All devotees attended during the 1<sup>st</sup> National Satsang held at Atlanta, GA**



**Asis Da singing devotional song at the 1<sup>st</sup> National Utsav, Atlanta, GA**



**Dr Kerry Da sharing his experience on the 1<sup>st</sup> National Satsang, Atlanta, GA**



**Debol Gupta Da sharing his meditation experience on the 1<sup>st</sup> National Satsang, Atlanta, GA**



**1<sup>st</sup> National Satsang Sri Sri Thakur's ashan decoration, Atlanta, GA**

**2<sup>nd</sup> National Satsang Photos**



**2<sup>nd</sup> National Satsang Sri Sri Thakur's ashan decoration, Pocono, PA**



**All devotees attended during the 2<sup>nd</sup> National Satsang, Pocono, PA**



**All kids attended during the 2<sup>nd</sup> National Satsang, Pocono, PA**

**Sri Sri Thakur Anukulchandra** (A short life sketch)

*S.P. Chakraborty*  
New Delhi, India

When virtue fails and life cries out for rescue, the Supreme Being descends upon this earth to show humans the way of life. Today there are conflicts among people, provinces, countries, religions and castes.

Also there are conflicts between husband and wife, father and son, mother and daughters and among neighbors. In such an atmosphere Sri Sri Thakur Anukulchandra comes with a message of love, unity harmony

Sri Sri Thakur was born on 14<sup>th</sup> September, 1888 at Himaitpur, in the district of Pabna, East Bengal (now in Bangladesh) in a Barendra Brahmin family. His father's name was Sri Shib Chandra Chakraborty and mother's name was Monomohini Debi. Shib Chandra worked as a manager in a zamindari estate. He was a very honest man. Mother Monomohini Debi was a pious and spirited woman, whose influence on the life of Anukulchandra was enormous. Both of them were highly cultured and devout in the true sense of the term. They were kind-hearted and always responsive to the needs of the environment. When she was merely a girl, Monomohini Debi got the Sat mantra (Holy Name) in a dream, and afterwards she initiated her son Anukulchandra in that Holy Name. After initiation He told His mother that this Holy Name was nothing new to Him. He had been repeating the same Name even when He was in her womb. In fact He Himself was the embodiment of the Holy Name, because Name and embodiment of the Name are the same.

At the time when Anukulchandra started to attend school, Mother Monomohini Debi blessed her son with a poem of four lines in Bengali:

“When you see a man poor  
Be humble and open your door,  
You are a friend indeed—he may feel sure,  
With careful eyes, his pains do cure.”

In His school-life Anukulchandra tried His best to remove any want or complaint of His classmates. He even used to give away His clothes to the needy. To His classmates He was Rajabhai (King-brother). After finishing his school education He got Himself admitted to the National Medical College in Kolkata and later began practicing as a physician in His native village.

Returning there from Kolkata, he found that villagers were engaged in scandal mongering, slandering and harming one another. Stealing, robbery and kidnapping of women were almost daily events. He was very much shocked at what was taking place. He understood then and there that He had to cure not only the physical diseases but also drive away their mental ailments. He formed a Kirtan party with His own villagers and inspired others to form such groups. He Himself used to compose songs for those Kirtan groups. Gradually such kirtan groups were formed in many villages and there

were wholesome competitions amongst them. In this way the atmosphere of the villages began to change.

There occurred many miracles in His life from His very boyhood. The Holy Name would always spontaneously vibrate within Him. Light of different colors radiated from His Body and He often lost His consciousness which people took to be a kind of ailment. After taking part in the kirtan He would go into a deep trance. The wicked people thought it was pretence and would prick needles, apply red-hot charcoal on His body to test Him. But they found no response. Even the throbbing of His heart would remain suspended at times. During His trance He could speak fluently in different languages. Some of these sayings were recorded and published in '*Punyapunthi*' (Holy Book) in Bengali. He was the embodiment of the precept--'Do unto others as you wish to be done by'.

Young Anukulchandra won the hearts of the people through His sincere service, sympathy and love. He would spare no pains to meet their wants and remove their sorrows. People would come from different remote places and gather around Him at His house in Himaitpur. They began to call Him 'Thakur'. Anukulchandra protested vehemently, but they were adamant. Later Anukulchandra once Himself said-- 'I was all alone, people did not know me. But I loved people and they also love me. I found Kishori (Kishori Mohan Das). People knew him to be a very unconventional type of man. But I found that he had a little bit of genuine yearning for God. I used to compose songs for him and often talked of Thakur Haranath with him. Gradually he developed a great regard for him. In course of time that regard crystallized around me and he adhered to me firmly. Ananta (Maharaj Ananta Nath Roy) was the compounder of Dr. Basanta Babu (Choudhury). He used to meditate and was a seeker of truth. He also enjoyed my company intensely. They were my hands. Work started with these two. At that time the impossible was rendered possible by the aid of these ordinary hands. ....Out of a keen maddening urge born of deep devotion and faith Kishori and Maharaj worked wonders. The supreme Father has always kept open the possibilities of achieving and materializing the impossible through courage and conviction...'

Gradually a small unknown village turned into a thickly populated town. As He loved people deeply and sincerely, thousands became His own. He says that man, and not money is one's asset, so we should always try to win the hearts of people.

Once a devotee had to go to a distant place for his job. He requested from Thakur some instructions which would guide him in his daily life. So it happened that at the age of twenty-two Thakur wrote down some wise sayings for him within one night. These sayings have been printed in a book known as '*Satyanusaran*' (The Pursuit of Truth). In this book He said, 'The degeneration of humanity began at the moment when the unseen God was made infinite, and, ignoring the Seers, the worship of their sayings began. Oh Mankind! If you desire to invoke your good, forget sectarian conflict. Be regardful to all the past Prophets. Be attached to your living Master or God and accept only those who love Him as your own, because all the past Prophets are consummated in the divine Man of the present'.

He gave many dictations in verse and prose, in Bengali, English and Hindi. Nearly one hundred books of His sayings have been printed. His sayings in Bengali have enriched Bengali literature. He coined many new words in Bengali. There is hardly any aspect of life or any problem in the world for which He has not given correct solutions. His dictations have included the topics of Dharma, Politics, Economics, Agriculture, Industry, Commerce, Education, Culture, Conducts, Behavior, Science, Eugenics, Marriage, Socialism, Capitalism, Communism and so on. He observed that 'The source of all 'isms' is existentialism, no existence, no ism.' He had no so-called university degree; His sayings came from His direct perception and experience. He said, "If you are good yourself, thousands of people will become good seeing your example. If you are bad, you will find no one to sympathize with you in your distress, because being bad, you have made your environment bad." He also warned us all by saying—"Know this for certain: you are responsible for the present and future of yourself, your family, your environment and your country."

His 'Tirobhav' took place on the 27<sup>th</sup> January, 1969. Throughout His life Sri Sri Thakur Anukulchandra has asserted, illustrated and demonstrated that God is one, Dharma is one and all Prophets are the same. His life and teachings have normally promoted mutual understanding and amity. He has described the specific characteristics of true prophets or Ideals. He said that all-fulfillingness and nurturing of distinctiveness are the twin signs of their genuineness. So under their guidance international tensions, communalism, provincialism, parochialism, mutual hatred, discord and other disintegrating forces are sure to be eliminated, of course, if people choose to apply the Ideal's principles in life. He gave the most universal, scientific and rational interpretation of Dharma, showing how it operates as the most progressive force in the world, combining all the benefits of the realms of matter and spirit which are basically inseparable. He lovingly beckoned us to the materialization of the dream of a united world without impairing the distinctive existential traits and traditions of individual nations.

He has explained in detail how we can grow in spiritual life through the daily practice of prayer, repetition of Name, meditation, propagation of the Lord's message, devout offering, self-analysis, self-corrections, formation of good habits and devotion to existential culture and tradition and thus to imbibe the character and conduct of the Lord and resist evil. He never failed to draw our attention to the fundamental fact that life is fruitful to the extent that it is dedicated to the realization and manifestation of the divine in the concrete details of our day to day life. And there lies the culmination of the human personality.

In Sri Sri Thakur's view—"Love is the deepest drive of our life. Our destiny is determined by the centre, where we place our love. We gradually come to be what we love. If our love is rooted in a divinely inspired living Ideal, our life is normally transformed and we proceed to the progressive realization of the divine. This concentric love eventually universalises itself and becomes all-pervading and all-absorbing. This consummation cannot be achieved, if our love is not unrepelling, unexpectant, unselfish and unconditional. Moreover our love must find expression in a valorous active urge to fulfill the wishes of the Ideal and establish Him in the environment. Infusing the Ideal in the environment is the best form of the service that

we can render to society, because that awakens the divine in man and extinguishes the furnace of afflictions, born of human ignorance and passionate obsessions and cravings. Our love automatically impels us to imbibe the character of the Beloved through active effort and exertion and thus lovely qualities flourish most vigorously in us according to our own characteristics. So love can work miracles... As regards the law, He emphasized that the prime object of politics is to protect, nurture and fulfill the existence of all with due attention to individual distinctiveness, equitable distribution and mutual fellow-feeling. The individual should be developed along with his environment on an existential basis. And this presupposes the need for adherence to the Ideal. The laws should be framed in harmony with cosmic laws so that they may serve the being and becoming of people. Any error in legislation may lead to disaster. So Seers should be consulted in this matter.

Sri Sri Thakur says—“Formation of a unified, consistent character is the most important thing in a man’s life.” In order to give shape to a desirable character we must follow the right codes of conduct in every detail. Our conduct must reflect the highest principles even in trifles. There must be uniformity in the entire run of our life. If there is incongruity between our public and private life, it will lead to disintegration of personality and we shall not be able to maintain moral excellence in our transactions with others, though we may consciously strive to do so. In other words we shall defeat our own purpose. In fact whatever a man does reveals the sum-total of the inner man in him at every step. So a thorough transformation of personality is what is needed. To achieve this consummation, we must be concentric to an integrated personality—a living Ideal with unswerving tenacious active adherence. That is the foundation of a glorious life. Our conduct, to be fruitful, must be in harmony with the living Ideal, whose whole being constantly and habitually manifests existential principles in all His thoughts, words, deeds, and expressions. He is the greatest exemplar, who shows, how to promote the life and growth of oneself along with those of the environment at one and the same stroke. All our behavior must be judiciously directed to that end. The universal principle of conduct laid down by Sri Sri Thakur may be summed up in a few words—“Do unto others, as you wish to be done by” We must make vigorous and persistent efforts to put this saying into practice. We should also be alert to resist evil without harboring any ill feeling towards the evil doer. We must rectify and remove the evils lying within us; otherwise the resistance offered by us will not have its due effect.

Regarding character and conduct, Sri Sri Thakur’s view is that—“character is the resultant of thoughts, words, deeds and motives and it displays itself in our habits and behavior”. There is nothing accidental in life. Whatever we do has a cause behind it and all our doings in their turn produce a chain of consequences. They leave an indelible impression on our brain, mind and nervous system and affect our character correspondingly. In fact, our own actions make or mar our character. And character builds our destiny. So we must be very careful about how we act or behave. If we surrender ourselves to the servility of passions instead of employing them in the service of existential uplift, our life will be miserable. Due to passionate leanings and obsessions, we cannot often distinguish between good and evil. As a result, despite our sincere endeavor, we fail in our power of discrimination. Here also comes the absolute necessity of accepting and following a living Ideal with unflinching devotion, allegiance and active service. Unquestioning, energetic adherence and compliance to Him

constitute the corner stone of success in life. That inevitably leads to the development of a harmonious, grand and glorious character, which is the prime objective of human life. Sri Sri Thakur is never in favor of suppression and repression of natural urges. What He emphasizes is their transformation and sublimation, which can be achieved through volitional zeal for fulfilling the living Ideal. Moreover He wants us to bestow the supreme bliss of a concentric life on all and unite and integrate them on an existential basis. He exhorts us to transmute evil into good, disease into health, ignorance into knowledge, poverty into wealth, depravity into divinity, decay into growth and death into life with patience, forbearance and perseverance. That is His clarion call. In our behavior, he urges us to be non-egoistic, cordial, loving, appeasing, untussling, unobtrusive, tactful, intelligent, elating, exalting, compassionate, soothing and serviceable, so that friendliness may flourish on earth and we may enjoy heavenly happiness on this mortal plane.

We must always remember that human civilization is a matter of gradual evolution containing the cumulative effect of the efforts of countless generations. The past is not all dead and gone but it is a living force that continues to mould and influence the present. In fact, the present is born out of the past and the future will grow out of what has already passed and is currently passing. So, man in his onward march towards progress cannot afford to break his ties with the past. He has to consciously maintain the existential attainment of his forbears and build on the foundation already established. Otherwise progressive development will be impossible and man will eventually sink into a state of anarchy and barbarism. So we must zealously guard the precious inheritance from our forefathers and transmit it to our descendants in an untarnished way, we should seek to enrich it. Culture, tradition, biological and social structure, scientific classification, occupational grouping of individuals according to distinctive hereditary instincts and traits, excellence of genetic wealth in the shape of highly exalted transmissible human qualities are some of the invaluable legacies we have received from our ancestors. If these are to be preserved and perpetuated with an eye to further unfoldment, then compatible marriage, happy conjugal relations, eugenic and genetic adjustments are indispensable necessities.

On our way to advancement, we should be very cautious about the snares of the complexes, which lead us to deviation. They can be successfully combated only when we mould them out of love for the Ideal. We must remember that all growth must be towards God; otherwise it is meaningless and often detrimental. If humanity is to be saved, we must obediently follow the dictates of science and laws of providence in relation to marriage, eugenics, Varnashram, employment, occupation, class-collaboration, adherence to existential custom, culture and tradition, eternalisation and enhancement of distinct, specific, achieved instincts and attributes, continuity of heredity, acquisition of efficiency, concentric adjustment of complexes, chastity of woman, compatible combination of sperm and ovum etc. These principles are of supreme importance to us and compliance with them is imperative. If we thoughtlessly and willfully venture to neglect them, we shall be laying the foundation of our own ruin. Even if we violate them out of ignorance, nature will not excuse us on that score. We must get acquainted with the laws of life and growth and abide by them with unflinching devotion. Sri Sri Thakur has emphatically declared that marriage-relationship is eternal and sounded a grim note of warning against divorce, hypogamy and all forms of

undesirable marriage, describing their consequences with scientific proof. If we are to get rid of the agonizing problems of the modern world arising from the pursuit of incomplete views of life, we should waste no time in availing ourselves of the infinite bounties of the Divine, revealing truth in its totality, embracing and encompassing all aspects of life in its widest sweep.

Sri Sri Thakur Anukulchandra was deeply interested in life—life in its varied manifestations and multifarious phases. He was not a believer in a fragmentary approach to the problems of life. To Him all problems of life were interconnected and interlinked, demanding an all-comprehensive, coordinated tackling and an integrated, rational solution. That is what He had been accomplishing throughout His whole life. His life was not a life of seclusion from society but he was ever connected with the joys, sorrows and sufferings of millions of souls. He had a very intimate acquaintance with the day-to-day problems confronting individuals. And in course of alleviating their distress and removing their deficiency, he had been enunciating the principles of life in response to the needs of the environment on the basis of his direct realization of the ultimate truth.

Regarding education, Sri Sri Thakur Anukulchandra said that if it had to be productive and effective, it should aim at formation of the right type of concentric habits and behavior, unfoldment of distinctive traits and faculties, disciplining of intellect and powers of reasoning, broadening and deepening of feeling, sympathy, sentiment and interest, cultivation of inquisitiveness and a creative research-spirit, unfurlment of efficiency, active skill and constructive ability, inculcation of a genuine desire for perfect conception and thorough execution, improvement of knowledge and wisdom, fostering of self-control, self-denial and selfless service and development of a consistent character and an integrated, complete personality. He greatly stressed upon the conduct and character of parents and teachers, because youngsters unconsciously and involuntarily imbibe what elders actually practice in daily life and not what they teach. Sri Sri Thakur exhorted us to kindle our volitional urge to serve people in the way best suited to our temperamental ability, so that we may prosper economically. He emphasized the importance of judicious agriculture, industry, business and commerce for the enhancement of the capacity for independent earning without taking recourse to exploitation and dishonesty. He warned us against extravagance, unnecessary luxury and borrowing. He has dived deep into the mysteries of life with His divine introspection and spontaneity of love and service. His wisdom shines forth with the illuminating facets of His manifold experiences out of His spontaneous urge to serve humanity at large. He established Tapovan Vidyalaya—High School for girls and boys, a Science College, a Science Research Laboratory—Viswa-Vijnan Kendra, Mechanical Works, Chemical Works, a Press, an Art Centre, and Permanent Stage for Theatre, different Cottage Industries, Electricity supply service and so on. Development of the individual, improvement of the village and thereby the development of the country went on. Deshbandhu C.R. Das was attracted by this man—making and village-developing plan of Sri Sri Thakur and became His disciple. Mahatma Gandhi was very much impressed to see these works of development at the Ashram, at Deoghar.

Lastly to quote a significant remark of Sri Sri Thakur Anukulchandra with regard to His own answers to the quest of different seekers—

“I have answered to thy quest  
what I see, what I think  
and what I know  
to be beneficial  
to our life and growth  
with every blazing outspoken reply  
as far as I conceive.”

In fact all the utterances of Sri Sri Thakur are based on the solid foundation of His firsthand personal experiences and realizations and as such these unembellished bare expressions of truth go straight into the heart of people and set them thinking. The sayings are highly charged with the vibrant spirit of His soul, which constantly yearn for the all-around welfare and well-being of every being that exists. That is why they are so effective in quickening and kindling a keen genuine desire in man for acquiring concentric self-adjustment which is the sole supreme source of all blessings in life. Let us read and re-read His sayings and live and exemplify the magnificent truths embedded therein. Only then can we fulfill the great mission of human life and achieve the grand and glorious goal, destined for humanity.

Bande Purushottamam (Adorations to Fulfiller the Best)



tgkaW xeu djus ls eu dh xzafFk dk  
ekspu ;k lek/kku gksrk gS & ogh gS  
rhFkZA

lR;kuqlj.k & Jh Jh Bkdqj

**Why so partial?**

Reet Dipti Dhakal  
UT, US

Oh Thakur, my Saviour!  
I have always loved you,  
But only in words and heart,  
Never through deeds!  
For this is not real love,  
As you yourself say!  
But you love me  
Not in words, but in deeds!  
Makes me wonder,  
Do I have any special charm!  
I know you love me,  
Like a lover loves his only Love!  
So selfishly, only me.  
There are so many pained out there.  
They still suffer.  
I can see their pain and my joy!  
I know they love you, more than I do.  
But still, I get the love.  
I wonder what the secret is!  
I am so confident you will always love me,  
No matter what I do  
Why am I confident?  
Oh God, Oh my Thakur  
This makes me fearful.  
Are you really impartial?  
My faith tells  
You are The Almighty!  
You are The Saviour!  
You are Joy!  
You listen to everyone!  
I would love to hear you  
Say to me someday,  
That you really are impartial!  
Please, Oh my Thakur,  
Help me reduce the distance between us,  
For I am not able to hear you clearly today!  
With this dream, I bow to you,  
Oh my Father, Oh my Thakur!



**MAKE HASTE**

by Gisela Lichtgarn  
CT,US

Make haste while there is time  
To speak and do and think of things eternal.  
The reaper comes when we're asleep or unaware—  
Unlike the yogi, ever awake, aware.

Life's short.  
That glorious thought of  
Unconditional, embodied, everlasting, universal Love  
Illumines and expands, uplifts;  
Joy once again can glow and brighten our day.  
Let faith believe that this is so.  
Faith that can gladden gloom,  
Remove all doubt, all fear and pride  
And limiting conceptions of the mind.

The illumined heart/mind shineth brightly  
And dispels with certainty all things  
Against expansion, life and growth,  
Leaving a luminous trail of happiness and truth  
Wherever it goes.



**WITH MY LIFE CENTERED ON YOU**

David Lichtgarn (02-17-03)  
CT,US

With my life centered on You,  
all my life takes on meaning.  
The habits I form are for existence and make life sweet and worth living.

Where others give up in boredom or despair,  
I keep on moving for I know that You care.  
The secret of life is silent like a star.  
It is to live for the Beloved  
And Your purity not mar.

The more all actions are ligared to You,  
The more I am up and doing the less I am blue.  
There's Shakti – that is power – in caring about You  
This is the missing secret, the heavenly clue.

Where others falter, give up and lie by the side,  
I keep on progressing for You are my pride.  
I always stay steady, my habits are firm,  
for I know You like stability and the ability to learn.

Expansion and becoming, growth and delight,  
these fine experiences have all replaced my fright.  
I am able to be just humble old me;  
I work and I struggle as busy as a bee.

You allow me to just be myself and experience being;  
there's no need for pretense for I know You are All-Seeing.  
From genuineness real growth is possible and expansion is mine;  
I finally get what You mean by becoming: it's something Divine.

Onward and upward my life is like a flame.  
My faith, it has crested in repeating the Name.  
Fame, fortune and honor, they no longer are a lure.  
For I want only shelter at Your feet and for that to be pure.

I kiss this life and hug it for here all is bright.  
In your Heavenly shelter, I've at last seen the light.  
No longer will I stay alone and weep and then wail.  
In Your boat I'm traveling and You have unfurled the sail.  
The tricks of the tamas, the passions all fail  
For I run to You rapidly and they are left behind like a snail.



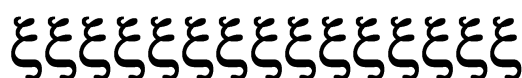
## Schedule for 3<sup>rd</sup> National Satsang held at NJ,US

### MAIN SATSANG PROGRAM

1st September, 2007

6:00 PM

Sri no#	Events	Performer(s)	Minutes
1	Prarthana (Prayer & Guru Vandana)	All	10
2	Naam (Meditational Session) - Silence Required, Please!	All	5
3	Paath (Reading): <b>Satyanusaran</b> By Sri Sri Thakur AnukulChandra	Bengali: Asis Basu Hindi: Jaimini Bhatt Oriya: Amit Nayak English: Timirant Gupta	8
4	Paath (Reading): <b>Narir Nit</b> By Sri Sri Thakur AnukulChandra	Bengali: Saswati Mistry Hindi: Nita Bhatt Oriya: Swastika Basuri English: Prama Biswas	10
5	Paath (Reading): <b>The Message Vol I</b> By Sri Sri Thakur AnukulChandra	Pluksi Bhatt	2
6	Amar Sangeet (Tomar Range Hriday Amar Ranga) Lyric: Proadhan AcharyaDeva Sri Sri Borda	All	5
7	Introduction to Guests	Debol Gupta	1
8	Chief Guest's Speech	Chief Guest	5
9	Speech: Sri Sri Thakur AnukulChandra's Life And His Philosophy	Gisela Lichtgarn Yogesh Joshi Debol Gupta	12
10	Devotional Kirtana: O Manua Re, Sadh Le Tu Manab Jeevan Bandh Le Tu Amrit Ki Dhara...	Yogesh Joshi/ Avinash Misra/Jaimini Bhatt	6
11	Devotional Song (English)	Gabriel Litchgan, Tapas Gupta	3
12	Devotional Song	Bipasha Chakravarty	3
13	Devotional Song	Bipasha Chakravarty/Madhumita Basu/Arpita Gupta/Saswati Mistry/Sumita Saha/Nita Bhatt/Chandana Das/Monisha Das	5
14	Speech: Sri Sri Thakur AnukulChandra - The Solution Manifestation thru Proadhan Acharyadeva Sri Sri Borda	Dr. Kerry Brace	5
15	Devotional Kirtana: Hari Bolo Ghuche Jabi Dai Hari Naam Pareri Upai...	All Devotees	6
16	Speech: Influence of AcharyaDeva on my life	Sambita Basu	5
17	Devotional Kirtana: Gurur Naam Niye Bhasano Tari Jedin Dube Jabe Re...	All Devotees	6
18	Speech: The Lord Incarnate as a Living Ideal	Asis Basu	6
19	Our Participation as prescribed by Pujoniyo Babai Da on Upcoming 75th Auspicious Birth Tithi of YugaAcharyaDeva Sri Sri Dada: November 13 thru November 21, 2007	Asis Basu	5
20	Joi Radhe Radhe Krishna Krishna Govinda Bolo Re Lyric: Sri Sri Thakur AnukulChandra	All	7
21	Ahban Dhwani Lyric: Sri Sri Thakur AnukulChandra	All	5
	Total Minutes:		120



## Prayer (with English explanation)

### **MORNING PRAYER**

Typed by Timirant Gupta (age 12)  
NJ, US

Radhaswami naam jo gaaye soi tare  
(he who sings the name Radhaswami is saved)

Kalakalesh sava naasha, sukh pao-e sava dukha hare  
(The miseries of time all are destroyed; he gets happiness, sorrow goes away)

Aisa naam apar koi bheda na janai  
(No one knows the mystery of this incomparable Name)

Jojane so par, bahura na jag mein janamai  
(He who knows crosses and is never born again)

Radhaswami gai karo, janama sufal karle  
(Sing Radhaswami and make your birth successful.)

Yehi naam nija naam hai, maan apone dharale  
(This is your original name, hold it in your mind)

Baithaka Swami adabhuti, Radha nirakh nihar  
(Radha observes wholly the wonderful throne of the master)

Aur na koi lakh sake shoba agam apar  
(No one else can see this unreachable and unequalled beauty)

Guptroopa jahan dhariyan, Radhaswami naam  
(Where the name Radhaswami takes a secret form)

Bina mehar nahi pavai jahan koi visram  
(Without Grace no one get's rest there)

Karu vandagi Radhaswami aage  
(I pray before the name Radhaswami)

Jin partapo jiba bahu jaagae  
(Whose power awakens many creatures)

Barang bar karu pronaam  
(I bow down again and again)

Sat Guru padama dham Satnaam

---

(At the lotus feet of Sat Guru, the True Abode for Satnam)

Adi anadi jugadi anam

(The origin without origin , origin of ages nameless One)

Santo sarupo chhor nija dham

(The Holy form leaving His abode)

Aave bhaujal nawa lagaa-e

(Has come and put his boat in the world's ocean)

Hamse Iya jeevan charhai

(And has lifted creatures like us into it)

Shabda drurauya surata batai

(He has established within us telling about Surat)

Karamo bharamo se liya bachai

(And saved us from wrong activity)

Koti koti karu vandana,

(I bow millions of times)

Araba kharaba dandaota

(Billions and trillions of prostrations)

Radhaswami mil gaye, khula bhakti ka saot

(We have got Radhaswami name, the treasure of devotion has opened)

Bhakti sunayee sabsey neyari

(He has told us the best of all unfailing devotions)

Beda ketaba na tahi vichari

(Such as not even the Vedas and Puranas have told)

Satya Purusha chautha padabasa

(The abode of the true soul is in the fourth stage)

Santan ka voha sada vilasha

(The saints are ever enjoying there)

So ghara darosaya Guru Pure

(The master has shown that house)

Been baje jaahan acharaj doore

(There the bina (musical instrument) is playing in beautiful tune)

Aage alakh purush daarbara

(Beyond is the court of the One Who cannot be seen)

Dekha jaye surata se sara  
(It is visible by the face/feature)

Tespor agamaloka ika nyara  
(After that is the unreachable region which is most beautiful)

Santa surat koi karata vihara  
(There the Saints' with pleasing appearances are roaming)

Tauhase darshe atal atari  
(From there the indestructible palace is visible)

Adabhuti Radhaswami mahala saawari  
(The wonderful palace of Radhaswami)

Surat ati karo maganani  
(The surat becomes intensely absorbed)

Purusha anami jaaye samani  
(And mingles in the person who has no name)

### ***MORNING PRAYER- EVENING PRAYER- 2<sup>nd</sup> Part.***

Baro baro karo jor karo, sabinayo karoo pukar  
(Again and again I fold my hands and humbly pray to you)

Sadha sangha mohi deo nito, param Guru daata  
(Give me the association of Holy men, oh my great kindhearted Master)

Kripa sindhu samaratha purusha, adi anadi apar.  
(Oh the ocean of Grace, the Almighty person, the unequalled origin less origin)

Radhaswami Parama pitu maai tum sada adhar  
(Radhaswami The supreme Father, I am ever dependant on you)

Baro baro bolo jaaun tana mana uaru charana por  
(Again and again I say, I am laying down my soul and body at your feet)

Ka mukh le maain gaau, mehar kari jas kripa karoo  
(How can I sing how much grace you have kindly showered on me)

Dhanya dhanya Guru deva daaya sindhu purana dhani  
(Master, there are no words to praise thee, you are the ocean of kindness, rich and fulfilling)

Nitya karoo tum seva, achala bhakti mohi deo Prabhu  
(Let me serve you ever, oh lord give me untottering devotion.)

Deen adhina anatha hath gaha tum ano karo.  
(I am poor, an orphan and surrendered to you, come and hold my hand)

Abo rakho nita satha dina Dayal kripa nedhi  
(O, the one kind to the poor and full of Grace from now on keep me always with you)

Kaam krodh madh lobha, saba vidhi aba guna haar main  
(Passion, anger, pride and greed - all these evil qualities are in me)

Prabhu rakho meri lajo, tum dare aba mai para  
(O lord please save me from shame now that I have laid myself at your door)

Radhaswami Guru Samaratha, tum bina aura an doosara  
(Radhaswami, the Master you are the One and no one else)

Aba karo daya paratakasha tum dara itti vilamba kyun  
(Now bestow your Grace so I can feel it; why would there be so much delay)

Daya karo mere Saaiyan, deo premo ki dath  
(Oh my Beloved be kind to me, give me the gift of love)

Dukha sukha kuchha byape nahin chhute sab utpath  
(Let sorrow and happiness not have a hold on me, let all disturbances go away).

### ***MORNING AND EVENING PRAYER – 3<sup>rd</sup> PART***

Guru Brahma Guru Vishnu Guru devo Meheshwara  
(The master is the creator preserver and destroyer of the Universe)

Guru reva Parambrahma tashmaye Sri Guraveh Namah  
(He is the Supreme Brahma and I bow down to him)

Akshamandalakarang vyaptang yeno chara charam  
(I bow down to the Master who has shown me the...)

Tath padang darshitang yeno tashmaye Sri Guruveh Namah  
(Way to the all-encompassing and all-pervading one.)

Agyantimirandhashya gyananjana shalakaya  
(I bow down to the Master who has opened my eyes)

Chakshurunmilitang yeno tashmaye Sri Guruveh Namah  
(Enveloped with darkness by the instrument of His knowledge)

Sthabarung yungam vyaptung yeno kritsnang characharam  
(I bow down to the Master who has showed me)

Tathpadang darshitang yeno tashmaye Sri Guruveh Namah  
(The way to the one who pervades the movable and the immobile universe and everything exists)

Chidrupena parivyaptung trailokyang sachara charam  
(I bow down to the Master who...)

Tadpadang darshitang yeno tashmaye Sri Guruveh Namah  
(Has shown me the way and who pervades the three worlds as consciousness)

Na Gururadhikang tatwung na Gururadhikang tapah  
(There is no truth higher than the Guru, there is no form of)

Tatwagynang parang nashti tashmaye Sri Guruveh Namah  
(Spiritual Culture that transcends the master there is nothing higher than knowledge of Truth so I bow to the Master)

Maanatha SriJagannatha madguru Srijadguru  
(My Lord is Lord of the world, my Master)

Madathma sarwabhuathama tashmaye Sri Guruveh Namah  
(is the Master of the Self of all beings hence I bow down to the Master)

Gururadhinadischa GuruParamadaiwatung  
(The Master is the origin and He is also without any beginning)

Guru paratarangnashti tashmaye Sri Guruveh Namah  
(and he is the Supreme Deity, there is nothing higher than the master so I bow down to him)

Brahmanandang paramshukhadang keblang gyanamurtim  
Dwandatitang gaganshadrishang tatwamshadi lakhshyam  
Ekung nityang bimalamachalang sardwadhisakhi bhutam  
Bhawatitang trigunarahetung Satguru twangnamami  
(I bow down to the Benign Master who represents Divine bliss and is the embodied form of Pristine Knowledge that provides supreme happiness Who has transcended all conflicts and is the pure immutable eternal one, the witness of all intelligence the one beyond all limited conflicts and the three state of happy balance goading desire and inactivity.)

Sataguru twang namami --- Satguru twang namami  
(I bow down to the Benign Master, the Satguru)

EVENING PRAYER

---

Baro baro kaaru vinati Radhaswami aage  
(Again and again I pray before Radhaswami)

Daya karo data mere chita charanana laage  
(O giver be kind to me so that my mind remains attached to your feet)

Janam janama rahi bhula me nahin paaya bheda  
(Many many births I have remained in error not knowing the secret)

Kal karam kay jaal mein rahi bhogata kheda  
(Entwined into the net of time and activity I am having sorrows)

Jagat jiva bharamata phire nita charu khani  
(All creatures of this world are circling around in the four sectors-creatures arising from perspiration, eggs, vegetation, ovaries)

Gyani yogi pela rahe, sabo man ki ghani  
(The wise and the Yogis remain all pivoted in the mental cycle)

Bhag jaga mera aadika, mile Satguru aayee  
(My original fate has awakened I have obtained the realized spiritual sands)

Radhaswami-dham ka mohi bheda janai  
(He has revealed to me the meaning of Radhaswami abode)

Unchha se unchha desh hai waha adhara thikani  
(The place is larger than higher and is the glorious place)

Bina santa pave nahi shruta shabda nishani  
(Without a saint no one gets the direction to the sound)

Radhaswami naam ki mohi mohima sunayee  
(You have told me the greatness of the Radhaswami name)

Viraha anuraga jagayke, ghar pahochu bhai  
(I have reached home by the awakening of the sorrows and joys of love)

Sadhusangha karo sar rasa maine peeya aghai  
(In the association of holy men, I have drunk to my hearts content... The original nectar)

Premo laga Guru charanme, mono shantano aiye  
( Love towards my Masters feet has awakened in me but still my mind is not peaceful)

Tarapa uthebekal rahoon, kaise piya ghar jaai  
(Slowly shall I go to my Lords place this thought keeps my mind ever sorrowful)

Darasana rasa nita nito lahu gahe mono thira taye  
(How can I always have Him in my vision and make my mind peaceful)

Surata chare akashme kore shabda vilasa  
(Surat rises to the sky and enjoys the sound)

Dhama dhama nira khata chale paawe nija ghara baasa  
(He goes on visiting dham after dham and finally gets shelter in his home)

Yeh asha mere mano wase, rahe chitta udasa  
(This expectation of my heart keeps me unmindful)

Vinaya suno kripa karo dije charana nivasa  
(Hear my prayer and bestow Grace on me and give me shelter at your feet)

Tum bina koi samaratha nahi jaise mangu daana  
(Except you there is no one else from whom I can ask for grain)

Premo dhaar barkha karo kholo amrita khana  
(Open your treasure of eternal life and shower the rain of love on me)

Dina Dayala daya karo mere samratha Swami  
(Oh giver to the poor the almighty master)

Sukara karoo gauata raha nita Radhaswami  
(Bless me that I may sing the Radhaswami song with a grateful heart!)

### **JOY RADHE RADHE**

Joy Radhe Radhe Kirshna Krishna Gobindo Gobindo Bolare  
-Repeat Twice

Radhe Gobindo Gobindo (Second Time... Double-Clap)  
-Repeat Twice

Gobindo bole shada dakore  
(call always by this name)  
-Repeat ONCE

Joy Radhe Radhe Kirshna Krishna Gobindo Gobindo Bolare  
- First and last time twice, other once

Charore mon kapot chatori bodone bolo Hari Hari

---

(Mind give up hypocritical cleverness, say by mouth or body Hari)  
-Twice

Hari Bol (Second time around ; 2 slow  
3 fast  
1 slow

Hari naam Param brahma jiveri mool dharma  
(The name of Hari is the Supreme Brahma root Dharma of living beings)

- Repeat Twice

Joy Radhe Radhe Kirshna Krishna Gobindo Gobindo Bolore  
- Repeat Twice

Radhe Gobindo Gobindo Gobindo Gobindo  
- Repeat Twice

Gobindo bole shada dakore  
(Call always by this name)  
-Repeat Once

Joy Radhe Radhe Kirshna Krishna Gobindo Gobindo Bolare  
-Repeat once

Charore mon bhabero asha ajapa naame karore de nesha  
(Mentally give up the desire for this world, but be intoxicated in the name unto repeating name)

-Repeat Twice

Radhe Bol ( Second time 2 Slow  
3 Fast  
1 Slow

Radhe Gobindo naamti bodone loye  
(Keeping the name Radhe Gobindo in your body or mouth)  
-Repeat Twice

Nayano nire shada vashore  
(Immerse yourself in tears)

---

Typed by Timirant Gupta

## Devotional Songs

By Asis Basu  
GA, US

### ***Hari Bolo Ghhoche Jabe Dai***

Hari Bolo Ghhooche Jabe Dai  
Hari Naam Pareri Upai  
Oi Dekh Dayala Kandari Hari, Parer Tari Beye Jai  
Hari Naam Pareri Upai;  
Hari Bolo Ghhooche Jabe Dai  
Hari Naam Pareri Upai.  
Name Kee Je Acchhe Rosh  
Kare matalo Bibash  
Naame Je Mojechhe, Moje Hoi Tar Sushka Pran Sarash  
Naame Asar Prane sara Jaage, Pashan Prano Gole Jai  
Hari Naam Pareri Upai;  
Hari Bolo Ghhooche Jabe Dai  
Hari Naam Pareri Upai.

Naame Katbe Moner Gol  
Ghooche Jabe Gandogol  
Ebar Din Thakite Bolre, Hare Krishna Hari Bol  
Oi Son Dakchhen Neye Neche Geye, Hari Bole Dheye Aai  
Hari Naam Pareri Upai;  
Hari Bolo Ghhooche Jabe Dai  
Hari Naam Pareri Upai.

Oi Naam Berek Kare Je  
Sakal Bandhan Kate Se  
Mon Pakhi Tar Chhara Peye Berai Akashe  
O Tanr Sajal Chokher Ujal Alo, Mano Prano Kere Nai  
Hari Naam Pareri Upai;  
Hari Bolo Ghhooche Jabe Dai  
Hari Naam Pareri Upai.

Japo Japo Abiram  
Hare Krishna Hare Ram  
Hare Krishna Hare Ram Naam Boroi Pranaram  
Naame Pran Dhalile Pran Paoa Jai, Prem Taranger Hoi Udai  
Hari Naam Pareri Upai;  
Hari Bolo Ghhooche Jabe Dai  
Hari Naam Pareri Upai.



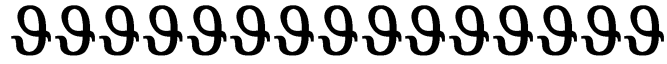
***Pranaram, Pranaram, Pranaram***

Pranaram, Pranaram, Pranaram  
Ki jeno lukano namay  
Tai mishti Eto taba naam  
Pranaram (3)

Namo roshe dube thaki  
Brohmmando sundoro dekhi  
Bishwe bohe prema nodi  
Shudhar dhara abiram  
Pranaram (3)

Name bhulaechho jare  
She ki aar bhulite pare  
Namo rashe je mojechhe  
She bujechhe ki aaram  
Pranaram (3)

Amare bhulae rakho  
Hridi aalo kore thako  
Jibone jibone Prabhu  
Tumi chiro shukho dham  
Pranaram (3).



***Sarbomongolo data hey***

Sarbomongolo data hey

Jibo uddhar bidhata hey  
Ishto debata Purushottama Prabhu  
Thakur Charan me karoon pranam!

Dipto shikha probhu daya koro hey  
Moho raag dwesh koroho naash  
Brohmo gyana hey guru barabhayo  
Nashto koro tum shakalo traash

Niyoto tere charano pranta mein  
Daas bankar karay yatan  
Kataro jivana shoka Vedana  
Dur hue bas prem magan

Jeevana utsa nath narayana  
Ujjawala prana adhar  
Bhakta ballava manabhabana  
Karuna nidhi avatara!



***Pitai Sraddha Mae Taan – Chharar Gaan – Sri Sri Thakur***

Vande Purushottamam, Vande Purushottamam (2)  
ParamaPremomoi Sri Sri Thakur AnukulChandraJi Ki Joi (2)  
Satsanga Ki Joi (3).

Pitai Sraddha Mae Taan  
Sei Chhelei Hoi Samya Pran (2)

Anye Banchai Nije Thake  
Dharma Bole Janish Take

Na Dhare Prerite Vartaman  
Andha Tamoi Hoi Prayan (2)  
*Pitai Sraddha Mae Taan*  
*Sei Chhelei Hoi Samya Pran (2).*

Jajan Jaajan IstaVrity  
Korle Kate MahaBheeti (2)

Ista Nai Neta Jei  
Jamer Dalal Kintoo Sei (2)

Ek Adeshe Chole Jara  
Tader Niyei Samaj Gara (2)

AryaSthan PitriSthan  
Uccha Sabar Puryaman (2)  
Pitai Sraddha Mae Taan  
Sei Chhelei Hoi Samya Pran (2).

MatriBhakti Atoot Jato  
Sei Chhelei Hoi Kriti Tato

Manush Apan Taka Par  
Jato Parish Manush Dhar (3)

Sikkhoker Nai Iste Tan  
Ke Jagabe Chhatre Pran (2)  
Pitai Sraddha Mae Taan  
Sei Chhelei Hoi Samya Pran (2).



***Gurur Naam Niye Bhasano Tari Jedin Dube Jabere***

Gurur Naam Niye Bhasano Tari Jedin Dube Jabere  
Chandra Surya Graha Tara Tarao Dube Jabere Sedin  
Tarao Dube Jabere.

Bahudin Pare Abar  
Mara Gange Elo Joar  
Ebar Joare Dhorechhi Pari  
Aar Ki Tari Thakere?  
Gurur Naam Niye Bhasano Tari Jedin Dube Jabere  
Chandra Surya Graha Tara Tarao Dube Jabere Sedin  
Tarao Dube Jabere.

Nava Bhaver Naveen Tari  
SriGuru Holen Kandari  
Hokna Keno Toofan Bhari  
Aar Ki Tari Dobere?  
Gurur Naam Niye Bhasano Tari Jedin Dube Jabere  
Chandra Surya Graha Tara Tarao Dube Jabere Sedin  
Tarao Dube Jabere.

Mukunda Daso Bhone  
Ujane Aar Bhoi Korine  
Gurur Naame Badam Tene  
Ujan Thele Jabo Re  
Gurur Naam Niye Bhasano Tari Jedin Dube Jabere  
Chandra Surya Graha Tara Tarao Dube Jabere Sedin  
Tarao Dube Jabere.



***Dharma Bale Tai, Neejer Bancha Barai Jate Anye Jogan Pai –  
Chharar Gaan (Sri Sri Thakur)***

Dharma Bale Tai  
Neejer Bancha Barai Jate Anye Jogan Pai.  
Anye Banchai Neeje Thake  
Dharma Bole Janish Take (2)  
Dharme Jeevan Deepto Roi  
Dharma Janish Eki Hoi (2).

Path Bhule Tui Kaal Harali  
Anushthamer Mohorai  
Anushthane Boshlo Peye  
Pao Je Galo Gollai.  
*Dharma Bale Tai ....*

Jeevanta To Kolahali  
Halahal To Pechhan Dhai  
Kurie Ne Tui Amar Chalan  
Chal Bhese Chal Moloi Dhai (2).

Jene Sune Bujhe Cholo  
Kise Kiba Hoi  
Oi Pathete Cholte Thako  
Karo Jeevan Joi (2).

Ja Korle Ja Bancha Bara  
Samanwe Berei Jai  
Takei Janish Dharma Bole  
Dharma Thake Aar Kothai (2)?  
*Dharma Bale Tai ....*

Dharma Jotoi Phootbe Tomar  
Nishtha Neeti Byabahare  
Pratisthao Anbe Temni  
Parbe Nako Rookhte Tare (2).

JeevanVader Vad Niye Tui  
Adhel Chalai Chal Re Chal  
Amar Jeevan Paor Pathe  
Rakh Niye Sei Kriti Bal (2).

Chalbe Korbe Debeo Jemon IshtaDevatai  
Hobe Pabe Thakbeo Temon Prasad Preronai  
*Dharma Bale Tai ....*



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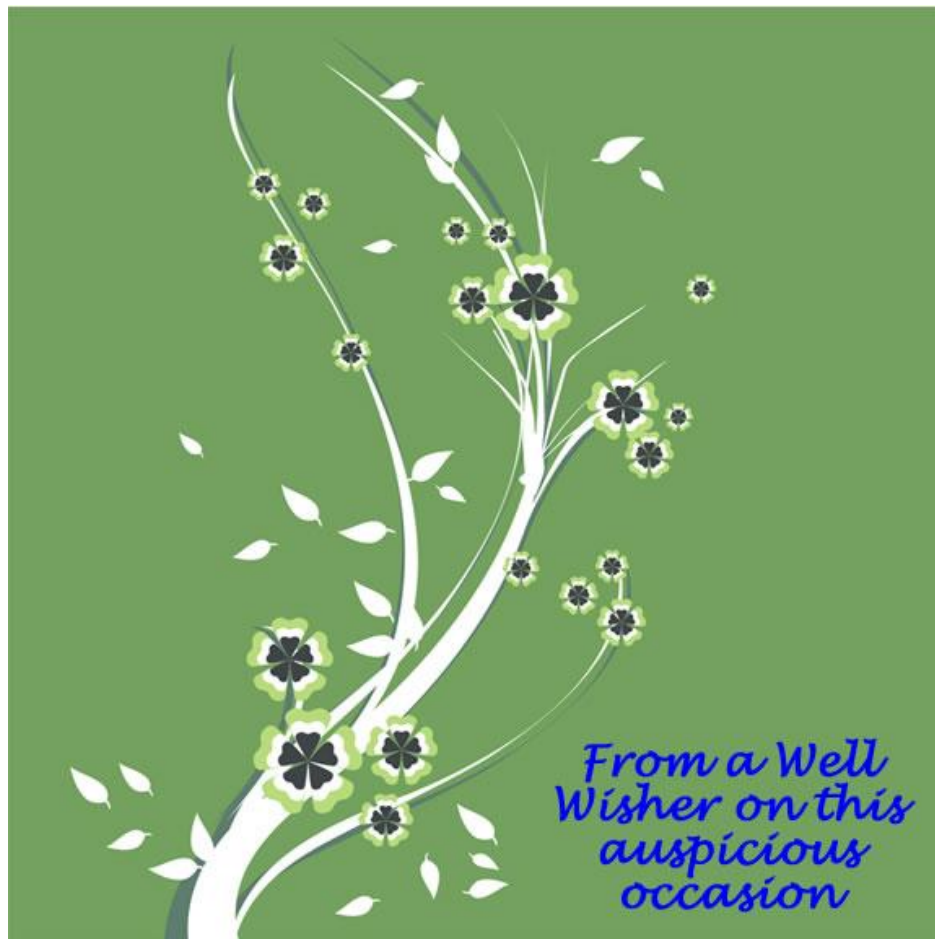
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- They don't know when to dis-invest; and / or
- They don't know when how much to dis-invest;
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