



*With best compliments from*  
**SATSANG AMERICA Inc.**

[www.satsangunitedstates.org](http://www.satsangunitedstates.org)



*Be Ye Peaceful*

Volume XII

SATSANG AMERICA Inc.

# *Be Ye Peaceful*



Volume XII



Painting by Alpana Kumar



*A leader in medallion management since 1983.  
Operating exclusively as "Driver Owned Vehicles".  
TLC Lic. #A0213*

### **Solid Insurance Brokerage, Inc.**

*Meeting the insurance needs of the  
Taxicab and For-Hire industries for the past 30 years.  
NYS Lic. #BR-632369*

### **Jericho Taxi Brokers, Inc.**

*Specializing in the sale of Taxicab medallions for  
individuals, mini fleets, estates, and auctions since 1978.  
TLC Lic #R0001*

***All Your Taxi/FHV Solutions  
Under One Roof.***

36-16 Skillman Avenue  
Long Island City, NY 11101

**(718) 392-7000**

**Fax: (718) 472-0925**

*Providing 3 generations of excellence to the Taxi/FHV industries*

Being is instinct with existence,  
Consciousness and blissful becoming –  
Spontaneously resisting evil,  
Which is unfavorable to existence.  
What is nurturing to existence,  
Consciousness and blissful becoming  
Is Dharma.  
Dharma is embodied in a living Ideal.  
Initiation by the living Ideal  
Begets adherence.  
Adherence brings adjustment of complexes.  
Adjustment of complexes invites  
Uphold of existence.  
Uphold of existence brings  
Compassionate sympathy.  
Compassionate sympathy gives birth  
To integration  
Integration welcomes power.  
Power invokes harmonious total growth.  
And uphold of existence gives rise to  
Deep concentration;  
From deep concentration come Samadhi-  
i.e. perfect absorption in the Supreme Spirit-  
and from Samadhi  
comes eternal emancipation of the soul-  
the total extinction of passionate desire-  
the great awakening of supreme consciousness.”

*- Sree Sree Thakur Anukulchandra*





## ASHIRWANI

from Param Pujiyapad Sree Sree Dada

*Sree Sree Thakur is our Ideal, the very center of existence of all of us. Only by remaining totally adhered to Him with every mighty urge and worshipful endeavor. Serving Him piously with unquestioning allegiance and doing everything for His sake with whole-hearted sincerity and vigor, we become true to ourselves and come to true piety for others. He is fulfiller the best. Only by serving and loving Him, we may attain perfection in all our actions, words and behavior. By remaining in tune with His existential ordinance, we join true happiness and may make others happy too.*

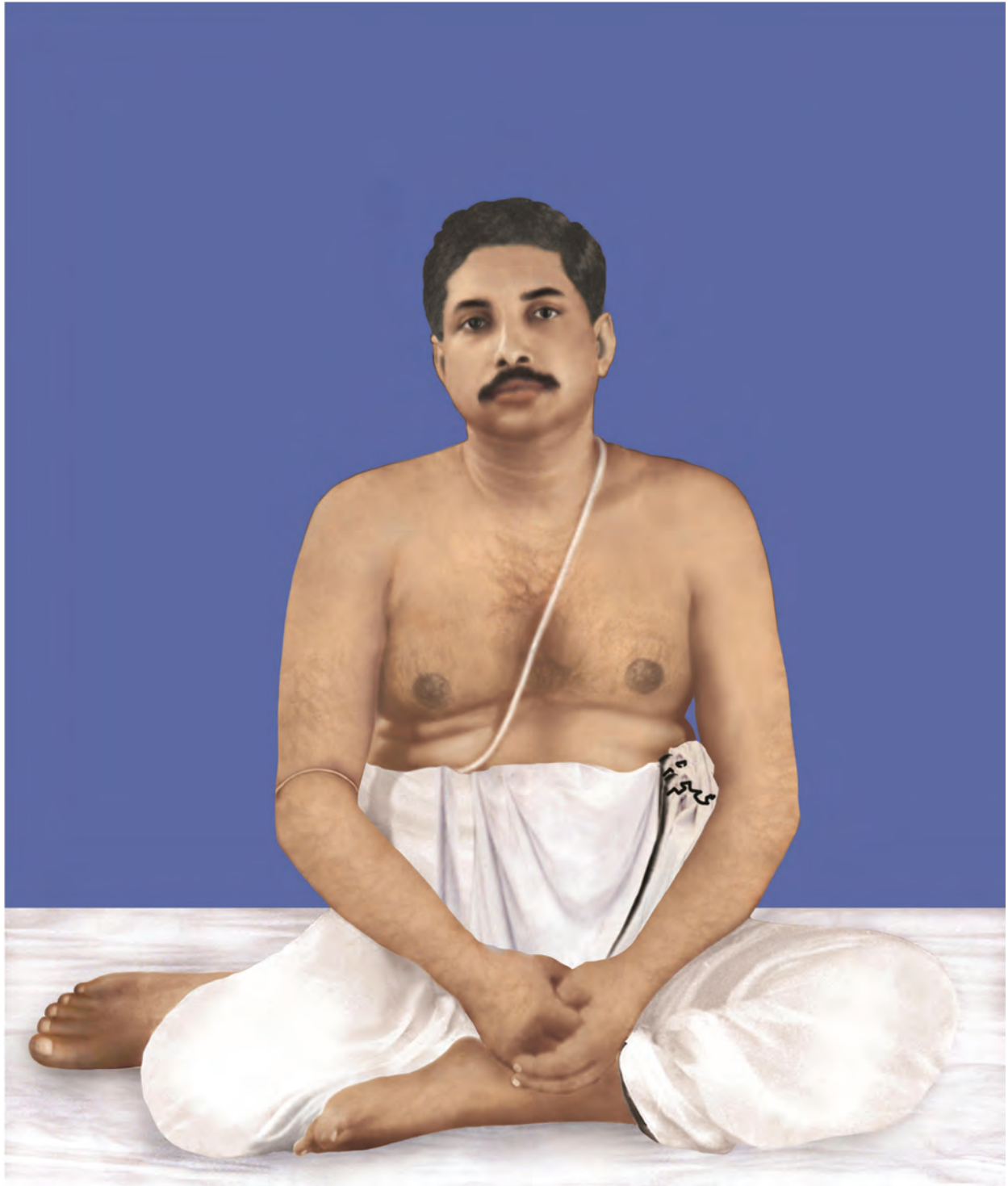
*May your resolve to be His and His only, resonate your own heart and also that of everyone else with ever undiminishing peace and happiness.*

*Love @ R.S.*

**Dada**

26.08.2010

Satsang, Deoghar



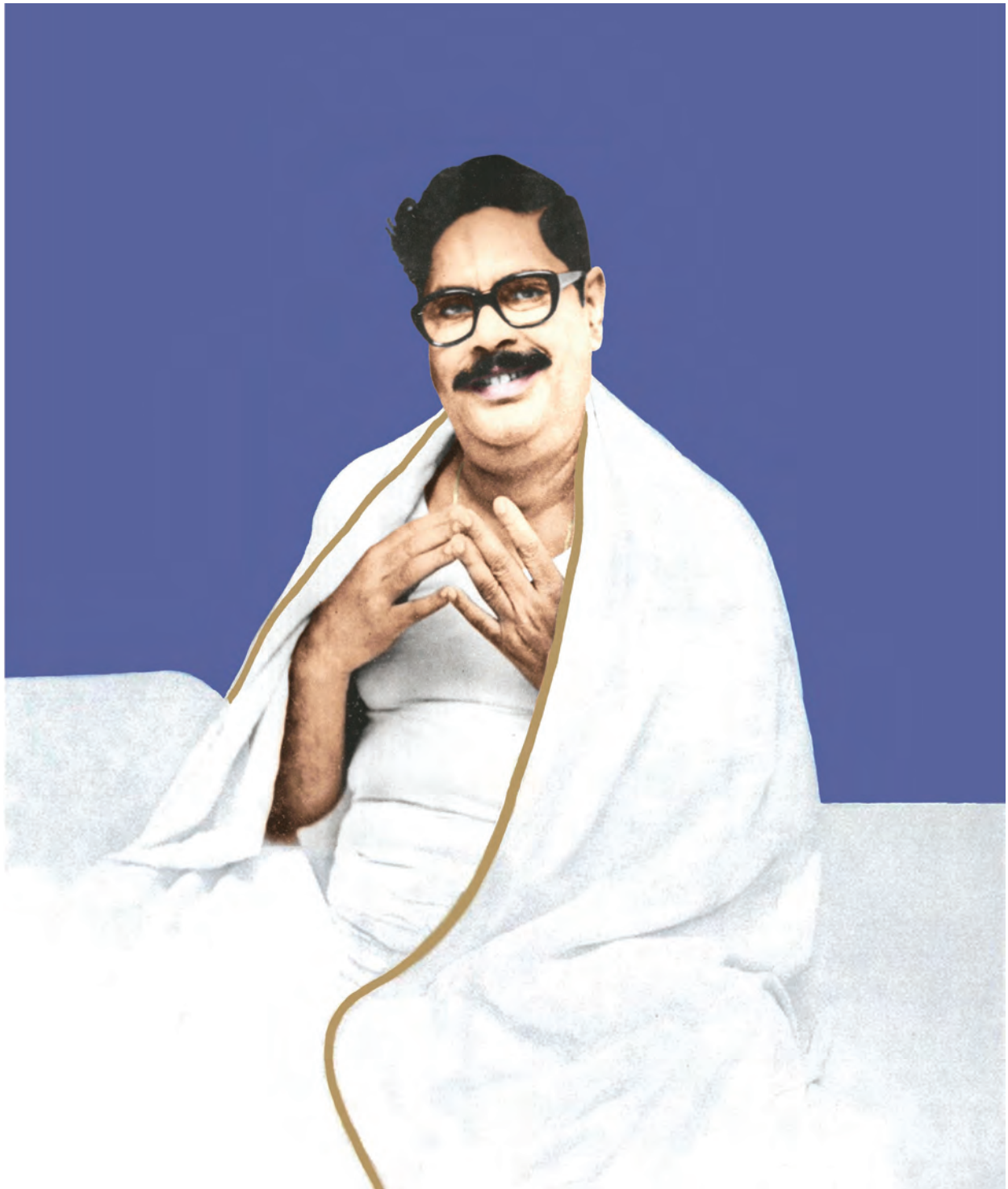
**Sree Sree Thakur Anukulchandra**  
Fulfiller the Best of the Age





**Sree Sree Borma**  
Jagat-Janani





## **Sree Sree Borda**

The Principle/Archarya of Satsang





## **Sree Sree Dada**

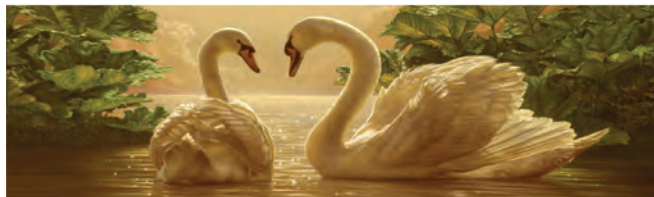
Current Acharya and Spiritual Guide of Satsang





## **Pujaniya Babai Da**

Guiding Satsang activities around the world



It's time to celebrate the Holy 129<sup>th</sup> birth anniversary of Sree Sree Thakur AnukulChandra as well as 12<sup>th</sup> Annual Satsang Utsav of Satsang America. What a wonderful opportunity we got this autumn for all of us to sing the glory of the Lord and worship the elixir of existence and growth as envisioned by the Prophet.

I wanted to take this opportunity to share with you all an invaluable lyrics of a solemn psalm, "I sing, the glory of my Lord I sing..." authored by AcharyaDeva Sree Sree Dada.

He gave us the task of relentless "*Jaajan*" (a practice taught by our Master Sree Sree Thakur AnukulChandra), which is basically articulating about His profound love based on one's own realization. When the above is rendered with inquisitive service, it brings an immense source of energy amongst us and creates an inseparable bond of connectivity between the transponder and the receiver.

For those of us who have seen Him, have witnessed how arduously, sincerely, and lovingly He can transform folks inside out, is surely a

rare blessing. For those of us who have not seen Him, let us help create a resolve in them for an auto-initiated urge to see Him without withering any more time.

Sree Sree Dada has invested literally every moment of His life to establish the wishes of Sree Sree Thakur ever since He was a little boy. And this He does in a manner that is ever gracious, fulfilling, and enlightening which brings back millions of devotees to have a "*darshan*" time and time again. We seriously wish that all the works of the eminent writers instill in us a real thirst to execute "*Jaajan*" tirelessly in our daily lives. This might beget numerous worshippers of existential becoming which this world has an urgent need for.

We thank our loving brother Subrat Mohanty and his diligent team across the country to produce this one-of-a-kind souvenir and to hand it over to our readers that we hope will seek inspiration eternally.

JoiGuru!

## I sing, the glory of my Lord...

by AcharyaDeva Sree Sree Dada

I sing.....

The glory of my Lord --

I sing! I sing!

To all He gives

Happiness and peace,

The Light and Life

Of every being,

He is my joy, He is my soul,

He is my way, the eternal goal;

Loving Him and serving Him--

I follow Him forever--

Keep worshipping.

All our prayers He grants to us,

As we strive, so we achieve,

Never, oh never, He never falters.

He is my life, I live in Him,

The truest friend of every being,

He is our father, He is the mother,

All I desire, I find in Him. --



Sincerely – His humble servant

*Osiris Basu*

On behalf of Satsang America

# *In this Issue ...*

## *Be Peaceful*

Universal Fatherhood of God .....	3
Man Making .....	5
Sree Sree Thakur Anukulchandra's Cosmic Consciousness .....	7
The Remaking of Civilization .....	10
Path to God Consciousness and Ananya Bhakti.....	12
Establishment of Ishta or Establishment of Ishta's Interest .....	16
Following is Religion .....	18
Necessity of a Living Ideal in Youth's Life .....	21
Influence of a Living Ideal – As I See It.....	25
Peace, Peace and Be Peaceful.....	27
Key to Greatness is Gratefulness .....	30
Satsang – The Solution .....	33

## *Momentum in Life*

Scientific Views on Formation of Ideal Concentric Society.....	39
Satsang on the Wheels .....	41
Consciousness, Super Consciousness and Sree Sree Thakur Anukulchandra .....	45
Happiness .....	48
Life's Journey .....	50
Sree Sree Thakur's Teachings for the Growth & Prosperity of Life .....	51
Our Guide Master .....	53
Education of the People.....	55
Golden Touch of Sree Sree Thakur .....	57
Ye Be a Brahmin.....	59
When God Gets Amazed .....	66

## *Experience with Truth*

Mysterious Ways of Saving by Lord the Savior . . . . .	69
Sre Sree Thakur – The Greatest Mentor of the Time . . . . .	73
Sree Sree Thakur – The Perfectionist . . . . .	77
Sree Sree Thakur – Ideal of My Life . . . . .	79
The Seer, Savior and the Prophet . . . . .	82
True Follower . . . . .	84
Importance of Guru in My Life . . . . .	86
Love Him, He Becomes Yours . . . . .	88

## *Poetic Blossoms*

Who Are You . . . . .	93
Without You . . . . .	93
Prayer . . . . .	94
Thakur is Purushottam . . . . .	94
It's Your Son Saying . . . . .	95
Omniscient . . . . .	95
A New Horizon. . . . .	95

## *Sprouts*

Universal Love of the Supreme Father . . . . .	99
Thakur in My Eyes. . . . .	101

## *The Movement*

Sree Sree Thakur Anukulchandra and Himaitpir in Pabna . . . . .	105
Satsang America – A Brief History. . . . .	108

## *After All,*

The Essence of Being and Becoming . . . . .	112
---	-----



# *Be Peaceful*

All the wisdom of previous prophets is  
conscientiously concentrated in the divine  
Man of the present —  
hence He the way to heaven.

# *Contributions From*

---

- ❖ *Jatindra Nath Mohanty*
- ❖ *Sarej K Mohanty*
- ❖ *Dr. Nrusingha Prasad Tripathy*
- ❖ *Dr. Hara Prasad Sahoo*
- ❖ *Dr. Dharendra N Das*
- ❖ *Richi Prasad Mistry*
- ❖ *Subhendranath Nayak*
- ❖ *Suman Sunder Dey*
- ❖ *Ms. Arreyee Maiti*
- ❖ *Dilip Kumar Raj*
- ❖ *Mangj Patra*
- ❖ *Biswajit Gouda*

# UNIVERSAL FATHERHOOD OF GOD

**JATINDRA NATH MOHANTY**

ORGANIZING VICE-CHAIRMAN, SATSANG  
SATSANG VIHAR, NEW DELHI, INDIA



*In the back drop of world-wide alarming scenario, it is high time that all the people of the world irrespective of all sorts of differences need to be integrated under one banner, certainly not political, social, economic, scientific or cultural of any hue but the banner which is absolutely spiritual unfurled by Him and Him only.*

“Know this for certain: You are responsible for the present and future – of yourself, your family, your environment and your Country” - Wrote **Sree Sree Thakur Anukulchandra** (1888-1969), at the age of 22 only. In-fact a family is the extension of an individual; environment (society) is the extension of family; country is the extension of society; and the world is the extension of country. Thus an individual is the basic unit of the world as a whole, a member of the world family. It has been aptly said by *Manu*, the social scientist five thousand years ago **Basudhaiba Kutumbakam**. But under the over powering pressure of ego the individual is utterly ignorant and unaware of his universal self and behaves like a narrow selfish person totally oblivious of his intimate relationship with others. He confined himself to the cosy cocoon of his nuclear family and supposed it to be his world. This sort of attitude breeds in him all kinds of narrow and negative complexes such as selfishness, lust, greed, anger, hatred, doubt, disbelief, intolerance etc. He becomes self-seeker at the cost of others not sharing with others. When individuals of such nature constitute the vast majority of mankind, the world as a whole suffers immeasurably. Such kind of thinking and life style is the cardinal contribution of the modern western civilisation. The planet earth today is over crowded with such people.

In order to enlighten the homo-sapiens about his universal self, nature out of its own instinct of self-preservation creates super human beings known as **avatars** from time to time. Such avatars down the ages have blessed this planet earth, who are worshiped as Lord Rama, Krishna, Buddha, Jesus, Mohammed, Ramakrishna and Anukulchandra. Though born at different places of the world, they have shared a common thread and lived the ideals of universal fatherhood of God propagating the message of common brotherhood of all men and women irrespective of caste, creed, community and country etc., the world-over.

In the present context of the world situation, the very existence of which is seriously threatened by two great impending disasters e.g. (I) natural & (II) man-made. Among the natural being global warming with all its attendant consequences e.g. melting of glaciers, rising of sea levels, submerging countries and continents, earth-quake, incurable diseases etc., and the man-made threat is posed by various terrorist outfits and their world-wide network well-equipped with weapons of mass destruction who are bent upon to barbarously eliminate the people of other communities without sparing even particular sects of their own.

In the back drop of such world-wide alarming scenario, it is high time that all the people of the world irrespective of all sorts of differences need to be integrated under one banner, certainly not

political, social, economic, scientific or cultural of any hue but the banner which is absolutely spiritual unfurled by Him and Him only, who is the ever loving, dynamic, inspiring, possessing the wisdom of the eternal, which embraces the mineral, the vegetable, the animals, the human and super human, that unites the physical with the transcendental the known with the unknown, the lower with the higher, the smaller with the larger in a word the all fulfilling **Purushottam** the person supreme Divine, the true and highest God-head, who is both personal as well as impersonal, higher than either and both of them. Likewise, He surpasses both matter and spirit, absolute and relative, quiescent and active, manifest and un-manifest, **purusha (Supreme Being) and prakriti (Nature)**. Absolutely in the Interest of the individual and larger interest of the mankind as a whole, as many people can be spiritually connected with the latest saviour of mankind, the Universal father **Purushottam**, sooner the better. Every **Purushottam** has promised to visit this planet earth again and again when the existence of mankind is on the verge of extinction. ✨



*“When people unite in a common unit – the Ideal –  
with service and surrender to fulfil –  
that makes every life launch into  
growth that upholds,  
strength or power evolves,  
rule of love glows,  
democratic autocracy shines  
with the speed of glory and  
freedom in a normal constitution, ~  
that is natural democracy as I mean.”*

# MAN MAKING

**SAROJ KUMAR MOHANTY**

RETD. PROFESSOR, UTKAL UNIVERSITY  
KENDRAPARA, ODISHA, INDIA



*Sree Sree Thakur tells to match at least the genetically attributes (varna), totem (gotra), ancestry (vansha), education and physique of the male and female. If these are complementary to each other than the conjugal life as well as the life of progeny shall be balanced one and happiness shall prevail. Therefore, Thakur aims to make the man from his very birth. He has also prescribed many principles for this. Standing upon the soil of good breed, all other aspects of life can be adjusted in a right direction. Each home thereby can be an altar for cultivation of character and ability.*

Whatever the past prophets have endeavoured to do, is to make each individual a man. They have done it by nourishing the potentialities in man and fulfilling the lacunas those he possesses. Jesus Christ has, therefore, given the sermon “Think not I am come to destroy the law or the prophets; I am not come to destroy, but to fulfil.” By obeying their commands man becomes so virtuous that he enables himself to be worthy of God, by overcoming all the short-comings of worldly life. Following Him man becomes both physically and spiritually capable.

Sree Sree Thakur Anukulchandra - Fulfiller the best, of the age and the founder of Satsang a Universal organization, has gone for nurturing all individuals, irrespective of sect, creed, ethnic group and etc. from all angles, so that they cannot but be of men, in true sense of the term. He therefore has declared that Satsang is a man-making factory. Let us examine some of the methods and principles applied by Him for this purpose. Sree Sree Thakur is also accepted as the Ideal.

At the first place, He has prescribed for every individual of the world to be Ideal-centric so that all his instincts and passions shall be adjusted to the tune of virtue, getting rid of his vices in life. It is due to His intense love for everybody which one is not capable of shaking Off. His uncommon love compels everybody to be bound to follow Him so as to be good. To follow Him is to be simply virtuous.

In the second place, Thakur emphasizes on marriage. It is said – “Man is first breed and then educated. One cannot have silk out of cotton.” Sree Sree Thakur tells that almost everything of individual is determined with his birth. The purpose of marriage is also the attainment of superior becoming and pro creation of right progeny. By birth the off-shoot not only inherits ancestral qualities but his longevity, capability and etc. are also determined by that. Sree Sree Thakur Says “The fusional adherence that evolves into beings with responsible becoming is life”. So the life of a child is the outcome of the mutual fusional adherence of the parents. Thakur further says that if a male of higher culture marries a female of lower culture then the marriage is compatible and the progeny thereby becomes a higher breed from all angles. The reverse of the same brings hazards in the life of the parents and the child as well and as such be avoided. In incompatible marriage, the progeny ordinarily becomes short lived, ungrateful, ruinous, unkind, problematic, faithless, not dependable, in short, the store house of vices.

To determine a marriage to be compatible Sree Sree Thakur tells to match at least the genetically attributes (*varna*), totem (*gotra*) ancestry (*vansha*), education and physique of the male and female. If these are complementary to each other than the conjugal life as well as the life of progeny shall be balanced one and happiness shall prevail. Therefore, Thakur aims to make the man from his very birth. He has also prescribed many principles for this. Standing upon the soil of good breed, all other aspects of life can be adjusted in a right direction. Each home thereby can be an altar for cultivation of character and ability.

Another mechanism of man making is education. The real education brings wisdom. Education in curriculum may make the brain a store house of information but cannot teach the limbs. Hence may be literation for Degrees and Diplomas. Sree Sree Thakur says - "As much you can talk of knowledge but those are of no use; the knowledge which sprouts of activities, really bears life". The activity of individuals as is always dependant on his distinctive trait (*Baishistya*), so one should be educated as for his distinctive trait. without Ideal, no other process can materialize the same. Hence the individual is really educated when he follows the Ideal. Thakur has told- "The main thing of every individual is to maintain his life and growth with apt nourishment and this nourishment requires education, agriculture, Industry and proper marriage for good progeny".

In the words of Sree Sree Thakur, education is- "meaningful, active, adjustment of habit and behavior." He further tells – "Education is to edit the experience and knowledge that nurtures our existence with every progressive push."

The processes are very many. In simpler terms it can be concluded that to follow the commands of the Ideal (The World teacher) is for an every individual to be man. Sree Sree Thakur being the latest of the World teachers, let us follow Him and be men. ✱



*"When Ideal, individual and environment fulfil  
one another in concord, -  
with an upliftment of exuberance  
that moves the life onward with an easy, intelligent flow -  
Perfection resides there indeed!"*

# SREE SREE THAKUR ANUKULCHANDRA'S COSMIC CONSCIOUSNESS

**DR. NRUSINGHA PRASAD TRIPATHY**

RETD. DIRECTOR GENERAL OF INCOME TAX, GOVT. OF INDIA  
BHUBANESWAR, ODISHA, INDIA



*The description given by Sree Sree Thakur is akin to the 'Big Bang' Theory of creation. Sree Sree Thakur has visualized of our destiny to undergo a series of lives. Do we remember the series? Memory of series of lives is called Cosmic Memory. Sree Sree Thakur calls it Eternal Memory. He says that this Eternal Memory Consciousness can expand back to pre-conception, back to previous earthly lives, back to the inter life periods between previous lives, forward to the further lives and in certain cases; stretching back to the beginning of time and creation.*

During the last century, space scientists have discovered a number of stars/planets outside our Solar Systems. Such stars are known as Exoplanets. The USA is a pioneer in this regard and spends considerable amount from its yearly budget towards space research projects organized by NASA (National Aeronautics and Space Administration). Other countries, not to lag behind are USSR, Germany, Great –Britain, India and China. NASA scientists had recently discovered two earth like twin planets having hard surface like earth by their space craft Kepler. Hence these two are known as Kepler-438 B and Kepler-442B. Another notable discovery is a strange system of constellation where there is one planet surrounded by three Suns. They exist at 320 light years away from the earth. This discovery took place in June 2015. Till now 3500 Exoplanets have been discovered by all the space-scientists all over the world.

Here in our mother earth, the atmosphere is totally polluted threatening extinction of life. The O-zone protecting the inhabitants from the poisonous rays emitted by the Sun is almost destroyed due to continuous experiments of atomic destructive devices. The global population doubles itself in every forty years and now due to melting of glaciers, the global temperature is on the rise causing physical disease and neurological imbalance of the living beings. This pollution is the indirect stimulant for increasing violence in the name of religion and race. Man wants to get out of earth and is in search of another planet like earth to start a civilization of harmony and peace. Apart from space scientists is there any other source to know about the universe? The answer is YES. The vision of Philosophers and Saints.

In the year 1999 an ANTHOLOGY book named Cosmic Cradle compiled by Elizabeth M Carman and Neil J. Carman, discussing the vision of Saints seers and Philosophers of the world possessing Cosmic Consciousness was published in U.S.A(*Cosmic Cradle- E.M. Carman & N.J. Carman- North Atlantic Books. Berkeley*).

In that research anthology, it is gathered that such knowledge is obtained by the Seers and Saints due to their deep insight about the creator and the created. "Beverly Anderson- a noted English Philosopher puts it very aptly: God Knows all and we are each a piece of God." So we can know about the creation. In the above anthology at page 599, the researchers have reproduced Sree Sree Thakur

Anukulchandra's (1888-1969) vision about the creation. I quote: "Thakur Anukulchandra recalls, how a prime point let itself explode into millions of hyper atoms. Each hyper atom then bursts in to millions of supra-hyper atoms resulting in an uncut indivisible physically inconceivable point." Thakur witnessed that the ultimate point-the Cosmic Soul-create an infinity of beings out of itself like thousands of sparks coming from a fire. The souls were destined to live through a series of lives so long as they remained subject to the illusion of personal individuality."

The description given by Sree Sree Thakur is akin to the 'Big Bang' Theory of creation. In the above passage Sree Sree Thakur has visualized of our destiny to undergo a series of lives. Do we remember the series? Sri Krishna tells Arjuna his friend and disciple that the difference between them is that the former still remembers his series of past lives but the latter has forgotten them. Memory of series of lives is called Cosmic Memory. Sree Sree Thakur calls it Eternal Memory Consciousness (*Smrutibahi Chetana*). He says that this Eternal Memory Consciousness can expand back to pre-conception, back to previous earthly lives, back to the inter life periods between previous lives, forward to the further lives and in certain cases; stretching back to the beginning of time and creation. Such memory storage cannot reside in the physical brain in these advanced souls, as no physical connection continues between life-times. Instead, memory is held beyond the brain in the field of consciousness. Memory is in the storehouse of consciousness and is accessed at any time or place by gifted individuals with super consciousness.

The great Greek Philosopher Plato acknowledged the same concept when he taught that each soul contemplates pure and perfect knowledge when it is in companion with God in the upper regions prior to birth. Wisdom is merely relearning what we naturally knew "before the influx of matter intoxicated our souls", at the time we approached our mother's womb. Sree Sree Thakur has recollected and narrated before His present birth. This Cosmic Wisdom" finds a place at P559 of the book Cosmic Cradle and is reproduced below;

"From the beginning of creation until Thakur's present life, his ego passed through various phases prior to being 'engaged' in a living body, last of all human. His chain of human births includes a cobbler, prince, and spiritual seeker. In the gap between each death and rebirth, Thakur felt empathy for family members whom he watched grieving for him."

"Thakur dwelled in an "undefined higher region" prior to His present life, His journey to earth involved travelling through "a yet undiscovered system of celestial constellations." He traversed a vast distance in space, passing through 44,000 planets. While our planets rotate around the Sun, Thakur observed that "lakhs of suns rotate around a bigger Sun." He also proceeded through a former planet that had split into pieces, and observed a planetary system yet to be discovered by science. Still fresh in His memory is the strange behaviour of a unique constellation – a central star surrounded by four other stars. The four stars appeared red when they approached the central star and turned blue when they moved away through a principle known to science as the Doppler Effect."

"En route to Earth, Thakur stopped at various planets where celestial beings welcomed Him with a grand ovation. Each planet had unique life forms suited to their atmosphere, unlike any found on earth. Thakur felt "a pang separation" as the planetary beings chanted hymns in His praise as He departed from their planet."

Thakur finally arrived in our solar system by coming through a ray of light and descending into the Sun. He was not burnt to ashes. The Sun's interior is very cold, the heat is on its surface.

“Just think, I descend from inside the sun by a track. If one takes the track from here, would see pitch darkness just on the left and on the right, not right, rather diagonally he would see light only. He would witness 44,000 planets on the way, one of which is split into pieces.”

Knowledge of Sree Sree Thakur in His Cosmic Consciousness is about 44000 Exo-planets existing in the space. The space-scientists have discovered only 3500 till now. Elsewhere Sree Sree Thakur has stated that modern science is in its infancy; it will take long years for it to develop. Sree Sree Thakur’s observation of a unique constellation – a central star surrounded by four other stars- this knowledge coincides with the 2015 – discovery of a “strange system” of one star surrounded by three stars. Most probably the scientist is yet to discover another star. Sree Sree Thakur has talked about “Doppler Effect” in the movement of these stars. There is a change of colours during their movement. Scientists have not yet reported about the Doppler Effect:

“What is Doppler Effect”?

I collected the information from ‘Wikipedia’- Free encyclopaedia, which in simple language means change in frequency of a wave for an observer moving relative to its source. It is named after Austrian Physicist Christian Doppler in the 19th Century. It is commonly heard when a vehicle sounding a siren or horn approaches, passes and recedes from an observer. Compared the emitted frequency, the received frequency is higher during the approach, identical at the instant of passing by and lower during recession. Such change of wave of sound, will be similar in the case visual-change of colour. Sree Sree Thakur could talk about it as He possessed the cosmic super-consciousness-wisdom which comes automatically and not through education on the subject.

Sree Sree Thakur further states; I have a dwelling place everywhere- not only in the earth but in all the planets and starts-in the milky ways and in all constellations. He means that life is present everywhere. A seer or saint gets the knowledge of it through his deep insight, and science will take its own time to discover this. (*Alochana Prasange- Vol- 3, 28.03.1942*). Sree Sree Thakur further says that every individual, every family is to be reconstructed by following His principles of ‘being and becoming’. Apart from the material aspect of becoming, the spiritual aspect of becoming is to achieve victory over death. He asserts: Do never die, nor cause death but resist death to death. ‘Resisting death to death’ can happen only when we possess eternal memory consciousness and know that death is only a transition for which we should not be afraid and bothered. ✽

[The writer, a noted odiya poet and writer – Kendriya Sahitya Academy winner, did his Ph.D on “Sufism and Sri Sri Thakur’s philosophy” under Calcutta University in 2011. Currently he is also Assistant Secretary of SATSANG. On his retirement as Director General of Income Tax in 2005, he manages the Community Hospital I.e. Sri Sri Borda Hospital, in the outskirts of Bhubaneswar, Mob. No.94370-29343, E-mail – ssbhospital@yahoo.com, Web. – www.ssbhospitals.com.]

*“Where purpose with its exuberant urge for the principle transmutes  
obstacles to materialize itself into reality in the way of becoming.  
Mukti or Salvation dwells therewith a showery, effulgent zeal.”*

# THE REMAKING OF CIVILIZATION

**DR. HARA PRASAD SAHOO**

RETD. PROFESSOR, UTKAL UNIVERSITY  
BHUBANESWAR, ODISHA, INDIA



*Men with egoistic inferiority, meagre intelligence and bitter despair in various walks of life, their mind filled with hatred, intolerance, hypocrisy, have gained courage, found solace and energy to confront with the challenges of life by meeting with his burning optimism, unconditional love, fervent faith, profound simplicity and open frankness. His holy initiation has a subtle effect on the biological system and an easy process to transform the mind of the individual. Transformation of the mind is an absolute necessity to remake man. This is Thakur's way of remaking the civilization which is needed most in the context of the present crisis.*

Human civilization is in chaos. Mere anarchy is spread over countries and continents. All elegant, rational, systematized and analytical approaches to improve the quality of life and restore peace and tranquillity on earth have failed. There is a lot of variation at the empirical level in culture and civilization. Attempts to bring a cultural congruence have proved unsuccessful. This is because the mind of the modern men is no more enlightened in any real sense than the classical mind. Man is far from being a real man, a truly civilized man.

We are yet to discover the favourable atmosphere for optimum development of civilized man. We, still wander in darkness to find out the way to prevent the degeneracy of man in this modern era of mounting anguish and vanishing human value. Despite the marvels of science and technology, the personality of human being tends to dissolve. Science and technology have transformed the material world but have failed to transform man who is constructed by some erroneous metaphysical conception. However, materialism has ultimately failed and it has shown the way to a spiritual reaction.

In the past great men like Sri Ram, Sri Krishna, Buddha, Jesus Christ, Md. Rassul, Sri Chaitanya, Ramakrishnadev etc. have struggled for the ascent of religion, science and education in the society in different ways. Surrender to the Ideal man of moral principles rescue men from the state of moral and mental atrophy which is normally brought about by modern conditions of life. He is considered as the son of God, the materialized living embodiment of the way to heaven. Man can seldom approach God but through him. He rescues men from their spiritual, divine and material distresses. Suffering humanity eagerly awaits for His advent. One hundred twenty-eight years ago in 1888, one Ideal man named Sree Sree Thakur Anukulchandra, the living ideal descended into this plane of matter and worked in an inscrutable way to save mankind from mental, moral and spiritual distresses. Since Thakur's very descent interest still continues to grow both in India and abroad to know who is Thakur Anukulchandra. In the language of an western critic of Indian spiritual scene, "*Sree Sree Thakur is an Indian holy man with his feet on the ground.*" This answer was very simple but effective. He is the confluence of both spiritual and material domains on earth. He is regarded as the most universalized embodiment of the essence of human culture across the world. His Satsang foundation has gained worldwide recognition. Its historical, anthropological and sociological interpretation is not yet adequate. But it is the centre of Indian culture which has gained wonderful enrichment from the ceaseless current flowing into India from various corners of the earth.

Over last few decades, every day, a sea of men and women flows into Satsang Ashram in Deogarh, India, cherishing peace and tranquillity.

Men with egoistic inferiority, meagre intelligence and bitter despair in various walks of life, their mind filled with hatred, intolerance, hypocrisy, have gained courage, found solace and energy to confront with the challenges of life by meeting with his burning optimism, unconditional love, fervent faith, profound simplicity and open frankness. His holy initiation has a subtle effect on the biological system and an easy process to transform the mind of the individual. Transformation of the mind is an absolute necessity to remake man. This is Thakur's way of remaking the civilization which is needed most in the context of the present crisis. Proper recitation and meditation on the holy name (Satnam) of Thakur has miraculous effect on the mind. Through this, the anthropocentric, materialistic and mechanistic vision of the individual is easily transformed into an eco-centric and holistic world view which is most essential to escape from degeneration. An untottering adherence to this Love Lord can eradicate the mounting anguish of humanity by thrusting consciousness of manhood in man to increase the number of value-added men in such a chaotic condition of the human civilization. A value-added man can be self-disciplined. A self-disciplined man can invoke 'Ahimsa'(nonviolence), and a dynamic fusion of Science and 'Ahimsa' can bring peace to the nation and harmony in the world. Sree Sree Thakur is a man of spirit. By becoming a disciple, a man become self-disciplined and leads towards perfection.

According to Thakur, religion is not witchcraft or quackery or superstition. Religion means to relegate the libido with the Supreme Beloved, the Lord. The consciousness of manhood can only be thrust when an individual is attached with his Ideal with libidic concentration. Thakur's religion, thus, is a practical religion. It has touched the deepest chords in human nature. In 1945, a brilliant young Philosopher, Ed. Spencer after a visit to Satsang Ashram at Himaitpur, now in Bangladesh, met Sree Sree Thakur and said, 'Thakur is a Reverend Spiritual Teacher. He was glowing and that glow was a wonderful thing to see". Later, another American Ray Archer Hauserman met Ed. Spencer after the end of second world war, on his way back to America, Ed. Spencer advised him: "Ray, you must meet this man", insisted over and over again. "But there is no time, - he protested". 'If you miss this opportunity it can cost you years of fumbling in the dark - Ed warned. Later, when Ray met Thakur, commented. "The Thakur I heard about and learned to know was as vast as an ocean".

Sree Sree Thakur's life and message are one, based on a wonderful philosophical system of 'live and let live other'. He says, Dharma is the upholder of existence. The Principles of Dharma have been materialized in the life of Sree Sree Thakur. He is the living embodiment of the principles of Dharma. Therefore, Thakur's concept of practical religion has regulated practical lives and conduct with great success and permeated even the lowest stratum of the society with a liven of love and self-sacrifice. It has opened up insight deeper than any other philosophy that encircles human mind.

After the advent of Thakur on this plane of matter for the first time in human history, the crumbling civilization is capable of unveiling the cause of its degeneration and can move forward by utilizing its immense potentiality. The eternal message of life and growth propounded by Sree Sree Thakur Anukulchandra, the founder of Satsang Revolution, is the harbinger of a resurgent humanity. ✱

*"The act of binding one's self with the ideal, in love, worship and admiration and to live on accordingly in an acceleration of one's being and becoming is Religion to me"*

# PATH TO GOD CONSCIOUSNESS AND ANANYA BHAKTI

**DR. DHIRENDRA N DAS**

CONSULTANT CARDIOLOGIST

NEW JERSEY, NJ, USA



*The BHAKTI YOGA is the path of intense Love and devotion to Godhead. It is the desire to serve God with Love and Gratitude. The Bhakta or devotee wants to attach his mind completely to God. Shrimad BHAGAVAD GEETA and Sri Bhagavad Puran are the main source of Knowledge about the principle and practice of Bhakti Yoga. In the BHAGAVAD Gita, Lord Krishna teaches all about different paths to Divine--like Karma yoga, GYANA yoga and Bhakti yoga. In this incarnation, Sree Sree Thakur has converted all these into very simplest form through Being and Becoming mantra.*

In the SRIMAD BHAGAVAD GEETA, Lord Krishna teaches Arjuna about three major paths to GOD CONSCIOUSNESS. He talks about KARMA YOGA, GYANA YOGA and BHAKTI YOGA for REALISATION of SELF and GOD CONSCIOUSNESS.

KARMA yoga essentially is the thought and practice of SELFLESS SERVICE to all mankind. This service is performed without any expectation of fame and glory in return.

As a human being, any conscious action is always motivated by expectation of positive result and usually our mind is attached to the expected result. By Karma yoga, we act in such thought and action in accordance with one's duty without considering selfish desires, profit motive and likes and dislikes. By repeatedly performing such action without expectation of result, mind becomes purified and mind gets gradually detached from the result of action. Basically we perform action to please the Lord and the grace we receive by serving HIM, paves the way for GOD REALISATION.

IN SRIMAD BHAGAVAD GEETA (9-27) LORD KRISHNA says -

YAT. KAROSI, YAT ASNASI, YAY YUHODI DADASIYAT.  
YAT TAPASYASI KAUNTEYA, TAT KURUSWA MADARPANAM.

*It means - HEY KAUNTEYA (Arjuna)! whatever action you do, whatever you eat, whatever sacrifice you perform, whatever charitable work you do-whatever austerities you perform--totality of your action- Make it an offering to ME ALONE.*

Basically KARMA yoga is about surrendering all action at the feet of the LORD for HIS pleasure and expecting nothing in return. HE emphasizes by saying --

KARMANYE VADHIKARASTE MAA PHALESU KADACHANA  
MA KARMA PHALA HE TURBHU MA TE SANGASTWA KARMANI. (BG.2-47)

“You have right to the work but not to the result. You should never be motivated by the result of action nor should there be any attachment in NOT doing your prescribed duties.”

In this incarnation, Sree Sree Thakur Anukulchandra tells the same in a very simplistic way –  
“Give away! Desire nothing for yourself, and you will see that everything is becoming yours.”

GYANA (JNANA) yoga is the transcendental Knowledge about ATMAN AND BRAHMAN and experiential REALISATION that they both are ONE. Jesus Christ succinctly proclaimed--I. AND MY FATHER(GOD/BRAHMAN). are ONE. The great Vedantist Adi Shankar has written--

SLOKARDHENA PRABAKHYAMI, JADUKTAM. GRANTHA KOTIVIH.  
BRAHMA SATYAM JAGANN MITHYA, JEEVO BRAHMAIBA NA PARAH.

"I shall tell you within half a verse, the very essence of the teachings expounded in millions of scriptures and that is: BRAHMAN ALONE IS REAL. This phenomenal world (SANSAR) before us is a relative reality, ever changing, unstable, unreliable, having a beginning and an end. That alone BRAHMAN IS REAL and the JIVATMAN, THE INDIVIDUAL SOUL is not separate from it.

GYANIS -followers of. Adwaita Vedanta affirm the SOLE reality of BRAHMAN--AS. all followers of Vedanta ARE called Monists. They approach the phenomenal world (SANSAR). With the negative process ---NETI --NETI ---NOT THIS ---NOT THIS-----

whatever is transitory, unreal, impermanent, false and subject to change --is rejected as MAYA. Whatever is understood to be UNCHANGING, ETERNAL and PERFECT is accepted as. Real or TRUE in the highest sense.

The goal of GYANIS to affirm that what is Real and True about ourselves as human beings. We are neither the body nor the mind--we are the SPIRIT-unborn-pure perfect, eternal and free and that is the greatest truth of our being --ATMA.

THE GYANA yoga uses our considerable intellect and power of meditation to realize the Truth that- -we are Perfect Beings, Free, Infinite and Immortal. Once we experientially know that, we will also recognize the same DIVINITY(ATMA) in all BEINGS--we will see the one BRAHMAN everywhere and in all Beings. In the words of MOTHER THERESA---"I see Jesus in all Beings and everywhere." In the words of great Vedic seer ASTAVAKRA--" I am spotless, tranquil, pure consciousness and beyond nature. All this time, I have been duped by ILLUSION.

About GYANA Yoga, Sree Sree Thakur Anukulchandra's saying is very alluring. He says -- "What is known by realization is wisdom. To know is to reach the Absolute through discernment, and that is 'Veda'. Veda is the indivisible whole. To the extent one knows, one is Vedist."

The BHAKTI YOGA is the path of intense Love and devotion to Godhead. It is the desire to serve God with Love and Gratitude. The Bhakta or devotee wants to attach his mind completely to God. Shrimad BHAGAVAD GEETA and Sri Bhagavad Puran are the main source of Knowledge about the principle and practice of Bhakti Yoga. In the BHAGAVAD Gita, Lord Krishna teaches all about different paths to Divine--like Karma yoga, GYANA yoga and Bhakti yoga, but His focus of teaching is on Bhakti Yoga. He emphasizes the supremacy of Bhakti Yoga and particularly ANANYA BHAKTI--EXCLUSIVE ONE POINTED DEVOTION to the LORD IN the 6th chapter of BHAGAVAD Gita, long before the 12th chapter dedicated to Bhakti Yoga in this famous verse---

Yoginam api sarvesam mad-gatenantaratmana  
Sradhaavan bhajante yo MAM sa me yuktotama matah

In this verse Lord Krishna is declaring that His devotee, who is possessed of full faith in Him as the Supreme Lord of All, with their mind focused within and relishing meditation on Him is the Greatest yogi of all. To emphasize ANANYA BHAKTI He again teaches in the 9th chapter of Gita -- ANANYA CHINTAYONTO MAM YE JANAH PARYUPASTE. TESAM NITYABHYYUKTANAM YOGA-KSEMAM VAHAMY AHAM.

Those who desire My eternal association, precluding all else, meditate on Me with EXCLUSIVE DEVOTION are blessed by My Grace to the degree that their welfare maintenance, their protection and their liberation from this SANSAR--the cycle of birth and death and their Ascension to Me are sanctioned and arranged by ME.

Sri BHAGAVAD Puran teaches the process of practicing ANANYA BHAKTI by quoting the great devotee Sri Prahlad Maharaj about the Nine prescribed methods known as NAVADA BHAKTI. They are as follows

SRAVANAM KIRTANAM VISHNO SMARANA PADASEVANA  
ARCHANA VANDANA DASYA. SAKHYA ATMA NIVEDANAM.

ONE---SRAVANAM--Listening to the glories of the Lord.

TWO---KIRTANAM--Ecstatic group singing praising the Lord.

THREE-VISHNO SMARANA-Remembering or fixing the mind on the Lord.

FOUR--PADA SEVANA-Rendering Selfless service to Lord.

FIVE---ARCHANA-Worshiping Lord's form with rituals like PUJA.

SIX----VANDANAM--Prostration to Lord with Respect and Love.

SEVEN- DASYA --Developing the feeling of being servant of the Lord.

EIGHT--SAKHYA--BHAVA with Lord picturing Him as best Friend

NINE---ATMA NIVEDANAM --Total surrender of ego to the Lord.

According to the great yogi Sri Sivanand Saraswati, Bhakti softens the heart and removes jealousy, hatred, lust, anger, egoism, pride and arrogance. It infuses joy, divine ecstasy, bliss, peace and knowledge. All fear, worry and anxieties, mental torments and tribulations entirely vanish. The devotee is freed from the Sansaric wheel of birth and death. He attains the immortal abode of everlasting peace, bliss and divine Knowledge.

In this context, to make things absolutely simple, Sree Sree Thakur Anukulchandra says – “Adherence invokes strength. Feeling fulfils success. Never abandon devout urge and intelligence and be never decade.” He again says – “Devotion brings wisdom. In wisdom there is the sensing of self in creation. When there is this realization of self in creation, non-violence emerges, and from non-violence comes love. To the extent you possess any, you possesses all.”

Again in BHAGAVAD Gita, Lord Krishna comes back to talk about ANANYA Bhakti -its importance in God REALISATION in Chapter 11.

BHAKTYA TU ANANYA SAKYA AHAM EVAM -VIDHORJUNA  
GYANTUM DRASTUM CHA TATWENA PRABISTUM CHA PARANTAPA.

Only by ANANYA Bhakti or undivided, uninterrupted, one pointed loving devotion to the Supreme Lord, one can see Him, know Him and can gain entrance into His Divine transcendental pastimes. Even in Mundakopanishad, great Seers have revealed the timeless Truth---

NAYAM ATMA PRAVACHANENA LABHYO  
NA MEDHAYA, NA BAHUDHA SRUTENA

YAM EVAISA. URNUTE TENA LABHYAS  
TASYAISA ATMA VIVRNUTE TANUMSWAM

THIS SUPREME SELF cannot be reached by listening to PRAVACHAN, nor by intellectual power or by reading scriptures. Rather he alone can achieve the Supreme Lord whom the Lord chooses to favour. To that person the Lord reveals His own true personal form. In the SRIMAD BHAGABAT PURANA, LORD KRISHNA reveals the benefits of becoming his devotee in the following verse. (09-4-63)

AHAM. BHAKTO PARADHINO HY ASWATANTRA IVA-DWIJA  
SADHUVIR GRASTHO HRDAYO BHAKTER BHAKTO JANAPRIYA

LORD KRISHNA addresses to the brahmana--I am under the control of MY DEVOTEES., I AM NOT AT ALL INDEPENDENT. Because my devotees are completely devoid of material desires, I sit only within the core of their HEARTS. What to speak of my devotees, even those who are devotees of my devotees are extremely dear to me.

Therefore, SRI CHAITANYA MAHAPRABHU identified himself as. --GOPI BHARTRU. PADA KAMALYOR DASA DASANUDASA. --thus He instructed us to become the servant of the servant of servant of Lord Krishna. Therefore, as the Final message of Sri BHAGAVAD Gita, --(18 --65,66) Lord Krishna says--

MANMANA BHABA. MAD BHAKTO MAD YAJI MAM NAMASKURU  
MAM EVAISYASI SATYAM TE PRATIJANE. PRIOSI. ME.  
SARVA-DHARMAN PARITYAJYA MAM EKAM SARANAM BRAJA.  
AHAM TWAM SARVA-PAPEBHYO MOKSAYISYAMI MA SUCHA.

NOW SUPREME LORD KRISHNA reveals the conclusion to the ESSENCE OF ALL KNOWLEDGE. That which is the most confidential of all confidential is being revealed---Complete salvation will come naturally through ANANYA BHAKTI or EXCLUSIVE LOVING DEVOTION UNTO THE SUPREME LORD and nothing else is required or necessary other than Total Surrender to the Supreme Lord as He personally promises Moksha or Liberation to such devotees.

Sree Sree Thakur Anukulchandra made the whole thing simpler by saying that – “God is one, Dharma is one, Prophets are same, --servers of the One; conflict and animosity with any of them proclaims the presence of opposite – the Satan; surrender to the Supreme is the sauce that brings heaven down to the soul and service; do love, do serve, do surrender, do ever for Providence, the Lord, the Ideal, the source of all sources, with every inter-interested serving zeal that serves the Ideal--Fulfiller the best of the past and present Whose presence is to fulfil not to destroy !utter and act with every enthusiasm, surrender to the enlightened and only !surrender to the enlightened Seers that are fulfillers of the past, surrender to the Fathers that follow the right way, surrender to Varnasram that evolves out of Providence, surrender to the all-fulfilling Fulfiller of the present, this is the Aryan path 'this is Dharma that upholds existence, this the eternal truth that all are to surrender to ! “ \*



# “ESTABLISHMENT OF ISHTA” OR “ESTABLISHMENT OF ISHTA’S INTEREST”?

**RICHI PROSAD MISTRY**

SECRETARY, SATSANG USA

BROWNSBURG, INDIANA, USA



*Those who are trying to say Thakur is a crooked businessman or those who are trying to say Thakur is God or an Avatar, both are Establishing “Ishta”. Here” Ishta” is Thakur Anukulchandra and by establishing Him as a crooked businessman or God, they are indeed Establishing “Ishta” and this is called “Establishment of Ishta”.*

Since childhood, I was involved in “Satsang”. Somewhat like family culture. Grandfather and father have done it and so have I. It became a habitual superstition. Listening to the stories about Thakur, I have formed an opinion about Thakur. Some say Thakur is God, some say Thakur is messiah and some say Thakur is a Bengali Spiritual Teacher. And other (most people I grew up with) say Thakur was a crooked businessman.

The people who cast Thakur as a crooked businessman are very close among my friends. Their logic and reasoning are infallible; I was never able to prove them wrong by counter argument. I used to get affected by their reasoning, my feelings and faith used to get hurt. The more I get to know by reading Thakur’s life and His conversation, the more my perception about Thakur got affected and the more I realized that my friends who define Thakur as crooked businessman are in fact not wrong. Needless to mention, it seems that, the perception of Thakur being a crooked businessman is still very prevalent in Bengal today. Being out of Bengal two decades, I thought, that perception might have changed. Very recently, in one of the political speech an influential politician mentioned about Thakur’s crooked businesses and that makes me think the perception about Thakur in Bengal has not yet changed completely.

Those people who define Thakur as God, messiah or spiritual teacher, are not diminishing either. Day and night, in loud voice they proclaim Thakur is this, Thakur is that. In this age of information technology, that has become more noticeable recent days and is increasing. Those of my friends, who know very little about Thakur, are trying to stretch Thakur bigger by copying and pasting a picture, averse or a story of Thakur’s life in Facebook, WhatsApp and in other social media outlets. Some of them are spreading the miracle stories of Thakur, trying to present Thakur as a great magician; they want to establish that if Thakur was not God, He would not have been able to do that. Others are trying to quote the Hindu scriptures to prove that Thakur is an Avatar etc. etc. By establishing Thakur as Avatar or God, some are trying to argue that they know better than the others.

Whatever it may be, those who are trying to say Thakur is a crooked businessman or those who are trying to say Thakur is God or an Avatar, both are Establishing “Ishta”. Here” Ishta” is Thakur Anukulchandra and by establishing Him as a crooked businessman or God, they are indeed Establishing “Ishta” and this is called “Establishment of Ishta”.

By doing “Establishment of Ishta” both of these groups of people is learning about Thakur. Those who are copying and pasting, they are also learning often facing the situation getting into an argument. They are growing their bookish knowledge by engaging and practicing these arguments. The part of the brain that is used in argumentative reasoning is getting active by doing this. If nothing else, they are learning some social networking skills.

There is another group of people who was not mentioned above, who by loving Sree Sree Thakur Anukulchandra, getting engaged in the welfare of His family and His beloved organization “Satsang” are trying to do some practical work related to Thakur’s interest. By offering active service to the welfare of Thakur family and Thakur’s interest, this group of people is strengthening their attachment towards Thakur. They are trying to establish the interest of Thakur. Here also, “Ishta” is Thakur and establishing Thakur’s interest is the “Establishment of Ishta’s Interest”.

By actively engaging in the activities of “Satsang- the Man Making Mission” of Thakur Anukulchandra, this group of people is enriching themselves by acquiring the attributes to their own being and becoming. By engaging in the activities of Love, they are strengthening their attachment towards Him, which is helping them slowly to adjust their complexes, that often hinders the being and becoming. These adjusted complexes are becoming their servant to their being and becoming and true enjoyment of life.

This group of people, by following the command of a “Living Ideal” or “Acharya” are keeping them engaged in the activities of Interest of Thakur, making themselves sublime. By following the command of “Acharya” by engaging themselves in the activities of “Establishment of Ishta’s Interest”, they are subconsciously increasing the attachment toward Sree Sree Thakur, as love grow out of service. And, the stronger this attachment becomes, the more they are able to come out of slavery of complexes. Complexes are becoming helping hands to their being and becoming. The journey to be and to become is getting help from these adjusted complexes. They are becoming the product of Thakur’s “Man Making Mission”.

To follow the command of a “Living Ideal” or “Acharya” in the “Establishment of Ishta’s Interest” is the “Man Making Mission” of Sree Sree Thakur Anukulchandra and that is “SATSANG”. ✱



*Any effort, any acquisition, any wealth  
that goes to fulfil anything above which  
the Lord is not enthroned,  
is futile through the conflict of complexes that falter!*

# FOLLOWING IS RELIGION

**SUBHENDRANATH NAYAK**

ASST. SECRETARY, SATSANG USA

NEW JERSEY, NEW YORK, USA



*Man is going away from the reality and running behind the unreal. There is indeed a strong desire to get or achieve something without doing anything. This is becoming a second nature of entire mankind. Bottom line is, the desire to get things, expectation to succeed without following or doing is predominant in the society. Even when God descends, He also achieves things through His conducts following the policies and rules of this creation. Hence, religion has to be lived. Religion is all about following, doing and not mere worshiping.*

We all know that human beings are superior among all creatures, not because of their appearance but because of their ability to think, do and achieve. However, we all human beings are not capable enough to adopt a single conduct or act without learning or following. There is absolutely nothing in this world, which a person (man or woman) can do without learning it from someone. We are dependent so much so that even in our childhood days we did not know how to smile, how to respond, how to communicate, how to eat, how to drink, how to walk and even how to stand. Whereas, reading, writing and the work of every profession have, of necessity, to be learnt from regular teachers. Thus there is a necessity of someone living in our life who will teach us how to live and lead our life for our living.

Moreover, we human being have a tendency to be unified. This tendency of unification tells us to follow someone in our life. Thus, it leads to follow an “Living Ideal” in our life, an Ideal from whom we all need to learn how to live, how to love, how to lead and how to leave this worldly life against all odds, challenges and negativity around us.

If we believe in ourselves, regain our self-confidence, and are encouraged – then we, who are living an ordinary life, a normal life, can do wonders in our life. What is most unfortunate thing to witness from our Next Generation of so called developed society is that they do not possess this belief and self-confidence anymore. If we speak to a person of present age, we will realize that people have lost their hope, trust and faith on anything and become fearful. Be it politics, education system, economy, family life, personal life or social life they sound very low when we talk about their belief and self-confidence.

And I strongly believe, perhaps, some kind of slovenly idea about the religion, God and act of mere worshiping without any realization is one of the most contributing factor to such situations around us. As a result, man is going away from the reality and running behind the unreal. There is indeed a strong desire to get or achieve something without doing anything. This is becoming a second nature of entire mankind. Bottom line is, the desire to get things, expectation to succeed without following or doing is predominant in the society.

Certainly, we desire wealth, fame, knowledge, love, a good life, noble family life, happiness, an upright living – whatever may we wish, first we have to understand what we have to do so that we can get them meaningfully. And, if we do not do that, then getting would be a hollow for us. Expecting to get without doing is against the law of this creation and the creator or God.

Even when God descends, He also achieves things through His conducts following the policies and rules of this creation. Hence, religion has to be lived.

Religion is all about following, doing and not mere worshiping.

Religion is to assist others to let them live through our active service and fulfilling deeds. Hence, religion is all about following and practicing in our daily life i.e. in our thinking, behaviour, character and deeds. Everyone should realize that religion is very much part of me, my family, and my society I live in. Thus, religion is nothing but my own living along with others beside me.

In order to get what we want in our life, to fulfil all our desire, first we must know how to get it. That is why He comes, He descends on earth in a human form to enlighten us in an apt way explaining how to conduct our daily life, how to progress in our life, how to be successful in our life with all our want and desire. He does come to help us, to guide us, to tell us, to explore the in-born potency (like how the potentiality of a huge tree is hidden within a seed) within us. He not only knows the hidden aspects of human life, but also knows the unlimited possibilities concealed within us. When we accept Him with love, follow Him with a sincere heart, we get an opportunity to nurture the possibilities of our life in righteous and meaningful way. Like - we need soil to grow the seed, we need a mother to give birth a child similarly we need someone to nurture, guide and fulfil us. That is why, He takes the pain to descend on this earth again and again. He does come to inspire us, He comes to put in order to our distorted and scattered life. Without which we cannot be fulfilled, cannot enjoy the eternal happiness, and cannot explore our hidden potencies, capabilities and abilities. We all have been trying to follow a path by which we can lead a flawless life without any concerns and difficulties. So, in whatever form He comes or descends, if we love Him, follow him, we are benefited from it. There is absolutely no example where we have heard that we conduct rule and policy of life by following books or hearing them from somewhere. Rules and policies can be spoken as part of our speech but cannot be endorsed in to our conduct unless we have a love center in our life. That is why it is said "Man is shaped and fashioned by what he loves". So, to know the path of growth, happiness and enlightenment to our life or soul we need a man of Love, an Ideal in our life as center.

Probably, everything sounds upright to us, that we need an Ideal, a love center in our life. The most decisive part is to find, know and recognize a true Ideal. Let me share my own realization to know and understand a true Ideal.

The very first characteristics of a true Ideal is: every opposite thing is meaningful with Him or within Him. When every opposite thing runs meaningfully in His day to day life, it is an indication that He is the head of this creation. That is why it is said - The Ideal is He, who is very abnormally normal, wisely foolish and gorgeously simple sitting in the most neglected corner of this earth. He is one and only Sree Sree Thakur who has descended on this earth as present Ideal. Sree Sree Thakur says: **"Where every opposites meets with a meaningful go, Godhood peeps there."** It is very difficult to understand Him unless we associate ourselves with Him. The only way to identify a true Ideal is to realize Him through our association.

The very second characteristics of a true Ideal is, His love. His love for every single object in this universe is natural, spontaneous and equal. Be it life or non-life, movable or immovable, He loves everyone and everything with equivalent intensity. He never sees or finds fault in anyone. He never accuses anyone nor insults anyone rather through love He helps them to remove the faulty character from their nature. It is the best characteristics of an Ideal. He is one and only Sree Sree Thakur. When the most fallen, peddling, ignored, sinner goes to Him - He accepts them as His own and loves them

like how He loves His dearest ones. With His touch, with His love, lowest of the low become the greatest. He does come to build every individual based on his instinct, ability and capability. He does not show His mercy or pity on anyone. If we love Him, we automatically start following Him, as a result we sense that we are fulfilled. We all get, receive and be blessed based on our doings, nothing more or less in this life.

We all make every attempt to run to people and urge people to accept Him through Initiation (process of associating ourselves with Him) not to expand our organization or increase the membership or number in our Satsang but to say and share the truth to people through which they live and lead a happy, uplifting, systematic and prosperous life individually and collectively. It is the only way for human being to live, but live happily. Like learning letters at the beginning are necessary for higher education, similarly Initiation is needed to imbibe the art of achieving higher life, secured life and smooth life for our living.

Sree Sree Thakur, is our "Ideal", our love center and He has come for this entire universe. His living, His messages, His teachings, His exemplified conducts are for everyone. Following "Living Ideal" is accomplished and fulfilled in our life when we follow the commands and guidance of Ideal personified "Pradhan Acharyadev", a living Man of His own creation as advocated and prearranged by Sree Sree Thakur. ✱



*"Is there any 'ism' in God!  
He is the consummation of all 'ism',  
so He is sacred, and surrender is the only sacrament,  
Providence is His name thereby!"*

# NECESSITY OF A LIVING IDEAL IN YOUTH'S LIFE

**SUMAN SUNDER DEY**

**B.E (JADAVPUR UNIVERSITY, KOLKATA)**

**SATSANG, DEOGHAR, INDIA**



*De-structured life, individualized, aimless life, all these conclusions are simply an exhibition of improper thoughts and inadequate yield of thoughts that are more encouraging to life, the thoughts that help one define and successfully create one's life as per their in-built traits. There is a proverb- Our thoughts make us what we are. That, what is a kind of the missing X factor in the life of majority of the youth is the yield of proper thoughts. The thoughts that are a necessity of both mind and life.*

According to the National Academies Press(USA), youth analysts are increasingly speaking of a new phase in the life course between adolescence and adulthood, an elongated phase of semi-autonomy, variously called "post-adolescence," "youth," or "emerging adulthood" (Arnett, 2000). During this time, young people are relatively free from adult responsibilities and able to explore diverse career and life options. At the same time, given the wide variety of perceived and actual options available to them, the transition to adulthood has become increasingly "de-structured" and "individualized" (Shanahan, 2000).

One of the leading magazines, *India Today*, says that "Displaying conservative attitude amid economic liberalization, the present generation of youth is in every sense a paradoxical one. Better educated, with greater spending power and technically savvy, the urban young have an enormous role to play in shaping the India of the future, but they are just not sure how to go about doing that. Globalization and liberalization, they assume, has created a generation of clones who worship at the nearest gym instead of the nearest temple, are into the latest fads, whether diet, gadgets, sexual attitudes or fashion and basically dance to the same beat."

Now, if we look at the cultural aspects of the youth (like the fashion, lifestyle & other choices) in the form of events, we can understand why it's just okay & reasonable in the age of globalization & liberalization.

But the problem lies somewhere else. NAP (USA) & India today are two different agencies located in US & India respectively, but have come up with same problems being faced by Youth, de-structured and aimless life!

The solution, however, to this problem is not as simple because of the existence of a broad range of variations in beliefs and lifestyles they adopt or simply because of the existence of sub-cultures in the Youth culture as can be witnessed from the quote from Wikipedia which states that "Within youth culture, there are many distinct and constantly changing youth sub-cultures. These subcultures' norms, values, behaviours, and styles vary widely, and may differ from the general youth culture". Although there are discrepancies, still no problem in nature has occurred without a solution.

Man is considered to be the most perfect creature existing on earth due to its capacity to think, to transform things and hunger for constant evolution. This adventurous nature of man has given it success in some cases, but also has put it into situations with extreme complications which are beyond its perception.

When the world runs into degeneration, when the existence of man is at stake, there is injustice and destruction all around, the Prophet of Time comes down to exalt our being and shows us the path to reconstruction and re-establishment of society and peace. He is born like a simple man, but soon the whole world realizes His identity and is blessed. YugaPurushottam (Prophet of Time) Sree Sree Thakur Anukulchandra, commonly known as Sree Sree Thakur, came down to this earthly system in His physical frame in the year 1888. Since childhood, Thakur was seen to possess immense love for mankind and every creature that exists in the lap of mother nature. Sree Sree Thakur, through His lifestyle and His principles, has transformed many simple men into individuals worth of value just by the virtue of their karma in accordance with His principles. Love Incarnate Sree Sree Thakur could turn assassins into men of bliss not by some magic or miracle, but by His love. Sree Sree Thakur has said "Hate the sin, not the sinner". Man has found their fulfilment in Sree Sree Thakur, who is their Fulfiller the Best.

De-structured life, individualized, aimless life, all these conclusions are simply an exhibition of improper thoughts and inadequate yield of thoughts that are more encouraging to life, the thoughts that help one define and successfully create one's life as per their in-built traits. There is a proverb- *Our thoughts make us what we are*. That, what is a kind of the missing X factor in the life of majority of the youth is the yield of proper thoughts. The thoughts that are a necessity of both mind and life. However, the thoughts are certainly not spontaneous, they come up as a result of our activities and practices. The things we do, the things we love to do, all these lay a great impact on how we think and our actions accordingly. To be more precise, our thoughts create our fate! That's why Sree Sree Thakur has said -

Effect of move and activities,  
transforming themselves  
in their transits  
and eventually reverting  
on one's own self  
from beyond the range  
of one's knowledge,  
is Fate !

The way we cannot penetrate a target unless we aim at it, the same way, we can't have structured life without guided thoughts. To guide our thoughts, we need to follow a Living Ideal or Prophet of Time who stands firm as the centre of our life. Sree Sree Thakur has said-

Prophet of time  
is the enlivening emblem  
of the past and  
fulfilment thereof

To make the concept of living Ideal a bit clear in simple words, there's a small excerpt from Rev. Titi Di's article, The Mission of Life – "The human mind is not concentric. We live in different worlds in

different times. To us, there are so many worlds, the Muslim's world, the Hindu's world, the Christian's world, the businessman's world and so on. To a child, a world of playmates and toys is so true, but to a grown up, it is but useless. We have taught us to live in so many different worlds in different times that we have lost the centre, the unity in all these. This can be achieved by surrendering to the Ideal, to an Ideally centred person. He is the living Ideal, the Prophet! Sree Sree Thakur has said-

He  
who comes down  
with the lucid and distinctive  
characteristic of providence  
for the age  
to impart them  
to the world  
is in short,  
a man  
the Prophet,  
we may also call Him  
the "son of man."

So, in words of Sree Sree Thakur, any Tom, Dick and Harry cannot become the nucleus, the centre, the axis. That man must be a solved and integrated man." If our character is not built firmly under the guidance of a Living Ideal, then our being will surely get coloured under the influence of different impulses and result is split personality. Any good man, under the influence of badness provoking impulses, can act like a bad man and end up doing something very unexpectedly bad reversing his identity and image forever. If the man has Satguru or the Living Ideal in life, the negative impulses can't make it fall a prey. Even if it falls, due to his ardent love and attachment towards his Ideal, he is bound to rise back to life and light!

The way in the darkness, the light from the torch we are holding, shows us the way, the path, in a similar way, we also need to adopt a Living Ideal (by taking Diksha or Initiation) to show us the way that is very specific to every individual as it is needless to mention that every individual is born under very specific conditions of life, which is very specific to them only!

For the life to grow under the optimum nurturing assets that the mother nature has bestowed upon man, one must be capable of accepting them to their best capability. Man is born with infinite possibilities in life. What we do only decides what we become and we do what we think. Doing doesn't only mean pursuing academic goals, rather a much bigger aspect that encircles every other thing, including education, that defines us. For this all round development, we need our Satguru to guide us and make us practically capable of choosing the right things. Sree Sree Thakur has predominantly focused on three major principles in order to achieve this, *Jajan, Jaajan & Ishtabharity*. Jajan is to fill one's own reservoir of knowledge about the Ishta and thus remain un-deviated from his path and to constantly remind & remember one's identity in this world and relation to the Supreme Master through one's Ideal. Jaajan is preaching and propagating the message of the Ishta (Epitome of Bliss) and making others charmed and attached to the Living Ideal. Ishtabharity can be best understood in His own words - "Psychical urge that tends the functional tendrils of physique along-to earn and achieve more for the Beloved with adjustment of psycho physical concentration- making the reservoir of strength urge unceasingly within that effulges in dire need-is the specific specialization of gratuitous

offer to the Beloved every day, and that is the clue that enables one to enrich intuitive function that makes one auto-active and that is the Samarthi-Yoga induced by Istabhriti". (The Message Vol-IX).

Thus we see how Jajan, Jaajan & Ishtabhriti act as the three sides of a triangle and enclose our life and protect it as well.

Neuroscience says when two people walk together, they, by virtue of their learnt reflexes, walk at the same pace and foot stepping. Biology says every individual has a particular speed of walking. If we walk faster or slower, we get tired sooner than we do at our own speed. Logic says if you are sitting in a car, you are a slave to your driver's wishes. Even if you are fit and healthy, you may die out of an accident if your driver is unfit for driving. Your life rests in his hands. Our link to the Ideal in our life is exactly the same as the above three facts. Our entire life is a journey along the roads which no one has ever travelled. If we establish our faith in some man or celebrity, our situation will be like the case of drunken driver who is the man himself, a fellow traveller like us and can't show us our way of life. It is only the Satguru who knows how to drive our life as the roads we are to travel are the ones only we have to travel and no one else can. That's why He is called Fulfiller the Best. It is only the Satguru who knows which pace is best suited by every particular of us and He takes us along the same one with our optimum speed so that we don't fall apart or get too tired to travel our journey and finally can succeed. So it is our duty to come under the shelter of His. We all are born same, as man, what it differentiates is our thoughts and work. So let us think propitiously under the guidance of the Supreme Soul in living form and taste the elixir of life. ✱



### " IF ANYONE MISBEHAVES..."

The other day I was going over in my mind some events that were not exactly making me happy. It was concerning the less than compassionate behavior of some people. Just around that time the February Ligate 2016 came in the mail from Deoghar. As was my habit, I began to read it cover to cover. Then I came to the section where Sree Sree Dada addressed the Workers' conference. Dada was dealing with the part of the workers becoming jealous if a new worker comes to their area and seemingly "steals" their initiations. As could be expected, some workers took offense of this. But Dada asked them, "Does the Ritwik impart initiation?" And answering his own question, he replied, "It is Thakur alone Who imparts initiation." And he added, "Why do you nurture a grudge?"

And then suddenly I came upon another of his comments that I realized applied to me!!

"If anyone misbehaves, try to tolerate it. As much as you will tolerate it so much will be your ability to FORGIVE. Without doing harm, do FORGIVE. You will accumulate STRENGTH."

Then I thought, "Wow, here is Sree Sree Dada guiding us. He is so far away. Yet he knows exactly the right words to choose that would be appropriate, no matter where we are. Knowing each and everyone's state of mind, what a blessing it is to have Sree Sree Dada! To this I want to add that the Holy Name is really the central thing to keep in mind. By repeating the Name and trying to do it always and around the clock (besides meditating on the Lord through the Name morning and night) we get the right impulses at the right time! This is how the Lord can guide us and how He manages to help us evolve UPWARD! If we want to grow, He has provided for us the best and easiest path!

"Why do people need forgiveness? Because people make mistakes. Is there anyone on earth? Who has not made mistakes? Bear to all a heart. Full of love and forgiveness."

[From: Forgiveness by Elizabeth Clare Prophet]

By: Gisela Lichtgarn  
Unionville, CT, USA

# INFLUENCE OF A LIVING IDEAL– AS I SEE IT

**MS. ATREYEE MAITI**

**SUNNYVALE, CALIFORNIA, USA**



*This idea of “vaishishtyapali apurayman” brings us to the derivation of one of the fundamental concepts of life - Dharma. We must not confuse Dharma with religion. Webster’s dictionary too distinguishes Dharma from religion. Dharma is not about method of worshipping. Dharma is derived from the root word “dhr” in Sanskrit, which means “to uphold”. Hence dharma is about sticking to one’s characteristics and doing what keeps one’s existence intact. This is a highly simple yet profound meaning that we must understand.*

All of us are familiar with “Newton's law of universal gravitation”. This law governs all objects big and small in this universe. The heavier the body and the closer it is, the more the gravitational attraction. This is the foundation of how the place where we live – the earth – is staying in orbit around the sun.

I like to believe that this law also closely applies to our daily lives in terms of the influence of the people around us in our lives. The level of influence is a function of two parameters. One being the strength of their personality and second being how close we are to them. All of us would agree that we are a reflection of what our parents, teachers and friends have taught us. Most successful people also attribute their success to somebody who has influenced their life closely - their mother, their teacher, spouse and so on. The stronger this influencing personality, the better we get. And of course the closer we are to them, the higher is our desire to imbibe their ideas in our lives. In that case, when we choose an ideal for our life, shouldn't that person be somebody who is present in flesh and blood and somebody who is able to extend their influence on us? An ideal / role model is somebody who will drive how you behave, what you become, what your aspirations are. Wouldn't you want that be the most uncompromising quality? Even in music, whenever one sings, one sings with a reference scale/octave. Without the reference, the notes may go haywire. And even among musicians there are some who can identify even the minutest of errors in notes sung by others. That is because they have gained mastery in their field.

Of course one can argue that one need not have any such ideal / role model. However, note that even gravitation talks about mutual attraction. Note that these forces don't exist in isolation i.e. no matter how strong an individual is, influence from external sources greatly boosts the levels to which an individual can reach. And he cannot hope to simulate this influence by himself.

A true guru is an influence of this kind. He demonstrates and uplifts others by His own example. How does He do this? A skilled teacher is able to adjust his techniques based on the subject. A teacher must adopt different techniques based on the type of the student. Some students learn very easily by conventional classroom teaching. Some need more handholding. Some need special aids like visuals, some learn better by hearing, some learn better by implementing the ideas in practice. Hence a true guru is the one who knows how to customize the tips and tricks of leading life befitting the characteristics of the individual. He exhibits the qualities of being “Vaishishtyapali apurayaman”. And it is this very connection between student and teacher that impacts the character and life of the student.

The second aspect of being “vaishishtyapali” is about retaining and uplifting the characteristics of an individual. Characteristics define the personality of the individual. Some are good at singing, some are good at writing, some speak well. Skills can also be soft skills - negotiating skills, ability to get work done, and so on. A sadguru does not ignore these characteristics of the individual. He encourages it and moulds it in a way that it becomes the strength of the individual.

This idea of “vaishishtyapali apurayman” brings us to the derivation of one of the fundamental concepts of life - Dharma. We must not confuse Dharma with religion. Webster’s dictionary too distinguishes Dharma from religion. Dharma is not about method of worshipping. Dharma is derived from the root word “dhr” in Sanskrit, which means “to uphold”. Hence dharma is about sticking to one’s characteristics and doing what keeps one’s existence intact. This is a highly simple yet profound meaning that we must understand. It is very easy to ignore this meaning of Dharma. If we tie together the meaning of “vashishtyapali” and Dharma, we can conclude that a guru helps us stick to things which uphold our existence. He helps us remain in line with our characteristics. With a guru, even if you divert you will come back and be able to identify yourself and your strength in the midst of messy days of your life. He keeps you true to yourself.

Thus a teacher’s dharma is to be the best teacher that there was, a software engineer’s dharma is to be the best software engineer, a parent’s dharma to be the best parent, a leader’s dharma to be the best leader. But can one keep one’s existence intact without surroundings? Answer is no. Existence in an environment is impossible without the aid of surrounding elements. If those elements don’t exist, we cannot exist. These elements include other human beings and the environment around us. Hence allowing them to exist is also equally important for us to uphold our very existence. This is essentially what Dharma is all about as Sree Sree Thakur explains “*Anye banchaye nije thake, dhormo bole janish take*”. Sree Sree Thakur takes this very definition of “live and let live” to a new level by saying that Dharma is about - “Being and becoming”. It is not sufficient to just live, it is necessary to grow, uplift oneself and others.

We are fortunate to live in times where we are able to experience the strong influence of a sadguru like Sree Sree Thakur Anukulchandra. He has left behind His legacy in the form of Acharya parampara (culture). The Acharya is present to exert that “gravitational attraction” of the guru in our lives.

As mentioned at the beginning of this article, the influence of an individual is only as much as you get close to him. A sadguru too will manifest Himself only as much as you open up to Him. So take a leap of faith and take the first step towards Him. This ride is definitely worth experiencing! ✨

*“Interested inter-dependent to becoming of every individual with every fulfilment  
by which being is nurtured according to its position and special aptitude  
with due resistance to evil - that is politics and law to follow.”*

# PEACE, PEACE AND BE PEACEFUL

**DILIP KUMAR RAJ**

HYDERABAD, INDIA



*The sense of inadequacy will be removed from the heart. All the human passion will be sublimated and man will be raised to that level of mental purity and nobility for progress towards perfection. This ideal centric life makes one BALANCED and moves unerringly upward through life. This concentric course around Living-Ideal is peace. The divine qualities lead a man to its desired goal i.e. peaceful and happy existence.*

There is a saying “Civilization is a disease which is invariably fatal”. This is an era of mounting anguish and vanishing morals and ethics. A brutal thrust for possession of materials and wealth is the symptom of the disease we face today. The equilibrium between spiritualism and materialism is disturbed. The human being has attained scientific knowledge, power and strength. Free play of passion, on the other hand, leads to decline in moral values. Man is likely to be torn to pieces by environment and delirious thrust of passion. “Man has mastered over everything in the world but failed to master over himself”. The mankind is in distress and suffering humanity is eagerly waiting for a saviour.

In the era of darkness and despair, Sree Sree Thakur Anukulchandra came as a messiah (Purushottam Sadguru) to provide protection, light, hope and charity to aggrieved souls of human beings. He is the Living Ideal of the present age and His life is a living reality. All the past prophets are consummated in the divine Man of the present age and fulfil the lagging knowledge according to the present needs. What is nurturing to our existence, consciousness and blissful becoming (i.e. Sat, Chit, Ananda) is completely embodied within Him. He is love incarnate and Living Embodiment of YUGA NAME (Sound and Rhythm), the highest and correct frequency of supreme soul. There is no difference between Himself and His NAME (SATMANTRA). He lives gorgeously simple and teaches the simple tenets of life. The laws of eugenics, marriage, education, conduct, health and hygiene etc. explained by Him scientifically. His messages have solved the innumerable problems facing the individual, family, the society, the nation and the world as a whole. Purushottam Sadguru is the highest teacher and He takes birth at every age. He lives amid us like the most common human beings. He molds an individual according to the individual own characteristic and never contradicts the saying of the past great prophets. He is love incarnate, who’s every nerves weeps with the sorrows and sufferings of all living beings, (i.e. Love Lord). He doesn’t have much school degree and need no books to impart wisdom. Mere interaction with nature acquires infinite knowledge and realization that is His wisdom. A Sadguru is always perfect and pure by birth and is a guide to all living beings.

He wrote a small book SATYANUSARAN (Pursuit of truth) in one night at the age of 22 years with the request of one of His disciples who got transferred to a different place. Peoples from all sects are going through this book and finds as if their prophet is guiding them. It is the essence of Bible, Koran, Gita, Upanishad Vedpuran etc. On request of Krishna Prassana Bhattacharya, (M.Sc. Gold Medallist, worked with sir C V Raman), requested Thakur to give Messages for non-Bengali people. Suddenly He starts delivering tenets in English without knowing the English language. The Vice Chancellor of Calcutta University went through all the Twelve Volumes of such Message books on different subjects and commented, “The Latin English words are so used here, even our literate scholar

cannot use it properly". He uttered the messages while in trance and only 72 days' messages were recorded and printed in the Holy BOOK called *Punya Punthi*. It is a great surprise for the modern people, how a lifeless body can speak. These are the only few examples out of vast examples from the ocean.

Why should we accept Him as our guide? What is wrong with the earlier prophets? In this aspect I would like to quote of His sayings - "All the past Prophets are consummated in the divine Man of the present" or "I have come to fulfil not to destroy". Yes, He has fulfilled the lagging knowledge as per the present age. My grandfather read a science book but I am not giving the same book to my children. Although both are science books, but present book covers some more additional scientific subjects than the old science book. (Na Dhare Prerito Bartaman/Andho-tomoi Hoi Proyan). Similarly, our society, lifestyle, and environment everything has changed as per age, and He says ignorance creates anxiety for man, and wisdom gives man peace. Ignorance is the cause of grief and knowledge is bliss.

The process of human revolution requires a living embodiment. Sree Sree Thakur is the living embodiment of the present age. He is the Sadguru who has materialized all the rolls in His life (Acharya). He has played as an Ideal son, Ideal friend, Ideal student, Ideal husband, Ideal father etc. practically everything. His impulse will create in man an infinite, irresistible urge to evolve for complete development and knowledge. Man has to establish control over his passion i.e. his anger, lust, greed and his pride. For this mastery alone lies the qualitative characteristic of Godliness. This process of transformation from evil into good is possible by active attachment to the fulfiller the best. Passion should be controlled in proper way by following the path shown by The Great Master. Otherwise, they will hold with greater force. Initiation with SATMANTRA imparted through Sadguru with daily Meditation, Prayer, disciplined life through Sadguru's simple principles and by observing Jajan, Jaajan, Istabhriti and Sastawani/ Sadachar, i.e. Ideal centric thoughts, words, deeds and habits creates divine force within and can convert even a demon into God.

"Man is fashioned and shaped by what he loves". If you love Love-Lord, definitely you will achieve love force within you. Money never satisfied the inner hankering of a single one, but love has been able to do so. The love force and "sense of self in creation" within us to be improved, otherwise "You may attain strength enough to tear off earth and the moon, you may attain strength to destabilize the universe, but, if you have not achieved love within, you have gained nothing". Meditation may lead to powers to perform miracles, but will not exorcise the animal instincts, unless one embraces the Love- lord, or has yearning for that eternal great soul.

By the active attachment to the present LIVING IDEAL, prime laws that nurture the instinctive nature of man will be understood and able to recognize his mistakes. Man will establish mastery over his lust, his greed and his pride.

The sense of inadequacy will be removed from the heart. All the human passion will be sublimated and man will be raised to that level of mental purity and nobility for progress towards perfection. This ideal centric life makes one BALANCED and moves unerringly upward through life. This concentric course around Living-Ideal is peace. The divine qualities lead a man to its desired goal i.e. peaceful and happy existence. In the Gita lord Krishna says "Those who are not attached have no intelligence; they have no peace and satisfaction".

Man in the whirlpool of various views get confused, is at a loss to find out his way. Then the Messenger of the Supreme Father comes and calls, "Do never die, never causes death, let death to die and "I am the way, the truth, the goal, none can come to father but by me". So BE CONCENTRIC, BE IDEAL CENTRIC, BE PEACEFUL. ✱

*[Ref: 1. Satyanusaran by Sri Sri Thakur Anukul Chandra 2. Who Thou the Revolutionary by Janardan Mukherjee 3. The New Light from the East by Dr. Rebati Mohan Biswas.]*



Pujyapad Sipai Da attending Canada Satsang 2015

# KEY TO GREATNESS IS GRATEFULNESS

**MANOJ PATRA**

ENGINEER IN GOOGLE  
MOUNTAIN VIEW, CA, USA



*The very thought of thinking about the good done by others to one, makes one feel grateful and humbler. This makes one's brain signal the endocrine system to release more of hormones that makes a person feel happier. A person becomes more loving, forgiving and the soothing effect of calmness accentuates healing. It is indeed true that gratefulness leads to happiness as observed by many philosophers, saints and seers over ages.*

In a recent medical talk, I came across an experiment done at the Yale School of Medicine (Yale University) some years ago. A team of scientist divided a group of patients into two groups. Patients in the groups had similar diseases and were being given similar medicines. The division of the patients had other factors of gender, age etc. also distributed more or less equivalently. One group was secretly asked to do one thing before taking the medicines. These patients were asked to spend about 30 mins to an hour at least 3 times a week and think of people they should be grateful to and write that down with one or two anecdotes. The condition was that the list should not have repetitions of names unless there was a new act of help or kindness they wanted to highlight. This should be a fresh incident since the person's name was last written. Most people wrote about their parents' name, spouse, siblings etc. in the first week itself. Then they started writing about neighbours, colleagues, one off incidents of a helper spending more time thinking and writing the incidents. The second group of patients were not given any special instructions and led their lives as usual.

After about 6-8 weeks of this experimentation it was observed that the medicines were having remarkable effect on the patients and the rate of recovery of those patients was considerably higher than the second group. On an average the medicines were having 4 times more effect.

The very thought of thinking about the good done by others to one, makes one feel grateful and humbler. This makes one's brain signal the endocrine system to release more of hormones that makes a person feel happier. A person becomes more loving, forgiving and the soothing effect of calmness accentuates healing. It is indeed true that gratefulness leads to happiness as observed by many philosophers, saints and seers over ages.

It is a sign of all great people that, they are immensely grateful for small acts of help received from others. Sree Sree Thakur in His holy book the Satyanusaran clearly tells that it is mean or lowly to be ingrate. He also tells it is foolish to get induced by the slander from the benefitted and blame the benefactor. Here is a small incident from the divine life of Sree Sree Thakur revealing the extent of His magnanimity and gratefulness.

In Deoghar, there used to reside a widow with her only son named Raman. She was known to all as "Ramaner ma" (Raman's mother). She had an ill temper and a foul mouth. Quarrelling with others and being slanderous was her second nature. Once a group of people irritated by her tantrums and bickering went with a complaint to Sree Sree Thakur. This time the group of people had some

senior people and the complaint was grave. They wanted and request Sree Sree Thakur to banish her from the ashram or at a minimum ask her to stop coming to Thakur Bari.

Sree Sree Thakur became serious and said, "You know once maa (Mata Manmohini) came with a big concern and told me that there was not a grain left in the kitchen and she was worried how would the Anand Bazar be prepared for that day. There was just no possibility of sight in cooking rice and daal/sabji that day. And it was getting late in the morning. A few kilograms of rice, about a kilogram of dal and some amount was needed for everyday cooking. Mata Manmohini had fixed a ration to consume the items with caution. Despite all such measures the kitchen stocks had emptied and there was no provision. As we all sat and contemplated what could be done, suddenly Ramaner ma came with a basket on her head. Without informing anyone in the ashram and aware of the fact that there was no grain left in kitchen she had left early in the morning to the neighbouring village seeking alms. She dropped the basket and told Maa, 'Take this amount of rice, dal and the cash needed for today'. And she dusted her hands sighing completion of a big task". Sree Sree Thakur then paused a little and then asked the group, "How can I ask that lady to leave, one who fed my family one whole day?". The group felt very ashamed of their demand. They realized that not only one lifetime, if needed Sree Sree Thakur would take care of the lady for multiple lifetimes for that one day's act of selfless service shown by the lady.

Gautama Buddha said, "Let us rise up and be thankful, for if we didn't learn a lot today, at least we learned a little, and if we didn't learn a little, at least we didn't get sick, and if we got sick, at least we didn't die; so, let us all be thankful "

The benefits of gratitude and thankfulness are immense. And reciprocally the ill effects of being ingrate are equally strong. In the holy Satyanusaran, Sree Sree Thakur has warned everyone, 'When the helper is harmed by the helped, stupid pride breaks the bolt of gratitude and throws open the path of death strewn over the thorns of arrogance'.

Being grateful for the kindness, help or assistance received makes oneself great. One should in fact make it a daily habit to be grateful and thankful.

Many people receive service from others and take it for granted like the service of the cleaner, the office boy, the security guard etc. A few however habitually acknowledge their work, give them a pat on the back or talk to them sweetly asking about their wellbeing and unknowingly they influence their own life positively.

Many years ago when the digital world had not taken off and people used to work in factories. In a wintry evening one day a sincere worker kept working and did not get out after the end of day siren went off. Others hurried out of the factory looking forward to the long weekend. When this worker realized that the doors had been closed and he was really later, it dawned on him that his life was at peril. The temperature would plummet to real low value with the heaters off and he would not survive 3 days in that cold climate without food. He started praying but just about half an hour later the lights flickered on and the watchman came inspecting. The man was happy and relieved. He asked the watchman, "What made you come into the factory from your post". The watchman replied, "In 30 years of my service here, you are the only one who greets me every evening at the time of leaving. Today when I did not see you, I thought I would take a look inside".

If being grateful and expressing one's gratitude is so important in life, it should be the first thing I should and must do in my daily life. And to all people who influence and serve me the most. It is also true that real gratitude is not silent, it exalts one to find a way to express oneself. All satsangees do Ishtavrīti soon after getting up. And among the numerous reasons for which Ishtavrīti is done and the innumerable benefits of Ishtavrīti it is a means of expressing one's gratefulness. Through the practice of ishtavrīti we express our gratitude to the Supreme Father for the live we have got and that in itself lays the foundation for the day to push onward, upward and forward in the journey of life. ✧



Celebration of California Annual Satsang 2016

# SATSANG, THE SOLUTION!

**BISWAJIT GOUDA**

*NEW JERSEY, NY, USA*



*We are the seeds (may be a Hindu, Muslim, Christian, Jain or Buddhist whatever name we may identify ourselves with), Satsang provides the soil and environment. The seed has no idea about the tree it has kept inside. Satsang doesn't believe in conversion, because it is beyond religion. It is a platform where it helps to make you closer to the same God or Ideology you are worshipping.*

The God, who is in the sky can neither inspire us for the good deeds we would do, nor would He prevent us from doing bad deeds. Bernard Shaw once warned to beware of the man whose God is in the sky. For swimming, education, singing, dancing, gymnastics, baseball, rowing and so on we look out for a coach who can train us. Don't we need a coach or guide or teacher who has mastered over all the aspects of human life to teach or train us? Imagine having a person in our life who knows the ways of the unknown terrain we are journeying, will that not make our lives easier and faster with less confusions and mistakes along the path. If we have no guide then we may remain as a person with talent, but not that refined talent to participate in the Olympics of life.

Time and again there are extraordinary simple humans with divine personalities were born to guide the world towards betterment. In school in every grade and in each subject we need a different teacher, then don't we need according to the current time, technology and social structures of the world a new guide who has lived at the current times and understands the past guides' teachings to guide us better. Lord Jesus, Prophet Mohammad, Lord Buddha and many other teachers were such guides, masters of the human kind.

When these seers come they are never bounded by any religion, cast, creed or race. They are extra ordinary human beings who gracefully lived amongst the humans to help them out in their way of life. Every man and woman followed them. That's all as it seems and had been so in the past. Rest all other logics (country, religion, etc.) seem immaterial and speaks of division, not of unison. Since we are humans, we need a human being to be attached to. Love for each other will come automatically. Like brothers unite on the birthday of their father or mother forgetting their differences.

There are enough evidences to realize what has happened and been happening after the demise of these great men. All the so called religions formed after them and have been remained now so as to torture each other. The situation of the world is such that one person has the sufficient power to put an end to the whole human race. With so much power we have become more irresponsible and afraid of other human beings. We have forgotten that we all are humans first and our basic needs are the same, though our way of lifestyle may vary according to a region. This is high time that we go beyond all the so called religions and understand that we all are one race, human. Our goal is one as a human being. We came here to live, grow and let others do so because we all are dependent on each other for food, clothes and lot of other things. We were given the world as home and the sky as roof. We built houses and limited ourselves by getting identified to it. We were given lands to roam but we drew borders. We were given paths to attain the beauty of life according to the age by the great teachers but we divided ourselves by religion. We should understand and believe that there is no

religion or Dharma other than existence. We all need a common platform where we all can unite. A platform beyond religion, a platform beyond countries, and a platform beyond whatever possible things we have created in the world which is dividing us.

Satsang is such a platform under its founder and guide Sree Sree Thakur Anukulchandra. Sree Sree Thakur has systematized the all-round progression of the human beings irrespective of cast, creed, religion, region with a living guide according to the current time. We may be hearing the word Satsang for long but the process Sree Sree Thakur has provided to us is unprecedented. Satsang is a super set of the learnings of life. It doesn't ignore any aspect of a human life, may it be spiritual, material, family life, professional, etc. It believes in a balanced life of a human being. Sree Sree Thakur says only a balanced life is a peaceful life. Without food in your stomach and an atmosphere where you would like to live, you cannot meditate. So every aspect of life is of equal importance. Satsang is such a platform where practical execution of Dharma happens. Again, Dharma according to Sree Sree Thakur is where we live and grow along with our environment. Satsang doesn't believe in any other Dharma or 'ism' other than existence-ism.

While I was trying to make sense of the world with all its established beliefs and confusions, I had an opportunity to explore about Sree Sree Thakur Anukulchandra and His way of looking at the world and shaping the human beings. When complaint about a thief came He endowed him with compassion and after enquiring about the thief He gave him more stuff what he may need. That was His punishment which made the thief cry out in love and repent. It drove away his theft nature forever. After giving medicine to a patient, He couldn't sleep until the patient gets cured and used to roam around the house if He can see someone from the family to enquire about the patient. Often times it was weird for the people to see such an absolute concerned doctor. He redefined Love and His life is a demonstration of it. He built school, research lab, mechanical workshops just to make others self-dependant, progressive and happy in a small remote village in the then undivided India. And one day He left everything and walked away with His disciples to Deoghar, India. He built Satsang and everything from ground zero in Deoghar at the age of 58 while feeding thousands of people who came along with Him when He literally had nothing. Each individual can speak of volumes who have come across with Him. Man makes money not the other way around. He says – “Love is my expenditure and man is my income”. Sree Sree Thakur has emphasized on family life. He updated all the old rule books according to the current age. He became the prime object of Love for millions of humans. He kindly set a procedure on how this demonstration of love can continue after Him for the rest of the world. This is where Acharyadev (Living Ideal) and Satsang comes. He blessed us with continuous Acharya system, an apex spiritual leader under whose guidance the people can easily understand how to observe a blissful life. Acharyadev (A guide who has observed all what He is teaching) is needed to understand how to lead the life in a better way, and un-doubtfully a faster way to understand one's own life. Because he guides according to the nature of the humans who come to Him. Everyone is different and they need to be groomed at their own pace and only a living ideal can do that. That is why often He is being termed as fulfiller the best.

I have not seen Sree Sree Thakur but have interacted with Sree Sree Dada, spiritual guide of Satsang who teaches the ideology of Sree Sree Thakur. I have learnt the bengali language and read His books. But when I went to meet Acharyadev Sree Sree Dada then I realized how much jargon I have gathered by just reading the books. This is a common problem with other humans too I realise. Then putting me into different scenarios in life Sree Sree Dada has been refining my concepts about life ever since and makes me understand Sree Sree Thakur and how to observe Him in reality according to my

capacities. I cannot express my feelings in writing on how it is to know someone who knows you better than yourself and there for you to guide along the way all the time.

Everyone is free to choose their own path, but according to me Sree Sree Thakur is the fastest way to stay happily with fulfilling every aspect of a human life with a minimal effort. This is my experience and of my parents, many of my relatives, friends and many other families I have come across with around India and the States. When Jesus Christ came He said "I'm the path and none can come to the father but through me". Also, He further said "I and my father are one".

We are the seeds (may be a Hindu, Muslim, Christian, Jain or Buddhist whatever name we may identify ourselves with), Satsang provides the soil and environment. The seed has no idea about the tree it has kept inside. Satsang doesn't believe in conversion, because it is beyond religion. It is a platform where it helps to make you closer to the same God or Ideology you are worshipping.

*"Conversion ever diverts traditional trail with denial of former Advents- the leading Masters of becoming, but convergence makes all united and inter-interested and makes them keep up the inter-unison of the Prophets according to the ages with progressive run of life creating fellow-feeling from man to man". - Sree Sree Thakur*

Time has come. No more to be identified by any religion, country, cast and creed. But under the name of the one single world teacher. Let the world brotherhood blossom in the lap of time. ✱



*"Passion according to its phase, provokes to tutor aggrandizing ambition in the culture of deluding habits and behaviour; attachment invokes to educate wiseness in the need to fulfil the wishes of the Love with habits and behaviour adjusted, with every meaningful concernment."*

## ONION AND GARLIC

I have a friend whom I have known for 30 years. Recently she asked me why Thakur did not want us to eat onions and garlic. I mentioned this to Bapuda (Subhendra Nayak) and he gave not only a very comprehensive reply, but one I had not been entirely aware of. In his reply Bapuda made it clear, as does Sree Sree Thakur, that if for medical reasons we ever need to use onions and garlic, then that would be perfectly acceptable. But this is for medical reasons only and not for regular food. In the West onions and garlic are known to be effective for inflammations, colds, sore throats etc. And people will speak highly of it, if asked. But there is an area that most people are not aware of. While garlic may be a powerful antibiotic, many people don't realize that it is good at killing bacteria, the good along with the bad! Apparently onions and garlic can cause anemia within a week if you eat enough and have been shown to destroy red blood cells which carry oxygen throughout our bodies.

The Taoists have recognized the set of 5 vegetables in the alliaceous family (garlic, onions, chives, leek and spring onions) cause harm to our organs. Specifically, they believe that onions are harmful to the lungs, garlic to the heart, leeks to the spleen, chives to the liver, and spring onions to the kidneys. On an emotional level, you can read information in various eastern philosophies which indicate their belief that onion and garlic provoke anger and anxiety, and contribute to feelings of sadness. Ayurveda says that they lead to lust and ignorance. ...Buddhist and Taoist meditators also avoid onions and garlic partly because they lead to feelings of passion and lustful urges This distracts us from the spiritual. A private study at Stanford University proved that garlic is actually a poison which penetrates the blood-brain barrier. It desynchronizes our brain waves, leading to significantly reduced reaction time. One former engineer recalls that pilots were asked not to eat garlic at least 72 hours before flying during test flights he worked on in the past. It may even be a significant contributor to chronic headaches and ADD. Below is an extract from a lecture by Dr. Robert C. Beck, DSc, given at the Whole Life Expo, Seattle, WA, USA, March 1996, Nexus Magazine

*"The reason garlic is so toxic, the sulphone hydroxyl ion penetrates the blood-brain barrier, just like DMSO, and is a specific poison for higher life forms and brain cells. We discovered this, much to our horror, when I (Dr. Robert C. Beck) was the world's largest manufacturer of ethical EEG feedback equipment. We'd have people come back from lunch that looked clinically dead on an encephalograph, which we used to calibrate their progress. "Well, what happened?" "Well, I went to an Italian restaurant and there was some garlic in my salad dressing!" So we had them sign things that they wouldn't touch garlic before classes or we were wasting their time, their money and my time. I guess some of you who are pilots or have been in flight tests...I was in flight test engineering in Doc Hallan's group in the 1950s. The flight surgeon would come around every month and remind us: "Don't you dare touch garlic 72 hours before you fly one of our airplanes, because it'll double or triple slow down your reaction time. You're three times slower than you would be if you'd not had a few drops of garlic." Well, we didn't know why for 20 years later, until I owned the Alpha-Metrics Corporation. We were building bio-feed-back equipment and found out that garlic usually desynchronizes our brain waves. So I funded a study at Stanford and, sure enough, they found that it's a poison. You can rub a clove of garlic on your foot—and you can smell it shortly later on your wrists. So it penetrates the body. This is why DMSO smells a lot like garlic: that sulphone hydroxyl ion penetrates all the barriers including the corpus callosum in the brain. Any of you who are organic gardeners know that if you don't want to use DDT, garlic will kill anything in the way of insects. Now, most people have heard most of their lives garlic is good for you, and we put those people in the same class of ignorance as the mothers who at the turn of the century would buy morphine sulphate in the drugstore and give it to their babies to put 'em to sleep. If you have any patients who have low-grade headaches or attention deficit disorder, they can't quite focus on the computer in the afternoon, just do an experiment—you owe it to yourselves. Take these people off garlic and see how much better they get, very very shortly. And then let them eat a little garlic after about three weeks. They'll say, "My God, I had no idea that this was the cause of our problems." And this includes the de-skunked garlics, Kyolic, some of the other products. Very unpopular, but I've got to tell you the truth."*

Sree Sree Thakur knew all about the science of onions and garlic. His only aim was to bring that awareness to the rest of humanity. It is good to know that at least some individuals were aware of some of these laws and tried to spread that awareness to others!

**By: Gisela Litchgarn, Unionville, CT, USA**



*Momentum*

*In*

*Life*

To comply with the wishes of Beloved the Superior with every uphill contentment in the shortest reaction-time, is the crucial measure to test that the complexes are adjusted with a meaningful achievement.

# *Contributions From*

---

- ❖ *Pradeep Kumar Biswal*
- ❖ *Sushant Mohanty*
- ❖ *Rajarshi Roy*
- ❖ *Pradyot K Nayak*
- ❖ *Ms. Maya Basu*
- ❖ *Tusar Swain / Madhusmita Swain*
- ❖ *Ms. Papia Das*
- ❖ *Anataryami Sahu*
- ❖ *Prashant Panda*
- ❖ *Kiran K Roy*
- ❖ *Ms. Rimi Mohanty*

# SCIENTIFIC VIEWS ON FORMATION OF IDEAL CONCENTRIC SOCIETY

**PRADEEP KUMAR BISWAL**

RESEARCH SCHOLAR, DEPARTMENT OF CSE  
IIT GUWAHATI, INDIA



*According to Sree Sree Thakur, there is no conflict in philosophy and science with religion or Dharma. All these three can work together for welfare of man and of the whole universe. He says science and philosophy are needless when they fail to uphold the principles of life and to fulfil the Dharma which leads a man to realise the perfection that is already in him.*

Divinity appears on the earth in human form in different eras to diminish human sufferings and draw human being out of darkness into light and from the cobweb of superstitions to truth and reality, by upholding the divine qualities through such manifestation. Such Saviours are uncommonly common and live like anyone of us, with family, relatives and friends. Sree Sree Thakur Anukulchandra is such a living embodiment of Truth and God in the present century. He has been accepted and worshiped as the Prophet, the Purushottam, the Sadguru, the Ishta and the Living Ideal of the modern age by millions of persons within India and abroad--irrespective of caste, religion, nationality and race. His primary mission is "Being and Becoming" of human, which is life and growth of one and all. Since everyone has aim to live and prosper, thus, according to Him whatever is needed to fulfil the life and growth of every individual along with his environment is one's first and foremost duty.

Sree Sree Thakur gives three easy weapons to the society; Jajan, Jaajan and Istabhriti. Jajan adjusts a man in such a manner that his being is processed by the Ideal and is engaged with His thoughts solely. This helps him in controlling and meaningfully adjusting his complexes, his passions and emotions and finally makes him mentally and physically stronger. By Jaajan, one starts to serve the society in such a way that every individual becomes inspired and exalted towards the Living Ideal and the God. The third one, Ishtabhriti, is the love-offering to the Living Ideal with all reverence. In other words, it is an act of sacrifice in our daily life for the God, sacrifice for the Seers, sacrifice for the Human races and sacrifice for all living beings in the society. Observing Jajan, Jaajan and Ishtabhriti daily makes a man co-ordinated, integrated and adjusted and thus the path of becoming becomes glorious and successful with the highest scope of expansion. The society should be shaped in such a manner that every individual becomes empathetic towards other fellow beings. Through this way, run of life of one and, thereby all is moduled towards becoming, and then only a healthy, efficient and strong society and nation can exist.

According to Sree Sree Thakur, there is no conflict in philosophy and science with religion or Dharma. All these three can work together for welfare of man and of the whole universe. He says science and philosophy are needless when they fail to uphold the principles of life and to fulfil the Dharma which leads a man to realise the perfection that is already in him. Sree Sree Thakur was not a scientist at the time He preached the above teachings. But with His deep insight into the fundamental principles of science and its applications in real world, He could amass an amazing knowledge of science and laws therewith. Sree Sree Thakur could perceive that neither molecule nor atom is the

ultimate particle of the matter which constitutes the basis for all the materials on this earth. But He could perceive that it is the quanta of energy and their interactions which determine the physical and chemical properties of matter. He also mentioned that the specific type of harmony amongst the fundamental energy particles are responsible for physical existence of the matter. He realized all these concepts through His spiritual knowledge only, whereas modern science could discover these concepts through the scientific research of Madam Curie on radio-activity and Einstein's famous hypothesis on conversion of mass into energy and vice versa.

Sound, according to Him, is generated through vibration and is transmitted through a physical medium. It cannot travel in vacuum, that is why Sree Sree Thakur views that we cannot hear any sound of an unending series of nuclear explosions occurring in the Sun or any other star even if huge amount of vibration is created there. He perceives that the entire energy of the universe can be explained through the theory of energy waves. He termed these energy waves as vibrations which have an amazing effect when applied on any object, person, plant, animal or human being. It is a well-known fact that many organs of human body having maladjustments can be brought into normal order through electric impulses. Now-a-days, in modern medical surgery, kidney stones, gallbladder stones can be dissolved or broken up by "sonar" or sound vibrations. Thus, Sree Sree Thakur has advised us to have a deep insight into the sound thrill and measure the vibrating thrill of different objects in different conditions accordingly.

Good physical health and healthy mind are essential for the progressive advancement of humanity. Sree Sree Thakur has considered this matter from scientific point of view by giving importance to type of food. According to Him, food not only satisfies the hunger but also easily gets absorbed in the digestive system and gives nourishment and vitality to human body. The superiority of vegetarian food over animal food in maintaining the balance amongst a body's biological processes has been emphasized by Him.

He has given maximum emphasis on marriage and eugenic science, for production of good and healthy progeny, that leads to attainment of superior becoming. Sree Sree Thakur has strongly advised to obey the principle of marriage as laid down in "Varnashram", which is extremely scientific in nature. According to Him, marriage should be arranged between a male and a female considering their compatibility in heredity, education, character, health, age, culture and conduct. The most essential prerequisite for marriage is that a male should marry a female of similar or a little lower heredity and a female should marry a male of similar or fulfilling higher heredity. Any deviation from this principle creates incompatible marriage which degrades the characteristics of offspring. Thus, a healthy society can be formulated by strictly following all these guidelines of compatible marriage.

Sree Sree Thakur's vast range of literature covers all aspects of human life and all subjects concerning man's existence and growth. If a large number of people assemble under the banner of a single Living Ideal through the medium of initiation and follow His sayings whole heartedly, then an Ideal Concentric Society can be created. This ideal concentric society shall never hamper the existence-nurturing, self-interest and characteristics of anybody, but surely would accelerate the "Being and Becoming" in every individual. Let us come forward, be a part of this movement and propagate the holy messages of Sree Sree Thakur Anukulchandra all over the world. Let His blessings be on us and the whole atmosphere be resonant with the vibration of "**Bande Purushottamam**". ✱

*"When science embrace religion with meaning and means keenly, and fulfils each other with kisses and riches, -  
heaven comes down through the royal road of knowledge to flourish all - with elixir and bliss!"*

# SATSANG ON THE WHEELS

**SUSHANT MOHANTY**

TANZANIA



*Sree Sree Thakur left no stone unturned to fulfil the mission of Satsang. He had watchfully inspected all the minutest angles to move forward the Vehicle named Satsang. Looking at all the loop holes and deficiencies of similar organization of past, He modelled four major wheels of this Chariot for its uninterrupted and faultless functioning. These major pillars were well identified and conveyed during His life time.*

‘**SATSANG** will rescue the world’ was opined assertively by Supreme Beloved Sree Sree Thakur (Sree Anukulchandra Chakraborty), the founder and life center of this organization. The objective of SATSANG [Lover of Existence] lies in the very word itself. The origin of this word is derivative of two Sanskrit words. ‘SAT’ is derived from root word ‘aash’ purports existence, Presence and ‘SANG’ is derived from the root word ‘Sanaj’ means attachment, Love and togetherness. Hence the objective of Satsang is to Love the existence for oneself and for others.

Boldly proclaiming about the future of Satsang, Sree Sree Thakur said: “No power can harm Satsang. The Chariot of Jagananth had started moving. What to tell about others, even I cannot stop this momentum. If I go against whatever I had delivered till now, People will start saying Thakur had gone mad. Basically this Chariot will move on and on. I haven’t given anything from my side. Looking at the condition of the country, I feel all the substances belong to Supreme father. A day will come that SATSANG will become the rescuer of the whole world.” This statement of Thakur has been proved prophetic with several attempt by various power houses to freeze down the normal proceedings of Satsang has been defused and nullified.

Sree Sree Thakur has vividly explained the role of the Satsang in present context. As per Him. “The substances conveyed by earlier prophets were preface. At present you all are learning the lesson that you will sustain to move ahead. Thakur has given the solution to follow for thousands of years to come. In earlier stages the stuffs were given in fragmented form, but now it has been lucidly presented with a harmonious integration of those fragmented information”.

Sree Sree Thakur left no stone unturned to fulfil the mission of Satsang. He had watchfully inspected all the minutest angles to move forward the Vehicle named Satsang. Looking at all the loop holes and deficiencies of similar organization of past, He modelled four major wheels of this Chariot for its uninterrupted and faultless functioning. These major pillars were well identified and conveyed during His life time. In response to a query about the smooth functioning of Satsang and adherences, Sree Sree Thakur pleaded that He had left four key components to be followed and practiced to awaken the mastery within oneself.

**SATNAM** [Holy Name]: The perception of Satnam is an age old phenomena. Bhagwan Manu writes in Patanjali that Mantra helps to refraining human mind from complexes. Each disciples of Sree Sree Thakur receives the Holy Name [Satnam] through the process of initiation [Sat Diksha]. According to Thakur the Holy Name makes the person sharper. Continuous Practice of Mantra [Holy Name] helps in developing concentration, fostering peace, increasing stability and sensitivity, induces positive and

curative force in mind. The Holy Name keeps alive the coordination between body, mind and soul. The Supreme Man of the era [Yuga Purushottam] is the live emblem of the highest evolved Holy Name of the age. During the trance Thakur said that “I am the Sound. Sound is my creation; therefore, you are created by me. Only sound is your spirit, no doubt.” From the above statement it is clearly understood that Sree Sree Thakur is the conscious manifestation of Holy Name that is imparted at the time of initiation. Holy name is the vibratory image of the causative being. This Holy Name is evolved into you, me and everything else in this world. He who is the causative Being is transformed into spiritual and material planes. Sree Sree Thakur once said – “I’m an uncomprehend being. There was no one like Me before and no one will come after me. Essence of any vibration is present in the Holy Name. So it is aptly called nameless Name. If you culture this Holy name properly with adherence to the Ideal, then your past will be unfolded before you”.

**Literature:** plays a vital role in broadening and mustering the ideology, doctrines and mission of any Organization. Sree Sree Thakur was exceedingly careful in this domain and ensured all his discourses, verses, preaching were written, verified and published and stored for the generations to come. The famous collection of His discourses in the form of “Alochana Prasange” were written, read and printed during His life time. All the verses were also double checked by Thakur Himself before it went to the publication house. The profundity of the Thakur’s literature is quite uncommon and carries an in-depth weightage to resolve the problem of the time. This is very evident from an incident when Nobel Laureate Rabindranath Thakur was reading the Holy Satyanusaran written by Sree Sree Thakur at the age twenty-two. Going through the lines of the book he queried thrice with an astonishing gesture on his face to the presenter of the book “Who had written this book at the age Twenty-two” and expressed his wish that he would had love to meet the writer, if his age would have allowed him. During His life time Sree Sree Thakur have delivered around 10,392 verses in Bengali prose form and around 2,469 verses in English. Apart from this Thakur had replied to in numerous queries encompassing every aspects of life that is compiled in the form of Alochana prasanga and until now 22 volumes has been published and still some are yet to be published. In English language Sree Sree Thakur’s message has been published in nine volumes. Once Thakur had said “My message is my life’s materialized maxim”. Regarding, His literature Thakur told that “I have said enough to the extent whatsoever is possible to express in my imagination and language. I feel, if someone reads my literature carefully then he will not be blind. I haven’t said anything one sided, and have considered all the angles and I haven’t left any stone unturned. Anything I haven’t said that can be inferred from those sayings”. Sree Sree Thakur further said “I have answered to your quest what I see, what I think, what I know is beneficial to our life and growth with every blazing outspoken reply. As far as I conceive. Do what you think good for yourself, your family, your country may you be anointed with bliss”.

**RITWICK SANG** [Guardian of Society]: Sree Sree Thakur formed an elite and seasoned group and named it as Ritwick Sanga [is termed as guardian of society]. He has endowed massive responsibilities on the workers of Satsang. As per Thakur “Your responsibility is much greater than that of a Commander-in-Chief in the battle field. Your fight is against death, disease, disintegration, ignorance and poverty. See, that not even a single moment of your life is wasted in this battle. Your only duty is to fulfil the need and desire of the Supreme Father. Address yourself to this task with all the earnestness of your soul, force of your determination and tenacity of your zeal. You will see, how by virtue of your austere endeavour impossible has become possible. Out of deeper penance emanates personated decision. One cannot but carry out the decision which emanates from every fibre of one’s being. We have to make all round preparation covering all aspects so as to enable us to do away with all sorts of human poverty, sorrows, sufferings and discontents, and to show to the word what is true freedom and progress”. Hence the progress of the society has been entrusted on Ritwicks which can

only be accomplished by the virtue of the act and dedication. At the moment the Satsang America is on the verge of standing on its feet to fulfil the wishes of Sree Sree Thakur and Achrayadev. Hence it is the primary and foremost aim of all of us to fulfil His wishes. To keep the workers and Ritwicks active, Sree Sree Thakur started Quarterly Workers conferences to discuss the performance and hurdles and get the directions for the action plans from Achrayadev.

**ACHRAYADEV:** The Living Ideal. HE who does and demonstrates to the disciples to accomplish and describes the scriptures (including the Master's doctrines) genuinely by maintaining its authenticity is termed as Achraya [Spiritual Preceptor]. Discipline comes from discipleship and discipleship is attained by following Achraya. While Sree Sree Thakur was in His mortal frame He was Achraya. Further, in regards to successive Achrayas, Sree Sree Thakur had said that, if anyone in the family of Avatar Purush (incarnated person), who is whole-heartedly devoted, dedicated, lovable and serviceable, He who can efficiently manage and sustain His doctrines, sympathizing attitude, maintains uniformity, aversion to the position, prudent administrator, non-rebellious approach, ever affectionate should be followed. If any person of such qualities are not available in His family members, then follow the one who is Son by Culture till you find the above qualities in the family of Avtar Purush. Sree Sree Thakur chooses His eldest son Sree Sree Boroda [Sree Amarendranath Chakroborthy] to be his successor and bestowed him all the authorities and responsibilities to run the entire proceedings of Satsang. In spite of many untold obstacles Sree Sree Boroda broadened the horizon of Satsang by leaps and bounds and became hope for millions of disciples of Satsang as a Living Ideal.

Let me narrate an incidence in the context, that Achraya should be considered as Living Ideal. Once Mr. David (a devotee from USA) asked to Sree Sree Boroda " Sri Sri Thakur is our Living Ideal, but He is no more, At Present who is our Living Ideal?" In response Sree Sree Boroda said "Sree Sree Thakur is our Living Ideal". I understand, Sree Sree Thakur is our Living Ideal, but He is no more. So who is our present Living Ideal?" David da reiterated same question. Sree Sree Boroda response was the same as earlier, but David da kept on repeating the same question. Sree Sree Boroda replied "You can take me as your Living Ideal now, but Sree Sree Thakur is our LIVING IDEAL." But an important point to be noted here that Sree Sree Boroda had never ever projected himself as Achrayadev, rather He had always said he was trying to be a pet dog of Sree Sree Thakur. Sree Sree Boroda's lucid explanation to the vast ocean of Thakur's literature got more clarity than ever before. His farsighted guidance gave new dimension to Satsang. With the passage of time. Sree Sree Boroda bestowed all the day-today activities of Satsang to his eldest son Sree Sree Dada [Revered Ashok Chakroborthy], the present Achrayadev of Satsang. Sree Sree Dada is striving day in and day out to generate Ishtabodha (Lord's consciousness) in the hearts and souls of millions at this age of eighty-four. Like Sree Sree Dada was to Sree Sree Boroda, similarly Revered Babai da (present Achrayadev's eldest son) is proving same for his father. With Babai da's active devotion, valorous adherence, soothing personality revealed in His words, deeds, gesture and behaviour is paving a healthy and sound leadership for the Satsang in future. The mission, vision and objective of Satsang as laid down by Sree Sree Thakur can only be materialized only if the command and wishes of Achrayadev are fulfilled. The above three tenets [Satnam, Litreture & Ritwick Sang] are followed by ignoring Achrayadev, is an irreparable blunder but the vice versa will beget a meaningful assimilation of all the four wheels Satsang else No other alternative. ✽

*[References: Dhritibani Magazine published by Delhi Satsang Vihar on 2013 on the occasion 125th birthday day celebration of Sree Sree Thakur at Delhi.]*



California Annual Satsang 2016

# CONSCIOUSNESS, SUPER CONSCIOUSNESS AND SREE SREE THAKUR ANUKULCHANDRA

**RAJARSHI ROY**

SENIOR IT CONSULTANT, LONDON, UK



*Whenever we experience a major growth experience, we experience a shift in our consciousness. We shed old ways of thinking and embrace new ones. We learn to use our consciousness in new ways. There is no way to entirely compartmentalize our life and work only on one or more of the components without paying attention to the big picture. Our consciousness is the glue that binds everything together. It is the only place where we have the power to create change.*

In contemporary time, we often use the term consciousness in our everyday discussions, which is a fundamental component of our human existence. It drives many different areas of our existence, including understanding the nature of reality, beliefs, spirituality, purpose, and achieving lasting happiness.

According to the Merriam Webster dictionary, consciousness is the “state or quality of awareness or, of being aware of an external object or something within oneself”. William G Farthing has defined it as “sentience, awareness, subjectivity, the ability to experience or to feel, wakefulness, having a sense of selfhood, and the executive control system of the mind” in his famous book ‘The Psychology of Consciousness’. Professor Max Velmans and Susan Schneider defined it as “Anything that we are aware of at a given moment forms part of our consciousness, making conscious experience at once the most familiar and most mysterious aspect of our lives” in the famous book ‘The Blackwell Companion to Consciousness’. Despite the complexity in definition, many philosophers believe that there is a broadly shared underlying intuition about what consciousness is.

Sree Sree Thakur Anukulchandra, the greatest seer and prophet of current age, defined consciousness as follows: “The basic element by which we can discern anything with its feeling and properties is consciousness, which cometh from super conscious flow with graduated materializing form that all consciousness may be conscientious in conflict with others.” (*Message Vol VIII*). This is the most comprehensive definition of consciousness so far which facilitates human mind to differentiate the feeling and properties of any object.

Why should we study consciousness?

Our power as a human being lies with our consciousness. It is the seat of our free will, our ability to choose. If we can improve our ability to use our consciousness, we can radically change our experience of life for the better.

How we use our consciousness will largely determine how we experience reality, more so than any external events, which happen to us. For example, if we perceive our existence as painful in some way (overly difficult, depressing, boring, frustrating, etc.), then we can attempt to rectify this problem in two ways. We can work on trying to change external reality (make more money, switch jobs, lose

weight, find a mate, etc.), or we can develop our consciousness to the point where we are able to wield greater control over our thoughts and thereby simply intend the pain to leave.

Whichever solution we attempt depends on how we define the source of the pain. If we define something external to ourselves as the source of the pain, then we have to tackle that external source. Sometimes that is easy, but sometimes it is nearly impossible. Moreover, if we have an external pain source we cannot eliminate, then we are stuck in a state of helplessness and we still have to experience the pain.

That means the source of our pain is our own thoughts, so our solution is to change our thoughts. This is one of the key skills of consciousness. If we lack this skill, then we cannot reliably use this method to eliminate pain. We will simply recreate the pain repeatedly. For example, we may feel stressed and worried and cannot seem to stop thinking the thoughts that induce stress and worry in our body. However, as we develop greater skill with our consciousness, we can learn how to create peace by changing our thoughts. This is the most powerful solution because then no matter, what happens externally, we always have a pathway away from pain. Therefore, I would say that developing our consciousness would do us far better in the end than any other skills we might develop. Now question is how we can improve our consciousness to the next level. We'll explore the answer towards the end of the article.

What does this have to do with personal development? Whenever we experience a major growth experience, we experience a shift in our consciousness. We shed old ways of thinking and embrace new ones. We learn to use our consciousness in new ways. There is no way to entirely compartmentalize our life and work only on one or more of the components without paying attention to the big picture. Our consciousness is the glue that binds everything together. It is the only place where we have the power to create change. No matter how much time we invest working on the low-level elements, it will not create nearly as much long-term growth as working on our consciousness directly. This will be almost entirely an intellectual process, whereby the goal is to reach a higher level of consciousness.

There are several ways to raise our consciousness. I am going to pursue an intellectual approach, meaning that we will attempt to use our minds, knowledge and logic to better understand consciousness itself. Certainly, our actions will produce results in our life, but which actions should we take? Logic and reason can help us to decide how to get things done, and they can help us break large projects into small steps. If we know the questions, logical thinking can help us find the answers.

Now what is the driving force for us for the questions to be asked? Driving force for our quest is our consciousness. Our level of consciousness will determine the big questions and answers in our life.

Sree Sree Thakur Anukulchandra has defined the scientific connections among human existences, growth of every individuals and consciousness and how practical application of Dharma can alleviate the level of consciousness in details in the following eternal message:

*“Being is instinct with existence, consciousness and blissful becoming.  
This is spontaneously resisting evil, which is unfavourable to existence.  
What is nurturing to existence, consciousness and blissful becoming is Dharma.  
Dharma is embodied in living ideal  
Initiation by the living ideal (attachment to living idea) beget adherence.  
Adherence brings adjustment of complexes  
Adjustment of complexes invites uphold of existence.*

*Uphold of existence brings compassionate sympathy.  
Compassionate sympathy gives birth to integration.  
Integration welcomes power.  
Power invokes harmonious total growth.  
And that uphold of existence gives rise to deep concentration.  
From Deep concentration comes ...  
The great awakening of supreme consciousness”*

Sree Sree Thakur used the term Dharma as it was used to be in Vedic age. It is not translated version of English word ‘Religion’ into Sanskrit. In short, Dharma consists all aspects of human life including our existence, growth and consciousness. To fulfil Dharma, we need to attach ourselves with living ideal in the process of initiation. Ultimately, by adhering with ideal after taking initiation we can achieve supreme consciousness.

Earlier we mentioned how consciousness can bring peace in our mind in apparent difficult or stress full situation. In that context Sree Sree Thakur has mentioned in Satyanusaran - “Misery and happiness are both modes of mind. To lack the thoughts and deeds befitting the desire is misery. You may serve the world in a thousand ways, but you cannot destroy its misery until the sense of inadequacy be removed from the heart. Dharma alone can do that”

Although, we know consciousness can bring peace in mind but Dharma can keep consciousness alive in human mind to bring happiness.

Again Sree Sree Thakur is saying: “Conscious throb evolves into conscience through the impulse of the environment and keeps life awake imparting gradual growth through the nurture of the environment.”

Here Sree Sree Thakur has explained eloquently how conscious mind can impart growth in his/her life in most ethical way after taking care of his/her environment.

So clearly, it is important that every sensitive human being should study about consciousness and how its level in individuals can be increased to make our life much easier and much simpler. When we learn to use our consciousness in much deeper way in our everyday life events then we can also learn how to create pleasure for ourselves by inducing the states of mind like peace and happiness under the situations of great external stress and hardship when practically we may not have the necessary control to fix our external environment which are apparent source of stress and hardship.

However, with some regular scientific practices we can use and increase our consciousness in such a way that we can avoid suffering for ourselves and our environment to great extent. This can be achieved very easily by attaching ourselves with the living ideal Sree Sree Thakur Anukulchandra after taking initiation to fulfil Dharma in most practical way across the human civilizations. ✱

### **Bande Purushattam**

[Author can be reached out at [RRoy.SatsangUK@yahoo.co.uk](mailto:RRoy.SatsangUK@yahoo.co.uk)

*“Lucid love with fertile vigilance, wishes to discern things consistent with the love  
with a steady attachment; passionate turbidity always goes without inquisitiveness,  
to a sterile satisfaction, with a flickering monotony.”*

# HAPPINESS

**PRADYOT KUMAR NAYAK**

ODISHA, INDIA



*This “good life” is happiness itself. It is realized through faith and good deeds. This does not mean that we will not face difficulties in our good life. Our worldly lives, even when they are bolstered by faith and good works, are never free from distress and vexations. This world is the abode of toil, as Allah says: “Certainly We have created man to be in toil.”*

On a cloudy day, the clouds hide the sun, but the sun is always there in the sky.

Happiness is like the sun, it is often hidden by the clouds of thoughts and worries. You have to scatter and dissolve the clouds - your thoughts and worries, so you can experience happiness.

You don't have to create happiness, because though you may not believe it, it is part of your essence, but is just hidden. All you have to do is calm down your mind and feelings, because when there is a quiet mind and inner peace, happiness emerges from within you.

A happy mind can make you conquer all the troubles that come in your way. It keeps you healthy and provides energy to go on. Hence we should try to extract happiness from everything that we face; whatever situation comes to us we must see that it is the wish of Supreme Father and our well-being remains in His wish, and whoever is unable to feel the bliss, we should try to make him feel it.

Sree Sree Thakur says: - “Roll on- Like a flood Over the sorrows, sufferings and calamities of the World, - with love, sympathy and services and with the message of Beloved the Lord, - with a knowledge and activity that illuminates the way of the dull, and decorating depressed: - flow on- extremely unresting and undisturbed...”

If we judge the lives of Prophets we may find these attributes, and we should try to develop this attribute in our daily activities, that will make us a real devotee. If we ourselves be happy and work on to bloom happiness everywhere then world will very soon become a beautiful place to live in.

Christ knew everything beforehand, about the forthcoming crucifixion and the Judas Kiss, but did He break down or change His course of life? No, rather He went on doing His work with a happy mind and jouissance and kept guiding and protecting us. Similarly, if we see the lives of Gautama Buddha or Prophet Mohammed, even in great distress, we never find Them breaking down, rather They lived their life being happy and spreading happiness.

This “good life” is happiness itself. It is realized through faith and good deeds. This does not mean that we will not face difficulties in our good life. Our worldly lives, even when they are bolstered by faith and good works, are never free from distress and vexations. This world is the abode of toil, as Allah says: “Certainly We have created man to be in toil.” [Sûrah al-Balad: 90]

All that we are is the result of what we have thought. It is founded on our thoughts. It is made up of our thoughts. If one speaks or acts with an evil thought, pain follows one, as the wheel follows

the foot of the ox that draws the wagon. If one speaks or acts with a pure thought, happiness follows one, like a shadow that never leaves. (*Dhammapada 1-2 / Müller & Maguire, 2002*)

Many have betrayed many have tried to harass in all possible ways, many heart breaking, intolerable situations have come in thousand different ways in the life of Sree Sree Thakur Anukulchandra, but we never find Him becoming low-spirited or depressed.

He is the living embodiment of happiness and has always elated us to advance in the path of Dharma. Just a glimpse of Him makes a forlorn man enlivening, just as now the glimpse of Acharyadev Sree Sree Dada makes us feel.

We should try to avoid all those things that may bring gloom in our mind, like an ocean we should expand our life so that we can accept everything that comes to us and yet be delightful with what we have.

Sree Sree Thakur says in Satyanusaran: -

“Contraction is dejection. Expansion is delight. There is a lack of happiness in that which brings weakness and fear in the heart and that is grief.

Desires unfulfilled is misery. Don't expect anything. Be prepared for every situation. What can grief do to you?

Nobody is miserable by nature. If one wishes, he can drive it out.

Pray to Supreme Father: Thy will is good. I don't know what will make me good. Let Thy will be Fulfilled in me. And be ready to accept that. Joy will remain and sorrow will not touch you.

Be not the cause of another's grief; none will be the cause of your grief.

Misery and happiness are both modes of mind. To lack the thoughts and deeds befitting the desires is misery. You may serve the world in a thousand ways, but you cannot destroy its misery until the sense of inadequacy be removed from the heart. Dharma alone can do that.”

Sree Sree Dada told in 302nd All India Satsang Ritwik Conference: - “...When we become bigger, we become full of joy. When we possess well-being Sree Sree Thakur becomes happy. In our happiness and joy lie His joy and happiness. Never give indulgence to sorrow. Sorrow may naturally come. In the days of sorrow, we remember Him more frequently. One brother said he was suffering from pain in his legs. I told him- Pain is good. If there is no pain, we tend to forget Thakur. When we remain in suffering, we tend to remember Him. If feels like there is no way other than Him. We continue to move on with Him. Pains, sufferings, sorrow-all these are tests. We should go on doing all that we should do. Realisation dawns through doing with dedication. There is no other way.....” \*

*“When love betrays the Love with a rationalized, hypocritic pierce, urge rebounds, conscience pricks, weakness winks, vainglory screams with all its ambitious tendrils, false appeasement flowers intoxicated with the blackening obnoxious, zeal comes forth with an odious fragrance, cynic insincerity crawls with a power-loving aspirations!”*

# LIFE'S JOURNEY

**MS. MAYA BASU**

DEPT. OF HEALTH SCIENCE  
UNIVERSITY OF TENNESSEE, USA



*Though many books exist describing how to do many things, without a teacher to function as this funnel, it is hard to practically gain any skill set. So if we want to learn how to live a full and beautiful life and take our lives to the next level, we are also in need of such a teacher. For me, I'd want a teacher who is sincerely a master of His subject. I'd want a teacher who upholds and lives these ideals, who is Himself an Ideal man. I'd want a teacher who always wants and knows what is best for me, who believes in me, and in whom I can place my entire faith and trust.*

Imagine that you are in the middle of a dark forest, inside of a cabin. All of a sudden, you hear the loud roar of a bear outside in the wilderness, but there is no light anywhere so that you can see. You just hear the roar of a ferocious beast somewhere outside and the mind becomes overcome with fear, for you do not know where the bear is. Now, imagine the same scenario, but this time you have a light with which you can see outside. The mind loses its fear because at least it can see and know where the bear is. The difference here in being afraid or not is whether or not one has this light or knowledge, for not knowing can bring fear into one's mind. It is this light which ushers in that knowledge and lack of fear. The light in our life is Sree Sree Thakur Anukulchandra, the dispeller of ignorance. By attaching ourselves to Him, the One who knows all, and knowing that His will is good, we may become fearless. So whenever we feel afraid, if we move from the side of our mind over to the side of Thakur, then we don't feel afraid anymore.

Now imagine during a long trekking journey you are parched and desperately want some water, but your water bottle is completely empty. Suddenly, you find a waterfall on your way, and decide to fill up your water bottle to drink. With all of its force and all of its power, it is very difficult to fill up your water bottle directly from the waterfall. However, by some good fortune if you have a funnel, that funnel can channel the water from the immense waterfall into your water bottle, thus filling it up. How refreshing that water will taste!

Our journey through this life is much like this trekking journey. In each and every one of our lives we need a funnel like this to channel the immensity of knowledge into us, these smaller vessels. Though many books exist describing how to do many things, without a teacher to function as this funnel, it is hard to practically gain any skill set. So if we want to learn how to live a full and beautiful life and take our lives to the next level, we are also in need of such a teacher. For me, I'd want a teacher who is sincerely a master of His subject. I'd want a teacher who upholds and lives these ideals, who is Himself an Ideal man. I'd want a teacher who always wants and knows what is best for me, who believes in me, and in whom I can place my entire faith and trust. This is why I need Acharyadev Sree Sree Dada and Reverend Babai Dada, because I don't want to live a life in darkness. By Thakur's grace I have got such a friend who is my guide to show me a path of light.

I offer my sincere obscene to my beloved guide, trying to make whom happy this life may become meaningful, and I pray that each and every one reading this may continue to take their life to the next level and enjoy life in the shelter of Benign Lord Sree Sree Thakur. ✱

# SREE SREE THAKUR'S TEACHINGS FOR THE GROWTH & PROSPERITY OF LIFE

**TUSAR SWAIN**

*VICE PRESIDENT, SATSANG USA  
NORTH CAROLINA, USA*



*According to Sree Sree Thakur - husband should follow the ideal, wife should follow husband and kids should follow the parents. If this will happen in family, then everybody will be in their own place but concentric to one interest. So there will not be any misunderstanding and conflict, like in the solar system.*

Human being is the greatest creation of God. As the greatest creation they always want to be in the top most position in each and every aspect of their personal and professional life. They want to achieve all type of happiness and prosperity in their life. For that they adopt different tricks, principles and tactics. Some are previously proven and some are new invented by their own or some they adopt from others. But Sree Sree Thakur's principles and teachings are so useful and easy to follow to achieve each and every type of happiness and success in the life.

**Initiation:** Due to initiation first thing we have to do is Ishtavrity. It should be done before sunrise. For that you have to wake up early, to wake up early you have to go to bed early too. Indirectly we are following the very good saying:

*Early to bed and early to rise makes a man healthy, wealthy and wise.*

Another thing after ishtavrity we have to do prayer. So indirectly we are more discipline and bowing our head in front of God to get His blessings every day. When start of the day is good, the rest will be good automatically. Another thing after prayer we use to bow our head in front of our parents and elders. When we practice this in our day to day life, slowly our ego started dissolving. When our ego is lesser, it is easy for us to be friendly with others and open to learn good things from others.

**The Holy Name & Meditation:** As an initiated person by Sree Sree Thakur we have to repeat the Holy Name all the time and do meditation morning and evening. "Repetition of Name makes a man keen, and Meditation or 'Dhyan' makes him calm and receptive ". When we will be calm and receptive, then we can receive more. Now these day due to the hectic schedule and work life most of the people are mentally disturbed in their life which impacts their health too. To get rid of that some people are spending lots of money to go to different meditation and other spiritual classes to get peace of mind and having a balanced life. With the grace of Sree Sree Thakur, unknowingly we are achieving these things in our home without spending money.

**Solving Family Problems:** Now these days' people have lot of family problems due to hectic work schedule, kids, friends. But according to Sree Sree Thakur - husband should follow the ideal, wife should follow husband and kids should follow the parents. If this will happen in family, then everybody will be in their own place but concentric to one interest. So there will not be any misunderstanding and

conflict, like in the solar system. Sun is in the middle and all the planets are in their own orbit revolving around sun without losing their identity. The whole universe is safe. Think if any one planet starts to move from its path then the total universe will destroy like in our family.

**Ishtavrity:** This is a very unique way to the path of growth. Though it has vast meaning. All the initiated people should offer something to the lord every day before they start their daily activities (before sunrise). For making this easy for everyone this is in terms of money (there is no amount constraint). Though it seems to be a very mechanical process but due to that as offering money to the Ideal everyday slowly greediness towards money goes down and humbleness takes place in our heart. "Almost all the miseries men have in the world come from the addiction to 'Kamini-Kanchan' (women and gold/money). It is better to remain as far away as possible from these two".

**Vegetarian Diet:** Though it is not compulsory for everyone to have vegetarian diet for the initiated people, but Sree Sree Thakur emphasise more on vegetarian diet. It will make your body calm and away from anxieties.

In the other way non-vegetarian diet contains toxins which will store in our body, which is a biggest reason for different type of chronic disease. Our human digestive system is not designed to consume non-vegetarian diet. Vegetarian diet will help our body and mind healthy, so it helps us to live longer.

Another thing is that when we do meditation with chanting the holy name, melatonin juice secrets from the pineal gland present in our brain. This helps our body cells to be active for longer time that's why our life span will also increase.

**Swastayani:** Thakur introduced most important process/principle. It has five basic things to do. According to this whatever good thought is coming to our mind we have to do that in action immediately. Lots of thing good and bad thoughts comes to our mind. But due to laziness we do not practicing to do follow the good thoughts. But if we can try to do that then practice such a practice that can do wonders.

According to Swastayani, the money we keep for swastayani we should take some amount from it to invest in business and when we get profit then again we have to keep the money back again. So it just like a bank. If we will practice this then we can grow financially. According to Thakur if we follow this we and our next generations will not be poor financially.

Like this Sree Sree Thakur shows the path of growth. As everyone is unique, so everyone is different in their thoughts, works and ideas. But Thakur is the fulfiller the best. So if we will follow Him and practice His teachings there is no doubt we will get all type of happiness and success in our life.

Want to conclude with a message from Nareer Neeti, message # 128.

"Vanity, Idleness, Disbelief and ingratitude  
are the sycophants of poverty.  
If they are there  
Poverty will be able to dwell there  
quite delightedly ".\*

[Co-authored by **Madhusmita Swain**]

# OUR GUIDE MASTER

**MS. PAPIA DAS**

HAMILTON, ONTARIO, CANADA



*Now-a-days people are busy to deceive others as being driven by ill complexes. The whole society is now somehow in competition of unrighteous activities. We are very near to the outside world but we are going far and far from our inside world. We are exploring planets but we are not exploring our complexes. Rather not we are trying to get them fixed. Thakur has given us a great tool to get the inner side of us fixed.*

Human Life is very precious. Most of us have to fight the challenges to live decently. It becomes very difficult to cope with the demand from ourselves as well as the surroundings. Those of us who got the Holy Name of Sree Sree Thakur Anukulchandra and follow accordingly; our mental strengths are generally high to tackle the issues as we learn to depend on Thakur. We learn to accept the result positively also. The 'Holy Name' is the secret formula for that. This Holy Name gives us so much confidence that we feel Thakur does everything through us. Even we can feel that more when we are in misery. Every time He helps us before we fall in extreme condition. A lot of people have the similar feeling in their life. It happens in my life too. I can feel His caring support like an umbrella on my head all the time. Those who are connected to Him, follow His ideologies correctly are always protected by Him. This is not a myth; rather it is being experienced in a lot of devotees' life so as me.

Thakur is such a loving person that He feels pain whenever any of the living being gets pain. However, we are giving Him pain continuously by giving pain to others. Now-a-days people are busy to deceive others as being driven by ill complexes. The whole society is now somehow in competition of unrighteous activities. We are very near to the outside world but we are going far and far from our inside world. We are exploring planets but we are not exploring our complexes. Rather not we are trying to get them fixed. Thakur has given us a great tool to get the inner side of us fixed. That is the Holy Name. So to get the Holy name we need to get connected with Him, to get connected with Him we need to take initiation that means need to learn the Holy name and how to practice it, that's all.

If we follow His teachings on five principles (Jajan, Jaajan, Ishtavrity, Swastayani, Sadachar) correctly, then only, we will be successful in every sphere of life, our living will be worthy. When we were small we used to follow our parents and listen whatever they told us about Thakur. When we learn to realize Thakur, we feel that He is our Guide master. He is everywhere to save us, to guide us. We just need to love Him and we can feel that in our life. In the same way when our Kids are small we need to propagate Thakur's teachings in their life too. Their foundation will be strong by doing this. We don't need to think when they grow up and mix with society. They can keep them undiluted through the changes and culture around.

Over all, we could be of balanced personalities by fulfilling Himself, by holding His hands, and above all by following His ideologies. If you see around the world geographically, there is no peace in most part though. We can see the increasing trend of intolerance, anger, selfishness, lust and Greed etc. Those bad complexes are taking control of us. On the other side humanity, self-development, services, forgiveness etc. are going downwards day by day. So it is the time to extend our hands to our

neighbors. We can tell them about Sree Sree Thakur Anukulchandra and how will they get benefit by following His teachings. I think this is the only mean to live peacefully.

Though Sree Sree Thakur Anukulchandra is not present in the Human form now, we are very fortunate to get his descendant as our spiritual guide. Whenever we have conflict on His teachings we can go to Present Acharya for better understanding and explanation. It is noticeable that whatever Thakur said is exactly materialized in Acharya's life.

Lastly Thakur tells us that Love is the only weapon that can conquer everything in the world. We need to love Him and we need to love others too. As long as we materialize his teachings in our character, we can't go out of the vicious circle of challenges. Whenever we leave our complexes behind, we could feel proud as a child of Supreme Father. We could make our life positive by following him. If we could impart Thakur's teachings in our future generation, then one day the whole universe will be a common platform for all to live in peace. ✱



*“Be equipped and organized with your immediate environs  
with service of soul: thus make your existence firm;  
then try for further becoming with a furtherance of further services  
after a push of further magnanimous magnitude;  
then with appliances of services that make the further environment approach towards  
further becoming, elude the obstacle that looms before and  
make your becoming move with a bigger existence of bigger environs.”*

# EDUCATION OF THE PEOPLE

**ANTARYAMI SAHU**

*DALLAS, TEXAS, USA*



*Through proper education a man becomes progressive with intelligence; and by adjusting his behaviour and habits to make them accord with the Ideal, he develops himself. Otherwise what is called education is mere literation.*

The lack of real education has brought about the disordered condition of the nation, which we see today. The truly aware of the education and culture that have succeeded in this century are most disappointing. Nowhere does one find education that raises the religion in man, giving him with a greater feeling of life and the kind of efficiency that would be good for him.

So Sree Sree Thakur Anukulchandra wanted to make a fundamental change in the system of education. Well-adjusted habits and dealings appropriately related with the individual's specific characteristics and illuminated with love for the Ideal are the basic goals of education. According to Sree Sree Thakur - *"Systematic organization of habits and instincts for the purpose of fulfilling the becoming of life by a graduated active manipulation of behaviour may be called education."*

To become mere expert in reading and writing is not to be called education; without habits, behaviour and common sense, there is no education at all. A person cannot achieve these goals if he is not inspired with his entire mind to fulfil his Spiritual Guide. So in his divine message Sree Sree Thakur says,

Ideal or Spiritual Guide  
is the living embodiment of education,  
and he alone can feel this  
who has adherence-delighting go  
in accord with Him.

What is the value of it if education does not lead to the expansion of the mind that comes by carrying out the commands of the spiritual guide?

Education is far away from him  
who has no following go  
to carry out the commands,  
and who has no  
cordial serviceable attitude.

Through proper education a man becomes progressive with intelligence; and by adjusting his behaviour and habits to make them accord with the Ideal, he develops himself. Otherwise what is called education is mere literation. Sree Sree Thakur Anukulchandra says - *"Literation makes the complexes facilitated whereas education enlightens the being, hence its index, habits and behaviour, glows on in a sonorous rhyme."*

Sree Sree Thakur Anukulchandra wanted the existing system of education to be changed fundamentally. Education should at least give one the capacity of earning a square meal daily, so that one doesn't have to depend on others' mercy. Sree Sree Thakur says: "Your intelligence does not bloom at all however much you earn; you become just an ox bearing recollections, a morsel of rice you cannot earn".

For this period of great crisis, Sree Sree Thakur Anukulchandra has given plans for a kind of education that will help everyone towards infinite development. When these are materialized the sweet perfume of education will delight the whole world. All the aspects of education, having consistent significance for success, will be unified. The centre of this real education will be a university. According to Sree Sree Thakur Anukulchandra, "Where varieties arrive with meaning at unity--- it is University." and,

Let your university attain meaningful prosperity—  
standing on the basis of national existential tradition;  
let its proper effulgence of character make everyone active  
with right intelligence— being all-fulfilling  
and nurture of specific characteristics;  
and let sprout up on that basis all the learning of the universe—  
in well-adjusted significance of meaningful integration,  
enriched with a unified solution; to the existential feet of Him  
who is my only one I ardently pray, May He fulfil my prayer.

To understand this better, let's look at an example: A teacher shows three toys to a student and asks the student to find out the differences. All the three toys are seemed to be identical in their shape, size and material. After strong observation, the student observes holes in the toys.

First toy it has holes in the ears. Second toy has holes in ear and mouth. Third toy has only one hole in one ear. Than with the help of needle the student puts the needle in the ear hole of first toy. The needle comes out from the other ear. In the second toy, when the needle was put in ear the needle came out of mouth. And in the third toy, when the needle was put in, the needle did not come out.

First toy represents those people around you who gives an impression that they are listening to you, all your things and care for you. But they just pretend to do so. After listening, as the needle comes out from the next ear, the things you said to them by counting on them are gone. So be careful while you are speaking to this type of people around you, who does not care for you.

Second toy represent those people who listens to you all your things and gives an impression that they care for you. But as in the toy, the needle comes out from mouth. These people will use your things and the words you tell them against you by telling it to others and bringing out the confidential issues for their own purpose.

Third toy, the needle does not come out from it. These kinds of people will keep the trust you have in them. They are the ones who you can count on.

Moral: "Always stay in a company of a people who are loyal and trustworthy. People, who listen to what you tell them, are not always the ones you can count on when you need them the most." People can get these ideas once they will have proper education in their life to judge the systems properly. ✱

# GOLDEN TOUCH OF SREE SREE THAKUR

**PRASHANT PANDA**

ODISHA, INDIA



*Thakur knows the inner qualities of every individual and the path of its nourishment. When human being tries to fulfil the wish of Sree Sree Thakur -the living ideal, he gradually unfolds the inner characteristic of himself and his environment as well. He becomes the example of others for life and growth. Destruction and Disintegration (the path to devil) of the environment is not seen. Harmonious growth of the society flourishes and social integration along with the nation becomes real.*

Each individual has unique specific characteristic. This specific characteristic when nourished properly, the latent quality of human being becomes potent and thereby he/she prospers. The move in the reverse direction brings chaos in individual life. The specific characteristic of some of the leading personalities like Einstein, Newton etc. were clearly visible. But in most of the cases, the specific characteristic is not clearly distinguished. Though it could be difficult to figure out the specific characteristic for most of the people but it is not an impossible task. Active adherence to living ideal flourishes the inner things.

According to Sree Sree Thakur AnukulChandra, the latest incarnation and fulfiller the best (popularly known as Sree Sree Thakur), no man is evil by nature. As God is pure, man – His creation – is pure too. The evidence of evil that we find in man is due to temporary disease in him. Thakur says: “Treat the man to irradiate his disease and nurture him so that he will be source of living for others”. Thakur’s technique is not to expose a man but to explore the inner aptitude and make him conscious of his potentiality. He never mentions the loop-hole in the man, but restores his lost confidence by bringing the latent possibilities out in him. A beautiful incident is described below.

A man residing in the very premises of Thakur-Bungalow committed a heinous crime. Some workers became furious and decided to give a proper punishment. But Thakur, when He came to know their plan, said, “I would be very glad if you don’t disturb him anyway.”

The man concern did not turn up before Thakur for more than one month. He had always been in apprehension lest he should be warned and consequently punished by Thakur. Once, in the morning, the man was sneaking away by the side of the boundary wall of Thakur-Bungalow. Thakur noticed him from a distance and called him, “Eh: hear me.” The man struck with terror of reprimand came before Sree Sree Thakur. He blushed in shame and was trembling in apprehension of sure reproach from Thakur. But to his great relief Thakur did say nothing of the sort. Instead, He asked, “Do you know astrology?” The man replied, “No, Thakur.” Thakur suggested, “Do you like study astrology?” The man said amazingly “I am not so much learned, Thakur. I studied up to class eight standards only.”

Sree Sree Thakur exclaimed exuberantly, “That’s enough, my boy.” He called Nikhilda and asked him to bring all the books on the astrology that had been purchased from Kolkata a few weeks ago. Nikhilda brought all the books and handed them over to the man at Thakur’s instruction. Thakur instructed the man how to start, which book was to be learnt first and how to proceed step by step and said, “Come to me every noon after my lunch; tell me what you have read and discuss what the book is about.”

The program started accordingly. Everyday noon, the man used to come and sit before Thakur with a book that he studied. Thakur used to ask him different questions on the topics that he studied and gave necessary suggestions and directions for improvement.

About two and half years passed in this way. Once Padmashri Kiron Banerjee, the then General Manager of the Ordinance Factory, Ichhapur (West Bengal) remarked about the very astrologer, "Thakur, I showed the astrologer my horoscope as you suggested me. The astrologer gave a correct reading of my horoscope. What he said agreed exactly with the reading of many famous astrologers that I met in India and Europe. Of course, he has said more than they predicted. I think he is also a good astrologer, Thakur."

The next noon, when the astrologer came to Sree Sree Thakur as usual, Sree Sree Thakur stared at him with a gracious look and said affectionately, "Do you know what Kiron has remarked? He says, you are a very good astrologer, see what you have achieved in this very short period. You are really a fantastic guy. If you just mend that little hole in your character, you can do great marvels no doubt. Is it not?"

The man instead of shrinking in shame, flushed in a great joy, and said "Thakur, by your grace I will, I will, Thakur." A sure touch of grim determination flushed over his face. Thakur smiled and said inspiringly, "I believe you can."

Thakur used to say, "don't reject the leaky boat; mend the leak and stop the leakage, you will see that boat is carrying loads again." He applied this principle in the case of innumerable human beings too.

Thakur knows the inner qualities of every individual and the path of its nourishment. When human being tries to fulfil the wish of Sree Sree Thakur -the living ideal, he gradually unfolds the inner characteristic of himself and his environment as well. He becomes the example of others for life and growth. Destruction and Disintegration (the path to devil) of the environment is not seen. Harmonious growth of the society flourishes and social integration along with the nation becomes real. Sree Sree Thakur says – "Be not stiff, have right adherence to thy Love-Lord, act, serve accordingly, and have blazing bliss with every intelligence to serve and rescue people". ✱



*"Lucid love with fertile vigilance, wishes to discern things consistent with the love with a steady attachment; passionate turbidity always goes without inquisitiveness, to a sterile satisfaction, with a flickering monotony."*

# YE BE A BRAHMIN

SREE KIRAN KUMAR ROY

NEW YORK, USA



*The extreme decision established on reasoning based on the knowledge from worldly matters, and decision from spiritual knowledge are not different. The favourable means to make a harmony between both the knowledges is to try to understand the spiritual knowledge with the knowledge of worldly matters with a view to avoid this mistake. If the Shastra are not the matters of discussions by general public and at the same time the seers of Mantra are few in number, then the central meaning of it is lost and starts to give out the misinterpretation. Exactly the same has been happening in this age.*

“Brahmin is the same as Brahma, when one knows the Brahma becomes the Brahmin”, expressed by PunyaPunthi (The Holy Book). So the aim of our life should be to lead our life as per the advice of Yugapurushattama (The Supreme Father) to fulfil our life by realizing Brahma. But there may be many hindrances due to ignorance across the way for which everybody must be alert and use his judgement not to be influenced by the deviation made in the existing explanations of Spiritual books by some groups for their selfish bureaucracies and ignorance.

Punypunthi (The Holy Book) has revealed some of them- “Look, the whole nation has been burnt down by only untouchability. There are a lot of family Gurus and priests, they never imparted religious knowledge to the people, on the other hand, they were suckers, saying, “give me”- “give me”- attitudes and melt away once they get an amount of money fixed for the year from their clients.”-11th day, #17.

This is the prevailing condition of Family-Guru they call Kulaguru and Purohit-system. Kulaguru (Family Guru) system was completely a wrong system. It has done a great damage to the country and the society as a whole. The word Kula in Sanskrit does not mean genealogy or lineage in hierarchy. *Mahanirban Tantra* (a Scripture) delineates – ‘**Na Kulang Kulamittah Kulang Brahma Sanatanam**’ – meaning – eternal Brahma is called Kaula; Lineage of hierarchy is not called Kaula. So the Guru who is knowledgeable about the conscious Brahma is called Kaula-Guru. So initiation must be taken from the Kaula- Guru i.e., from the Guru who has knowledge of conscious Brahma or realised Brahmah. In Guru Tantra, it is said,

*“Kulinah Sarbamantranamadhisarita Giaote | Dikhaguruh Sa eba Shyata Sarbamantrasya Parana”.*

means – only the qualified Eternal Brahmah or Sadguru is known as Kaula in Sanskrit who possesses all types of mantras, He is capable of every type of Mantra and is the Guru to be initiated from. If Guru is not spiritually knowledgeable, he should be left aside, as he is of no use for a man’s spiritual upliftment.

Here Sree Sree Thakur has depicted a wide picture of how the great Hindu society lost its cohesiveness among the people having prejudice and deviation from truth called “Dharma-Glani” by different systems that has no link with Dharma. Besides all the precautions to protect the life and its progress in India, the aristocrat forgot from time to time, the function and ethics they should follow. They forgot why they are aristocrats and why they are given the respect from the society. Actually they were given the respect only to do the service to those people who are ignorant and raise them by

educating them to the practice of knowledge of Dharma and life, and thus elevate them to a higher level of human standard. Instead, they became selfish and closed-minded and put everything under their absolute control for their own selfish motive by explaining the scripture in deviation. They did not impart any knowledge of life and Dharma to other people. They became the Guru generation after generation, and sucked the wealth of their disciples, generation after generation, showing their proud attitude that they are the proud descendants of the Guru of their forefathers and the relation between them became only a relation of contract to give them a yearly donation of cash and kind. The function of a Purohit or priest was the same. They would conduct the Puja (worships) of some deities in the house of their Jajman (who request and engage them to do the puja) and get the donations of some money along with some material kinds from time to time and that became, and that still is, their source of income.

“From the same day, when the demon of selfishness has embraced the Brahmins - Ma-Lakshmi (mother who gives the wealth), the mother progenetic (mother who gives birth to a good child), the love and devotion, all have abandoned them. They no longer come to the house of Brahmins, they have taken shelter in the houses of lower Barnas, the Veda-Mata has taken shelter as Gayotri in the houses of Chandals, the Brahmins have turned to be Chandals”, - PunyaPunthi 56th day#5.

“Alas, ah, a regret for you! Aren't you ashamed? How dare you to dress yourselves in the role of Gurus now-a-days? You are roaming about from house to house delivering the Mantras? How dare you manage your daily bread by selling the Mantra? Can't you just try to understand for once, can't you once make a soul-searching effort for this condition? Think about your fore-fathers, think about it. Can't you believe it? Are you not afraid? Don't you feel ashamed? Listen to me, if you want to get something, then you give away what you have. The more you will ask from them, the more you will run after them, they will run away from you by kicking on your face & spitting over it.”- Punyapunthi 57th day, # 3.

Here Sree Sree Thakur says, as those people did not give any religious instructions to elevate the people, they themselves lost their religious knowledge and made themselves vulnerable and down. Thakur also said that it was the duty of Brahmins to teach the religious upliftment of others, if required, even by touching their feet. But they did the opposite. The scripture says ‘the more you give, the more you get in return’. As they did not give, so they did not get back anything and the result was the ruination of the whole society.

They also indoctrinated that nobody else other than them had the right to read the Vedas and other religious literatures and as such, the learning of the Sanskrit language was prohibited for others. Those were the signs of selfishness that initiated closed-mindedness and hatred between man and man, and between communities, ultimately culminated in the breakdown of the unity of the society inviting the weakness. Lots of people from lower Barnas took other religions and ultimately this encouraged the foreigners to conquer India and rule over it.

Another disease rooted as the effect of the above was the untouchability. This disease has eaten the very bone, the structural stability of Hindu society. How can a man be untouchable where our very religious root and principle says, “God stays in everybody as Atma” and the Scripture says “Sarbam Khallidam Brahmah”, -Brahma is prevailing everywhere and in every living being? In Sri Gita Bhagaban says “*I am the father, mother, nurse and grandfather of this creation*”. Sri Gita also says, ‘*Mamatma Sarbabhutatma*’ meaning – my Atma is the same as it is in all beings. This is due to the fact, the descendants of the great and respected sages did not practice or understand and also did not

cultivate the spiritual knowledge for their own betterment and therefore, they lost their own chance of spiritual evolution.

Acharya Shankar and Ramanuj both said that Shudras have no right in the study of Veda and in the acquiring the knowledge of Brahma. But BijanVikshu, the renowned Buddhist said, '*Gyanasy AikantikaFalattwat*,' – meaning – Knowledge is not somebody's monopolistic Property. Let us see what Veda says about it. Sukla Jajurveda(26/2) says – 'Jathemang Bacang Klyanimabadani Janebhyah. Brajarajanyabhyang Sudraya Carjayao Ca Shayao caranayao Ca. Prio Debanang Dakhinayai Daturiha Bhua Samayong. Mey Kamah Samridhytamupamado Namatu.'

Acharya Dayananda Saraswati has translated it as follows, "Bhagaban is speaking – I have conferred this benevolent revelations of Veda as my advice equally to Brahmin Kshyatria, Vaishya, Shudra and their own wives, relatives, servants and non-relatives, enemies, comprising all humans equally and have become lovely to all the learned and wise equally; therefore, I also ask you to be so. In that way, my expectation for spreading the knowledge of Veda among the general mass may be fulfilled. By achieving the same knowledge and spreading it among the mass, you also enjoy the same happiness as I do enjoy the same, as a conferrer of knowledge for every phase of learning".

It is clear from all as described above that at those ages nobody was barred from the knowledge of Vedas. In latter ages, the Shriti-writers expressed hard attitude towards the people who had abominable habits and deprived them of having the knowledge of Vedas. Even their descendants were forbidden to study the Vedas. If Veda itself would say so, then how could Prahlad was loved by God so much whereas, his father HiranyaKashipu who became perverted and did not obey God, was ultimately killed by God Himself.

It is alright to stop those who did not observe the virtuous way of life to read Veda, but those of their children who wanted to lead their life in a virtuous way should not have been prohibited. Stopping their children from reading and gaining the knowledge of Veda has ruined the Hindu society a lot.

As per Sri Gita, 'caturbarna Maya Sritsa, Guna Karma Bibhagasha' – I created the four Banas on the basis of quality and works. It is much clear that the four Barnas, was made on the quality and the work that the person does, not on the basis of the family he is born or not on the judgement what quality one's father possessed. The son of a doctor may not have the quality to be doctor. If this process is not followed, the ultimate development of human society will not reach the goal of physical and spiritual evolution that should take us to the total fulfilment, both individually and collectively, for the goal the humanity waited for millions of years.

Let me quote few of the many manifested words regarding this matter in Punyapunthi (The Holy Book). "The whole nation is burnt out by the untouchability. There are some vague Gurus and Purohits showing themselves generations after generations – they not only deprived them of the knowledge on Dharma, but asked them only to give them and they were satisfied with a certain yearly amount (of wealth). In doing so they lost themselves too. Listen, there is a proverb, -The more you give, the more you would grow. They did not contribute in charity, and therefore, it did not increase.

Further they said that others have no right to learn Veda and doing so, they too lost their own right.

My boy! Who would understand this?"

From the above, it is clear that the Divisions in respect of Jati has no place in Hinduism. Also the division in respect of Barna must be based on the quality of the person, not on the quality of the father or on the line of hierarchy. We should realise the fact, all the above divisions as made have made the Hindu society into many small parts and ultimately made them weak. Those divisions are really against the religious tenets, against the religion and against the Sastras that speak of the religion.

The other cause for the weakness of India was that the Gurus forgot that the unseen God became so much unlimited to them that they started to cultivate ideas instead of the real God Himself in blood and flesh who comes in every age as the Advent of the age in human form we call Satguru, though Sri Gita, which is read by all religious sects and they know clearly that God lives as Atma in every creation and loving the Satguru or the Purushattama of the age, is the same as loving the God in flesh and blood.

Now I shall try to quote from "Amiodhara" of Brindaban Babu, who was a pleader and an associate of Sree Sree Thakur – where he described about how the society and the nation has gone astray for all those unspiritual activities as revealed in Punyapunthi as described above.

The condition of a country or a society is so much deplorable and beyond imagination where a man does not think himself significantly impure even when he is addicted to a prostitute or becomes angry without any cause or a trifle reason or think of destruction of others in thousand ways by speaking lies daily, but thinks himself much impure when he touches the shade of a person. The country has gone astray due to the religious rites and conducts made by some selfish persons with some selfish motives that has no aim or reason. The responsible work like leading the function of a Guru has now become a hereditary function. May be a debauchee, a robber or a thief has been born in the family of a Guru who was a Guru of your forefather. If you do not take initiation from that debauchee addicted to women and drunken with wine, it would be considered as forsaking your Kulaguru. Can there be any more worst thing than this? Another worst thing to move towards spiritual progress is that you cannot change to a realized Guru once you have taken the Mantra from a Kulaguru. All these vogue and mocking ideas have brought about a harmful destruction to the society.

The Sastra says, 'no other person than a Brahmin can initiate with a Mantra'. A brahmin means who knows Brahma. It's definitely not a particular sect. He who has no knowledge of Brahma is not a Brahmin. His Mantra or its importance both are useless. By this process, advancement by the disciple toward the Truth would be stopped.

Another condition appears from the functions of Purahit. The condition of Purahits have become the same as Kulogurus. It has now become a business. Function of a purahit is to pray to God for the well-being of his Jajman meaning the man who appoint Him to pray to God for his well-being. The Purahit who cannot wake up his own spiritual feeling he is trying to awake the spiritual feeling of others? Can there be any bigger act of daylight deception or fraudulence than this in this world that goes beyond the thought of human? The Shastra speaks clearly that without having the knowledge and realization of Brahma, a man cannot be a Brahmin and so the result of pronouncing the Mantra by such person will not bear any fruit and it is unjust. So it is better to abolish the system of Purahitta that is done now a day. It is better to do Kirtan with some spiritual persons along with recitation of name and meditation."

As the truth of Sastra was not explained to all sections of people and even when a man of a lower section was fit to get higher position, they were bound or fettered by making rules of Shastra and were deprived of their rights, thereby raising the great sin that gradually pulled down the high classes putting them down.

Later the acquiring the Brahmatwa or realizing Brahma by a lower section was considered a sin in one single life. The fire that entered in the society due to the selfishness or ignorance of heirs of those who were the masters of Vedas has now burnt out the society. Vedas are now extinct. All the Shashtra are now full of distorted meanings. But still there is the proudness of that knowledge of Vedas and the vanity of knowledge of Shashtra are prevalent in them. Still there is hate extended to a lower class prevails. Although the Brahmin and the Chandals have come to the same level, there is no way to realize the distinction between them, still there is hate. The last word that can be expressed is that the responsibility of the work should be given to that person who is fit for that work and the responsible work should be taken away from the hands of those who are unfit for it.

Shashtra and the knowledge that have no reasoning gradually become full of dirt and ultimately become the cause of ruin of human society and therefore, the reasoning should not be denied. Some parts of Shashtra are acquired through realization and some portions are established on reasoning. Without having a knowledge about it, the Smriti Shashtra that are based on reasoning, though became unjust or unfit as per the country and the time are not yet being changed. For this, Judgement is a dire necessity. Judgement ripens the knowledge, everything should be judged to justify. The truths on which faith is established, or those matters which have been understood, gradual judgements create firmness and single-mindedness to those faith and knowledge. For this judgement and showing the reasoning on any matter is not unjust. Spiritual knowledge is also not a matter opposed to judgement, on the other hand that is conforming to or supported by reason.

The extreme decision established on reasoning based on the knowledge from worldly matters, and decision from spiritual knowledge are not different. The favourable means to make a harmony between both the knowledges is to try to understand the spiritual knowledge with the knowledge of worldly matters with a view to avoid this mistake. If the Shashtra are not the matters of discussions by general public and at the same time the seers of Mantra are few in number, then the central meaning of it is lost and starts to give out the misinterpretation. Exactly the same has been happening in this age. Now-a-days man has started to follow the Shashtra blindly without reasoning. The meaning and the words written in Shashtra are used in different meaning due to change of the age. Now-a-days if a Chandal is born in a Brahmin family is understood as a Brahmin instead of a man who realizes the Brahma. Thus the Shashtra has lead man towards the evil way instead showing the virtuous way. A group of people known as the protector of Shashtra on the pretext of the words of Rishis are trying to defy the human reasoning. It looks that this group of protectors of Shashtra has started to ask to forget that man has the ability to be a Rishi and the Rishis themselves were human. The final decision stands that the real truth is not deviated by judgement. All the Shashtra –Veda, Koran, Bible, all have to be burned in all kinds of fire of judgement from Europe and India, and as a result of this, all the real truths inside the Shashtra, not being obsolete, will stand undistorted and unimpaired like pure gold and those untruths that have been introduced in the name of truths mistakenly as the words in Shashtra, will be burned and destroyed, bringing an unlimited well-being to the society. It is not unjust to take the help of judgement or reasoning to make the knowledge and true faith of the self, steady, on the other hand it is a downright necessity. But to find out the truth should be the aim of judgement. Win or defeat must not be the lookout of the judgement. It should be looked at that Hate must not defile the judgement. The disciple or Guru would all be gradually available if the attempt is made to find out the truth with love, simplicity, leaving aside the useless blame and accusation like the dearth of availability of a Guru.”

PunyaPunthi 40 # 12.- “You are the son of the king; don't you feel ashamed? How dare you claim to be a Brahmin?

Do you have the Sattvic qualities? You are but the bogeys of Tamogunas, boys! Beg to the mother "Give us strength, mother! Give us devotion, mother!", do weep uttering so. If not possible that way, grab those qualities by force. If you can, do weep, if not, do fight for it. You are showing the devotion to the mother made from stone, but you have the living and the lively mother at your home, if you can, better do worship her with Jaba. Do you know what a Jaba is?

Here Sree Sree Thakur rebuked the so called Brahmin of this age as they have forgotten their past as the best of human who were the possessors of Satya-Gunas. They have now turned to be the possessors of Tamo-Gunas and lost their qualities. He advises them to pray to the universal mother for strength and devotion. He actually advises us all to get the Satyaguna (quality of truth) by this way or by fighting with their inner mind to get the Satya-Gunas. But the best way to get that quality is to worship our own mothers at every home. The better way of worship is to worship a lively mother at home, because the statue of Universal mother made of stone, takes long time to invoke and to get the result. Besides, lively mother in every house has the same motherly attribute like the universal mother. Every mother at our home is a part of that universal mother.

Punyapunthi 45th day # 1, - "So many lower communities have evolved to be supreme, on the other hand, you are the sons of Brahmins, you have been preoccupied by the mentality of Chandals? What a reproach, are you not ashamed? Your two eyes have melted away being actuated by selfish motives. Look, who are the worse sinners than you? If anyone is to be categorized as sinner, it is you people only. You are responsible for the world. Do not talk to me anymore, my anger pops up when I hear it. The very kindness that would had to be extended to the Chandals, is to be extended to you now-a-days. What a shame, shame, shame on you! You have forgotten to fall at the feet of others, instead, you have been putting your feet on the head of others; wouldn't they give it back to you now? Now you have the option to utter, " Brahamoj, wake up, bless us with strength in heart, bestow love and devotion to us".

Those Who has read Veda, know that Veda-Shastra is advising every human to get the blessings of Bhagaban by praying to Bharga through Gayatri Mantra. Acharya Mahanambhrata says, - "some books declared themselves as Upanishads, expressed the idea that Sudras and women cannot practice the Veda-Mantras, but in no part of Veda is found to contain such a thing that only Brahmin has the right in Gayatri Mantra.

Besides, those books that call themselves Upanishads, are not part of Vedas or Upanishads. So they are not authentic ones. Every individual is born as non-Brahmin, after having the Gayatri, they are set to be Brahmins. It proves that those who are non-Brahmins have more right to get the Gayatri. Medicine is intended for the patient only. Patient is cured of the diseases and becomes healthy by taking medicine. So it establishes that Gayatri-Mantra is more needed for non-Brahmins than the Brahmins. Let the Brahmin get the Brahmattwa by taking Gayatri-Mantra. But he cannot take away the

right of non-Brahmin. Veda has inspired everyone of this living world, "Do pray through this Gayatri-Mantra and have the taste of constant happiness taking birth in the land of eternal joy".

Punyapunthi 14th day, #32 reveals, - "We all have to be Brahmins. When one becomes a Brahmin, even Bhagaban takes his feet on His breast. Even Bhagaban worships the feet of a Bramin. So Krishna took the feet of Vrigumuni on His breast." 14th day, #35, - "Brahman is the same as Brahma, when one knows the Brahma becomes the Brahmin."

In the present age, the Yugapurushattama has shown the process of gaining Bhahmatta for all human. If we like to be known as the best of human, should we not fulfil our life being attached to Him?

The end word I would like to utter in this writing is, -

Ye be a Brahmin, the perfect human being,  
With Brahma, the best of spiritual link. ✱

----- "Bande Purushattama" -----



# WHEN GOD GETS AMAZED

**MS. RIMI MOHANTY**

WOODLAND HILLS, CA, USA



*When human effort tries to put everybody in the same footing without looking into the distinctiveness of each individual and tries to put everybody in the same category, God gets amazed at the first instance...*

God is omniscient. If it is asked that what God cannot see, certainly the answer would be He cannot see two things alike in his creation. It means, whatever has been created by God, has its distinctiveness (vaishistya) of its own, which may not have parity with any other, though some resemblances may be there. Unless one is nurtured in accordance with his distinctiveness, the real prosperity in his life cannot come. Poetry cannot be equal to a gun. Therefore, a good poet cannot be a good soldier.

When human effort tries to put everybody in the same footing without looking into the distinctiveness of each individual and tries to put everybody in the same category, God gets amazed at the first instance.

God is one and the only one. He is the stay of Dharma (divine religion). But man has ever attempted to discriminate one creed from the other on the basis of sectarian view of divine religion (dharma- which cannot be more than one) and the people are unreasonably emotional to believe and follow them. God gets amazed there at the second instance.

God is love and love is God. His embodied human form is also the embodiment of love. He is the fulfiller the best and the up- keeper of the distinctive trait in man. It is natural that He is the centre of love of each and all. God gets amazed at the third instance when He sees that man out of his passionate craze creates different love centres for satisfaction of his passion.

Sree Sree Thakur Anukulchandra is the fulfiller the best, the embodiment of love in human form. He fulfils in Him all the past prophets. So it should be natural for everybody to love Him, to follow Him and to materialize Him for attainment of bliss.

To quote Sree Sree Thakur –“God gets amazed three times being seeing the distinctive trait of each as unique, when man tries to put all individuals on one footing by discarding that distinctiveness, at that time once, again the stay of dharma (divine religion) is God -one and the only one –by being understanding that when man in the name of religion creates differentiation among creeds, and unreasonably when men accept them by nodding their heads, then He too gets surprised, again One who is the centre of love- Who is the nurturer of all distinctiveness of man and fulfiller the best- men ,not by being love- bonded with Him, and likewise do not control themselves for the satisfaction of selfish passions and want to be happy of making business of love –moving from one centre to the other-He also takes aback by that; God is one and only one-that is in everything of the creations, God is the stay of Dharma, Fulfillers the Best is the abode of Dharma, Love becomes meaningful in unicentric love-leaning with God, God is the all meaningful-fulfilling centre”.

**- Bande Prushottamam –**



*Experience  
With the  
Truth*

When the Ideal is awake in man, he is active,  
agile, inquisitive, responsible,  
alert and tactful –  
in a word all faculties bloom and glow.

# *Contributions From*

---

- ❖ *Abis Basu*
- ❖ *Purna Ch. Nayak*
- ❖ *Sasanka K Mishra*
- ❖ *Biswajit Paul*
- ❖ *Dr. Biswajit Dey*
- ❖ *Dipankar Mohanty*
- ❖ *Soujanya Chintala / Saahiti Chintala*
- ❖ *Mrs. Nirmala Giri*

# MYSTERIOUS WAYS OF SAVING BY LORD THE SAVIOR

**ASIS BASU**

*PRESIDENT, SATSANG USA*

*CUMMING, GA, USA*



*In this verse Thakur is talking about how Ishtabhrity transcends us on the other side of the problem, no matter how frequent dangers and problems come to our lives, and no matter who we are.*

I heard from several devotees that Sree Sree Pitrideva (Sree Sree Borda) used to relentlessly encourage people to write about Sree Sree Thakur's grace (Ahetuk Daya). He also used to ask everyone to narrate stories about their lives to directly encapsulate Thakur's incomprehensible and infinite blessing. This used to happen regularly in Boro Natmandap, Pitrideva's residence in Deoghar, Jamaladaha, Puri Thakurbaree, and many other places.

Paramaradhya Pitrideva was an epitome of precision. His work ethic and daily routine reflected this clockwork like mechanism that He was endowed with. I never was a part of such story telling ceremonies. Later on as I grew older, I had the opportunity of having numerous occasions to witness the spectacle of an enormous personality like ParamaPujyapada Sree Sree Dada. He allowed me to be in His Holy company for umpteen number of hours' day in and day out, month in and month out.

I addressed Him as a "personality" in error. Is He a personality? Or is He a Saviour in continuum? My life, if anything, is a result of His direct and indirect blessing which helped me and my family to initially grapple, and then eventually encounter success and stay in radiance with so many beautiful people around us. I now have a purpose for living and to grow to newer heights according to His wishes.

I heard from Dulal Majumdar Da, who would come to my room almost every afternoon when both of us stayed in Ashram in many winters, randomly aligned for a few days here and there. He always encouraged me to write about Thakur's grace (Karuna) while he was helping me to consolidate my faith. I, nearly always, had this shocking experience of having a person of his stature in my room. For the last few days, I have been thinking about my early days in Ashram (ThakurBaree) and something erupted in my mind to become productive about this article. Perhaps his profound and strong conviction is rendering me to write this article today.

Oh yes, I can. I certainly can write about countless Thakur's unconditional grace which my family and I have been witnessing for years. Let me start with one.

My mother was once coming back to Atlanta, Georgia from India. I believe it was late 90's. She was accompanied by my sister who went to India for a vacation. Their last leg of the itinerary was to fly from John F Kennedy Airport, New York City to Atlanta, Georgia Airport. They were waiting for the flight by the gate. I was preparing myself to go to the Atlanta Airport to pick them up.

Out of the blue I received a phone call from my sister that our mother became seriously sick in JFK Airport, literally went out of her breath, and had to be transported to a nearby hospital. My sister called 911 and the medical emergency transportation arrived and they started intravenous fluids right from the airport on their way to the Medical Center.

The hospital admitted her and subsequently I came to know that she was going to have a prolonged stay in the Beth Israel Hospital. The physicians already declared her primary diagnosis as bacterial pneumonia. And they also figured that she was contaminated for number of days along with her acute dehydration which was caused by utter lack of fluid before and during the long international trip. Because of the severity of the critical condition, she was kept in isolation so others could not be contaminated from her.

I immediately went back to work to seek permission from my supervisor so I could plan a trip to New York City to fly early in the morning. After securing my leave of absence for family emergency, I called Delta Airlines to book me a roundtrip ticket to depart next morning from Atlanta to JFK and they quoted me a sympathy price (nearly ½ the retail price). Overnight I packed my suitcase and the following morning just after offering Ishtabhrity, and long before prayer, I started to drive to the Atlanta airport.

While driving, I slowly started realizing Sree Sree Thakur's unfathomable grace time and again. I think I started making Naam (repeating the Holy Name) automatically. First, what would happen if mother would faint in a European country (Frankfurt, Germany)? We did not know anyone there. My mother did not have any medical insurance anywhere other than USA. I easily could become financial bankrupt if my mother would have to be treated elsewhere. If you just forget the financial piece, what a torture would that be for her and my sister— emotionally and physically?

Long story short, I got back my mother super healthy after she lost nearly ten pounds in matter of few weeks. Oh, another touch of grace (Karuna)! When I arrived in NYC, the Jewish doctor assembled the caregiving team in a conference room and introduced me to them. They ended up providing me with a very beautiful dorm room equipped with a kitchen and a bathroom. All I had to do was to buy a skillet, some rice, daal (legumes), and vegetables. I budgeted for hotel expenses near the hospital during my ten days staying there. But I got everything free by the outstanding compassion of the hospital administration. Another stroke of blessing was that Delta Airlines took care of my mother's trip from JFK airport to Atlanta airport. A sequential chain of grace by the Supreme Father was just showering on my mother and myself. It is easy to witness how nature and environment becomes unconditionally friendly and compassionate.

I thought, this second bout of pneumonia in her life would be utterly incurable. But Thakur saved her from within. My mother and I prayed together for those ten days in the hospital which actually inspired some nursing staff around that room. We talked about Sree Sree Thakur briefly when we could and the nursing staff became so friendly to us. To top it all, after a comprehensive treatment for about ten days, the healthcare team of Beth Israel Hospital gave my mother a clean bill of health. My heart filled with joy and gratitude. Additionally, the President of the Hospital ordered the Finance Department to write off the entire invoice which amounted to half a million dollars. In other words, my financial responsibility was zero. Shaken, I was speechless and even forgot to thank these fine group of people.

That evening we came back to Atlanta airport and my mother was very happy that she could shower in her own bathroom. She really was homesick after long international flight and her pneumonia that she fought. We bowed to our Love lord in front of our residential altar and felt incredibly strong and blissful by His grace. Sree Sree Thakur's picture was radiating a bright aura and it exploded around the room. I bade good night to my mother after I fed her Rice, Ghee (clarified butter), and Daal (legumes) with a little smashed potato smeared in mustard oil.

Let me now narrate an awe-inspiring story that my wife experienced. We used to live in a town called Griffin, Georgia back then. Our second daughter Maya was born 7 months ago. It was early 1993. Our oldest daughter Sambita was then attending a pre-school for a year in the local First United Methodist Church. The schedule was for four hours in the weekdays (Monday thru Friday). She had to be transported to and from school by my wife every morning and early afternoon.

One such afternoon my wife picked Sambita from the Church school. It was bright and sunny. Both Sambita and Maya were in their Children's car seats in the back of the car. My wife was very tired and driving with a condition of lack of restful sleep. The road her car was traveling is known as one of the most travelled Georgia State Route 19/41 North. The part of that highway where the episode happened did not have any island or Solid Separator. In other words, cars that were going south could merge with the cars going north if they would be unmindful or sleepy.

My wife was driving in a condition known as HAAA (Half Awake, Half Asleep). Here is a fact check. According to the National Sleep Foundation's Sleep in America poll, 60% of adult drivers – about 168 million people – say they have driven a vehicle while feeling drowsy in the past year, and more than one-third, (37% or 103 million people), have actually fallen asleep at the wheel! Four percent – approximately eleven million drivers – admit they have had an accident or near accident because they dozed off or were too tired to drive.

While she was still driving at a speed nearly 65 mph (around 104 kilometers per hour), she suddenly realized that her car was travelling in the Southbound lane while the car was actually going North. This could result in head-on collision if there would be car(s) going against her direction. But by Thakur's grace, there were no car(s) at that particular lane and at that particular time. When she came back to her senses with an initial moment of awe, she steered right on to the Northbound lane again with no problem at all.

Once again, by Thakur's grace, there were no car(s) at that particular lane and at that particular time behind her. So she could easily merge in, she did not get a ticket, there was no involvement of any traffic cop whatsoever. Incidentally, traveling in a wrong lane could result a severe penalty that often includes stiff monetary payment toward the ticket as well as irreversible increase of automobile insurance premium. Georgia Law actually sends the offending driver to a mental school for psychiatric evaluation, because such action can cause a huge damage of untold proportion. The state would then make the offending driver pay for the entire evaluation process.

Who woke her up? Who cleared the car(s) from either direction at the peak hours in the middle of the day? Who saved her from not getting a ticket from the cop? Who literally saved three lives? What makes us embrace Sree Sree Thakur as much as we can? This was Thakur and Thakur alone and His mysterious way of saving all the three lives.

যতই আসুক আপদ বিপদ  
যেমনই হোক প্রাণ  
ইষ্টভূতি আনেই আনে  
সবার পরিভাণা - শ্রীশীঠাকুর

Sree Sree Thakur in this verse Thakur is talking about how Ishtabhriti transcends us on the other side of the problem, no matter how frequent dangers and problems come to our lives, and no matter who we are.

Ishtabhriti incidentally is one of the three cornerstones of divine principles gifted by Sree Sree Thakur. Ishtabhriti is one ascetic activity which is actually a material unconditional offering to our Love Lord which in turn makes our sensory organs more powerful and alert.

An unexpectant devotional performance of Ishtabhriti every morning before sunrise, before ingestion of any food or water can bring a rare material concentration that enables one to steer clear of many disasters. Ishtabhriti enhances psycho-physical resources which in turn deploys an Armor that saves us from concussions of life. Indeed, a little adherence takes us along, and it does take us along a long way! ✱



Odishi dance performance in California Annual Satsang 2016

# SREE SREE THAKUR - THE GREATEST MENTOR OF THE TIME

**PURNA CHANDRA NAYAK**

*RETD. MANAGER, STATE BANK OF INDIA*



*To have faith on Him courageously and work according to His desire can enable the disciple to overcome all his miseries and sufferings of life. No other sacred formula is available like carrying out the commands of living ideal. If one takes shelter of a true master, goes on chanting the holy name and remains in company of devout, it is certain that one has no more to worry about his elevation...*

The inner instinct of each and every individual human being is to be a perfect man, by adopting the right path, but it's not an easy task. Just to achieve that it's very essential to accept an ideal in life and follow his instructions unconditionally. Sree Sree Thakur Anukul Chandra has accordingly written in Satyanusaran that, "going to school only doesn't make one student and taking initiation only doesn't make a disciple. The heart should always be kept open to carry out the order of teacher. Have faith within. Whatever He says must be done and that without objection or excuse rather with great pleasure." Happiness, peace and joy are the three basic requirements of individual in general which only dharma (the religious way of life) can provide. Dharma is embodied in a living ideal. Initiation by the living ideal begets adherence. Adherence brings adjustment of complexes and adjustment of complexes invites uphold of existence (Sree Sree Thakur). So the living ideal is the maker of destiny. He decides everyone's destiny based one's performance. To do is to get. Someone's efficiency is also a preconceived conception. Attitude, activity, adjustment and success – everything is achieved according to performance. No doubt, the activity of a person with crystal clear understanding is always perfect. The ideal always thinks of all out improvement of the disciple. So to have faith on him courageously and work according to his desire can enable the disciple to overcome all his miseries and sufferings of life. No other sacred formula is available like carrying out the commands of living ideal. If one takes shelter of a true master, go on chanting the holy name and remains in company of devout, it is certain that one has no more to worry about his elevation. Therefore, one who proceeds according to the desire of master, surrenders fully to his lotus feet, his entire responsibility is taken care of by Parampita. Though the fact was known to every disciple of satsang some people at times, failed to follow His instructions may be due to circumstances beyond control. Every instruction of Sree Sree Thakur is undoubtedly an ingredient of the principles of being and becoming. Unfortunately, the persons who fail to act according to His instructions are bound to face the adverse consequences. The example of two different incidents took place long back when Sree Sree Thakur was at Himaitpur, can better explain the facts now being mentioned hereunder.

## Incident 1

Sk Khalilar Raheman, popularly known as Khalil da, a disciple of Sree Sree Thakur was working as an Income Tax officer at Kolkata office. He received a telegram from his wife, staying at his native place, that their only son fallen sick and despite treatment with sufficient medical care, the boy didn't come-round. The medicines applied didn't work at all. The attending physician advised that there left little chance of recovery and the boy might face his fatal consequence. Hearing the message from the doctor, she developed nervousness and finding no way out, sent the telegram. Khalil da also decided to go to his native place in the first available train starting next morning. He didn't have sound sleep and was praying throughout the night for his son's recovery. Next morning, he got into the train and during journey he thought to pray Sree Sree Thakur for his blessings towards son's quick recovery at Himaitpur ashram. On arrival he saw from a distance that Sree Sree Thakur, being surrounded by a group of disciples, was busy in discussing some important matters. But to his surprise Sree Sree Thakur turned towards him suddenly and instructed to proceed to Midnapur immediately to sort out some issues cropped up due to misunderstanding among satsangees. He also advised him to report back promptly after solution thereof. It appeared to Khalil da as if Sree Sree Thakur was just not ready to hear anything from him. Meanwhile Kestoda, the then president of Satsang came to him at the instance of Sree Sree Thakur and invited Khalil da for lunch immediately at his residence because the schedule train was to leave station in an hour or two. Finding no way out to ventilate the reason for his coming to Ashram Khalil da accompanied Kestoda for lunch and then to Iswardi station. Accepting to Sree Sree Thakur's instruction as the blessings of Parampita, he proceeded to Midnapur. At Midnapur he advised satsangees the purpose of his arrival. He discussed the issues in detail with the concerned disciples on the lines he was instructed and all the issues virtually solved in a week and he went back to Himaitpur to inform the outcome to Sree Sree Thakur. Prior to discuss anything about Midnapur issues after offering pranam, Sri Sri Thakur instructed him to proceed immediately to his home at Bagula village and advised to come to ashram later to discuss Midnapur issue, preferably on his way back to Kolkata. Khalil da acted accordingly. On his way towards home many negative thoughts were coming to his mind. He thought to himself, why Sree Sree Thakur instructed him to proceed to Bagula without hearing anything on the issues and solutions. Probably some sad news would be waiting for him. Gradually he was feeling helplessness and finally reached his village. At a little distance from his home on the village road he surprisingly saw his son was playing outside with other friends and no sign of sickness was there. Sparing no time, he entered into the house to know from his wife about how their son got well. His wife told that after 2 days of sending telegram their son gradually started to recover and probably after another 2-3 days he recovered completely. It was also heard people saying that she saw a dream that an old man with long white hair, long white beard appeared and moved his hand with a smile on the whole body of their son and disappeared. She immediately woke up from her sleep and found none in the bedroom. She thought of the matter and again slept. Next morning, she saw with astonishment that their son was recovering from illness very fast and gradually became perfectly

alright. However, on hearing this Khalil da became too much sensitive and tears came to his eyes. He could understand the entire episode that this could be possible for His (Sree Sree Thakur) blessings only. Now he realized as to why Sree Sree Thakur involved him in the work of Parampita for which he had to spend a week's time at Midnapur. Out of gratitude he entered into his prayer room with tears and expressed his love and devotion to Sree Sree Thakur and also his feelings that their son recovered only for His blessings. After 2-3 days Khalilda along with family left for Ashram met Sree Sree Thakur and stayed there for 2-3 days. During discussions Sree Sree Thakur told the persons who got themselves involved wholeheartedly in the work of Parampita, would be taken care of by him always undoubtedly and without fail. If Khalil da proceeded to his village instead of going to Midnapur, then his son might take his last breath after seeing his father. Time is the greatest factor always.

## **Incident 2**

Choudhury Jatindra mohan Acharya another satsangee, the zamindar (landlord) of Muktagachhi was a very good gentleman with charming personality. He used to stay for consecutive 4-5 days at Ashram on each occasion of his visit. A special quality he possessed was that he was a nice cook and could prepare delicious dishes for Sree Sree Thakur bhog. That was his hobby. Once while he was at Kolkata, got a message that some disturbances arose on a landed-property matter at Muktagachhi and his presence at the village would find out some solution of the issues. On the same evening he therefore proceeded by his own jeep to his village. During his journey Himaitpur village touched en route and Jatinda proceeded to Ashram only for a darshan of Sree Sree Thakur. It was late night when he reached. He offered pranam to Sree Sree Thakur. There he discussed about the issue and after about half an hour of stay he sought permission to start his journey to Muktagachhi. Sree Sree Thakur didn't agree to the plight, rather repeatedly requested Jatinda to stay back that night to prepare some dishes for Thakur bhog, which Jatinda didn't agree and immediately proceeded to his village with a view to reach well in time before morning. The property problem might be troubling him for which probably he didn't agree to stay. On observing the unethical behavior on the other hand, Sree Sree Thakur got disheartened. His face turned pale and then went inside with a broken heart, which might be the indication of some imminent danger. The disciples present heard a few words coming out of his mouth – "I could do nothing despite efforts". On the next morning Sree Sree Thakur got a message that the jeep met an accident at a distance of about 15 miles from Himaitpur and everyone in the jeep including Jatinda found dead. Hearing the message Sree Sree Thakur became unhappy and tears came to his eyes. Disciples present there heard Him saying "If Jatinda would act according to the request he could surreptitiously surpass the time and thus the incidence of fatal accident could be avoided".

Once Sree Sree Thakur told his disciples "I have seen, whosoever obeyed my instructions and followed meticulously with indomitable and unrepelled adherence, has overcome. on many occasions. the grief and suffering that was inevitable in life. Really, full and wholehearted involvement in the works of Parampita is the only way to overcome the cruelty of the providence".

If we analyse both the incidents cited above, we can observe the following. In the first incident Khalil da acted as per the instructions of Sree Sree Thakur and proceeded to Midnapur despite serious illness of their son. He attached more importance to comply with Lord's work first instead of attending to medical care of his ailing son. But in consequence his son could be able to fight back against the disease and got back his life although there was little hope of survival as per the views of the attending physicians.

In the second instance Jatinda could not accede to the requests of Sree Sree Thakur to stay that night to prepare Thakur bhog, which was a plea but the fact remained behind was to save Jatinda from imminent disaster which Sree Sree Thakur could foresee. Unfortunately, Jatinda could not read the indications as to why Sree Sree Thakur requested repeatedly to stay back that night instead of proceeding to Muktagachhi with the plea of preparing some dishes. There is a very common saying: "Time and Tide waits for none". Had Jatinda stayed that night at Ashram the time of accident could be surpassed and Jatinda along with others would not have to lose their lives. Sree Sree Thakur was always thinking to save everyone from the clutches of destruction. But his message could reach people who are fully connected to Him. The disciples who perfectly obey His instructions can be able to read his indications. Hence the instructions of Sree Sree Thakur for all times to come are not only perfect but also genuine to regulate all untoward things towards perfection. So obeying his instructions promptly without hesitation is the only key solution to sort out all hazardous problems in life and to give a right approach to life, growth and prosperity. Let all of us assemble under his banner and utter in one voice "BANDE PURUSHOTTAMAM" ✱



*"When every individual with his community  
for the common interest to uphold the mission of life and growth  
with every free access, enters in a common platform conjointly  
to serve one another to hasten prosperity and welfare of every  
socio-individual truly, it may be called a blessed Socio-communitistic  
Democratic Congress".*

# SREE SREE THAKUR – THE PERFECTIONIST

**SASANKA KUMAR MISRA**

*BEAR, DELAWARE, USA*



*According to Sree Sree Thakur, the objective of life is to live and grow individually and collectively. That is why every human being wants to lead a decent life and to live happily and peacefully in his own family and with his surroundings.*

God is all Merciful and God is all good and kind. Where there is mercy and kindness He dwells there. Life is a gift of his kindness. The whole universe exists on His mercy. As much as we proceed towards His mercy, so much we feel peace, strength and blessings being showered on our lives. We, the people of this century are fortunate that we have found such a man as our LOVE-LORD, our Living guide and He is none other than Sree Sree Thakur Anukulachandra, The Purusottam of the age and the founder of Satsang - The Rishi of Deoghar, India.

Once a qualified young man had visited Sree Sree Thakur. Discussion was going on as usual with Sree Sree Thakur. The young man asked him “What is the greatest quality in man”. All the disciples were anxiously waiting to hear what Thakur will say in reply. Sree Sree Thakur replied in short – “Cleanliness”. Sree Sree Thakur’s reply was very appropriate. It had a very deep meaning as it covers all the aspects of human life. It does not mean only the outward or superfluous cleanliness but also internal purity. It means both physical and mental cleanliness. There is a saying “Cleanliness is next to Godliness” i.e. it is the way to Godliness. People are inspired and aspired to see how cleanliness has been very deeply practiced in Thakur’s day-to-day life.

Once one of the disciples of Thakur – Debida (Debi Prasad Mukhopadhyay) was replying to another disciple in a post card in front of Thakur. During those times post cards were being used in India to write small letters. While writing he committed a mistake. So he had to strike it out and rewrite it correctly. It could not miss Thakur’s eyes. He immediately asked Debida to dispose the post card which had strikes in it and to use a fresh one. To Him it is not very pleasing and descent to have a writing with so much strikes and corrections as it looks messy. For acquiring internal cleanliness, we must do all our work very cleanly and in a decent way. To develop that habit a post card can very well be spared. This teaching of Sree Sree Thakur may be very small but has the inspiration to do any work with utmost care and cleanliness which leads to perfection. Many a times he has shown others by performing it himself or drawing it on paper.

One disciple had written a small book on his Holy life. He presented the first copy to Sree Sree Thakur, out of 1100 copies already printed. Thakur saw the book which was looking good from outside. Someone sitting nearby told the book though looks good has some mistakes. Sree Sree Thakur told the writer and publisher of the book to rewrite the book with all the corrections needed and reprint it. By this He wanted to teach the people about the value of perfection in our life and to practice it in our day to day work and also how to perform any piece of work faultlessly. According to Sree Sree Thakur cleanliness and perfection are eternal wealth – they should reflect on our thinking, talking as well as our working habits. It makes men conscious to develop the habit of doing every work correctly and flawlessly.

We have also noticed such inspirations in Sree Sree Borda's life. Once Sree Sree Borda noticed that a man while going on the way did not care to tighten the water tap from which drops of water were falling. He could not bear the wastage of water which is caused by sheer negligence of someone. So immediately he called the person and asked him to tighten the knob properly so that he remembers this and does not repeat the mistake in future. This guidance taught him to be careful and attentive to details. On another occasion when some discussion was going on inside Sree Sree Borda's room someone went out. But while leaving the room he closed the door so carelessly that it made a lot of noise which was very disturbing and distracting. So, Sri Sri Borda called back the person and asked him to close the door slowly. That gurubhai was very scared and frightened and closed the door without making any noise. This showed to all present there that Borda wanted us to make a sincere effort to do each and every work with full attention and without disturbing people or our surrounding.

According to Sree Sree Thakur, the objective of life is to live and grow individually and collectively. That is why every human being wants to lead a decent life and to live happily and peacefully in his own family and with his surroundings. So he wants to be in close contact with the things and persons who help him to live a peaceful life and he does not want those things or people who put a hindrance to it. Thus every individual has the duty and responsibility to help others to lead a life in peace as he himself expects from others. As the saying goes "Do unto others as you wish to be done by".

According to Sree Sree Thakur - "that which helps the uphold of existence is humanity and broadly called Dharma and that which opposes this must be called a sin". In this context Sree Sree Thakur says - "the greatest sin ever seen in mankind is Ingratitude". Sree Sree Thakur says - "Ingratitude is the symbol of hell and it invites all the bad qualities in a man". Ingratitude is - when one forgets the help he received from others and rather puts the person who helped him in trouble. When he leaves him at his difficult times and even joins hands with another who wants to harm the helper. If we lose the supporter of existence, then how can our life be secured. Thus, Thakur says what can be a greater sin than "Ingratitude". So, we should always be grateful and obliged to the person who helps us in any way to overcome our difficulties. The sense of Ingratitude enters into our lives because of our detachment from the Source i.e. "A living ideal".

When we get detached from our parents, teachers, well-wishers and most importantly "the living ideal", unknowingly we start ignoring their advices and guidance which leads us to situations where we lose the power of self-analysis and self-correction. This also is another type of ungratefulness. On the other hand, if we have true gratefulness for our superiors and for our living ideal, then we develop an eagerness to satisfy them by sacrificing our all. As a result, our mistakes get automatically corrected. Sree Sree Thakur says this Ingratitude is a disease for humanity. Some people receive this through hereditary process where its remedy is extremely difficult while some others acquire it from their surrounding and circumstances which can be rectified if they are in better company. Therefore, Sree Sree Thakur has advised us to visit Deoghar on a regular basis to receive constant guidance from the living ideal, Pujyapad Acharyadev at present and participate in Satsang regularly, which is a constant source of inspiration. At the same time, one should indulge in doing Jajan, Jaajan and Istavriti whole heartedly and sincerely. When one goes to Deoghar he can feel the auspicious atmosphere and the Holy presence as well as the Divya Leela of Sree Sree Thakur even today. His love, kindness and mercy is constantly being showered on us through our present Acharyadev Param Pujyapad Sree Sree Dada. Pujaniya Babai da and other members of Thakur family are also constantly inspiring us in every way possible. ✽

# SREE SREE THAKUR-IDEAL OF MY LIFE

**BISWAJIT PAUL**

**MANUFACTURING ENGINEER  
CONOVER, NORTH CAROLINA, USA**



*It gave me new perspective and answers to many of the WHYs and HOWs I had from my school days in a very simplified scientific manner. It made me wonder and realize how far and deep Sree Sree Thakur's vision was, and why He is being referred to as "PURUSHOTTAM" - FULFILLER THE BEST. Be it the subject of Quantum physics, Acoustics, Eugenics, Astrophysics, Medicines, Economics, Education, Politics and what not, no subject was untouched.*

Really, it is very difficult task for me to express Sree Sree Thakur's ideology through few words. However, I am going to share my personal feelings from the very formative stage of my childhood to US landing with regards to how, HIS blessings, HIS guidance and HIS gentle but firm directions in my life have turned it into a treasured boon bestowed upon me, filling me with pride, at the same time humbling me and made me sail through smoothly.

I spent my childhood days in hostel as my father had a transferrable job and that separation was a period of emotional hardship for both me and my parents. They gave me a small photograph of Sree Sree Thakur telling me that whenever you feel alone or have fear remember HIM. He will listen to you. I FOLLOWED IT. When in fear in the middle of a night or had a bad dream I used to remember Sree Sree Thakur. It gave me immense strength and courage. I still have that small Photograph of Sree Sree Thakur and Boroma with me in US.

Finally, the day came when I took initiation. The memory is still etched very deep in my mind. I was in 7th standard, not truly realizing what actually I was going through but it was a different aura. The connection which I had with HIM was going to deepen. Even now the words of my Ritwik Devata about creation of this Universe, manifestation of living being and non-living objects echoes in my mind. Now I know, The Holy Name I received through the process of initiation is of 8th order in degree of vibration (highest) known and is the source of all that exists.

As I grew older I was bombarded with many why's and how's trying to comprehend the spiritual realms with the rationale of science and technology. For few I could find my own version of answers with limited wisdom while the rest were still questions. I remember reading one of Sree Sree Thakur's article, answering to His disciple when He was asked about how this miracle happened, to which Sree Sree Thakur replied, "There are many things that transpire between this earth and cosmos which are beyond our normal comprehension". I got my answer.

In spite of all these, one thing that was constant and became part of my routine life is ISHTABRITI and repeating the HOLY NAME after I woke up. During my hostel days most of the times I used to practice it when nobody would see me doing as it would invite so many questions and others would make fun.

This Mechanical way of staying connected to Sree Sree Thakur continued like this for many more years without doing much for HIS establishment. Like everybody else, whenever in distress, I used to pray Him and seek His blessings. On countless occasions I got answers to my prayers. He has been the Invisible Power, hand holding me in clearing every roadblock.

I realise now what makes us different from being GREAT. We are never GRATEFUL to HIM, we forget the GOOD things HE gave us, we shy away from spreading HIS MESSAGE, speaking about HIM to others, run from strengthening our ATTACHMENT to HIM and in spite of all these we only EXPECT more and more from HIM.

Before moving to USA, we were living a very mechanical go of life in the hustle bustle of Metro city Job. Travelling to US was never planned and was a dream for me being from none IT background. I feel like THAKUR handpicked and placed us here amongst so many devout Gurubhais and Mothers in US. Attending Satsang, arranging Satsang, doing some work for my ISHTA were all a very far cry in Mumbai. This love for ISHTA has brought all of us so close that now we are a big family across US. Resigning from a stable job and coming here without any job on dependent visa was the biggest risk I have taken in my life. The decision was against all odds.

Sree Sree Thakur says "KORAI PAOUAR POTH KHULE DAI" & "NISCHOIE JENO KORAI PAOUAR JANANI."

(Action or deed opens the path of achievement & Know for sure doing is the mother of Getting) and "GOOD IDEAS OFTEN COME IN FLASH AND GO AWAY THE SAME". Whenever we think of doing something good we should not delay thinking of the negative consequences rather we should act immediately. Strong CONVICTION and FAITH in Sree Sree Thakur helped me taking this decision.

I could devote time in understanding HIS philosophies and ideologies while I was not employed and this in turn helped me grow spiritually and understand HIS message and way of living. Though Bengali by birth I never knew how to read Bengali as I grew outside Bengal. But most of Sree Sree Thakur's books/literatures were in Bengali. I decided to learn Bengali during this initial period in US. It gave me new perspective and answers to many of the WHYs and HOWs I had from my school days in a very simplified scientific manner. It made me wonder and realize how far and deep Sree Sree Thakur's vision was, and why He is being referred to as "PURUSHOTTAM" - FULFILLER THE BEST. Be it the subject of Quantum physics, Acoustics, Eugenics, Astrophysics, Medicines, Economics, Education, Politics and what not, no subject was untouched.

Most important thing among all is Sree Sree Thakur gave me the Recipe of Life, how to have a blissful and happy life by virtue of "Being and Becoming with Ever Conscious Mind". For me He has been the IDEAL or True Master following whose principles and ideologies I can shape my life towards eternal bliss. Every small step I take towards the establishment of my love lord brings me closer to Him and gives me immense pleasure.

We are celebrating the Holy Birth Anniversary of Sree Sree Thakur in New York this year. I remember last year during this same period when I just landed in US and came to NY Utsav a week later, I wished that if Paramrita be graceful may be in next year I would write something for the Souvenir, and by HIS grace I am writing my heart out. As I am writing, I don't know how to end this article. Not for a single day I felt depressed and frustrated of my decision when I was jobless. I knew He had some plans for us. And as per His plans, things started rolling one after another soon which I can't

compile through my writing. When all core companies started declining my application for not having Green card or US citizenship, I was losing hope but still I had faith in Him, and I knew whatever happens will be for good. And out of nowhere I got this full time employment offer from NC. And in addition to that, within a fortnight even my wife was released from her current project in west coast and was transferred to NC for the same client.

Now I realize when Sree Sree Thakur says in response to a question from one of the visitor about understanding --- "How Sree Sree Thakur does what He does"? Sree Sree Thakur replied in a divine way, "Don't try to understand me, stand under me". ✱



*"Think not weak, think not depressed - ye be not  
hopelessly immobile; remember the best creation of His  
stock which you live in! Shout, cheer up, be sure and brave; -  
hold His banner of love, behold Him in  
His creation; go - and this go is only to serve,  
to kneel and to pray!"*

# SREE SREE THAKUR ANUKULCHANDRA – THE SEER, SAVIOUR AND THE PROPHET

**DR. BISWAJIT DEY**

**MEDICA NORTH BENGAL CLINIC  
SILIGURI, INDIA**



*there were all possibilities. Suddenly, it all appeared different and we found the passport wallet in the very place where we searched several times before. It seemed Sree Sree Thakur took the taste of our patience and those appeared as miraculous turn around. We all felt relieved, smile reappeared and again we thanked the supreme for this divine blessing.*

Life is a continuous flow and the spontaneity it is due to the blessing of the lord the divine. Our existence and achievements are all guided and propelled by the supreme power. We are all diminutive beings in the entire universe. We do not know where we have come from, where we are heading towards and where shall we reach.

We have several questions in our mind. What is life? What is death? What is soul? Life is uncertain and we all are living on the edges; it is extremely unpredictable. Man cannot change the wheel of fortune with his own strength. He needs the divine blessings. In Mahabharata Lord Krishna advised the great Pandavas, however they may be unconquerable in the field of war exercises, they cannot do anything substantive without 'divya shakti'. So Arjuna went to Himalayas and meditated to please lord Shiva and received the divine boon of invincibility against all odds by being blessed with the 'Pashupata Astra'.

Lord AnukulChandra has given us three weapons to counter the counter currents of life. 'Jajan' or to know one self, 'Jaajan' or to reveal the divine to others and 'Ishtabhriti' or to offer from what you get in this world to the divine who is its ultimate creation. Sree Sree Thakur has always insisted that one should stay connected with the supreme through meditation, devotion and self-knowledge. Sree Sree Thakur did never say on anything miraculous which one will experience in life but there is something in life which are inexplicable in language and are truly miraculous. One such event out of many has happened in Dubai during our family trip last year.

Dubai is a fabulous desert country. I was not quite surprised to see thousands of Indians along with many people from many parts of the world here as it is truly International from all possible angles of assessment. I had been to many countries before this but those were all official engagements but my point to visit Dubai was purely to make a personal trip. My two sons Brishnujyoti and Rohit were quite excited to get the break from their strict academic schedule. My wife Rakhi's lingering smile was spearing it all .... She will also fly out of daily discipline. We stayed in a hotel and it was not too difficult to adjust with the newness as there were several Indian food plazas where we thronged every day. It was of absolute joy and merry making. We were all doing everyday prayers, Keeping Sree Sree Thakur within us.

One main attraction of Dubai is the 'Dubai Carnival' and we all decided to keep a slot for this international extravaganza on the penultimate day of our trip. At around 6 pm. we reached the carnival venue, enjoying photo shoot and colours of joy. I always insist on keeping the passport in individual wallet. So me, Bishnu, Rohit and Rakhi all carried individual wallet to keep passports, money and other valuables. There were thousands of people in the carnival. As the time progressed it was getting crowded bit by bit. My two colt sons were the happiest kids in the world and out of their easy excitement they gave their own wallet to me for safe keeping feeling free to throng around. At around 7.30 pm we thought we should return to our hotel, on the following morning we had the flight back to India. Shockingly it was discovered that the passport and money wallet of Rohit and Bishnu were missing. All of us were quite worried but the wallets were dangerously missing. We searched and hunted down frantically but still those were at large. Nearly half an hour elapsed still hopelessly we were searching for the wallets. We asked many people, there were announcements from the public address system but no result appeared. In a foreign country, without passport is the hardest fact. Everyone can realize the hardship we could experience in such condition. We then all started to pray to the Almighty Sree Sree Thakur Thakur. The crowd was also thinning... all our joys and jubilation came into naught and we were all traumatized how to get out of the crisis. We searched every nook and corners. The whole would suddenly crashed on us. We were simply lost in the gravest uncertainty.

I have seen many times how prayers to Sree Sree Thakur can change the course of life, suddenly it struck in the mind of Rohit and Bishnu to search for it at the point where they gave those to me. But to locate a particular point in such a large and huge area was very difficult, still we somehow located the space and were looking for it expecting not too much. It could have been lost or stolen... there were all possibilities. Suddenly, it all appeared different and we found the passport wallet in the very place where we searched several times before. It seemed Sree Sree Thakur took the taste of our patience and those appeared as miraculous turn around. We all felt relieved, smile reappeared and again we thanked the supreme for this divine blessing to let us be back once again to the breathing space of joy and happiness. ✱

He is here...He is near  
He was at the beginning...  
The only light...The only sound... The only healer  
He is the father... The mother...Every glitters of the world...  
The meaning of our birth...Came alone... Will go alone.  
Only our deeds, will go with us... And...  
What we gave and sacrificed... To sing for you



*“Loyal uni-centric love-learning in thoughts and deeds,  
acts like opsonic that leads one to fulfil the principle of life  
in accordance with the wishes of the Love”.*

# TRUE FOLLOWER

**DIPANKAR MOHANTY**

*BHUBANESWAR, INDIA*



*is it possible to be a true follower? and how easily I will be a true follower? these type of questions had come to my mind many times. After attending number of satsangs, Jaajan programs I got the answer. Also some incident happened in my life from which I have learnt many things and realized the facts.*

My greatest Achievements!! If I will face this question definitely one answer will come to me is I have found Him (Sree Sree Thakur) in my life. Every success I have got still now that definitely His wish and every failure I got that is also His wish. Because He knows what is the best for me. So one should start journey of life by holding him in all aspects. Holding him in all aspects really a tough phrase here. If I will sit to express this phrase, then it will be a big topic. In simple word follow Him. So then question comes what to follow. He has said and shown practically what a human being should do in every day so as to prove himself/herself as the best human being. If someone will follow that what He told, then definitely he will able to hold Him. He has told Three things to do - *Jajan, Jaajan and Istabhriti*. Jajan means to elevate oneself by following a living ideal. Jaajan means to exalt others through active service. Istabhriti means a daily love offering. These three basic things should be the main Pillar of building of a civilized Society.

During my Malaysia deputation I met a very Senior SPR, who has spent time with Shree Shree Thakur. He was around 75 years old. His son in law was like my elder brother. Many times he comes to my room as I was staying alone. When I heard that he had seen Thakur alive and spent time with my Thakur, then respect for him in my heart increased and asked number of silly questions to him. What Thakur eats in breakfast. What He likes to do in etc. He answered all my question. He was doing Job in Indian railway. So after a long conversation I became bit familiar with him and start sharing some difficulties I was facing in my Job with him. He suggested – “don’t worry have faith on Him (Thakur). Do His works then see all difficulties will be removed like Ice burg melts. And Success will be on your hand”. Then He started sharing one of his best memories with me.

That time he was in Assam and gone to a remote area for a Dikhshya program. He met a young man aged around 22 years. When he started filling his details in Dikhshya paper he came to know that the young man was a graduate and doing some Job. When initiation completed he started explaining how prayer would be done and how ishtabhriti would be done. When young man heard all these things, he told – “there is no guarantee I will do ishtabhriti every day. Because the kind of job I am doing, I am not getting money every day”. Then Ritwikdeb asked “do you take meal every day?” The new gurubhai replied “that is also not sure”. Ritwikdeb got surprised and at last the young man told he is a Pickpocket. The day he does pickpocketing, he gets meal for a day or two. So how could he be doing Ishtabhriti when he does not even get food for himself. The young man requested Ritwikdeb to arrange a Job so that he can do ishtabhriti every day. As because he was a pickpocket, nobody nearby was ready to offer him any kind of job. Anyhow Ritwikdeb had managed to keep him as a car washer in nearby garage of a Gurubhai with two times meals every day and very less amount of pocket money. Ritwikdeb asked him to do ishtabhriti from that money every day and told him to do Prayer and

meditation in every morning and evening. Also Ritwikdeb asked him to recite the Holy Name all the time whenever possible. In between many years passed by. Ritwikdeb got retired from his job and was staying in West Bengal (perhaps in Kolkata). One day a costly car stopped at his gate. One person moved out from car and came to him and did pranam. Ritwikdeb could not recognize him. That person gave his identification and Ritwikdeb got to know that this is the same pickpocket who had taken initiation from him 15 years ago. Now he has got some social establishment, living a very peaceful life, people are admiring him rather than hating him like they were doing 15 years ago. This success came to his life after he took the initiation and practically followed every statement what Ritwikdeb told him to do. So definitely he is a True follower of Him. All True followers put steps in Success path. Now-a-days whole society moving towards achieving success in life. Meaning of "Success in life" is very vast. In simple word we can say living happily. This is possible only if we truly follow Him. Both are directly proportional to each other.

So is it possible to be a true follower? and how easily I will be a true follower? these type of questions had come to my mind many times. After attending number of satsangs, Jaajan programs I got the answer. Also some incident happened in my life from which I have learnt many things and realized the facts.

Let's put all parts of our life at His lotus feet and try our level best to reflect His words in our day to day life. It will make us true follower. Let's do Jajan, Jaajan, Istabhriti every day in similar fashion as if it is the work of our closed relatives. Then definitely a Link will be established between Him and us. It is not exactly Link; it is the same relation of love that we have with our Parents. As you know Parents will always listen to children and always think of how their children will prosper, Similarly He will take care of our prosperity. That is why He strongly told "Take the shelter of Satsang and recite the Holy Name, you don't have to think of yours and your elevation". Joyguru! ✱



*"Blessed is he who choose the Lord in love for love with a  
fellow of contented forbearance in persecution;  
heaven comes forth to elect him with a crown that shines to  
make others shine, ~ freedom glows there;  
but those who have not that bliss of freedom,  
cannot make other's free; hence,  
it is a misery to be drawn through them to freedom!"*

# IMPORTANCE OF GURU IN MY LIFE

**SOWJANYA CHINTALA / SAAHITI CHINTALA**

*ATLANTA, USA*



*Taking Initiation of Sree Sree Thakur, life changes from within. It is like joining a University. The humbler a student is, the more we learn from the Guru. After having Sree Sree Thakur in my life and doing the above three things daily, many negatives turned out to be positive for me. My life transformed into a new being. Some of the changes that happened in my life are...*

80's was more known for missionary schools and education being an important area for children, my parents joined me in a Christian school. At school, we were exposed to hymns, songs and also Bible reading. Every Wednesday after chapel, two nuns used to come to teach the teachings of Jesus. Whereas at home, I was exposed to Hindu Gods and demi Gods with morning and evening diyas and poojas at home. Our colony was a mixture of Hindus and Muslims. One side of the road were Hindus and the other side were Muslims. Dressing, culture, rituals, festivals nothing used to match with any one of them. But we all used to meet at school. As I grew there was more confusion rather than understanding the meaning of God. Festivals were more of a cultural show off rather than the importance of the occasion. Any ritual if I break, my mother used to tell that God will punish me. So there was more God fearing than God loving. As the river flows from one stream to other in different directions, my life started moving from one phase to another phase. With age, I could realize that Religion is only dividing people rather than union and came the thought "Do God exists"? No one has seen God means does he really exists? Not only me, there are millions of people across the universe who may be having the same doubt whether said in a direct or in a dormant state. In this turmoil, one needs a Guru who can show the path to enlightenment.

Taking Initiation of Sree Sree Thakur, life changes from within. It is like joining a University. The humbler a student is, the more we learn from the Guru. Three main things that need to do daily are

- 1) Istavrity is the first thing that we offer to Guru in the morning before sun rise. By doing so, we are carrying the shield throughout the day to face the challenges in life.
- 2) Meditation – Everyone mind is like a monkey with thousands of thoughts that flow like a river. By chanting the mantra, one can make it calm like a lake so that it can be more receptive.
- 3) Prayer - By doing prayer in the morning and evening, we become more skilful.

After having Sree Sree Thakur in my life and doing the above three things daily, many negatives turned out to be positive for me. My life transformed into a new being. Some of the changes that happened in my life are

- 1) I changed the concept of saying "We" instead of "I"
- 2) Giving became more satisfied than taking.
- 3) As a daughter, I became humbler to my parents.

- 4) My patience level increased to forbear others and to think from their perspective also.
- 5) My complexities have adjusted to far extent to do the good for the society.
- 6) Life became more meaningful rather than a Stereotype.
- 7) Happiness became a part of life with more inner peace.

Joyguru

**ADJUVANT**

### MY LORD

*To comprehend the astounding impact of my Lord in what all has transpired as successes in my life, in words, barely stands in the realms of possibility! All I have learnt is to marvel at his divine grace that puts together the life as I know of! My realization of his vastness stands middle of nowhere as compared to what remains to be discerned! It is from my childhood that I have garnered immense self-confidence and support by the mere association of my existence with his identity! I shall be at a loss of love as an offspring detached from its mother but for the affection of my Lord! Each day I learn to love and be loved! Each aspiration of his command extends my diligence to infinite! Ecstasy is what I encounter with each thought of my ideal! And the happiness teaches me the true spirit of freedom! Indeed, my master lets me free! From insecurities and fear of oblivion! Such is the relation that I envisage to live for the length of my life unhindered!*

Written by: Bhargab Chakrabarti



# LOVE HIM, HE BECOMES YOURS

**MRS NIRMALA GIRI**

*MILPITAS, CALIFORNIA USA*



*Everyone's life is different in so many aspects. Some people life is already under the blue umbrella but some people have to struggle a lot in their life, might be because of previous KARMA. Whatever it may be, but if you have accepted Thakur as your master in your life, HE can change every seconds of life in such a way that people never imagined it.*

Jayguru to all my Brothers and Mothers. I don't have that much knowledge to write something about MY THAKUR but yes, HIS blessing is blooming on my life in such a way that I can't stop myself. Every day in our life we experience lots of incidents, good or bad, but as time passes we forget them as usual. Some of them became imprinted in our mind till the end of our life. This is time to express our experiences of life and to inspire each other's, to be in the path of life and growth, which gives us to live a life in a meaningful way by the blessings of PARAM PITA. In every stage we are blessed by or Love-Lord because HE left us worthy guide like SREE SREE BORODA now PUJYAPADA ACHARYA DEV and PUJANIYA BABAI DADA. So we have living example not God in the sky. After coming to USA, I got an opportunity to have Satsang two times monthly, I really enjoy a lot jaajan of Guru Brothers and mothers, By the blessings of Thakur we have online jaajan conference and matrisameelani too. I am really enjoying jaajan of my loving guru maa and its helping me to a great extent in my family life. Satsang called as man making factory and I really firmly believed it. Because if I can change myself by taking initiation and then after Swastayani, so anyone can change himself/herself. But it depends on good environment, which help us to change our mind in a good and positive way. Thanks to Thakur to give me such a nice person in my life who care me and love me a lot after my father and always show me the way to walk on the heavenly path.

Everyone's life is different in so many aspects. Some people life is already under the blue umbrella but some people have to struggle a lot in their life, might be because of previous KARMA. Whatever it may be, but if you have accepted Thakur as your master in your life, HE can change every seconds of life in such a way that people never imagined it. I'm going to share some of the incidents my life which means a lot to me and I can realize how my love Lord showering his divine blessings on me. But if by reading this small incidence, if someone inspire in their life I will be fortunate enough. It's an incidence of 2015, December 2nd. I was going through a medical procedure, I will not say a small procedure because it something that we were waiting from 2013. we were unsuccessful in our previous two trials and this is last one. Our insurance will not cover after three trials', so I will say it's our last chance because we cannot afford that much amount from our own pocket. I got appointment at 7.10am morning on the same day. Me and my husband usually reached on time but I didn't know that particular day we were late by 20mins. We called to clinic and told about getting late. We suppose to reach on time else it will create keep large complications for my life because I already took medication and time span is there to start procedure. Somehow we reached at hospital. As soon as I reached they directly took me to procedure room because I was feeling uncomfortable due to pre medication. They started my IV fluid and one nurse came to me to confirm my name and date of birth because she has to give me Anaesthesia. Before giving Anaesthesia, she asked me, 'Do you know who

will be going to do your procedure'? I usually not interested to know previously but as this was our last chance, so I was eagerly asked her "Who is"? By putting Anaesthesia she told me that Dr. Milkie. I can hear the name but my eyes were closing and I was just remembering Thakur's photo and I didn't remember anything after that. Actually my doctor was Dr. Baker, and she or her team supposed to do the procedure. Last two times we already failed. Before last trial I googled little bit and came to know that Dr. Milkie is best for this. But we didn't have that much time to change doctor and even we would have changed we would not have even got before 3-4 months. So it was too much challenging for us, but I was praying to Thakur that somehow if Dr, Milkie will do this time might be we will be success. It was my belief and even on the way to hospital I expressed it to my husband too. But we knew that it was impossible. That day because of our late, Dr Baker went for another operation and she hand over my case to Dr. Milkie. I came to know from one of Nurse after I got sense. After 3-4 hrs I got discharged and we came to home but I was not in a condition to even speak about this to my husband. When i felt little good in the afternoon I told to my husband that "Do you know who did my procedure"? He asked me who and when I told him Doctor name, even he was surprised. This the blessing of Parampita for HIS children. Might be this incidence is normal for anyone but somehow it changes our life.

"Take the feet of true Master, go on taking the Holy Name, and remain in the company of the devout. Truly I say, you have no more to worry for your elevation".

-SATYANUSARN

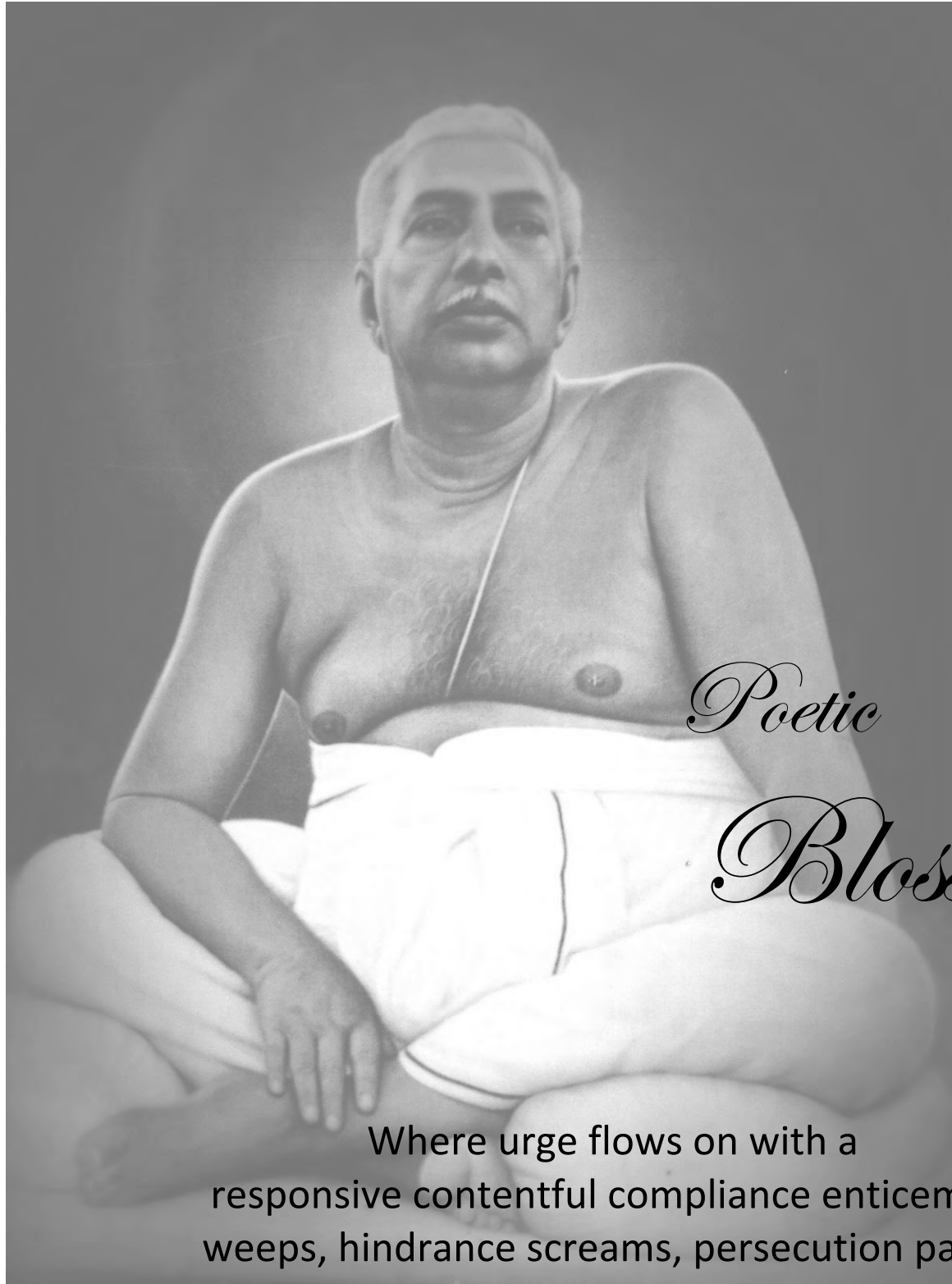
This verse of Satyanusaran, I felt and realized in my life that my Love Lord watching me, listening me and understands me accordingly I accepted Him within me. After my medical procedure, I have to visit Hospital every alternate day. It was so hectic for us, even I really got irritated with this. But my husband never felt that, he was driving me according to my appointment date, just like his responsibility, duty, whatever you think. It was month of March, 2016, Saturday. We planned to have a Satsang in our community hall after shifting to a new apartment. I was so excited because now we have a big place for Satsang and we can invite more friends to attend Satsang. But I was under medication, same routine to visit hospital. It was Saturday morning, there appointment at 8.30am, but I thought it was 9.30am, was a communication gap. So I woke up early morning, because we have Satsang at evening. I have to cook breakfast and thought at least we should have nice breakfast together today. But suddenly my husband reminds me that let's go we have an appointment at 8.30 AM. I'm just going to serve breakfast to my son and husband, he said it. Three of us didn't ate anything and we were very hungry Quickly I took some cookies for my son and nothing for us. I felt so bad that, I even not able to serve the cooked food to my family because of this appointment. I was crying until reached hospital by thinking so many things, why this happening to me, I was so much mad. So many questions for Thakur I was asking in my mind, so many things were going on. The pain I was feeling I could not express in words. Even the whole way we three didn't spoke a single word, after all my son is too much talkative. But he was sitting quietly. After reached hospital I done with my doctor check-up and lab work. But that day even I asked doctor that, how many days I have to come for check-up? I really don't want to come and he was laughing. We back to home and I need to cook for lunch and for evening Satsang Prasad. It was becoming challenging for me to finish all work with limited time and I was just trying my best. But I was feeling too much pain inside my mind that why Thakur all this we are experiencing in our life. What kind of mistake we are doing? That day even we invited one of our guru Bhai for lunch, so I have to cook something more than our daily lunch. Because of medication I was not feeling good at all, but I was just looking at BODA MAA photo on kitchen and cooking. Just we were ready to have our lunch, I got a call from hospital, that your Lab work test are good, you no need to come after 1 day. That time I was surprised that, how all these things happened according to my wish. I

couldn't believe it. I share this message with my husband and he told me that, I knew that something will be happen good for us. Because my husband knows I never cry in simple things. It was something that really hurt me. That's why he didn't assured me. I understand that day, Thakur is listening to me, watching me and HE understand my things. HE will never leave me to suffer in my life before that HE will take me out from that. ✨

### JOYGURU

*"To do is be, to be is to know."*





*Poetic*

*Blossoms*

Where urge flows on with a  
responsive contentful compliance enticement  
weeps, hindrance screams, persecution pants,  
the repellent are repelled  
with conscientious rebuke,  
service waves light with fragrant fumes,  
adherence awakes with every smiling bliss.

# *Contributions from*

---

- ❖ *Bijaya Ketan Sahu*
- ❖ *Reet Dipti Dhakal*
- ❖ *Satyabrat*
- ❖ *Priyabrat Bhutia*
- ❖ *Jagabandhu Achherjee*
- ❖ *Jayant K. Majumdar*

## WHO ARE YOU???

*By: Bijaya Ketan Sahu, Bangalore, India*

I don't know who are you?  
I am asking you the same question,  
Please tell me who are you???

Hindu says you are "Vishnu"  
Muslim says you are "Mahammed",  
For Christian you are "Jesus"  
But who are you? Are you God??

Some says you are ocean of love,  
You are the elixir of salvation.  
You are the savior of universe  
You are creator of all creation.

Many say you are the fulfiller  
of the all past prophets.  
But, as I know to you....  
"The only solution of my all quests".

You are my Ideal  
the light in my "life-street".  
"Oh Lord"! Make me your servant  
This is only prayer on your  
"lotus-feet".

**"Love without love –  
service is ever sterile."**



## WITHOUT YOU!

*By: Reet Dipti Dhakal, Texas, USA*

Flying up and down,  
Not sure where my goal or pit is,  
I am a string-less little kite  
Without You!  
Wandering in the midst of  
strangers,  
trying to find my home,  
I am a lost little puppy  
Without You!  
Trapped in the daily chores,  
Pushing further the desires of  
inner being,  
I am a prisoner of self  
Without You!  
Thakur with you, I am me  
Enjoying bliss of life and world,  
Realizing each passing day  
What would I be without You!



## PRAYER

*By: Satyabrat, Mumbai, India*

o words are there to express my hues.

Silent prayers exist in form of views.  
My days begin with your prayers.  
My nights end with your prayers.

O Lord! be with e everywhere ...

Blossom has come early these days,  
Sun shines atop in the Mays  
Thereby goes the spring movement,  
drops of rain are playing a game.  
Still the prayers remain the same.

My days begin with your prayers.  
My nights end with your prayers.

Rays of conscience have passed  
the Satan,  
Power of almighty has made  
me immortal.

These are the prayers which have  
spread love

These are the prayers conquered  
the universe.

O Lord! be with everywhere ...

“Where Love concentrates,  
there the being dwells.”

## THAKUR IS PURUSHOTTAM

*By: Satyabrat, Mumbai, India*

You are the only reason of life  
You are the reason of existence.  
You are the epitome of Love.  
You are the center of mankind  
Our love for you is True...  
Thakur-Thakur is Purushottam  
My Thakur-Thakur is Purushottam

You have given us a path to walk  
which is filled with stock of love  
You gave us a “Holy Name”  
whose repetition aims win our  
game

We pray at the lotus feet of yours  
Thakur-Thakur is Purushottam  
My Thakur-Thakur is Purushottam

You are the only center of faith  
which protects us from uncertain  
death

you have given the lifelong key  
that is Jajan, Jaajan, Ishtabhriti.  
By doing so we feel your blessings.  
Thakur-Thakur is Purushottam  
My Thakur-Thakur is Purushottam



## IT'S YOUR SON SAYING

*By: Priyabrat Bhutia, Odisha, India*

It's your son saying  
"No longer I shall look behind  
and search for you.  
You are within me  
and I shall deal only with you".  
It's your son saying  
"Gone are the days  
of darkness, sorrow and poverty  
Fulfilment of your wish  
gives me every reason to be happy".  
It's your son saying  
"All the arguments stand so simple  
so straight; as you are my only  
opinion  
Even my perceptions are true  
as you are my only concern".  
Its your son saying  
"your love, your blessings  
make all constrains unseen  
Now, even thunder falls  
like a feather to me".  
It's your son saying  
"If satsang is the man making  
factory,  
bless me to be its cheapest  
commodity  
Who goes to every house of  
either poor or rich  
to spread your message of  
sacrifice and honesty."

**"Repel the devil by resistance  
and win by love"**

## OMNISCIENT

*By: Jagabandhu Acherjee, Dhanbad, India*

Across the ocean across the sea  
Time to time You have been seen  
by me  
We see You towards snow white hill  
Also side of leveled green field  
In every moment night and days  
The holy truth says always  
In endless chanting and prayer  
You are every where  
You have come in our common sense  
As omnipotent, omniscient  
omnipresent.

## A NEW HORIZON

*By: Jayanta k Majumdar, Assam, India*

MY mind is flying towards a new  
horizon,  
Breaking the grille of narrow walls,  
It's zooming to the path of  
salvation.  
Definitely due to the mystic syllable,  
That Sree Sree Thakur Anukul  
offered to me kindly.  
It's really lavish, I can utter  
haughtily.  
Recollecting it again and again,  
I feel infinite complacency.  
As if it's my upright,  
Chanting it I find path of rectitude.  
My mind becomes pellucid,  
So, my Lord, Thou're really  
extravagant,  
That I can feel in my inner sight.

**ADJUVANT**

### Not Shattered

A few weeks ago my son Gabriel and I were driving to his massage appointment. Suddenly he saw a white Honda Civic coming toward us from the right. While I had not seen the Honda I felt it hitting the right back side of the car, going very loudly DIT DIT DIT and then hitting the right front of the car, next to where I was seated! This time the noise was a little less intense! Then that Honda swerved over to the right side of the highway and stopped. A young girl was driving that car and she kept looking at us anxiously time and again! As all of this was going on, my son naturally had to stop to take stock of the situation, especially since this was rush hour time and the cars were speeding by at incredible speed! Since Gabriel stopped, another black Honda Accord behind him also had to stop. This caused the blue car (Hyundai) behind the Honda Accord to crash into the Honda Accord which did not in any way get damaged. However, the Hyundai had the front totally damaged and the airbag went off. The lady in that car fortunately did not get injured. The young girl of the white Honda Civic became very anxious and instead of calling the police (911) she called her friend! Gabriel called the police. But nothing was happening and so he had to call the police again!

Finally, a very nice state trooper arrived. He was very professional and yet kind and compassionate. All of us tried to make it to the side of the highway, which was challenging as this was in the middle of rush hour. The young Asian girl was a student and the tears kept running down her cheeks every time we glanced at her! By the Lord's grace none of us, in all four cars, had gotten injured! All of us met away from the highway, so the state trooper could take down all the necessary information. The black Honda Accord man became a little emotional but calmed down soon enough.

Now I want to share what happened to me. When I first heard the terrible noise of the Honda Civic smashing into our car, I thought that for sure I would have whip lash or some injury and was preparing myself mentally for some sort of pain! I was sitting there thinking, "any time now I will experience this pain!" To my great amazement none of that ever happened! And what was also amazing is that I never felt any sort of fear! I felt calm, cool and collected as if none of this had ever happened! When we were finally able to meet with the young Asian student, we were able to console her and make her feel at ease. Apparently there had been a red car that had come too close to her car and by trying to avoid that red car she had come too close to us, smashing into our doors. While none of us were able to identify that red car (although person driving the black Honda Accord had also seen the red car!), we all realized that the red car had caused all this trouble and yes, karmically (car-ically!) would have to repay us one day for all the anxieties as well as car expenses!!

By His grace Gabriel was able to think of the needs of the young frightened student and bought her lemonade as well as all of us! But most of all I realized that the Lord protects us through the HOLY NAME!! Because of the Holy Name He allows us to remain CALM and not become anxious, fearful, shattered or panic-stricken. But we must remember one thing: We must make Name and take it seriously, as we are invoking Sree Sree Thakur, our Lord! We must try to put Him first in our lives without expectations. We must try to repeat the Name till it becomes automatic. And we must not omit to meditate morning and night! Thank You, Lord, for giving us the Name and allowing us to repeat it, so You can save us from dangers and peril!

By: Gisela Lichtgarn



## *Sprouts*

To adore the great with devoted service is the way to be great, because bliss is materialized in them through their devotion and worship.

# *Contributions from*

---

❖ *Suhasini Patra*

❖ *Swasty Das*

# UNIVERSAL LOVE OF THE SUPREME FATHER

**SUHASINI PATRA**

*STUDENT OF GRADE 7  
MOUNTAIN VIEW, CA, USA*

Sree Sree Thakur Anukulchandra loved mankind. His priority was to serve mankind. When he was a medical student in Kolkata he used to live in small and dusty room. In the morning he would attend the courses and in the evening he would go house to house searching for poor and needy and give them treatment free of cost. People used to be charmed by his service for the poor and would get attached to him. He would attract everyone towards him with his good deeds and his service to the poor. He used to love all living being animals, plants and humans without any discrimination. These are two stories that highlight Sree Sree Thakur's love for all living beings.

Once Thakur was discussing various topics with his followers when suddenly the wail of a dog was heard. Thakur immediately stopped and asked one boy to go and check what had happened to the dog. The boy was reluctant as he did not want to miss Thakur's words but he went as it was Thakur's command. He came back some time later and informed Thakur that a dog had gone to a shop for some food but was hit by the owner and now it was fine. Thakur asked "Did you see the dog?" The boy replied in negative so Thakur said "Go a little further and check, the dog must be nursing his back. Buy some muri (puffed rice) and give it to the dog to eat." The boy didn't have any money and was hesitant to go. Thakur immediately asked another man to give the boy 2 paisa (2 paisa had a great value in those times), so that he could buy the puffed rice. The boy went and the discussions on various topics resumed.

As soon as the boy returned, with utmost curiosity of a child Sree Sree Thakur asked the boy "Did the dog eat the muri?" The boy replied "Yes Thakur. As you said the dog was sitting and nursing his back by licking it but got scared when he saw me. But when I offered the puffed rice he ate the rice happily." Thakur asked "Did the dog wag it' tail?" The boy replied "Yes. When I was returning the dog happily wagged its tail."

After sometime Thakur said, "When the dog approached for food and was beaten, it had an impression in his mind that 'when you are hungry and seek food from two legged creatures they beat you'. But when you went and offered it muri, it had a counter impression that 'not all two legged creatures are the same. Some are empathetic and sympathetic'. These impressions that remain etched in mind impact the future lives."

In another incident, once when Thakur was going for having his food, from his seating area on the way there was a tree and a branch of the tree had grown lower and Thakur would bend his head. One day the branch had furthered lowered and despite Thakur's usual bending to avoid the branch, it hit Thakur's head. This was noticed by a guru bhai who cut the branch after Thakur had left without asking. The next day when Thakur was going by the same path and lowered his head, he noticed the missing branch and in a tone of agony remarked "Oh this tree has lost a branch". Others started consoling Thakur and the said guru bhai came hurriedly and admitted that he had cut it so that it wouldn't trouble Thakur. But Sree Sree Thakur was anguished deeply and said, "No it is not your mistake. It is my mistake that I couldn't save the branch of the tree. You people call me Thakur but if I

cannot save a tree from harm, how can I save any of you". The guru bhai having realized his mistake vowed never to cut any branch again or harm a tree. Thakur's love to the trees around was so immense that he had his food from the ground and not plate that day to atone the harm inflicted by his disciple on the benevolent tree. ✱



California Annual Satsang 2016

# THAKUR IN MY EYES

**SWASTY DAS**

STUDENT OF GRADE 6  
HAMILTON, ONTARIO, CANADA



*Technologies get kids really addicted like me. Sometimes when the prayer is over and it is time for meditation I bow down to Thakur, Borma, Borda, Dada and then just leave the prayer room to go to my bedroom to see if my friend texted back. It gets fixed if you have love and respect for Him.*

In my eyes, Thakur is a Guru or a spiritual master who myself and my family follow. I may not be a pure follower of Thakur since I don't do half of the things that He reminds us to do regularly. For instance; one thing is meditation that we need to do regularly. I always get fascinated and excited when I go to a Satsang because I most likely get to hear about Thakur's life and about how to be a pure and good Satsangee. A lot of times I do listen to the advice given by guru brothers and the Ritwiks but I just can't put it in my lifestyle because of the modernized environment we live in.

Technologies get kids really addicted like me. Sometimes when the prayer is over and it is time for meditation I bow down to Thakur, Borma, Borda, Dada and then just leave the prayer room to go to my bedroom to see if my friend texted back. It gets fixed if you have love and respect for Him. When I visit the Satsang Temple and Thakur, my mind always gets purified from all the stresses in life and all the bad things happening in life.

Satsang is like a secret bunker or a safe zone that is protecting us from any unrighteous. If we surrender and follow everything what Thakur tells us to do, unrighteous will not be close to touch our minds. So let's follow Thakur and be great in the world!



*“What is good to your existence  
is godly to you and God is good”.*



New York Annual Satsang 2016



# *The Movement*

Basically this Chariot will move on and on.  
I haven't given anything from my side.  
Looking at the condition of the country,  
I feel all the substances belong to Supreme father. A  
day will come that SATSANG will become the rescuer  
of the whole world.

# *Contributions from*

---

❖ *Samprasad Majumdar*

❖ *Nirmala Acharya*

# SREE SREE THAKUR ANUKULCHANDRA AND HIMAITPUR IN PABNA

**TRANSLATED BY - SAMPRASAD MAJUMDAR**

*HAMILTON, ONTARIO, CANADA*

*ORIGINALLY WRITTEN BY: SATYAJYOTI BOSE*



*Under the benevolent guidance and inspiration of Sree Sree Thakur AnukulChandra, the locality had grown into magnificent opulence that was never known before. A thousand homes were built; a network of roadways; the post office; bazaar; schools; college, hospital; chemical factory; pharmaceutical factory; cultural center; electricity supply; cottage industries; agricultural lands; world science center; gymnasium; music center; and so on. To the great surprise and admiration of nationally and internationally remounted scientists – in regards to his deep knowledge of all sciences of the day – their astonishment was indeed greater when they had seen ample opportunities that were established for studying physics, chemistry, psychology, zoology, botany, anatomy and physiology, and all other aspects of formal education.*

In North Bengal, in the old district of Pabna of yore, there exists the holy village Himaitpur, by the mighty river Padma: this is a local fond name of the mighty Ganges - before its confluence with the other mightiest river of Indian sub-continent: Brahmaputra. Our benevolent Master, Purushottama Prema-maya Dayaalu Prabhu Shree Shree Thakur AnukulChandra was born in Himaitpur on September 14, 1888 A.D. – 30th Bhaadra of 1295 Bangaabda. It was the auspicious day of Taal Navamee. He was the first born of his parents - Poojyapaadas Shiv Chandra and Manomohinee. Even while growing up on the holy soils of Himaitpur Shree Shree Thakur AnukulChandra had been God realized by all signs. Simultaneously multifarious, his spontaneous teaching was impeccably marvellous. He would enlighten people permanently ever by imbibing in them sustaining growth in primordial goodness of Sanatana antiquity. He did it all for the spiritual and religious harmony of people on earth: of their togetherness, peace, bliss, opulence and growth. A lot of people of all denominations – famous and ordinary alike - had continued to visiting him all along in Himaitpur since his very childhood days. His companionship was indeed a kind of mysterious Divine communion for people.

On the other hand, even in 1910, when he was a young glorious aspirant of 22, he had written down holy messages; and a collection of them was published under the caption: SATYANUSARAN (The Pursuit of Truth). None other than Rabindranath Tagore had read it in the manuscript form. The Kabiguru was mighty enthralled by its linguistic-literary excellence; and by its marvels of spiritual import. The work continues to unfold everlasting messages of life and light to the most contemporary aspirant. Yet, wonder remains the mystery how ordinary people would be attracted towards the Master. This is a behaviour mystery that birds display while searching for food; so does the bees traveling far and wide – risking lives - for honey. Thus in time had gathered around him an unaccounted number of virtuous peoples from all over the globe. They included freedom fighters, revolutionaries, singers, musicians, virtuosos, scientists, engineers, lawyers, doctors, and the like. These were the masters of their own trade; and from the Master they would receive new lights in their own fields of endeavour.

During his childhood days, his reverent mother has stood for everything that was good for himself. His deepest pleasure was to be able to serve his ever guiding mother. Later, his mother was his first Guru who had initiated him to the spiritually transcendent ways. Indeed, Thakur AnukulChandra

was born with the seeds of an all-knowing propensity. There was no field of knowledge on earth that was beyond him. Right from the moments of birth, to the last moment of his life, he continued to give; and give only to any all and all. He was an incredibly brilliant learner at all times. He had formally studied medicine for curing the bodily and mental ills; and simultaneously, he had tended to the sufferings and traumas of his village people; and at large. Right from the days of his budding youth in his village his fame as the healing doctor had naturally spread far wide. He was indeed a master of bodily, mental and spiritual ills. All who would receive his devotional medical services. Everyone was convinced of his Divinely blessed potions. They had looked upon him as the Dhanwantaree incarnate. Yet, Thakur AnukulChandra had realized that this medical cure alone did not suffice for the all-round eradication of miseries of the peoples. Thus, while curing physical and mental ills of people, he had plunged into holy communions of Keertanas for spiritual enlightenment. Thus, amidst tumultuous Keertanas in myriad attendance on the property of his own; and around himself, he would be overcome a state of deep Samadhi. In this state he would fall on to the ground lifeless-like with no signs of animation. But most mysteriously his holy mouth would utter perennial Divine sermons for humanity: for the good of individual and masses on earth. Thus, on his very ancestral property in Himaitpur, had started assembling devotees from all communities – irrespective of religion and creed – in prolific numbers.

During the beginning of the Twentieth Century, Bengal was having an incredible persisting scarcity of drinking water. This being a sequel to the aborted attempt of the British Raj to divide Bengal, the Government agencies had maintained an utterly uncaring attitude to the needs of the people. This scarcity of drinking water had resulted in epidemics of cholera, small pox and malaria, etc.; and had told upon public health severely. Child mortality was alarming. In response to this most appalling situation, the benevolent Master had launched extensive programs of digging tube wells and fresh water tabs in as many villages as possible. Thus, within a short time - in response to meeting the needs of all, noble inspirational endeavours had grown in this area. Thus, was established the SATSANG ASHRAM AND SATSANG SANGHA of world renown.

At that time, railway lines had been extended only to Pakshi; and the bridge over Ganga – SARA BRIDGE – was in a dire need for extending the railway tracks. But, the tracks would need an enormous number of sturdy wooden planks. The members of Satsang Sansad had taken over themselves the task of procuring the planks. They had procured mighty wooden logs from the Tarai forests; floated them by the streams of mighty Ganga to Himaitpur. These logs then needed to be split into the desired wooded planks. That had required a power driven (electric dynamo) mighty saw to be brought in Himaitpur: from Ishwardi to Pabna; and from there to Himaitpur. That was indeed a formidable distance. Two parallel rail lines were set very securely. With great efforts, the engine was placed on these parallel steel lines; and it was pushed ahead by fifty to sixty devotees in the style of relays, repeated over and over again. Thus this engine was transported over this formidable distance. An unbelievable feat it was; and it was realized by the inspired devotees through their unshakeable faith in Divinity.

While the Ashram was constructed, all mothers of the locale had contributed less. They had dug the soils manually. They had manufactured all bricks necessary. They had carried out all works of labour - of brick laying and the rest - with unprecedented devotional zeal. Under the holy principles of the Ashrama - of Shraddha, Bhakti, Prema and Ishwara Anubhooti - and by retaining all of these aspects of their uniqueness, the devotees of numerous denominations had developed into it a great force: a union of humanity; for practicing ideals, religion, social customs, education, politics, initiation, marriage, child birth, cultivation, industrial arts, etc. – on all aspects of life.

Soon, had spread far and wide the words of stupendous activities at Himaitpur under Sree Sree Thakur. Also in the air was the sagas of His wondrous personality. Along with the masses had come in prolific patriots and freedom fighters to the Ashrama seeking to meet Master. Truly awesome was indeed the Master: Sree Sree Thakur AnukulChandra. Everyone arrived were overwhelmed with His Divine openness; his words and examples; and his fathomless compassion and kindness. Thus overwhelmed beyond measures these prolific seekers had sought formal initiation from Master, thus accepting Mater as their Guru – spiritual Mentor. Invited thus by his blessed disciple - Deshbandhu Chittaranjan Das - was Mahatma Mohandas Karamchand Gandhi who had come to Himaitpur in order to experience Satsanga at this holy abode. The Mahatmaa - in immense appreciation - had observed in this hermitage a unique union of humanity - of all denominations practicing spirituality and character building while retaining all practices of their own denomination – and yet, enlightened beyond measures, they were all immersed in giving pure f love, reverence and veneration to all. Thus, Netaji Subhash Chandra Bose and his parents had visited this hermitage for the holy communion of Sree Sree Thakur.

Under the benevolent guidance and inspiration of Sree Sree Thakur AnukulChandra, the locality had grown into magnificent opulence that was never known before. A thousand homes were built; a network of road-ways; the post office; bazaar; schools; college, hospital; chemical factory; pharmaceutical factory; cultural center; electricity supply; cottage industries; agricultural lands; world science center; gymnasium; music center; and so on. To the great surprise and admiration of nationally and internationally remounted scientists – in regards to his deep knowledge of all sciences of the day – their astonishment was indeed greater when they had seen ample opportunities that were established for studying physics, chemistry, psychology, zoology, botany, anatomy and physiology, and all other aspects of formal education. Indeed, Sree Sree Thakur AnukulChandra used to say: science itself is a way to AMRITA – The Divine Nectar. Science guides us to the ways of happy life. Thus, proclaiming false that Religion and Sciences are mutually contradictory – he had propounded harmony between them.

Right in Himaitpur Sree Sree Thakur AnukulChandra had propounded the SATSANGA movement; and it had spread all over the globe in years. He had built – of glory unprecedented – great individual and collective personalities for the good of humanity and nations on earth.

But greater calling was waiting for himself in Deoghar. His incessant work for 58 years had a toll on his health. Thus, on September 01, 1946, Sree Sree Thakur Anukul had prostrated most reverently in front of the holy images of his parents; and of the temple images of Huzur Maharaj and Sarkar; and he embarked on a journey to Deograr of Bihar. \*



*“He, the man who is supported by the majority of every community  
as their own, is the blessed normal Representative of  
human society and a boon to democracy and life to election.”*

# SATSANG AMERICA – A BRIEF HISTORY

**MRS. NIRMALA MOHANTY**

*KENDRAPARA, ODISHA, INDIA*



*After having a long experience of 25 years with Thakur and having extensive involvement in different works of Satsang, Hauserman went back to America in 1970 after Sree Sree Thakur left this Earth. He, with the association of Bob Cumming and Neil Sheldon and few others established Satsang Center in the residence of Bob Cumming at Manhattan and named it as 'The Community of Lovers of Existence'. Afterwards the center was shifted to Lower Manhattan by the help of John Kaltenbach.*

The history of Satang America may date back to the 18th October 1945, the day on which Ray Archer Hauserman and Edmond Joseph Spencer took initiation at Pabana, India, under the master ship of Sree Sree Thakur AnukulChandra, - Fulfiller the best and the founder of Satsang. These two persons stayed with Thakur in Satsang both at Pabana and Deoghar till the sad demise of Sree Sree Thakur in 1969, though in between Hauserman in 1948 and Spencer in 1959 came to America for short periods. During their stay in America they influenced some people in ideology of Sree Sree Thakur and made them His disciples. Mr. Hauserman was educated at Jefferson college of Washington and Mr. Spencer was educated at Harvard and was a young philosopher. Both of them came to India as employees in American Field Service in Ambulance Division, during the Second World War and took the opportunity to meet Sree Sree Thakur.

Through them many Americans came for a visit to Satsang Ashram at Deoghar, India, in 40's ,50's and 60's including mother of Hauserman and were impressed by the inordinate love of Sree Sree Thakur and took initiation. One such person was David Lutman who as a passionate devotee of Sree Sree Thakur in 1956 tried to materialize His mission after going back to America. There were many others of the sort. Thus went on, if not regular, preaching of ideology of Sree Sree Thakur in the USA.

In 1970, being blessed by Sree Sree Baroda the then guide (Acharya) of Satsang after Thakur, Dr. Rebati Mohan Biswas reached New York and with much toil initiated some Americans in the Holy Name of Sree Sree Thakur. He also with much effort did his P.H.D on Thakur' s philosophy from the university of the USA. Few American devotees of Sree Sree Thakur helped him a lot in this regard. Some important person of America also came to know of Sree Sree Thakur and his mission by this.

After having a long experience of 25 years with Thakur and having extensive involvement in different works of Satsang, Hauserman went back to America in 1970 after Sree Sree Thakur left this Earth. He, with the association of Bob Cumming and Neil Sheldon and few others established Satsang Center in the residence of Bob Cumming at Manhattan and named it as 'The Community of Lovers of Existence'. Afterwards the center was shifted to Lower Manhattan by the help of John Kaltenbach. At that time the work of Satsang flourished much by the staunch association of Neil and Lee Selden, Penny Thompson, Don Booth, Jay Gordon , Dolores Danish, Frank and Louis Cafone, David and Gisela Lichtgarn, Andre Louis, Hari narayan Chakravarty, Ed Spencer, Kerry Brace, Jeffery Renert, Bruce Beaver and others . This is perhaps the second phase of the Satsang movement in the USA .In 1972 the same center was shifted to Queens area of New York . Again in 1976 it was shifted to Kew Gardens of

New York and it was named as ' Satsang House'. It was a registered body by that time and the President of the board was John Booth.

In 1976 Rev. Kajol Da the third Son of Sree Sree Thakur along with his mother (The Second wife of Sree Sree Thakur) and his son (Bapun Babu) visited New York in the context of heart operation of his son. It is understood that he also initiated some people there in the Holy Name at that time.

During 1976 many Americans also visited Satsang Ashram at Deoghar in India. Among them was Bob Hauserman (The Elder brother of R.A Hauserman) who being very much impressed by the personality of Rev. Dada (The present Acharya Guide) and invited him to visit the USA.

After returning to America from Deoghar, Kerry Brace, David and Gisela Lichtgarn, Jeffery Renert and others established another Satsang center at Hartford, Connecticut by focusing Sree Sree Baroda as the guide (Acharya) of Satsang. As far the information goes this was not registered and the work of the Satsang continued without much progress.

After almost a long period of silence some Asian particularly India, Bangladesh, and Nepal based followers of Sree Sree Thakur staying all over USA along with American followers have started celebration of Birthday Anniversary of Sree Sree Thakur since 2005. They have also been observing periodic Satsang sittings. Being blessed by The Present Acharya (guide of Satsang - Rev. Dada, the followers of Satsang are going on observing the Birthday Anniversary of Sree Sree Thakur since 2010 annually. In 2014 a registered body known as 'Satsang America' has been formed under the workmanship of a Board of Directors and has a website named [www.satsnagamerica.org](http://www.satsnagamerica.org) has been created. The followers of Sree Sree Thakur are now trying very hard to find an own house to continue with day-to-Day Satsang activities. Pray Thakur, they may come out successful. ✱

### **"Bande Purusottamam"**



*"Do and do materialize with every immediacy, in desired time, the wishes of your Superior Beloved as you are asked for ~ managing all events and affairs for success ~ this is the only way to thrive with efficiency. "*



Satsang Canada 2015



Satsang New York 2016



*After all,*

Complexes are delirious strong—  
duped with strongly licentious deteriorating stimuli which  
usurp faculties and services  
that make becoming profitable with environment hence  
being is cloudy and weakly nourished;  
so urge and activity weep with thready thrills;  
and when the service that enlightens  
being and becoming glows, dazzles and divers  
the interest of complexes;

# THE ESSENCE OF BEING AND BECOMING

**EDITORIAL**

**SUBRAT K MOHANTY**

*DIRECTOR, FINANCIAL SERVICE, IBM  
WOODLAND HILLS, CA, USA*

Each and every living entity has the urge to live. It is most intensely found in the human being like man. Each man on the earth universally is one at a point that everyone wants to live. Nobody ever likes death. The question naturally comes – WHY? The only answer to this is that the life itself has the urge to live not to die. Life has the urge of emancipation– not decay. What dies is certainly the body – not the life force, which is otherwise known as soul. The being is our libido.

If the innate tendency of life is to live, then it is every man's urge to attend immortality. As God is immortal, so everybody seeks, tacitly or passively, to reach God. Hence the purpose of life is God realization. So, it can be told that every man is a spiritual being. In order to reach final spiritual stage, he has to pass through his mundane or material stage what he crosses day by day. Therefore, life has another practical purpose that is to live and to grow. Due to lack of proper knowledge man is neither sound in leading the material life nor in passing through a spiritual domain. Thus very often almost unsurmountable sufferings in life.

The simplest clue to live a balanced material as well as spiritual life comes from the person who knows by realization the man and the universe he lives in. Such personality is certainly Sree Sree Thakur Anukulchandra. He sees the being of each along with that of all and also knows the process of becoming of everything. He says that everything on this earth is in possession of a being which means the tendency to be. If we take the example of the seed of a banyan tree, we will find that a very small seed keeps in store within itself a very big tree the banyan itself. This means that the small seed has the tendency within itself to be expressed in the form of so big a tree. But this tendency of the seed cannot come to use any use unless attached to the soil which gives nourishment to this tendency of the seed. This means becoming. More favourable is the nourishment, more is the possibility of becoming of the seed. The same example may be set in case of man. Here the seed is positive and the soil is compatibly negative. More is the coordination and adjustment in the elements of the positive and negative, that is in more concrete terms – father and the mother – more is the depth of life force with all its aspects, in the off-spring. This This is nothing but the process of creation and procreation. As fire has its two aspects – heat and light, so man has his two aspects, one is being and the other one is his existence. Sree Sree Thakur says – “that exalts the existence is being”. So the existence of man (becoming) depends upon the force of his being. In short the being of man is nothing but the life force what he is in possession of. Sree Sree Thakur tells – “We live in being (life force) and grow in existence”.

In order to have a proper understanding of any 'being' we have to understand the process of 'Creation' and its progress. While giving the beginning of the creation. Sree Sree Thakur reveals –

“The booming commotion of existence That rolls in the bosom of the Beyond,  
Evolves into a thrilling rhyme and Upheaves into a shooting Becoming of the Being  
With echoes that float with an embodiment Of Energy that is Logos the word - the Beginning”.

This means that Logos is the Prime Sound (*Adi Naad*) from which life has sprouted and therefore everything in this universe is living with a life force. So also man. This Logos has been given in the form of Holy Name by Sree Sree Thakur. Otherwise it means that the whole of universe has been created out of the Holy Name of Sree Sree Thakur and He is its embodiment. The Holy Name contains both Positive (**Purusha**) and Negative (**Prakriti**) aspects in it and life (of each and all) has sprouted from the fusional adherence of the two. Sree Sree Thakur tells – “The fusional adherence that evolves into being with responsive becoming is life”. As fire gets vigour when fuel is added to it, so also the life force of man is invigorated when one recites the Holy Name of Sree Sree Thakur because it is the fire of life within. Hence Sree Sree Thakur is the essence of every one’s being and becoming and lives of all become worth living with all its objectives when everybody adheres to Him by initiation. ✱

**-Bande Purusottamam –**



DULAL CHAKRABORTY  
RPh

## LISCIO PHARMACY

*Your Neighborhood Pharmacy*

2498 Williamsbridge Road • Bronx, NY 10469-4897

Tel: 718-547-3706/718-547-3905 Fax: 718-231-3919

★ FREE ★

\*SOME RESTRICTIONS APPLY

- BLOOD PRESSURE CHECKUP
- DELIVERY & PICKUP
- FAX & COPY

STORE HOURS

MON - FRI 09:00 AM - 07:00 PM

We Fill Your Prescription in 10 mts.  
While You Wait!

- WE ACCEPT MEDICAID, MEDICARE & ALL MAJOR INSURANCES
- SPECIAL DISCOUNT FOR SENIOR CITIZENS AND CHILDREN

*We Provide Quick and Courteous Customer Service*



**Baskin 31 Robins**  
Shop online at [Dunkin Donuts.com](http://Dunkin Donuts.com)

Shop online for Coffee ■ Muss ■ Theroses ■ Brewers ■ Gift Packs ■ Shop online

শ্রীশ্রীঠাকুরের ১২৯তম শুভ জন্মবার্ষিকী  
উৎসবের সাফল্য কামনায়!

বিনীত

শ্রী প্রবীর মিত্র, শ্রীমতি শুক্লা মিত্র

শ্রী সুনন্দন মিত্র, শ্রীমতি পূজা মিত্র

**New York Donut Corporation**

35-30, 36th Street, Astoria, NY 11106

Tel: 718-786-6825, 718-786-1844

22k Diamond, Cut Bangles & Jewellery.  
24 Karas, Chains, Coin, Etc.

Importer, Wholesaler, Retailer  
& Manufacturer

Repairs on Premises

Tuesday Closed

**Tel:**  
**718-205-7101**



# Sona Mandi

37-44 74th Street, Jackson Heights, NY 11372

**Keeping Traditions Alive**



*Keeping Traditions Alive*



**BUTALA  
EMPORIUM<sup>®</sup>**

**NEW YORK**

*Online at [www.butala.com](http://www.butala.com)*

37-46 74th Street  
Jackson Heights, NY 11372  
Tel: 718 899 5590

132 E 28th Street  
New York, NY 10016  
Tel: 212 684 4447

257-19 Hillside Ave  
Floral Park, NY 11004  
Tel: 718 470 0012

1412 Oak Tree Rd  
Iselin, NJ 08830  
Tel: 732 283 7655

779 Newark Ave  
Jersey City, NJ 07306  
Tel: 201 420 5990

# হোমিও চিকিৎসা

## ডাঃ এস.কে.শর্মা

D.H.M.S (B.D) N.H.C (USA) Homeopathic Specialist

আপনি কি যে কোন জটিল কঠিন ও পুরাতন রোগে ভুগছেন, তাহলে একবার হোমিওপ্যাথিক ঔষধ ব্যবহার করে দেখুন। আমাদের এইখানে সম্পূর্ণ গোপনীয়তা রক্ষা করা হয়।

## Homeopathy & Herbal হোমিওপ্যাথিক এন্ড হারবাল

37-15 73rd Street (Bangladesh Plaza)

Jackson heights, NY 11372. Ph: 917-285-4804

Email: sharmashaymal@yahoo.com

[www.sharmahomeopathic.com](http://www.sharmahomeopathic.com)

Business Hours: 11:00am to 9:00pm



স্বল্প খরচে অল্প সময়ে অত্যাধুনিক পদ্ধতিতে,  
আমেরিকান ঔষধের সাহায্যে চিকিৎসা করা হয়।

একটি বাংলাদেশী প্রতিষ্ঠান

### S.N. JEWELRY & REPAIR CENTER

আপনাদের পছন্দের ২২, ১৮ এবং ১৪ ক্যারেট গোল্ড জুয়েলারীর অর্ডার নিয়ে নতুন অলংকার তৈরী, রিপেয়ার এবং পুরাতন সোনা দিয়ে নতুন অলংকার তৈরী করে থাকি।

যোগাযোগঃ স্বপন

(৩৪৭) ৮৯১-৮৮৯১

এস এন জুয়েলারী এন্ড রিপেয়ার সেন্টার

37-19 74<sup>th</sup> Street, Suite 1R, Jackson Heights, NY 11372



Quality Products.. Great Prices...



FRESH  
FRUITS &  
VEGETABLES

FARMERS MARKET

*staying ahead in taste*

FRESH  
BAKED  
GOODS

# SUPER SALE

July 27, 2016 - August 28, 2016

WE ARE  
OPEN **24**  
HOURS

ENJOY MORE THAN  
**20,000** SQ. FT. OF  
SHOPPING AREA

## MAHARAJA FARMERS MARKET

265 S Broadway Delco Plaza, Hicksville, NY 11801 Tel: (516) 822-6061 Fax: (516) 822-6062

BRANCH : 1620 Hillside Avenue, New Hyde Park, NY 11040 Tel: (516) 355-5051 Fax: (516) 355-5052


COMING SOON AT:

249-12 Hillside Ave. Bellerose NY 11427 Tel: (718) 347-2111 Fax: (718) 347-2112

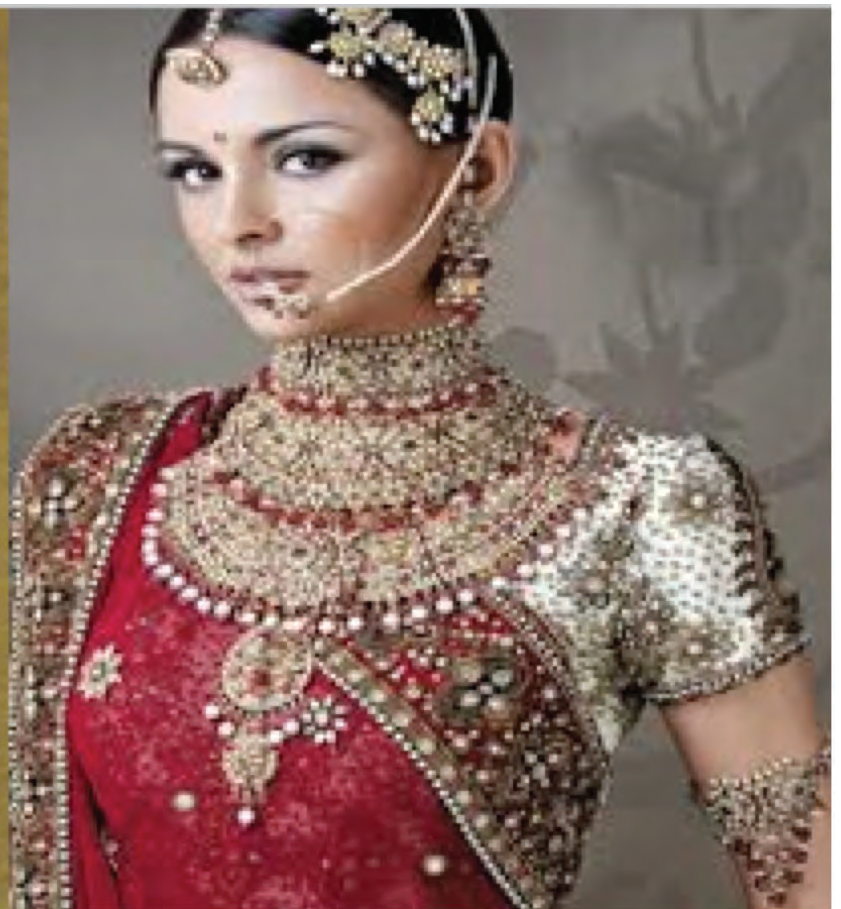
[www.maharajafarmersmarket.com](http://www.maharajafarmersmarket.com)

Sona Jewels

Tel: 718-478-7401  
37-10 74th Street  
Jackson Heights  
N.Y. 11372



of London



নির্ভরশীল সেবার প্রতিশ্রুতি মধুমতি ট্রাভেলস

# Modhumoti Travels

## মধুমতি ট্রাভেলস



**SUMITA**

**We Sell Airlines Tickets for 110 Airlines including**  
Emirates, Turkish Airline, Kuwait Airways, Qatar Airways, Etihad Airways, Bangladesh









**Ph: 3472807327, 3479939246**  
Email: [modhumotitravel16@gmail.com](mailto:modhumotitravel16@gmail.com)  
1514 Union Port Road, Suite: TF, Bronx, NY 10462

Open 7  
Days a  
Week  
10.00A.M.  
to 10.00 P.M.

# MAHARAJA

## QUALITY SWEETS & SNACKS

73-10 37th Avenue Jackson Heights, NY. 11372



Sukhdev Bawa & Gurdeep Bawa

We Serve  
Vegetarian Thali



Tel : 718.505.2680, Fax : 718.505.2690

[www.maharajasweets74.com](http://www.maharajasweets74.com)

# MITA JEWELERS



22 & 24  
Karat  
Glamorous  
Handmade  
Jewelry



**MITA JEWELERS**

WISHES A GRAND SUCCESS OF THE

**UTSAV-2016!**

Diamond  
Jewelry

37-30 74th Street, Jackson Heights, NY 11372  
Tel: 718-507-1555 Fax: 718-507-1591



# PATEL<sup>®</sup> BROTHERS

BRINGING YOUR HOMELAND CLOSER SINCE 1974



Groceries, Fresh Fruits, Vegetables and more.....

#### ILLINOIS-HEAD QUARTERS

**PATEL BROTHERS**  
2610 W. DEVON AVENUE  
CHICAGO, IL. 60659  
T: 773.262.7777 / 773.764.1857  
F: 773.764.7941

**PATEL BROTHERS**  
2010 ARMY TRAIL ROAD  
HANOVER PARK, IL. 60133  
T: 630-213-2222  
F: 630-213-2259

**PATEL BROTHERS**  
813 E. SCHAUMBURG ROAD  
SCHAUMBURG, IL. 60193  
T: 847-524-1111  
F: 847-524-1558

#### INDIANA

**PATEL BROTHERS**  
4150 LAFAYETTE RD, SUITE F & G  
INDIANAPOLIS, IN 46254  
T: 317-293-8345  
F: 317-293-8395

#### KENTUCKY

**PATEL BROTHERS**  
1830 HURSTBOURNE PKWY  
LOUISVILLE, KY 40220  
T: 502-499-9791  
F: 502-499-9216

#### GEORGIA

**PATEL BROTHERS**  
1711 CHURCH STREET  
DECATUR, GA 30033  
T: 404-296-2696  
F: 404-296-2696

#### NORTH CAROLINA

**PATEL BROTHERS**  
1419 SOUTH EAST MAYNARD RD  
CARY, NY 27511  
T: 919-380-0113  
F: 919-319-5661

**PATEL BROTHERS**  
601-605 'D' NORTH POLK ST.  
PINEVILLE, NC 28134  
T: 704-889-1670  
F: 704-889-1671

#### TENNESSEE

**PATEL BROTHERS**  
4043 NOLENSVILLE PIKE  
NASHVILLE, TN 37211  
T: 615-833-1555  
F: 615-833-1556

#### OHIO

**PATEL BROTHERS**  
1170 KENNY SQUARE MAIL  
COLUMBUS, OH 43220  
T: 614-273-1376  
F: 614-273-1371

**PATEL BROTHERS**  
6876 PEARL ROAD  
MIDDLEBURGH, OH 441330  
T: 440-885-4440  
F: 440-885-4441

**PATEL BROTHERS**  
11985 LEBANON RD.  
SHARONVILLE, OH 45241  
T: 513-769-0400  
F: 513-769-0415

**PATEL BROTHERS**  
SAW MILL ROAD  
COLUMBUS OHIO 43235  
T: 614-792-8484  
F: 614-762-9595

#### MICHIGAN

**PATEL BROTHERS**  
28684 FORD ROAD  
GARDEN CITY, MI 48135  
T: 734-427-4445  
F: 734-427-4985

**PATEL BROTHERS**  
28950 ORCHARD LAKE ROAD  
FARMINGTON HILLS, MI 48334  
T: 248-851-7470  
F: 248-851-6427

**PATEL BROTHERS**  
37196 DEQUINDRE ROAD  
SHERLING HEIGHTS, MI 48077  
T: 586-795-5120

#### TEXAS

**PATEL BROTHERS**  
5815 HILLCROFT  
HOUSTON, TX 77036  
T: 713-784-8332  
F: 703-273-7400

**PATEL BROTHERS**  
16338, KENSINGTON DR.  
UNIT#130  
SUGARLAND, TX 77479  
T: 281-980-1181  
F: 281-980-1210

**PATEL BROTHERS**  
1009 W. ROCHELLE RD.  
IRVING, TX 75062  
T: 972-570-2504  
F: 972-570-3033

#### CONNECTICUT

**PATEL FOODS**  
171 E. SPENCER STREET  
MANCHESTER, CT 06040  
T: 860-645-6100  
F: 860-643-9322

#### MISSISSIPPI

**PATEL CASH & CARRY**  
6800 W. OLD CANTON RD  
SUITE 102  
RIGDELAND, MS 39157  
T: 601-952-0332  
F: 601-952-0332

**PATEL BROTHERS**  
1999 HWY 80 WEST SUITE 15  
JACKSON, MS 39204  
T: 601-353-6611

#### FLORIDA

**PATEL BROTHERS**  
1251 E. FOWLER AVE, UNIT F  
TAMPA, FLORIDA 33612  
T: 813-558-9090  
F: 813-558-9696

#### VIRGINIA

**PATEL BROTHERS**  
11116 LEE HIGHWAY  
FAIRFAX, VA 22030  
T: 703-273-7400

#### MARYLAND

**PATEL BROTHERS**  
6402 BALTI NATIONAL PIKE  
ROUTE #40, SUITE #180  
CATONSVILLE, MD 21228  
T: 410-719-2822  
F: 410-719-2821

**PATEL BROTHERS**  
15110 FREDERICK ROAD  
ROCKVILLE MD 20850  
T: 301-340-8656  
F: 301-398-8959

**PATEL BROTHERS**  
2074 UNIVRSITY BLVD  
HYATTSVILLE, MD 20783  
T: 301-422-1555  
F: 301-422-1555

#### PENNSYLVANIA

**PATEL BROTHERS**  
4145 WILLIAM PENN NWY  
MONROEVILLE, PA 15146  
T: 412-372-2758  
F: 412-380-0144

**PATEL BROTHERS**  
1915 STREET ROAD  
BENSALEM, PA 19020  
T: 215-447-8154  
F: 215-447-8138

#### CALIFORNIA

**PATEL BROTHERS**  
2039 EL CAMINO REAL  
SANTA CLARA, CA 95050  
T: 408-261-3555  
F: 408-261-3545

#### NEW YORK

**PATEL BROTHERS**  
37-27, 74TH STREET,  
JACKSON HEIGHTS, NY 11372  
T: 718-898-3445  
F: 718-898-9243

**PATEL BROTHERS**  
415 SOUTH BROADWAY  
HICKSVILLE, NY 11801  
T: 516-681-0091  
F: 516-681-0072

**PATEL BROTHERS**  
42-92 MAIN STREET  
FLUSHING, NY 11355  
T: 718-661-1112  
F: 718-661-2076

**PATEL BROTHERS**  
124-10 LIVERY AVE,  
RICHMONDHILL, NY 11419  
T: 718-843-2527  
F: 718-843-2526

**PATEL BROTHERS**  
251-08 HILLSIDE AVENUE  
BELLEROSE, NY 11426  
T: 718-470-1356  
F: 718-470-0209

#### MASSACHUSETTS

**PATEL BROTHERS**  
425- MODDY STREET  
WALTHAM, MA 02453  
T: 781-893-1003  
F: 181-893-6003

**PATEL BROTHERS**  
504, BOSTON TURNPIKE  
SHREWSBURY, MA 01545  
T: 508-842-9600  
F: 508-842-9630

#### NEW JERSEY

**PATEL CASH & CARRY**  
1551 OAKTREE RD  
ISELIN, NJ 08830  
T: 732-205-0187  
F: 732-205-0397

**PATEL CASH & CARRY**  
780 NEWARK AVE  
JERSEY CITY, NJ 07306  
T: 201-222-7572  
F: 201-222-1019

**PATEL FOOD MARKET**  
1357 OAKTREE RD  
ISELIN, NJ 08830  
T: 732-283-7283  
F: 732-283-4950

**PATEL CASH & CARRY**  
2800-RT # 27, RYAN PLAZA  
NORTH BRUNSWICK,  
NJ 28902  
T: 732-821-0667  
F: 732-821-7232

**PATEL BROTHERS**  
1084-1088, RT 46 WEST  
PARSIPPANY, NJ 07054  
T: 973-299-9913  
F: 973-299-9928

**PATEL BROTHERS**  
8 OLD ROAD  
SOUTH AMBOY, NJ 08879

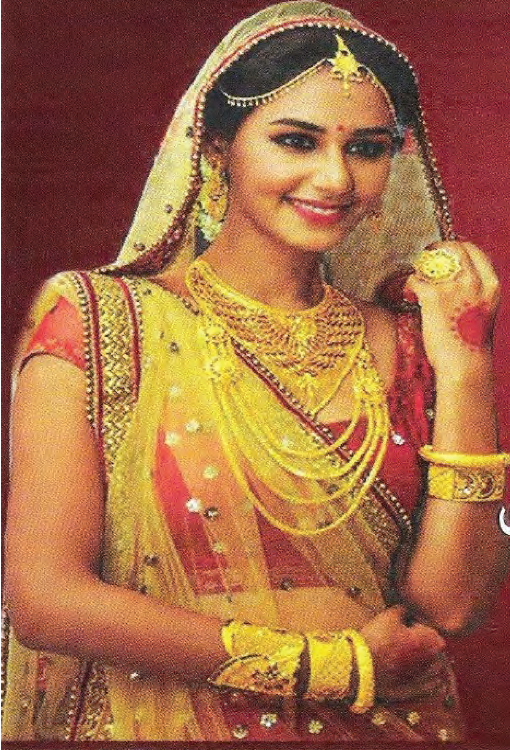
#### CANADA

**PATEL CASH & CARRY**  
700- MARKHAM RD,  
UNIT# 3&4, SCARBOROUGH  
ONTARIO, M1H 2A7  
CANADA  
T: 416-439-9393  
F: 416-438-6446

**PATEL CASH & CARRY**  
700- MARKHAM RD,  
UNIT# 3&4, SCARBOROUGH  
ONTARIO, M1H 2A7  
CANADA  
T: 416-439-9393  
F: 416-438-6446



# M.N. JEWELLERY



All kind 14k, 18k & 22k Gold Jewellery  
Expert in Custom Made Jewellery

## Repair Center

আপনাদের পছন্দের ২২, ১৮ এবং ১৪ ক্যারেট গোল্ড  
জুয়েলারীর অর্ডার নিয়ে নতুন অলংকার তৈরী, রিপেয়ার এবং  
পুরাতন সোনা দিয়ে নতুন অলংকার তৈরী করে থাকি।

**Madhu Shudan Dhar**  
**(917) 517-2249**

এম এন জুয়েলারী এন রিপেয়ার সেন্টার

73-12A 37th Avenue, Jackson Heights, NY 11372,

Next Door to TD Bank

Inside of the Vishal & Genna Jewels Besement

E-mail: [madu.dhar@.com](mailto:madu.dhar@.com) Tel: (917) 517-2249



**Joyanal Abedin CBR, M.COM, LLB**

Lic. Real Estate Salesperson

President Sujusa Corp.

Notary Public

**Commercial & Residential**

**Tel. 718-204-0044**

**Cell. 646-645-9727**

[joyanalrealtors@gmail.com](mailto:joyanalrealtors@gmail.com) - [www.joynala.com](http://www.joynala.com)



**TODAY**

**32-56 Steinway Street • Astoria, NY 11103**

Each Office Independently Owned and Operated

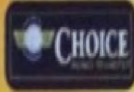
# শৈশব কমিউনিকেশন



কেশব চন্দ্র লোধ

স্বত্ত্বাধীকারি

646-309-2364



সানম্যান গ্লোবাল এক্সপ্রেস কর্পোরেশন

(আপনার পরিচিত রূপালী এক্সচেঞ্জ ইন্ক)

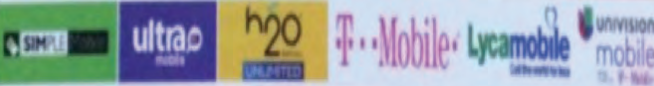
যে কোন দেশে, যে কোন ব্যাংকে ২৪ ঘন্টার মধ্যে

## টাকা পাঠানো হয়

সপ্তাহে ৭ দিনই খোলা

সকাল ১০ টা - রাত ৮টা

আমরা সব ফোনের বিল দিয়ে থাকি এবং ফ্ল্যাক্সিলোড,  
কপি, ফ্যাক্স, স্ক্যান, ইমেইল ও রেজুমি বানানো হয়



2113 STARLING AVE. SUITE # 202 BRONX, NY 10462

Tel: 718-822-1622 | keshab\_lodh@yahoo.com

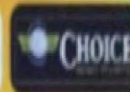
# SHAISHAB COMMUNICATION



Keshab C Lodh

Business Owner

646-309-2364



Sunman Global Express Corp.

(a.k.a Rupali Exchange Inc.)

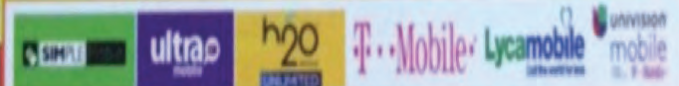
## SEND MONEY

To Any Country, Any Bank Within 24 Hours

OPEN 7 DAYS

10:00 am - 8:00 pm

We pay any Phone Bill, Flexi Load  
Copy, Fax, Scan & Email, Resume Writing



2113 STARLING AVE. SUITE # 202 BRONX, NY 10462

Tel: 718-822-1622 | keshab\_lodh@yahoo.com

# আম্বা জুয়েলাস



Follow us on Facebook  Exclusive 22K Gold & Diamond Jewelry

37-13 74TH STREET, JACKSON HEIGHTS, NY-11372

PH : 718-639-2300, FAX : 718-639-3389

E-mail: [ambajeweler@gmail.com](mailto:ambajeweler@gmail.com)

# Digital One

Wireless Communication

## Jackson Heights

72-30 Rosevelt Ave  
Jackson Heights, NY 11372

Tell: 718-396-4890

DCA : 1306701



T-Mobile

h2o  
UNLIMITED

ultra  
mobile

Lycamobile  
Call the world for less

SIMPLE  
Mobile

## Digital One Money Transfer

অত্যন্ত দ্রুত ও  
নির্ভাবনায় টাকা পাঠান প্রিয়জনের কাছে  
ডিজিটাল ওয়ান ট্রাভেল



আমরা Kuwait, Emirates, Etihad, Qatar & Turkish Airline সহ  
বিভিন্ন এয়ারলাইন্সের টিকেট সরাসরি আমাদের অফিস থেকে ইস্যু করে থাকি।

আপনার নিশ্চিত ভ্রমণের বিশ্বস্ত আয়োজক

৭২-৩০ রুজভেল্ট এভিনিউ, জ্যাকসন হাইটস, নিইইয়ক ১১৩৭২

ফোন : ৯১৭-৫৯২-৭৮২৮, ৭১৮-৩৯৬-৪৮৯০



**AMRITA FASHION**  
**অমৃতা ফ্যাশন**

**RETAIL &  
WHOLESALE**



- Designer Sarees • Bridal Sarees
- Bridal Lehanga • Readymade Salwar Kameez
- Girls Salwar • Kameez & Lehanga
- Boys Sherwani • Mens Sherwani & Punjabi

75-05 37th Avenue Jackson Heights  
New York 11372 • Phone : (718) 426 7482  
E-mail : amritafashion@hotmail.com



**Amit**  
**FABRIC & SAREE PALACE**

**FABRICS • SAREE • SALWAR KAMIZ • THREE PIECE SUIT • MENS SUITING & SHIRTINGS**

75-04 37TH AVENUE  
JACKSON HEIGHTS, NY 11372

TEL: (718) 426 7885  
e-mail: amitfabrics@hotmail.com



*Karan Jewelers*  
22K-24K Gold and  
Diamond Jewelry



**Karan Jewelers**

37-05 74th Street, Jackson Heights, NY 11372  
Phone: (718) 478-8200, Fax: (718) 478-8201  
Email: info@karanjewelers.com, www.karanjewelers.com



Subal C Debnath

# DEBNATH ACCOUNTING INC.

**SUBAL C DEBNATH, MAFM**

MS in Accounting & Financial Management, USA  
Concentration: Certified Public Accounting (CPA)



**INCOME TAX**

**SALE TAX**

**NOTARY  
PUBLIC**

**ACCOUNTING**

**PAYROLL**

**BUSINESS OPEN**

**IMMIGRATION**

**D.D.C.**

37-38, 73rd Street, 2<sup>nd</sup> Floor, Jackson Heights, NY 11372 | Ph: (917) 285-5490

E-mail: subalcdebnath@yahoo.com

# Best compliments from

## Elizabeth M. Barna

*Attorney at Law*

*Past President*

*American Immigration Lawyers Association (AILA)*

*New York Chapter*



**আমরা বাংলায় কথা বলি**

আমরা ইমিগ্রেশন আইন সংক্রান্ত সকল  
কাজ যত্ন সহকারে করে থাকি।

সার্বিক আইন সংক্রান্ত বিষয়ে  
বিশেষ পরামর্শ প্রদান করা হয়।

**ইমিগ্রেশন আইন বিশেষজ্ঞ**

**দীর্ঘ ২০ বৎসরের অভিজ্ঞতা সম্পন্ন**

**Catering to a Multi-Ethnic Clientele  
Intelligent, Dedicated & Personalized  
Representation Nationwide**

**সার্বিক যোগাযোগের জন্য**

*For all your legal needs contact*

## **Elizabeth M. Barna**

**305 Broadway, Suite 305, New York, NY 10007**

**Tel: (212) 732-0497 Fax: (212) 732-0499**

**Email: [emb1029@aol.com](mailto:emb1029@aol.com)**

**[www.ElizabethBarnaLaw.com](http://www.ElizabethBarnaLaw.com)**



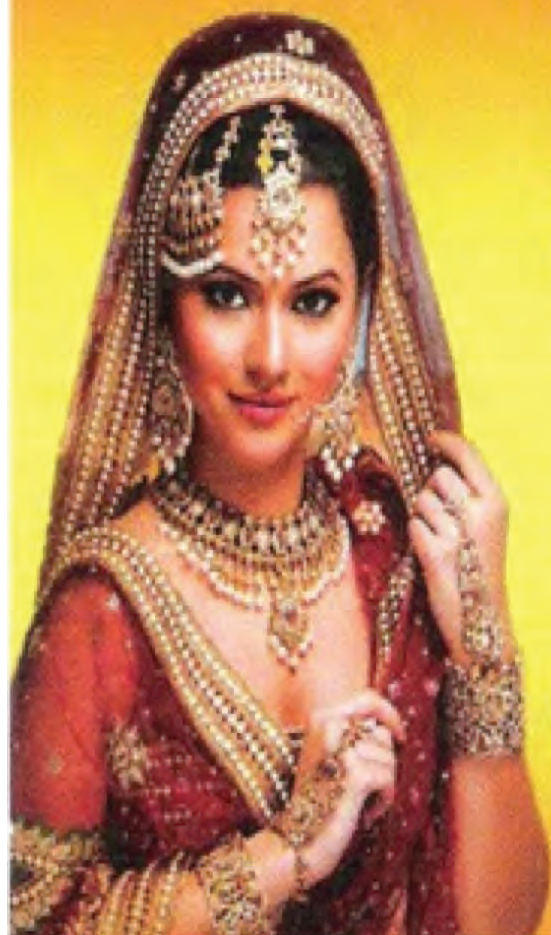
**Elizabeth M. Barna**

**Elizabeth Barna, Esq**

- ★ Nobody can beat our price!
- ★ We do all kinds of repair.
- ★ Turn your unwanted jewelry into cash.
- ★ We make Jewelry by order.
- ★ We carry birth stone with lab certificate.

*Wishing you a grand success for UTSAV-2016!*

**Pulakesh Roy**



# Omkar Jewelers

22k & 24k Gold, Stone Jewelry

37-30 74th Street, Jackson Heights, NY 11372

Tel: 347-730-5473

pulakeshroyny@gmail.com

আমরা সব ধরনের রিপেয়ার ও অর্ডার অনুযায়ী গহনা প্রস্তুত করে থাকি।  
এখানে সব রকম রাশির পাথর ল্যাব সার্টিফিকেট সহ বিক্রয় করা হয়।

*শ্রীশ্রীঠাকুরের ১২৯তম শুভ জন্মবার্ষিকী উৎসবের সাফল্য কামনায়!*

**পুলকেশ রায়**

# ওমকার জুয়েলার্স