



# Be Ye Peaceful

Volume XVI





## **Be Ye Peaceful**

An annual magazine dedicated to being and becoming of humanity

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Vol XVI

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**Sree Sree Thakur Anukulchandra**

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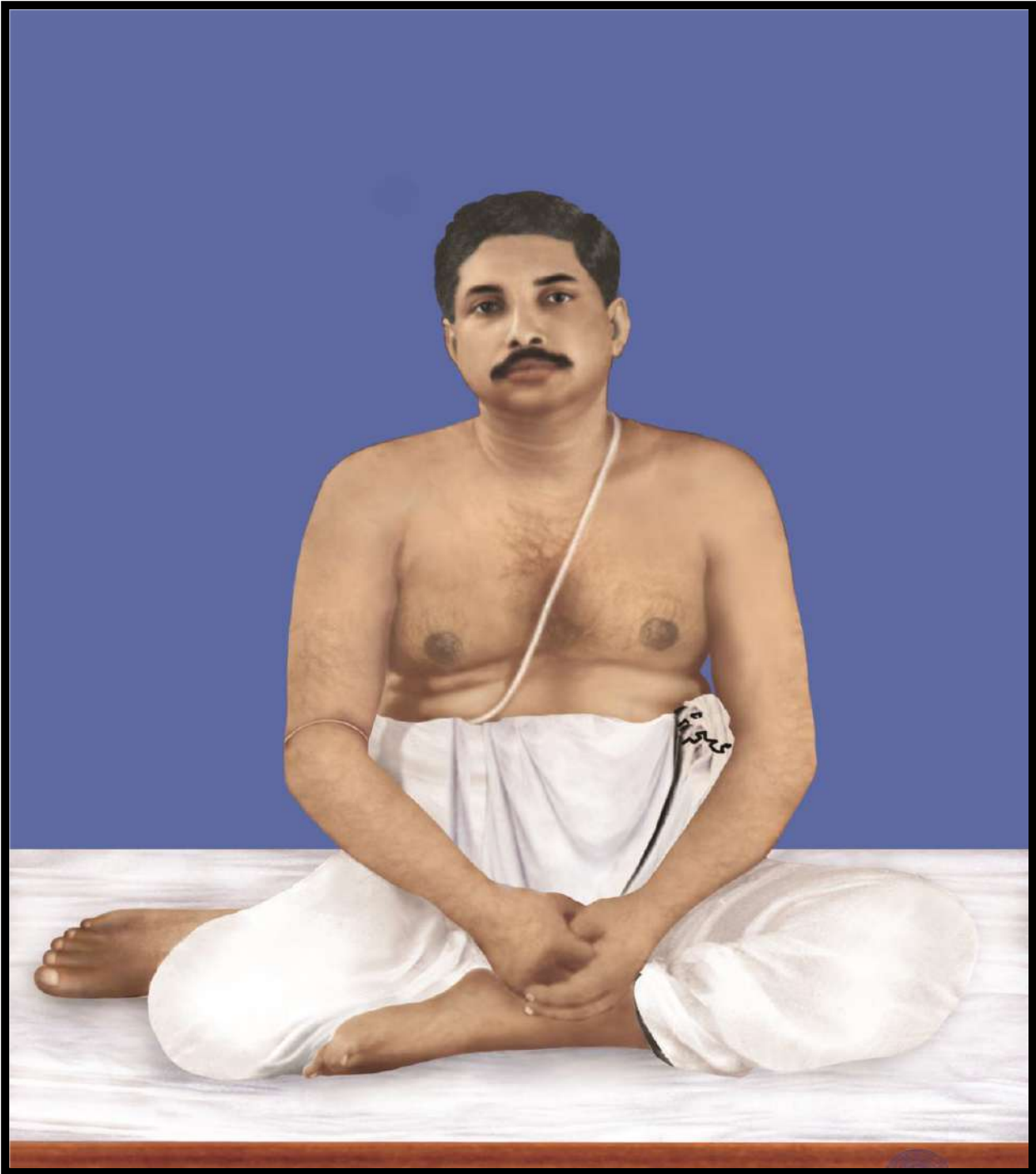
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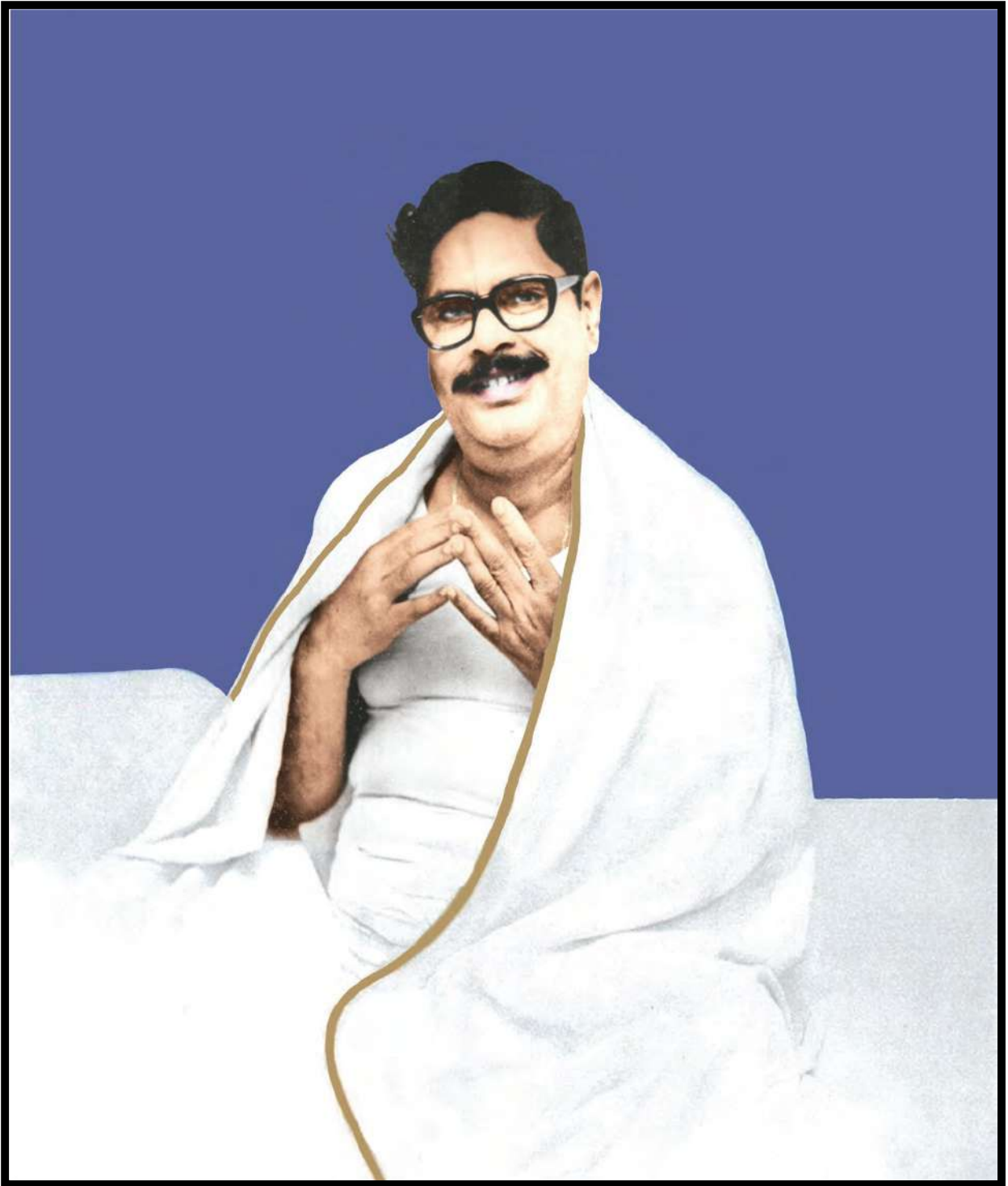
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**Sree Sree Thakur Anukulchandra**



**Paramaradhya Sree Sree Boroma**



**Param Puyjapada Sree Sree Borda**



**Param Pujoyapada Pradhan Acharyadeva Sree Sree Dada**



**Rev Pujyapada Babai da**

## Aashirvaani (Blessings) from Acharyadeva

*Sree Sree Thakur is our Ideal, — the very centre of existence of all of us. Only by remaining totally adhered to Him with every mighty urge and worshipful-endeavour, serving him piously with unquestioning allegiance, and doing everything for his sake with whole-hearted sincerity and vigour, we become true to ourselves and come to true piety for others. He is fulfiller the best. Only by serving and loving Him, we may attain perfection in all our actions, words and behaviour. By remaining in tune with his existential ordinance, we join true happiness and may make others happy too.*

*May your resolve to be His and His only, resonate your own heart and also that of everyone else with ever undiminishing peace and happiness.*

*Love & R.S.*

*Dada*

*26.08.2010*

*Satsang, Deoghar*

## INVOCATION

Dr. Anindyadyuti Chakravarty  
Satsang, Deoghar



Vande Purushottamam!! Jaiguru to all of you, mainly to the devotees in America who are celebrating love, life & lift and also to those who have congregated virtually from across the globe to be one in this celebration. This is indeed a unique way to remain connected with one another across the globe. Thus acclamation to science and technology that really worked for its intent; to connect, collaborate & synthesize whatever is possible to live a better life, to attain eternal life and that is science, an endeavour that keeps moving towards gradual improvement and gets renewed from time to time.

I'm not an orator. To pick up, collect, collaborate and coin thoughts & words together in extempore is a God-gifted faculty I lack in, I confess. Storytelling analogically, is indeed an amazing and awe-inspiring thing for me but never mind that.

Let me tell you what you have been waiting to hear since I started speaking. Yes, our most beloved Acharyadeva is fine with His health. And all of us living in His shelter are also

keeping well. Here, we are experiencing a different way of life for the past 7-8 months, a challenging way to lead our lives. You must be too; everybody is. Though the situation is different for every person, that is it may vary from individual to individual but the experience is really challenging for all. People everywhere are panicked and seem to be depressed. The arrogant dance of death has kept every life in a state of paralysis — mentally, physically, emotionally, socially and economically. Outlook, morale, thought process, values, everything is challenged. Human life has become an easy prey of death.

But again, here, within this very world there is another world, apparently which can't be distinguished with the other; the same afflicted world it is, yet that world, its people are unique indeed. Facing the same hardest & harshest reality that couldn't be easy to bear, it seems they are above it. None of these sufferings, pains, troubles, hardships seem to control them or mar them. All similarly afflicted beings still are very different from others. Their words, thoughts, behaviour, feelings — everything is but enlightened through the One, blazingly inspired from that One. They constantly struggle to live, to make life victorious by defeating death, to make life more lively not only for their own selves but for others too. And their weapons in this fight for life are love, sympathy, service, mutual fellow feeling identified with others' happiness, sorrow and establishment. Moreover above anything & everything they strive to install their 'Thakur' with entirety in their lives, in their hearts, in their very being ever-animated & afloat.

He, Thakur, their love, their inspiration, their sense, their sentiment, their life, their path, their goal, their destiny — prevails, remains ever-triumphant in every aspect of life, sure & certain, whom they instate within their being, waging an eternal war against their passion-tainted habits, clutches of complexes; bewildering those to defeat every time, that they may behold Him in their life forever and ever. They can forsake all their wealth & happiness, they can bear every suffering and encounter deprivation, depression & death, if He, their sole riches is with them. Keeping Him with them, they keep on trying to do good, be good & have good for themselves and for others. Thus they keep moving on expanding their 'self' to be identified with the entire creation, remaining very much attuned with the Omnipresent manifested divine in flesh & blood, their Thakur.

We feel Thakur's presence in our lives in every step, but we feel His presence mostly through our Acharyadeva, His living embodiment, who with His unwavering love, care and support pushes us for working towards excellence and it is His energy that fuels us to fight constantly for life to make it victorious over those sufferings, pains, troubles and hardships to remain mounted on the eternal path of blissful becoming.

Our Acharyadeva wants to see us all healthy, happy and always winning in life as He always prays to Thakur for all of your well-being. He hopes to see you all soon after this pandemic situation is over. So do we. Keep working your way with entirety & solely towards Thakur.

Vande Purushottamam. Jaiguru.

Surrender to the Supreme

is the bliss

that beams

benign autocracy

of automatic love

and service

- Sree Sree Thakur  
(Magna Dicta v 147)

Consider,

seek out thy fault,

do correct,

adjust

and behave accordingly,

perfection will approach

with the crown

of success

and adoration.

- Sree Sree Thakur  
(Magna Dicta v 153)

## Editorial

Brothers and Sisters of America,

This year 2020, the whole world has been challenged with a global pandemic and many natural calamities like the forest fires, cyclones, hurricanes and storms. The COVID-19 virus has consumed more than 1 Million lives, infected more than 36 Million people and challenged every human being in the world. The economic and social setback in some communities has pushed them back by several decades through lockdowns and shutdowns. These numbers are still rising and even the experts do not know whether we have crossed the peak or still proceeding towards the peak. Through measures of physical distancing and work from home, terms have been introduced as the new normal.

But there are definite comforting observations in this period of distress, some joy in this gloom and realizations in this time of adversity. Through the so-called new normal political, medical and administrative authorities seem to be repeating some of what Sree Sree Thakur Anukulchandra asked people to follow decades ago. His disciples have been following the principles of health and hygiene in all planes physical, mental and spiritual all along. Practice of consuming pennywort or hydrocotyle leaves (*Centella asiatica*) and a balanced vegetarian diet has helped boost immunity to fight the virus.

Those who adapt to the changing circumstances easily ensure their existence is not at stake and then learn quickly ways to remain efficient and spring back on the path of growth easily. Hundreds of thousands of followers and admirers of Sri Sri Thakur have engaged themselves in positive activities of doing more avowed activity, help and serve others with all constraints and become more profitable to their community and environment. Disciple with a grit determination to support the local governments in their pursuit to strongly resist the spread of the virus is clearly visible among all Satsangees led directly by Param Pujyapad Sree Sree Acharyadeva and the Satsang Administration.

We continue to love every human being, grow our compassion to fellow beings and serve the environment following the footsteps of the Supreme Father. His message of love and peace is more relevant to humankind than ever before. We relay the message from Pradhan Acharyadeva and Rev. Babai da committed in our endeavor to incorporate the love of our supreme guide to every individual in this world.

We are pleased to present our sixteenth edition of “Be Ye Peaceful” published on the occasion of the Holy 133rd Birth Anniversary Utsav of our Supreme Beloved Sree Sree Thakur Anukulchandra. In these articles we have tried to share a few incidents by people where they have overcome difficult times by His grace and realizations how following the principles prescribed by Sree Sree Thakur helps in daily life. It will bring immense pleasure to our hearts if this publication contributes anything towards your pursuit.

Vande Purushottamam! Jaiguru!

~ The Editorial team

## Need of A Guide for Fulfilled Life

Pratap Ch. Das (P.R)  
Chennai, India

Our shastras have declared in an unequivocal tone that any kind of sadhana or avowed activity without the active guidance of a superior beloved or Guru is sure to end in a fiasco. I narrate the conversation between Sree Sree Thakur and a fire-worshiper of forty years, who came to Deoghar Ashram for guidance as he felt frustrated in his sadhana.

Sree Sree Thakur was sitting inside a big tent surrounded by a large number of devotees. His patience was unparalleled. There was not even a trace of exertion on his serene face despite the endless stream of devotees and visitors day in and day out. If we were to confront four different types of men at a time, we seek a way to escape. And He? The more human beings He sees the more is his happiness and ardor. They give him grief, agony and even wound him mentally, but not even once I saw his bright beaming face wear even a wee bit for a while. How was such an awesome personality possible!

As I moved a little forward towards Sree Sree Thakur, I saw one old gentleman- with a prominent mark of red sandal paste on his forehead – sitting in front of Sree Sree Thakur and intimately conversing with him. I could hear that he was telling Sree Sree Thakur about the disastrous failure of his long years of sadhana. How he had spent night after night at cremation grounds, how many austerities he had performed day in and day out, only to arrive at sheer old age on physical and mental planes. He was fervently narrating the cumulative negative result of his long years of arduous ‘sadhana’ before the understanding, sympathetic and responsive person he had found at last. He asked, “can you tell me what I have achieved at the end?”. I was pained to hear his narration but happy because now the futility of such so-called

‘sadhana’ would be revealed by Thakur himself. And, for that reason, I had to pull up all my resources to hear what Sree Sree Thakur was to say in his response. In his half-asleep condition, Sree Sree Thakur responded with utter calmness – “*Agni* (Fire), the word was derived from the original dhatu – ‘*ag*’, which means motion. When the fire is hit its flames at once start moving upwards.”

“That is the sign of motion. That is the symbol of life. Man craves for expansion of his existence and the one in whom the essence of this motion and expansion is materialized into life is the last or the ideal. If we exclude him and simply burn the flame of a fire – worship, even the entire world may be burnt to ashes but nothing tangible will happen.”

Though I was not aware as to what exactly was the immediate reaction of that gentleman to those words of Sree Sree Thakur, I felt elated at the words. What awesome analysis; what lively narration; with what amazing ease did Sree Sree Thakur explain the whole matter that did not cross the mind of the gentleman for forty years of arduous religious practices he had indulged in. I looked at the face of the gentleman, as if it was lit up by a sudden flash of celestial light, his eyes glimmering as if on finding a new path after prolonged darkness all around. However a short while soon afterwards, streams of tears rolled out from his eyes accompanied by unabated gasping.

He started telling in a faint voice: “But I have no way now to rectify my blunder. I now stand at the edge of my life and I have little faith in myself now and moreover hardly any power left in me (to stand up again)”. Instantly, Sree Sree Thakur spoke in an admonishing voice, laced with love: “All this is trash, who says you are

without any power? We are powered by His power. So, there is no scope to say that we are powerless. Moreover, why should there be no belief in faith? If disbelief can exist so can belief for sure. Only one should come forward and start doing.”

The gentleman had come from somewhere far away and as I later came to know, he was highly educated, an M.S (doctor) by qualification. There was an unearthly glow in the compassionate eyes and beaming face of Sree Sree Thakur: as if he was the very living picture of astute optimism. His grandeur poise as if to lift man out of the abyss of defeat and desperation. He did not at all appreciate the sight and sound of disappointment and pessimism. Hence the very moment he heard of hopelessness he stood up to show the path of recovery and resurrection being himself the personified example of hope, optimism, and positivism. The gentleman again asked perhaps to dispel the last trace of doubt from his mind. “Well, does peace really exist? How to keep the want and restlessness away?”

It appeared as if the words in the minds of the entire human community were poured before Sree Sree Thakur through the medium of that gentleman. That is because today the entire mankind is desperately standing at the crossroads of life with this very question in mind! That is why my whole inner self at once knelt to hear the reply to this question.

Sree Sree Thakur spoke in his usual steady, grave voice: “the desire or feeling of not having is alone the want; otherwise, there is really no want. Like this earth is hanging on limitless vacuum-on one of its sides so many lakhs of palatial structures and on the other side there are numerous rivers, rivulets, springs, and watersheds dotting it all over, but yet it does not lose its balance nor it is in danger of losing the

equilibrium. It has never experienced the loss of the same for a day. The reason for that is the earth through its native urge (Libido), with the aid of centrifugal force, the gravitational force, remains steadily connected to its primeval source of energy – the sun. And, exactly like that the tendency to unification, libido or love also exists in man. With the help of this love when man is united with a more powerful person, a universally acceptable ideal, he does not get upset or squeezed when grief or wants arrive in life, nor does he become reckless or torturous when showered with bounties. The name of this balance or equilibrium of mind alone is peace. Peace does not mean complete loss of feeling of pleasure or pain. In that case, everyone will be dead. He may rather be the one to respond first to the stimulus of pleasure and pain. But nothing can overpower his mind or influence him too strongly. That is what is said in the holy Bhagavad Gita. And he quoted:

*‘nasti buddhir ajuktasya na cha juktasya bhavana  
na cha bhavayatah santir asantasya kutah sukham’*

This means “He who has not united with the supreme beloved his mind and senses can have no determinate reason; nor can such an undisciplined man have the belief (in God). The unbelieving man can have no peace; and how can there be happiness for one lacking peace of mind?”

Sree Sree Thakur now had finished speaking and looking calmly at the distant horizon seemed to be lost in an otherworldly dream. All men and women who surrounded him, being awestruck, sat without any murmur. Everyone seemed to feel as if a great mystery of life was revealed through this brief pronouncement of Sree Sree Thakur each one’s dearest, most beloved, most adored man, the God in flesh and blood.

## Life & Growth

Dr. (Prof) Swadha Priya Basu (SPR)  
Kolkata, India

Every human being desires and strives to live happily with peace and prosperity. Every living creature in this universe wants to live and grow. Growth is the primary symptom and expression of life. The modern world is full of agonizing problems of unfulfilled desires and fragmented approach to an incomplete view of life. Life is a multidimensional process of gradual development. Any fragmenting or short-cut approach is bound to mislead the people with frustration in the long run during the limited span of life. Most of us are not acquainted with the laws of life and growth.

Individual life is shattered with boredom due to repetitiveness in everyday routine affairs. Social behavior has become extremely formal for which our life has been fragmented due to a sense of insecurity and uncertainty. 'Time Poverty' has become the most important phenomenon of the present day. Most of us have to work more than eight hours per day breaking the equilibrium of work and rest and leisure. Physical and mental stress has become the rule in our workplaces. Today's corporate life is a robotic approach to earn a livelihood and a source of anxiety, stress, frustration, and depression. So, a large section of the youth community is found addicted to various life deteriorating habits.

Desire unfulfilled is the cause of misery. It is better to know the way to control our lust and desire and be prepared to face every situation. In that case, grief and misery can do nothing to us. The purpose of life is to drive away our 'want' completely and that is possible only by knowing the cause. What is the way to remove want or desire completely – from this thought the question of Dharma or Supreme being arises.

The basic instinct of life is existence, consciousness and blissful becoming. The thought, knowledge and lifestyle which nurtures our existence, consciousness and blissful becoming is 'Dharma'. Dharma is embodied in the living Ideal. Initiation to the Living Ideal begets adherence. This adherence helps to adjust our complexes to control our endless desire.

Unless we have the ability to control our complexes or desire, we cannot enjoy our life properly and blissfully. This power of complex-control or '*Britti Niyanttran*' can be achieved by untottering adherence to the Supreme Beloved whom we can call our living Ideal or living God. In 'Satyanusaran' Sree Sree Thakur said: "He within whom all the resources of the world, knowledge, love, and activity – are spontaneous and by inclination towards whom the scattered lives of men and all diversities of the world find a final solution is the God of men."

Millions of people in this world have accepted Sree Sree Thakur Anukulchandra, The Savior of Mankind, as their 'Living Ideal' and they are rendering Ideal Centric service to the community and environment. Dharma lies in performing activities and following principles that uphold our existence and accelerate it's becoming.

In the present age, people have bizarre ideas about Dharma. Many see it as a set of rituals and customs. Many people believe that practicing Dharma entails going to Temple, Church or Mosque and making an offering or attending prayers. Some others believe that Dharma includes activities like attending discourses delivered by religious speakers and

practicing yoga, pranayama, etc. While Sree Sree Thakur says:

*“Principles that uphold life and existence is  
Dharma”*

*“Activities that propel being and becoming of others  
as much as one’s own is Dharma”*

Active adherence to the Living Ideal inspires a person to help everyone in his environment. In Magna Dicta (P-21) Sree Sree Thakur said, “When the Ideal is awake in man, he is active, agile, inquisitive, responsible, alert and tactful; in a word all his faculties bloom and grow.”

Those who have no ideal in their life, the so-called growth that they attain is often one-sided, fragmented and/or tumorous. If we want to achieve all-round growth and development in our life in a blissful and peaceful way, we must follow precepts given by the Supreme Father, our living ideal.

Running after money, name, and fame is not the proper way to achieve peace or path of blissful becoming. We shall have to make others happy if we want to be happy ourselves.

Paramdayal Sree Sree Thakur says –

*“Men alone is yours, not money;  
Befriend as many as you can”.*

*Interested, Interdependent  
acceleration to becoming  
of every individual  
by which being is nurtured  
according to its position  
and special aptitude  
with due resistance to evil, -  
that's the Politics  
and Law  
to follow.  
-- Sree Sree Thakur  
(Magnadicta verse 104)*

*Every country  
should prepare herself  
with every needful resource  
against terrific emergencies  
of her sister countries  
similarly every province, district or community  
should be prepared  
for sister provinces, districts or communities  
and this is  
the only material cementing interest  
that makes each other interested  
for progressive life and growth  
making misery  
materially impossible.  
-- Sree Sree Thakur  
(Magnadicta verse 110)*

## Survival of the Fittest - A Myth

Surya Prakash Mohapatra  
Bangalore, India

It was a bright sunny morning at the Satsang Ashram at Himaitpur in the erstwhile East Bengal. A few ardent devotees of Sree Sree Thakur Anukulchandra were about to leave on a tour of different districts of Bengal to preach the ideology of their Master. They went to seek blessing before embarking on their mission. Sree Sree Thakur innocently suggested that they take with them a poor boy who had arrived the previous day from a remote village. They were reluctant to take the shabby looking boy with them but took him along since Sree Sree Thakur had so desired. Within two days into their mission, they found this boy to be a liar as well as a petty thief. They immediately threw him out of the group and continued with their mission. After spending several weeks on the mission of spreading Sree Sree Thakur's message of brotherhood and philanthropy, the group returned to the ashram. They were eager to meet Sree Sree Thakur and narrate the success of their mission.

"Where's the boy?" Thakur artlessly inquired with them that evening when they came to see Him.

"We got rid of him," one of the group members said matter-of-factly. The face of Sree Sree Thakur turned gloomy.

"He turned out to be a liar and a thief, Thakur." Seeing Thakur's gloomy face, the devotee quickly explained.

"Yet only a few days ago you told me that you could turn the whole world into a place of brotherhood and love ..." his eyes gripped theirs relentlessly, ". . . and you can't adjust an individual singer?" ... "Don't you feel that is strange?"

"But, Thakur..." desperately they looked for a suitable response, "... survival of the fittest is..."

"First make the unfit fit," Thakur gently interjected, "then only you can survive," His voice became firm. "Go now, find him and keep him with you."

In this incident, we get a glimpse of Sree Sree Thakur Anukulchandra's profound philosophy. Sree Sree Thakur believed that our life is a precious gift and we need to preserve, nurture and exalt it. However, he held that nurturing and preserving our own life depends on nurturing and exalting others in the environment. That is why Sree Sree Thakur's message to his devotees that evening was loud and clear, "First make the unfit fit, then only can you survive."

The food we eat is cooked by someone else. The book we read has been written by someone else. The house we live in or the road we can walk on has been built by others. All aspects of our lives are dependent on others. But when it comes to serving others, unfortunately we run away. Sadly most of us lead a self-centric life. Our thoughts and actions revolve around our own life only. We hardly have any time for others in our neighbourhood, society or workplace. When one says "light", it presupposes the existence of 'darkness'. When one says 'day', it presupposes the existence of 'night'. Similarly, when one says 'I', it presupposes the existence of 'others'. The louder one says 'I', the louder it presupposes the existence of 'others'. This signifies the fact that 'I' cannot exist if others in my surroundings have their existence at stake. It is in my interest that I nurture and protect others. Sree Sree Thakur says:

*“Environment is the only source  
of life and nourishment;  
so service is inevitable to sustain oneself, -  
therefore, be serviceable  
to make it healthy,  
wealthy and vigorous in life!”  
(The Message, Volume -1)*

Sree Sree Thakur’s sayings are in line with the sayings in the ancient Sanatana scriptures like Upanishads. The verse in Hitopadesha: “Vasudhaiva Kutumbakam” (वसुधैव कुटुम्बकम्) means: “The whole universe is one family.”

Hindus believe that we are part of each other. If a part of us is healthy, the other part will not be free of pain. The Bible says, “Love thy neighbour as thyself. Sree Sree Thakur agrees with this statement. But he goes one step further and says: “As my feeling for my neighbours extends further and further, my environment also expands; then every individual in the world appears to be my neighbour.” (Alochana Prasange, Vol- VI).

To understand the significance of service to the environment, let’s look at an example. Suppose you and your friend share a room inmates in a hostel in the University. You believe in cleanliness. You take care of your personal hygiene, wash your clothes regularly, eat healthy food and keep yourself clean. However, your friend doesn’t care about cleanliness. He doesn’t take bath nor wash his clothes regularly; his ways and habits are very unhygienic. In such a situation, is it enough if only you follow hygienic practices? Can you keep yourself free from diseases by remaining clean yourself? Emphatically No. If your friend contacts any disease, you also may not be spared from the same disease. It is not enough for you to remain neat and clean; you must persuade your roommate to remain clean as well. Similarly it is not enough if you are leading a noble and happy life yourself. You must at the same time, exalt

and nourish others in your environment so that they also follow the principles of nobleness and spirituality.

Some may argue that the rishis or saints who forsake their family and social life and leave for forests or mountains in the pursuit of Sadhana and engage themselves in tapasya (renunciation) don’t perform their responsibilities to others. They keep meditating upon God and practice spirituality alone. However, this argument is not correct. The genuine rishis who renounce the materialistic world and go to the forests, do take care of others in their environment. When they are not engaged in tapasya, they feed birds and animals around them. They nurture and take care of trees and plants in and around their ashram. The aforesaid examples signify the fact that Spirituality and the environment are inseparable.

To be able to serve the environment, one needs to inculcate certain qualities and virtues. They are love, compassion, selflessness, dedication, empathy and courage. Unfortunately, when we look around, we find few people who possess these virtues today. Sree Sree Thakur says, “Somebody is torturing someone before me. I am silent; I am not even moving my finger in protest, thinking that the man is not doing any harm to me. So long as we have an unsympathetic or uncompassionate feeling or attitude of indifference in us, not a single life will have safety in our society. This attitude never indicates the presence of Dharma in us. Because love for Ideal, serving attitude, the spirit of dedication, discipline, and spirit of pugnacity- all these virtues that make life happy and meaningful are the gifts of Dharma itself.” (Alochana Prasange, Vol-VIII)

Though Sree Sree Thakur has laid a lot of emphasis on service to the environment, he has also cautioned that this will not be meaningful, if it is not Ideal centric. ‘Ideal centric service’

means the service which is rendered to fulfil the interests of the Living Ideal. In other words, one must serve the environment by the principles of the Living Ideal or Guide. If service to the environment is not 'Ideal centric', it is quite likely mere lip service. This spurious service could be to earn name and fame or personal credit with the vile objective of gaining some favour in return.

We have seen that the practice of Dharma without service to Ideal carries no value. At the same time, Dharma without service to the environment cannot be meaningful in life. Therefore, Dharma has to be practiced both individually as well as collectively to fulfil the interests of the Living Ideal. In other words, to make Dharma perfect, coordination among Ideal, individual and environment is essential.

### The Way to Know the Grace and God

*He, the Supreme Father  
is ever unknown and unknowable—  
but there—  
only when  
the Beloved,  
the attached Son  
is solely attached to His Grace,  
and does and goes accordingly,  
can only be known—  
He in him:  
so he is the father Embodied—  
though he knows him as His child,  
and thereby  
he is The Way  
to know the Grace and God  
and God Himself in him—  
the Source  
of heaven,  
peace  
and happiness!  
- Sree Sree Thakur  
(The Message, Vol-1)*

*All the prophets of the past  
converge and awaken  
in that of the present ;  
love to Him -  
is love to all  
in the worship of God.*

**- Sree Sree Thakur**  
(Magnadicta, verse 138)

## Eye of the Storm

Prasnasanta Ray, SPR  
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Seeing Sree Sree Thakur's *Biswa Bijnan Kendra* in person at the Himaitpur utsav of 2017 was every bit as impressive as I had imagined since I was a child. It was an experience I had resigned to my dreams. I had seen photographs of it and thought my experience of it would extend no further, yet there it was, towering before me like a monument from a lost golden era. And whilst its youth had been stolen before its time from callous neglect, it had somehow aged with dignity, still in possession of prestige, rich with history.

My forefathers originated from Dhaka, pre-partition East Bengal, I learned of the illustrious history of Sree Sree Thakur and Satsang growing up in England. My yearning for Sree Sree Thakur was accentuated by an unnegotiable chasm of time, that I could never be a part of the narrative that enthralled me. To watch the place where the divine play of Sree Sree Thakur began and the natural inception of His Satsang. My grandfather had the great fortune to be asked by Sree Sree Thakur Himself to engage in His work. I was born in England many years after He left His corporeal frame. Love and will power overcame the obstacle of being thousands of miles distant from Deoghar, India, and indeed I have drawn great inspiration over the years from visiting Sree Sree Thakur's second home, but His birthplace in Himaitpur was for so long tantalisingly beyond reach. Finally, there it was in view, the remainder of the ashram which had grown from Sree Sree Thakur's own home as He received humanity at large.

On the soil where so many wonders had taken place, I was in want of one more: that the layers of deterioration time had inflicted be peeled back to the ashram's heyday when it was alive

with divine love and abound with active devotees. I tried to discern, where precisely was the room that was illumined by an effulgence heralding the advent of the Lord. Where was the footpath along which Sree Sree Thakur saw His weeping friend and gave him His own examination fee, or the place where a senior gentleman beheld his Allah in Sree Sree Thakur after He rescued the man from drowning, or the meeting place from which Sree Sree Thakur darted to save the life of His friend Ananta Maharaj, or the bank Sree Sree Thakur would descend to bathe in the River Padma, or the ground where Sree Sree Thakur received people in their hundreds and thousands? Strained as I did my mind, I could not match imagery with the panorama before me. I would have been grateful even for signposts, if nothing else, to memorialise and mark the location of these events...

However, an unintentional memorial to Sree Sree Thakur loomed just behind me—the *Biswa Bijnan Kendra* (Global Science Center), made great by its inherent symbolism. Despite the batterings of time it stood tall and unrelenting—perfect symbolism for the indomitable optimism of Sree Sree Thakur who inspired it. In what was once a village in a remote, indistinct part of India, who could have envisioned that a centre for contemporary science would be established, engendering higher thinking and materially advancing human welfare with the latest technology? Further who would have thought it possible without external investment? Moreover, who could have imagined situating it in an area where dangerous lawlessness ran riot, in a place ridden with fearfulness and hopelessness? Sree Sree Thakur effused love and by His love, against all odds,

He prevailed. It was as if a gentle breeze caught His love and spread its scent far and wide, enchantingly disarming hostility and enlivening the environment with fresh colour and vigour. However, as effortless as it seems from the pages of history, Sree Sree Thakur Himself actually toiled to accomplish the all-round revitalisation of society. He stopped at nothing for the good of everyone.

Himaitpur was blessed with One whose greatness lay in His heart. From Sree Sree Thakur's great love, came His great service with the least concern for His own convenience, so that people could live a wholesome life. And by this, He overturned any bad situation into something beneficial. For instance I remembered, once in His early days Sree Sree Thakur quite suddenly approached and sat down amongst a gang of outlaws who were holding a secret, night-time meeting deep in the forest. They were shocked; the alarmed criminals sent out scouts to check whether Sree Sree Thakur was alone. There was a hushed silence amongst them, uncertain as to His intentions. But then Sree Sree Thakur started to sing a devotional song softly. And as He did, after a while, one by one the gang members started to hum along as they recognised it, until finally they broke out in singing themselves. So whereas the night started out with evil intent, Sree Sree Thakur turned it 180 degrees and it became a gathering of elated thoughts and merriment. It didn't stop with that one night, He held these gatherings night after night. As word spread around the locality, people from all strata of society were enthused to join in. From this perseverance to elevate people to a higher mode of living, Sree Sree Thakur transformed the once lawless locality, stricken with fear and isolation to an all-inclusive progressive community.

The *Biswa Bijnan Kendra* carried yet further significance: an institute for science was run by a

sanctuary for spiritual development. It seemed an irony to the commonly conceived tussle between science and spirituality, that the two are incongruous, that one must choose one path in life or the other. Yet Sree Sree Thakur revealed that actually, "*Faith is beyond the range of intellect. Intellect is according to faith*", making it all the more symbolic that the science centre was housed within the walls of an ashram rather than the other way around. In today's world, science, the champion of materialism, holds sway with a significant mass. The need for spirituality is often questioned. Spirituality-by-faith is likened to stepping into the unknown, which some find unappealing. There are those who seem to feel secure with the reasons science presents as if they consider it to clear the fog of ignorance before them allowing them to step into known territory. However, I hold the polar opposite view, because Sree Sree Thakur has conveyed that in intellect there is doubt, but in faith there is no doubt. Faith in someone comes only after having thoroughly seen him, so faith is never blind. And this seeing develops from serving—with love and dedication—him, whose vision is unclouded, because he can guide; one's serviceable attitude aligns one to activity in accordance with the guidance, love brings energy to that activity and dedication brings success. And as one's vision thereby expands through practical means, one's curiosity is triggered to know the truth behind the new objects within one's greater field of view—hence begins scientific enquiry. Therefore spirituality through adherence to a Living Ideal naturally inspires science; it was natural that Sree Sree Thakur would found the *Biswa Bijnan Kendra* within His ashram as part of His movement to uplift humanity.

I was happy in the moment standing in front of the iconic building where history was made, the beginnings of a seemingly impossible undertaking. But I was all too aware the Biswa

Bijnan Kendra was empty and unused, a good many buildings of the former ashram gone and in their place a government-owned hospital—although, in its own way maintaining Sree Sree Thakur’s mission of life and growth. The thought reminded me of an incident where a lady cured her chronic backache by massaging soil from a footprint of Sree Sree Thakur! When asked about how her ailment could have been cured, Sree Sree Thakur replied indicatively that Jesus Christ used to say faith had cured his devotee. I couldn’t help but wonder, what if the staff or patient knew the soil upon which they stood, what faith could do for them! Indeed, what faith can do for any of us!

There is a sadness that whilst the works begun at the ashram had grown from strength to strength, the movement, which had impacted the far reaches of Earth like shockwaves, had all but abandoned their epicentre. Indeed in my home country of England, initiations are taking place at an ever increasing rate; Satsangs are conducted with increasing frequency, increasing

turnout and attended by an increasingly diverse audience. A whirl of activity is going on everywhere with their gusts spanning the globe from America to Australia, but like the eye of a storm, Himaitpur has been hushed. Except... the ashram of old had been brought back to life by the utsav I was participating in. Despite the rains, splendid decorations had been arranged about the place and a large assembly engulfed the area, with devotees coming from many parts of the country and abroad. Additionally none other than Sree Sree Thakur’s own great-grandson, Rev. Binki-da, was present and the gathering were all the more enthused for it - for just as Sree Sree Thakur said a Ritwik is he in whom we find glimpses of the Lord, similarly the intense thrill of Sree Sree Thakur can be experienced in the presence of Rev. Binki-da. And just as it is easier to perceive the Lord in attending Rev. Binki-da, so too by his side is it easy to presume the restoration of the Himaitpur ashram of Sree Sree Thakur.

### Forbear and Forgive

*Forbear and forgive,  
but let not it be  
harmful to any one!*

*- Sree Sree Thakur  
(The Message, Vol-1)*

Nature is ordained  
to resist  
and rule evil,  
and  
nurture Existence  
to exist.

*- Sree Sree Thakur  
(Magnadicta, Verse 137)*

## In Search of a Good Society

Purna Chandra Nayak (SPR)  
California, USA

*“Ei bishye jeta futiachbe phool pholiachbe jeta phal,  
Naari dile tabe roop- rasa-madbu gandha sunirmal.”*

These two lines are taken from a Bengali poem written by an eminent poet Nazrul Islam which indicates the role of a woman information of a good society. A woman is liked, appreciated rather than worshiped by all because she is the only one who possesses the ability to give birth to a child. She retains the attribute to nurture the child for growth from every dimension, i.e. physically and mentally through her love and affection. The success and meaningfulness of a woman lies in presenting a child to her husband’s family. She has the quality to inspire everyone through her love, affection, sacrifice, patience and faithfulness. A woman’s success relies on providing proper nourishment. Sree Sree Thakur Anukulchandra once told that the destiny of a child is the work of a mother. For that, a woman must start preparation from her very tender age to shoulder this onerous responsibility. This preparation helps her to become an ideal daughter, wife, mother and a responsible personality for the society.

It is therefore said – “when you educate a boy, you educate an individual but when you educate a girl, you educate a family.” Since a girl must discharge her duties in different roles, i.e., daughter, sister, wife, mother etc. To do that perfectly, it is necessary to accept an Ideal in life and follow His ideology meticulously. As the woman gives birth to a child, she becomes the true architect for the future of the child. It is said that 70% of the education of a child is completed inside the mother’s womb and the remaining 30% is completed on the mother’s lap. One gets the subsequent academic education from school and colleges, but that

only helps to fulfil personal, family and social needs. So, the mother is the true tutor of her child. The child inherits the mother’s feelings, thought-process, culture, etc. while in the mother’s womb and on the mother’s lap and accordingly his/her life and character with behavior are shaped. The subsequent education cannot change the mentality of the child, because man is first bred and then educated. If a child is born inheriting the culture of a thief, his subsequent higher education will help him to be an improved & competent thief. Therefore, when a couple thinks to go for a child, the lady must become extremely careful. The purification of her mind from every direction physically and mentally is entirely responsible for the shape and design of the future of her child to be born. The woman, therefore, needs to acquire the required technical know-how none-else but which only the Ideal knows and can impart; because the Ideal is, He who knows the mechanism of existence.

If we look back towards Aryan culture, we can find that there were many extremely intelligent women although they were not highly academically educated. They could motivate every family member of their houses to improve one’s culturally and literally and also as evolved persons through the application of their inspiration, power, knowledge and other attributes. They treat their houses as the place of their work, culture, and religion. Their never-ending endeavour coupled with behavior could succeed to always maintain security, happiness, peace, and tranquillity in the house. Their respectful and dedicated service with love and affection could maintain cordial cooperation amongst all the family members and through their living style with patience,

perseverance, love, competence, and simplicity they could bring a peaceful atmosphere in the family. Such a woman is therefore worshipped by all in the society.

But the situation prevailing at present is completely different. It warrants everyone irrespective of man and woman to be educated just to thrive in society. It indicates that without education one cannot live perfectly with respect. But the present system of education is proved to be highly defective because the system introduced could result in producing highly literate or qualified persons but not educated ones. Of these literate persons, who are involved in the implementation of the present education system probably are not aware of the fact that "Education in its real form is to unfold the characteristic faculties that are latent within by attachment to an Ideal embodied." Sree Sree Thakur further said, "The organization of habits and instincts to fulfil the becoming of life by a graduated manipulation of behavior may be called education". But today, the so-called highly qualified women do not even know the basic attributes or characteristics one woman must possess; i.e. constancy, religiousness, nursing, serving, helping, protectiveness, inspiration, and reproduction. Therefore, being influenced by modern education and modern civilization the women of the time hesitate to perform their sacred duties and to shoulder the required responsibilities intentionally ignoring the previous culture that has led to degeneration in existence. Sree Sree Thakur Anukulchandra also mentioned in Satyanusaran the root cause of

degeneration: "*The degeneration of humanity began at that moment when the unseen God was made infinite and ignoring the seers, the worship of their sayings began.*" (Satyanusaran)

In addition to this, he did reveal the remedial measures to overcome the situation:

*"Ob mankind! If you desire to invoke your good, forget sectarian conflict. Be regardful to all the past prophets. Be attached to your living master or God and take only those who love Him as your own, because all the past prophets are consummated in the divine man of the present."* (Satyanusaran)

Once while addressing the women to save mankind from a state of moving towards devastation and destruction, Sree Sree Thakur said, "*You are the controller of fortune of mankind, the society and the nation. Your knowledge, intelligence, etc. should not be aimed at fulfilling your desire of lust, anger, narrowness, and jealousy, but that should be aimed towards sacrifice for love, service, humbleness. Your home with family members and relatives is your empire. You are the queen, the soul of your empire. Your kitchen in your home, a holy place, where happiness, peace, and tranquillity are abundant. The discipline should be maintained through your love and affection, by rendering selfless dedicated service to the members of your family and this is the real beauty of a woman*".

If this situation can be retrieved and maintained suitably by today's women then, I feel our Nation will no doubt become an ideal one and will be highly appreciated, applauded and worshipped by the whole world one day.

## The Balancing Control by The Life Master

Asis Basu (SPR)  
Georgia, USA

More than fifty years ago, an Ashramite, whom I deeply revered then and I deeply love him now, told me that one needs a Life Master who can control one's unbalanced life. I replied with my utter contemptuously impertinent ignorance, "So if one does not need any balancing, one would not need a Life Master?"

My ignorance then obviously did not fathom the extent of balance we need in our lives. Perhaps more so because my perception of our Beloved Life Master, my brother was talking about, was mostly unknown to me even though I already accepted Thakur as the light of my life a couple years ago.

Half a century later the definition of our Life Master Sree Sree Thakur Anukulchandra is still mostly unknown to me. But it does not at least have the turbidity of doubts and brazen values that I grew up with from the then West Bengal, India. The culture of our life and society was unfortunately abrasive and primarily indolent.

My first visit to our shrine in Deoghar was luckily characterized by the distinguished Darshan (visitation) of Sree Sree Thakur in a building called "Parlour". It was shocking that my impulsive obsessions ("complexes" as Sree Sree Thakur so ostentatiously proclaimed), slowly started to dissipate just by gazing at Him.

The depletion of these life-threatening complexes is only possible when one physically or literally confronts such an immeasurable entity as Thakur – an embodiment of love that is so pervasive and universal.

When a protégé allows his Life Master to become the rendering Controller of the complexes, that solves most of our issues. The more we adore Him, and the more we love Him intensely, it gives us the opportunity to not

remain the slave of these complexes any longer. We get to enjoy our lives to the extent we are able to make Him the Rendering Master of our complexes. This in short was my frivolous understanding of carrying out my Life Master for almost fifty-five years.

The practice or pursuit of existential becoming as postulated by Thakur is the cornerstone of our life's success. The more adjusted we become, the more divine life can we enjoy.

Let me finish my write-up by revealing His first ever messages in English called "The Revealed" from Volume 1, The Message. Incidentally, Thakur never used a full sentence in English before this event when messages (later published in The Message, Volume 1 through 9) just started gushing off of His mouth for the first time in English language.

- I. *The booming commotion of existence that rolls in the bosom of the Beyond, evolves into a thrilling rhyme and upheaves into a shooting Becoming of Being with echoes that float with an embodiment of Energy - that is Logos, the Word, - the Beginning!*
- II. *He, the Word - the Source of Creation - manifests Himself with all His properties into all that hath manifested, - but the Beyond comprehended Him not - though He shineth in the bosom of the Beyond!*
- III. *It is Energy which lies in the embodiment of Word that remains as He - though manifesting Himself into all that was created - That is God, that is Word, that is Divine!*
- IV. *The thrill of Existence which occurs due to Apathy and Sympathy for What lies Beyond, is a stream of Will that tends to make the Word to become conscious in manifesting Himself into many like Him albeit unlike - by their mutual impulses, - moving Spiro-elliptically one round the other!*
- V. *The Beyond is what intervenes to make the manifestations unlike, different and discrete, - though*

*the Affinity that lies under, tends always to make all to be One!*

- VI.** *The interaction of manifestations of Word in the Beyond makes the unlike, different and discrete instinct with life - from fine to gross; - thus the Divine creates Himself into life surrounded with blood and flesh which are enlivened too!*
- VII.** *In such a way, different, discrete - finer and grosser blood and flesh are manifested; - blood and flesh are embodied with life as beings, as creatures - from which Man comes forth by degrees; - discrete individuals with other phenomena become the environment of every individual, and make it awaken, in life and consciousness, with the thrust of impulses from mutual affinity : while on the other hand He, the Word became Supreme Being, the Father to be manifested; and The Individual who comes forth ever-enchanted with sympathy and love for the Supreme Being, - at the crying call of panic-stricken sufferers, becomes the beloved God in flesh - the Divine, the Ideal, - The way to rescue!*

- VIII.** *Only then recedes the Beyond when sympathy invokes love - to make one attached to Him - by Whom Being and Becoming is accelerated; - and then knowledge appears with an illuminating zeal!*
- IX.** *And knowledge shines and redeems the Being to accelerate - fulfilling in a concord the Ideal, individual and environment, - towards Becoming - towards a superior Becoming with a gradually unfolding memory of the Father by service and surrender unto the Beloved!*
- X.** *And when wrappings on the thrilling tension of attachment to the Beloved occur due to the thrust of environment and complexes - discretely and collectively, - the impressions rebound and set in the individual - according to sympathy and apathy, - with a tremor of sensation into resultants and are adjusted with a solution tending*

## Science, Philosophy and Dharma!

*When science and philosophy  
shrink  
to fulfil life and needs  
with an acceleration  
towards perfection,  
with a meaning of the principle  
that holds the Being  
with an emphasis  
to Becoming;  
in a word  
when they are lame  
to fulfil with meaning and means  
the Principle or Dharma, —  
they are sham  
and needless!*

**- Sree Sree Thakur**  
*(The Message, Vol-1)*

*To follow and  
materialize in time  
the mandate of the Lord,  
is a treasure  
of luck  
and heaven.*

**-Sree Sree Thakur**  
*(Magna Dicta, page-38)*

## The Lord carries the Yoke of the devotee

Dipankar Mohanty  
Indiana, USA

We all are misguided by the media, peer pressure and other forces of the society we live in. One can say it is a human tendency to move towards the wrong in spite of good education and decent upbringing. However if we remain connected to our Living Ideal then definitely we get a means to check our thoughts, words and actions in place. We cannot overemphasize the need of a living ideal in our path to success. Some people put their views that virtues are penned in holy books like the Koran, the Bible, the Bhagavad Gita etc. Reading theory in Physics books gives us partial knowledge and when someone explains in the labs that are able to comprehend the concepts much better. Similarly we need a Living Ideal to understand the principles of Dharma that promote and nurture existence.

Sree Sree Thakur is the living ideal for me and I try to sincerely follow the three tenets prescribed by him - *Jajan*, *Jaajan* and *Ishtabhritiy*. *Jajan* is the practice of self elevation through name, meditation and discipline. *Jaajan* strives to exalt the environment with service and sympathy towards the Ideal. *Ishtabhritiy* is the material oblation offered to the Ideal before the start of daily activities. Sree Sree Thakur Says "The First oblation to Him in daily life, offered with the united eagerness of body and mind being concentric in life, with desire for earning only to feed Him, is called *Ishtabhritiy*". *Ishtabhritiy* is the most powerful means of resisting the force of cataclysm.

*Jajan, Jaajan and Ishtabhritiy properly  
Triumph over all fears completely*

Here is an anecdote that I heard in a Satsang in the above context.

Mandal da was staying very near Jasidih in Deoghar. He and his family were keen followers

of Sree Sree Thakur. He was working in a small company. He would often visit Deoghar taking leave from office. In the last utsav at Deoghar, he had taken leave for one week. So his boss had warned him not to take any more leaves in the coming days especially during the time of Dussehra. When the Dussehra festival arrived and scores of people were visiting the ashram for the Utsav, he could not resist the urge to attend. His wife asked him not to go to utsav as there was a threat of losing the job.

However a day before he could not control his love and desire to meet Sree Sree Thakur. He decided to go without informing his wife and boss. He made his mind to return after just one day and left accordingly. But as he bowed down to Sree Sree Thakur, he asked Mandla da to stay there for twelve days. Twelve days was quite a long time. He was not permitted even for one day's leave, how was he going to miss the office for 12 days. However as it was instruction from his Master, he just decided to follow suit. Being a good worker he dedicated himself to the activities of Utsav for the next 11 days. On the 11th day, Sree Sree Thakur called him and told, "Mandal da tomorrow you will return home and the day after you should join your office". Mandal da did not tell anything or complain, thinking Sree Sree Thakur's instruction was a blessing for him. He returned home on the 12th day. As expected, his wife was displaced by his absence and asked him to search for a new job as she was certain his Boss would have laid him off by now. On the 13th day, he did not go to the office as all his dresses were dirty though Sree Sree Thakur had asked him to go to the office that day. He went to the office on the 14th worrying about how to respond to his boss's ire. Hunting for a new job loomed large at face. Anyhow he reached the office gate. The

security person asked, “Mandal da why you did not come yesterday”. Same question was asked by many colleagues. He was astonished and wondered when he was absent for 13 days why were people enquiring only about yesterday. At last his Boss came to his desk and appreciably greeted him and told, “Mandal da in the last 12 days you had done a marvellous job and the model you had prepared was accepted by an MNC. Team from MNC came yesterday to felicitate you but unfortunately, you were absent. I received all the awards on your behalf. Now please accept it and you will get your promotion letter and increment soon”. Mandal Da started crying and thought about his Living Ideal who

had asked him to devote 12 days for His work and for those 12 days He (Sree Sree Thakur) Himself came and worked for him. If he had come to office on the 13th day as instructed by his Living ideal he would have been directly felicitated by the MNC team. A strong resolve ran through his mind never to disobey or disregard the commands of the Living Ideal, his Guru for He carries the Yoke of the devotees in need.

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*Extreme the attachment,  
tremendous the move.*

**-Sree Sree Thakur**  
(Magna Dicta, page-63)

*Blessed is the sentiment  
that enjoys self-complaisance  
in serving the superior  
even though hindrance  
and persecution.*

**-Sree Sree Thakur**  
(Magna Dicta, page-25)

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## An Idea without a Body is like a Car without an Engine

Manojit Chakrabarty  
Bangalore, India

A stagnant idea cannot be propagated amongst people. The whole concept of an ideal is based on the fact that ideas need a body to thrive and are effective only through a living embodiment. To have an idea frozen inside of someone's mind is pointless, as no one actuates the idea. The person who represents the idea itself and can express it, in reality, is truly the intelligent one. From developed ideas comes to vision, and from a clear vision comes intelligence. Therefore, an ideal is the living embodiment of developed ideas who can give directive strategies, based on his unclouded vision, which caters to solving the problems of our daily lives.

To love such a soul gives us the right direction of happiness and the motivation to succeed. The concept of love as Thakurji taught is primarily associated with active compassionate service towards your beloved. Love is a continuous process –a “sadhana” – instead of only being a compelling desire and a feeling of attachment. It is only then that we can truly not be possessive about our loved one and can enjoy the infinite scope of love and its associated divine expressions. This is in contrast to that which people generally think of as love, in which possessiveness plays a major role. Love as I feel is what is infinite in a relation, the thing that has no end, which is above narrowness, and above animal desires. Love is an unending affair.

Regarding love, Thakurji has said in Satyanusaran (The Pursuit of Truth):

“The charm of love increases with hindrance, causes no hatred to grow when oppressed by the Beloved, becomes vigorous in separation, doesn't stupefy a man, remains forever unsatisfied, never leaves once it has touched, and is unchangeable.”

To further emphasize on the concept of love, as I have experienced upon closely interacting with a society formed by ideal centric people, called Satsang, let me narrate my feelings of love and life through a small metaphor:

This is a story of a river, the water of which was known to flood the neighbouring villages during the monsoon. One monsoon evening, rain showered monstrously, flooding all the nearby villages, the water accumulating to form several small lakes. The winter and summer which followed were so dry that the river thinned out and changed its course of flow.

The lakes that formed were very excited about the boundaries that they had around themselves and felt safe in the confines of them. It was not long before one of them discovered that through ground links, it can also interact with a well nearby. He was elated to have found a mate, one true friend. Each supporting the other, the lake and the well expanded their consciousnesses into a joint consciousness, i.e. a strong attachment, and made promises to share all the 'water' that they have with each other. As their relationship developed, they started experiencing varying rains and dry spells of joy and depression. Over time, they kept on losing water, for they depended on the rains for the water to fill their entities. They sought to blame someone for the lack of water in their relationship, but no one was to be blamed, as their identity remained entrapped in their joint consciousness.

One fine spring morning they realized that it was the water that defined them, not the physical boundaries of the lakes or the wells. The water, which they thought of possessing

within their finite physical scope was infinite and could not be tied down, or it loses its meaning. It was the water itself that had created all the magic. It's the water that drives life, drives emotion, drives conflict. It's the water that is life, and it's the water that is love.

The basic instinct of the animal kingdom as I understand it is to divide the one joint conscious existence based on perceptive feedback: the concept of you being distinct from me and someone else is deeply embedded in the basic conclusions from all of our perceptive senses (sight, hearing, touch, taste, and smell). This distinction creates narrowness in our minds, the narrowness to identify differences between ourselves and then infer all beings as having different consciousnesses, thus dividing the one joint consciousness. In the Mahabharata (an ancient Indian epic), there was a weapon known as the 'pashupatastra' (the weapon of Pasupati, an epithet of Shiva) which could be awarded to someone who is above this narrowness. Arjuna, one of the greatest warriors of the Mahabharata underwent one of the most formidable training and was finally awarded the pashupatastra.

Arjuna's achievement has been narrated in one of the versions of the Mahabharata as such: Following the advice of Lord Krishna to go on meditation or tapasya to attain this divine weapon, Arjuna left his brothers for a penance. Pleased with Arjuna's dedication, Lord Shiva came in the disguise to give a final test in the form of a very peculiar looking creature and disturbed Arjuna's meditation by ferociously attacking him. The creature was like nothing that Arjuna could have ever imagined! It was unknown to him in every way. The stark difference in its visual characteristics made no difference in the manner in which Arjuna reacted to it, and Arjuna proceeded to defend himself against the creature's attacks. Even after a long-fought struggle, Arjuna failed to

neutralize its attempts. Arjuna then suddenly realized the divine intervention and bowed in front of the creature. In spite of the physical appearances of the creature, he could bow to him and relate it to be the centre of his meditation i.e. Shiva himself. He could truly accept 'it' as a part of his consciousness and hence was considered worthy of receiving Shiva's weapon.

An idea that is stagnant cannot be propagated amongst people. The whole concept of an ideal is based on the fact that ideas need a body to thrive and are effective only through a living embodiment. To have an idea frozen inside of someone's mind is pointless, as no one actuates the idea. The person who represents the idea itself and can express it in reality is truly the intelligent one. From developed ideas comes vision, and from a clear vision comes intelligence. Therefore, an ideal is the living embodiment of developed ideas who can give directive strategies, based on his unclouded vision, which cater to solving the problems of our daily lives. To love such a soul gives us the right direction of happiness and the motivation to succeed.

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To further emphasize on the concept of love, as I have experienced upon closely interacting with a society formed by ideal centric people, called Satsang, let me narrate my feelings of love and life through a small metaphor:

This is a story of a river, the water of which was known to flood the neighbouring villages during the monsoon. One monsoon evening, rain showered monstrously, flooding all the nearby villages, the water accumulating to form a number of small lakes. The winter and summer which followed were so dry that the river thinned out and changed its course of flow.

The lakes that formed were very excited about the boundaries that they had around themselves and felt safe in the confines of them. It was not long before one of them discovered that through ground links, it can also interact with a well nearby. He was elated to have found a mate, one true friend. Each supporting the other, the lake and the well expanded their individual consciousnesses into a joint consciousness, i.e. a strong attachment, and made promises to share all the 'water' that they have with each other. As their relationship developed, they started experiencing varying rains and dry spells of joy and depression. Over time, they kept on losing water, for they depended on the rains for the water to fill their entities. They sought to blame someone for the lack of water in their relationship, but no one was to be blamed, as their identity remained entrapped in their joint consciousness.

One fine spring morning they realized that it was the water that defined them, not the physical boundaries of the lakes or the wells.

The water, which they thought of possessing within their finite physical scope was actually infinite and could not be tied down, or it loses its meaning. It was the water itself that had created all the magic. It's the water that drives life, drives emotion, drives conflict. It's the water that is life, and it's the water that is love.

The basic instinct of the animal kingdom as I understand it is to divide the one joint conscious existence based on perceptive feedback: the concept of you being distinct from me and someone else is deeply embedded in the basic conclusions from all of our perceptive senses (sight, hearing, touch, taste, and smell). This distinction creates narrowness in our minds, the narrowness to identify differences between ourselves and then infer all beings as having different consciousnesses, thus dividing the one joint consciousness. In the Mahabharata (an ancient Indian epic), there was a weapon known as the 'pashupatastra' which could be awarded to someone who is above this narrowness. Arjuna, one of the greatest warriors of the Mahabharata underwent one of the most formidable training and was finally awarded the pashupatastra.

Arjuna's achievement has been narrated in one of the versions of the Mahabharata as such:

Following the advice of Lord Krishna to go on a meditation or tapasya to attain this divine weapon, Arjuna left his brothers for a penance. Pleased with Arjuna's dedication, Lord Shiva came in the disguise to give a final test in the form of a very peculiar looking creature and disturbed Arjuna's meditation by ferociously attacking him. The creature was like nothing that Arjuna could have ever imagined! It was unknown to him in every way. The stark difference in its visual characteristics made no difference in the manner in which Arjuna reacted to it, and Arjuna proceeded to defend himself against the creature's attacks. Even after

a long-fought struggle, Arjuna failed to neutralize its attempts. Arjuna then suddenly realized the divine intervention and bowed in front of the creature. In spite of the physical appearances of the creature, he could bow to

him and relate it to be the centre of his meditation i.e. Shiva himself. He could truly accept 'it' as a part of his own consciousness and hence was considered worthy of receiving Shiva's weapon.

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### Be Positive

*See an affair positively,  
think it with all positive essence,  
discern and adjust it  
with its connoting meaning  
and keep the negative  
adjusted with its negative spirit;  
serve analytically  
and synthetically  
and raise from it  
the positive essence  
of existential go  
by which it is maintained  
and becomes propitious to you  
and others too;  
so, see with every positiveness,  
think with every positiveness,  
speak with every positiveness,  
do with every positive uphill go  
and keep the negative  
as the negation of positiveness,  
thus be wise positively.*

**-Sree Sree Thakur**  
*(The Message, Vol 3)*

## Sense of Judgement

Suhasini Patra

Student of Grade 11, California, USA

Once a man came to the wise Chanakya to get some advice from him. As soon as the man reached Chanakya's office, Chanakya inquired whether he was seeking personal consultation or official. The man replied that his need was personal and he had come seeking some advice. Chanakya asked him to wait for a while so that he could finish his official work in progress. After he finished, he turned out the lamp and lit a smaller lamp lying nearby. He then consulted with the man and gave him the advice he had come for. The man was happy at having his questions answered but there was one thing bothering him. So he decided to clear his doubt and asked Chanakya, "Why did you turn out one lamp and lit another before consulting with me. Both lamps were in good condition and capable of producing the needed light?" Chanakya responded, "That lamp is paid for from the king's treasury and hence used for official work. Since you came to me in my personal capacity I used my personal lamp that burns the oil that I have purchased with my own money. Using the state's money for my personal use would be grossly incorrect". The man was impressed with Chanakya's sense of judgement and honesty. He left satisfied at having his questions answered and having learned a useful lesson of life.

Our very beloved Rev. Babai da displays a similar sense of strong judgement, honesty and integrity throughout. Once while he was going by his car from Thakur Bari, the car sputtered, stuttered and came to a halt near Thakur's samadhi. The driver pulled over and on inspection it was found that the car had run out of gas. He asked his assistant Pabitra bhai to fetch a liter of gas (petrol) from the

gas station (petrol pump). Pabitra bhai went and it took about 30 minutes for him to go by a rickshaw, through the traffic negotiating the level-crossing and get the gas. He saw on return that Rev Babai da was sitting in the car calmly waiting for his return. Pabitra bhai was perplexed and asked, the ashram garage was nearby. There are several barrels of petrol kept for cleaning and other needs of several cars in the ashram garage. He could have asked to fetch a little petrol from the garage which was just a few minutes on foot from where his car had broken down. To his query Rev Babai da responded, "The petrol (gas) in the garage is purchased using the *arghya* (money) from the Philanthropy Office and hence to be used only for expenses of the ashram". He was travelling by his own car for personal work and so the fuel had to be bought using his personal money. Time and again he displays such quality of highest level of integrity and a great sense of judgement. Reminds me of a quote by Sree Sree Thakur:

### THE ASSET OF PEOPLE

*He*  
*who acts with every feeling*  
*with the characteristic of*  
*exalting the people*  
*and is spontaneously*  
*engaged in it*  
*with a normal aptitude*  
*for honesty*  
*and grows accordingly*  
*is honest, honourable,*  
*the asset of people*  
*and the man of man-asset.*  
 -- *The Message, Vol 6*

## Sree Sree Thakur Anukulchandra and His Thoughts

Dr. Krithi Sundar Guru (SPR)  
Satsang Deoghar, India.

Everyone wants to live a peaceful and blissful life. To attain this, we should follow the philosophy of Sree Sree Thakur Anukulchandra. He, our Parampremamaya has spent his entire life for our well-being. Sree Sree Thakur, throughout his long, eventful life, had preached the eternal truth for the benefit of human life, all subjects concerning man's existence and growth. There is no topic which He does not discuss, analyze and elaborate; there is no "ism" which He does not fulfill, there is no problem which He does not solve; there is no individual whom He does not fulfill and exalt. As Fulfilling Fulfiller, He unfurls the latent potentialities of one and all and goads and guides him to perfection. His love touch has transformed millions into a life divine and has exalted them to move ahead unerringly on the path of eternal becoming. He is Master Man and the only Solved Man of the age. He is the way to love, life and lift.

For our upliftment, He founded the Ashrama, known as Satsang. Nowadays Satsang is well known to the world. But do we know the meaning of Satsang? It means intimate contact with those who are "sat". This is the doorway to the emancipation of the embodied soul. Satsang is not merely an organization, but a divine platform for the lovers of existence, a mass

movement silently engulfing the evils and goading all towards perfection and purification; a universal family that has the potentiality to embrace the whole mankind. It enthrones Sree Sree Thakur as the central nucleus without any boundary and with the all-pervading circumference.

Sree Sree Thakur's ideology is like a constitution. It contains definitions, scientific revelations, and code of conduct for people of all walks of life and dictums for what to and what not to do. He urges people to be sincere, modest and to have a broad vision. He asks, "*What is the use of rising high in life if your eyes are set downwards like a vulture?*" (Satyanusaran, The Pursuit of the Truth).

He laid down a certain code of conduct for his followers. Observance of these simple rules could make a better man and a happier life. He preached enjoyment through renunciation, the life of the spirit in the worldly life. He laid stress on a practical approach. He wished each of His disciples and admirers to become a total man. In short, we can certainly say that if we practice His sayings, we can attain our ultimate goal of life i.e. wealth, enjoyment, virtue, and redemption in realization.

**RESEARCH PAPER**  
**SECTION**

## A scientific analysis of the principles of meditation

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The then considered pseudo-scientific statements of pineal gland to be the third eye and the seat of the 'atman', has been a subject of extensive debate between the spiritual seekers and the scientific community<sup>1,2</sup>. However, much of the conflicts between the two aforementioned institutions of thought get resolved in the ideological perspective of Shree Shree Thakur Anukulchandra. In His handwritten document, 'Satyanusaran', it has been comprehensively explained that "The ideas and activities that lead men towards the cause are spiritualism. The investigatory pursuit to understand the cause behind any natural phenomena is also shared by the scientific world. Therefore, the two institutions share the same intent, although, differing in methodology and the process of investigation. It is therefore a mandate requirement to quote Shree Shree Thakur Anukulchandra to shed light on the essence of spiritualism herein.

*Spiritualism is the investigation  
And invention  
Of the 'how's and 'why's  
By which matter extends and grows-  
To the acceleration of our Being & Becoming!  
(The Message-1, verse-177)*

Focusing on the involvement of pineal gland (which was considered as a vestigial organ<sup>11</sup> for decades) in influencing the functions of the body and mind, modern scientific findings seem to corroborate with the statements put forwarded by Shree Shree Thakur Anukulchandra many decades ago<sup>5,6</sup>.

### Comprehensive analysis of meditation

In light of that, the Nobel prize in physiology or medicine was awarded to Jeffrey C. Hall, Michael Rosbash and Michael. W. Young in 2017 "for their discoveries of molecular mechanisms controlling the circadian rhythm" in the test organism, fruit fly<sup>7</sup>. Circadian rhythm is a periodic biological process spanning with a  $24 \pm 4$ h rhythm which controls the sleep pattern, neural oscillation (or brain wave), hormone production, reproduction and many other physiological and psychological functions<sup>8</sup>. Intriguingly, the biological marker for measuring the timings of the human circadian rhythm is the secretion of melatonin by the pineal gland which is promoted in the absence of sunlight. Interestingly, the messages of Thakur Anukulchandra narrate the meditation techniques through which the pineal can be stimulated through a rhythmic repetition of Holy Name<sup>12</sup>, a process which should be performed at night before sleeping and at dawn after waking up, very much in accordance to the sleep-wake circadian cycle of today's science<sup>10</sup>. Insights into the sleep-wake cycle, the involvement of pineal gland in physiology, the effects of melatonin etc. can be found in the messages of Thakur Anukulchandra discoursed decades before the 2017 Nobel prize in physiology or medicine. The relevance of the spiritual insights imparted by Shree Shree Thakur Anukulchandra with the modern scientific findings is evidential and noteworthy.

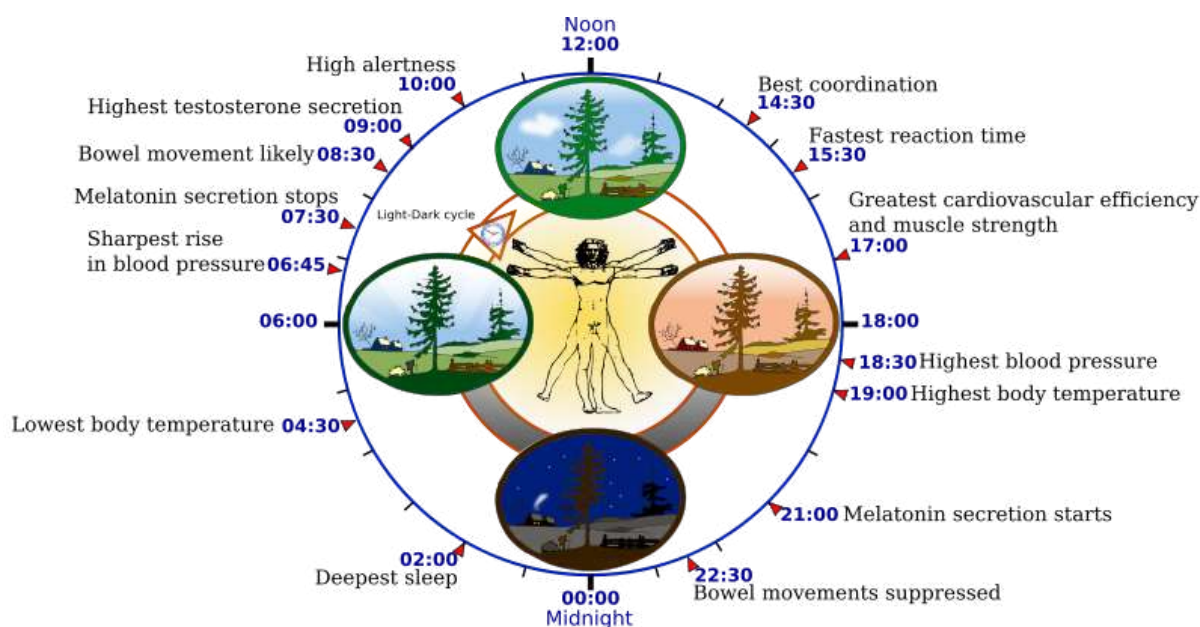


Fig: [https://en.wikipedia.org/wiki/Circadian\\_rhythm](https://en.wikipedia.org/wiki/Circadian_rhythm) The circadian clock of human beings showing the optimum conditions for melatonin production between 21.00 at night and 7.30 in the morning.

Furthermore, recent advances present a crucial pathological implication of the disruption of circadian rhythm in neurological disorders (Schizophrenia, Major Depressive Disorder, Bipolar Disorder etc), neurodegenerative diseases (Alzheimer's, Parkinson's, Huntington's, ALS etc), diabetes and other immunological conditions <sup>11,12</sup>. This short article attempts to review and find the nexus between the messages of Shree Shree Thakur Anukulchandra with the modern findings in light of the involvement of circadian rhythm in the psychophysical molding of human life. Furthermore, the article also suggests that the solution of many of the psychological and physiological problems can be obtained from the literature, science and philosophy of Shree Shree Thakur Anukulchandra.

### Light and reflection

As mentioned above, the pineal gland is most active in synthesizing melatonin during night and dawn. It is precisely the time instructed by Shree Shree Thakur Anukulchandra to sit for meditation. To be contextually more biological, the pineal gland has evolved from a well-differentiated photoreceptive (or light sensitive) organ in lower vertebrates, a functional third eye <sup>13</sup>. Therefore, it is an organ which is sensitive to light and reflection. In a famous meeting between Shree Shree Thakur Anukulchandra and the famous magician P.C Sarkar, the concept of light-reflection was discussed. Later, the fixation of the eyes to the alternating black and white arrayed Chakra photo was devised by Thakur himself that would help in exerting a mechanical stimulus on the pineal gland. This is very much entertained by modern science where several reports point to the fact that cells of the pineal gland and retina share striking similarities. To be noted, J. Falcon and J. Collin (Laboratory of Cell Biology, University of Poitiers, Poitiers, France) summarize in their article in the famous science journal, Cellular and molecular Life Sciences, that "The pineal of lower vertebrates characteristically contains true and modified photoreceptors with functional and structural homologies to retinal photoreceptors. Afferent nerves convey photic information from the pineal to sensory areas of the brain stem. Light also influences

synthetic activity within the organ controlling the rhythm in melatonin production which is generated endogenously. The molecular mechanisms underlying this rhythmic event are described and the hypothesis advanced that the pineal transduces several forms of environmental stimulus involved in the regulation of rhythmic function”<sup>14</sup>. Much before such research, a Chakra photo was designed by Thakur himself which was a ray diagram of alternating black and white emanating rays. It is a primary knowledge that white pigment reflects all the light rays falling into it and black absorbs all the light rays falling into it. The light rays reflected from the Chakra photo, if we imagine and do an Einstein’s thought experiment, would be a circulating and pulsating light beam which would activate the pineal gland. This in modern science is termed as photoactivation<sup>15</sup>. Furthermore, later the portrait of Shree Shree Thakur Anukulchandra was introduced in the chakra photo by Satishchandra Joardar with the reluctant permission from Thakur. The notion was that the visual portrait of Shree Shree Thakur who is the beloved ideal of the meditation practitioner would significantly favor an emotional mental atmosphere in order to be more focused. In light of that, recent experiments suggest that the visual imagery of famous and beautiful faces have a strong effect on the memory and attention as revealed by fMRI (functional Magnetic Resonance Imaging). The effect of the meditation techniques thereby not only depends on the physical aspects of the technique but also the psychological inclination to an individual of admiration. Shree Shree Thakur explains the essence of meditation in the following words:

*To attend and imbibe  
The Love Lord  
With eager, repeating urge  
And to serve Him  
With active service accordingly-  
Is the essence of meditation  
(The Message-2, Verse 170)*

### **Sound and vibration**

Shree Shree Thakur Anukulchandra at first describes that “Repetition of the Name makes man keen , and meditation or ‘Dhyan’ makes him calm and receptive”. Rhythmicity is the most important aspect of the meditation techniques propagated by Shree Shree Thakur anukulchandra. The rhythmic and rhyming psychic repetition of the Holy Name, or the holy word, is the prime requirement of meditation. The musical rhythms have a strong impact or influence on the pineal gland and circadian rhythm supported by several researches such as the increase of melatonin level in Alzheimer’s patients through music<sup>19</sup>. Every sound or word has a vibration associated with specific frequency. In light of this, Shree Shree Thakur emphasized that there is a vibration associated to every word with the following words:

*Word comes out  
From inter-interested affinity,  
Word is impregnated with vibration,  
From vibration  
comes out  
affinity of inter-interested  
attraction and repulsion  
and from inter-interested urge  
flow of neutral effulgence*

*makes for and unites  
different and discrete  
stable growth  
in a compact roll*  
(The Message-8, Verse 149)

Thakur also emphasized to “..first realize the intent of the word with every devout tracing of its facts and figures and with inherent attributes..”. Several researches have anticipated that the repetition of a word increases memory and influences reaction time. In relation, memory in turn is closely associated with circadian rhythm which is proven by the fact that the dementia patients have severely disrupted sleep patterns or circadian rhythm. It was found in a research that guided imagery and music can help regulate the stress hormone, namely cortisol, and positively affect mood.

The effect of repetition of the Holy name on the brain is presumably exerted by inducing an electrical impulse to the cerebrospinal fluid or the ‘Sushumna’ which is transduced to the brain to activate the brain cells, or in this case, the cells of the pineal gland. The seven chakras or the major nerve plexuses also are energized by the thrill of vibration. Thus, if we link the various aforementioned aspects which were scattered before, under the canopy of the one ideological perspective of Shree Shree Thakur Anukulchandra, an intricate network of language, physical science, physiology, psychology and of love is drawn.

### **Conclusion**

The effect of the rhythmic repetition of word, the light-reflection and visual imagery, the inclination to the ideals portrait and attributes seem to have a profound influence in the physiological adjustment of the circadian rhythm and psychological state of men. The positive improvement of memory, reaction time, learning, sleep-wake adjustment etc are only a few benefits of meditation with repetition of words and focusing on the image and characteristics of the Love-lord ideal. Every aspect of the process is scientific and is impregnated with huge possibilities to explore, for the benefit of mankind. Shree Shree Thakur suggested:

*The Thrill of vibration,  
audible or inaudible  
can correct many maladjustments of tissues,  
with their inner current  
or can destroy them  
according to application;  
it can also control or destroy  
many appropriate phenomena  
in a concerted way  
or in various diverse rhythms  
with molecular,  
or monopolar  
or multipolar  
magnetic thrust*  
(The Message-8, Verse 148)

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*Complexes are delirious strong -  
duped with strongly licentious  
deteriorating stimuli  
which usurp faculties and services  
that make becoming profitable  
with environment  
hence being is cloudy and  
weakly nourished ;  
so urge and activity  
weep with thready thrills ;  
and when the service that enlightens  
being and becoming  
glows, dazzles and dives  
the interest of complexes  
they, the servants of the cliquish*

*ignorant, howl,—  
shout with a blind dashing blow  
and attempt to disturb  
and demolish the servants  
of godly becoming  
yet the throne of heaven  
succeeds with successful glory  
through narrow insults -  
that are made divine.*

**-Sree Sree Thakur**  
(Magna Dicta, Verse 192)

## Aryan Culture: A Concord for All

Sudip Ghimire  
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Aryan Civilization is the world's oldest human advancement where we come to find the complete bond between the standards among religion and science for the investigation and improvement of the whole social system and framework (individual, group, institution, training, work, education, culture, politics, and so forth). There was no such social status and political crisis as today, people were dignified and they also advanced their education. On Aryan civilization, Sree Sree Thakur says that they formed the cabinet from the selected heads of Brahmin, Kshatriya, Vaisya, and Sudra (four divisions of labour or social class). The more they fulfil others, the more they become a great head. There was no commotion and insurrection for public elections. In Bharatbarsha, another country could not afford to attack. Because of the practice of anuloma marriage (hypergamous marriage), all nations were bound in a formula which would have facilitated in the promotion. If it was seen in Kshatriya, Vaishya, and Shudra with brahmin qualities and virtue continuously for five, seven and fourteen generations they were regarded as Brahmin. The way to their up-gradation was open in this way. The social status of any item was not determined in the rupee. If someone has 50 million rupees and someone has to manage the household in 5 rupees, but his birth instinct in terms of tolerance and forbearance is great - such a person was considered being great. The rituals, practice, and behavior, were the evaluation criteria. The bookish knowledge was not considered an education. Without the character, there was no value for the so-called learned. The goal was at all times knowledge, attributes, that all these should be transformed into birth instinct, rituals, and cultural resources. Varanashram Dharma is a matter of subtle, advanced, and scientific subject but without understanding the inherent fact many people consider it incomprehensible. What could be a bigger mistake than that? Those who are oriented to destroy science-based Varnashrama with a generous pose to uplift the

underprivileged and downtrodden people for liberalism, they are the biggest enemies of the society. How harsh was Shri Ram Chandra against Shambuk - because Shambuk's movement was nothing more than a passion duped trendy campaign against Varnashrama.

*(Alochana Prasange, Volume-1, 1993-6-15)*

Due to the intrinsic scientific wisdom of Aryan principles, the doors to the all-round development were always open because its regulators were the sages whose microscopic ideas, vision, knowledge, and work were employed for the benefit of all creatures. Similarly, individuals from their penance and worship were well known about their duties for spiritual, mental and physical development.

That is why Sree Sree Thakur had said— There is nothing in this world similar to Aryan culture. There is no such thing in the world that does not come inside its boundary. Excluding any single individual, we cannot consider a group, and the existence of a person is impossible when there is no world. There is a need for heart feeding support between the individual and the environment. That is why an ideal is needed and attachment towards the ideal is the united glowing power, which makes all individuals united. Therefore, the center of Aryan culture lies ideal, individual and environment. Leaving the past, there can be no standing for the present, nor will the future be complete. Therefore, the sacred essence of the ancestral stream should never be abandoned. It is useful to grow only through this medium, the era changes and improves. To well-set a man, initiation and self-motivation and determination are a very useful purpose. Thakur has said

*Do meditate mantra on thy lord  
dawn and night,  
Do repeat the holy name  
in all the movements of daily life  
Do materialize the directions  
of guru in due time---  
That is tapas---*

*the way to achievement*

Holy chant, meditation and through the ideal cantered attraction there comes enthusiasm, excitement, and activeness, the mind gets healed.

*(Alochana Prasange, Volume 10, 1948-1-30)*

Individuals occupied with characteristics of inclination are eager to pursue passion guided cultures, since they are reluctant to push ahead in transit of perfection by obeying God and belief system, however not in the Aryans' strengths. Thus, Sree Sree Thakur discussed the intuitive idea of Aryans that Aryans were existentialists. The pattern of inclination disappointed them. The individuals who are the priests of God are normally devoted. Aryans moves easily being obliged towards predecessors, a sage, an incredible man and God. They never deny the past. They stay upon the past perception to proceed onward to the present. Recorded experience is known as scripture (sacred text) or science. Earned information, science, and life feeding hypotheses, alongside conventions and its practices in life, was the centre of aryan's temperament. Along these lines, it was conceivable to diminish baffles throughout everyday life. The person who gives the safe house for eccentric desire and drive does not prosper. The fundamental purpose behind this is they wreck the recorded and revealed truth and stroll to satisfy their extravagant impulses. They walk by protecting in birth and hereditary instinct that is why Aryan culture is diverse. This diversity is united in the truth through the attachment towards the fulfiller of the best (ideal).

*(Alochana Prasange, Volume 10, 1948-1-30)*

Sree Sree Thakur says each thing of the Aryans result from the examination and how incredible the race they were, at whatever point I think about it I bow down my head out of devotion.

*(Alochana Prasange, Volume 1, 1939-10-20)*

That is why Bharatbarsha is known as the land of god and goddesses because the character of the people living here was like Gods and their

behavior was also like that of Aryans, which is called Aryans code of conduct.

Sree Sree Thakur says- Bharatbarsha can still be glorified as the land of God if all of you follow the conduct as per the Aryan principles. He further says - moving along the path of all, Varanashram, ten, daily oblations, ideal education, hypergamous marriage within similar clan, Yajan, Yaajan, to give and accept offerings, service to the environment, hygiene and its practices, get fast and visiting pilgrims these are the part of Aryacharan (Aryan Conducts). The proper follow of these traits in hereditary tradition will slowly turn everybody as a deity.

*(Alochana Prasange, Volume 1, 1941-12-10)*

Jesus and Hazrat Muhammad were our prophets and motivators. On the off chance that the Aryahdhara had continued, perhaps Jesus and Hazrat Muhammad were considered as eleventh and twelfth avatars. Anti-Biblicism, Anti-Quranism, Anti-Vedism will be restricted to improve it.

*(Alochana Prasange, Volume 1, 1940-2-7)*

Exactly when asked concerning the Aryan Culture, in a nutshell, Sree Thakur has outlined as - based on the footings of ideal and integrity, to gain a livelihood as accord the inalienable individual qualities or genetic impulses with individual opportunity, legitimate marriage, and selective breeding and eugenic progression, social upliftment by service and administration alongside unicentric consistent evolution of each gathering of an individual is the foundation of Aryan Culture.

*(Alochana Prasange, Volume 8)*

While in a talk with Mr. Michael Sree Sree Thakur has characterized Arya as, "In the hereditary custom, whoever is advancing toward ideal centric movement, dharma, and culture, they are Arya."

At the point when further asked by Mr. Michael — Why not to move forward toward social position or class? Sree Sree Thakur answered that social class was shaped through these ways. Mr. Michael has additionally questioned: Because of Hitler, Arya's word has been abused.

Sree Sree Thakur has additionally shown how Nigro can move toward becoming Arya if they pursue the Aryan Conduct or acknowledge this revolutionized culture.

*(Alochana Prasange, Volume 22, 1954-02-01)*

Arya!

You are the deities,  
born out from maternal vitality,  
try not to be rebellious to her  
nor be negligent,  
Don't let this a chance to occur,  
In foulness of infidelity  
Don't rotten her position  
If this maternity is lessened,  
Culture gets denied,  
if you don't wake her in your sense, at that point  
From the devilish stigma  
she will be disgraced  
Life shelter will get shaken,  
Self-refusal for death will be unavoidable,  
through nature's dangerous scowl eyes  
You will be depleted,  
Therefore, with earnest serviceable zeal

Make her satisfied,  
By your thought, by character  
Good behavior resembled adherence for ideal  
in invigorated devoutness  
with ritualist edifying offerings  
Worship her  
to make her pleased  
reciting the instinct fulfilling mantras (sacred  
utterances, holy expressions)  
let thy desire with hostile  
be offered as sacrifices at her feet  
See that Jagaddhatri (goddess Durga)  
durgatinashini (remover of agonies)  
auto-characteristic idol ideal  
in your hearth and home,  
Be lit up  
Be fulfilled  
with the light of heaven  
All of you alongside your family  
Be Blessed  
with a significant ascent.  
*(Sree Sree Thakur -Arya Kristi, Verse. - 142)*

*Sweet tongue,  
exalting habits and behavior  
with services  
and unexpected devoted  
adherence  
to the Ideal  
is the royal road to win.*

**-Sree Sree Thakur**

*(Magna Dicta, page-34)*

## Road to Economic Development - Sree Sree Thakur's view

Nirmalya Paul Choudhury  
Assam, India

Contrary to popular belief about *Dharma*, Sree Sree Thakur Anukulchandra had given a pioneering and an epoch-making definition of *Dharma* as 'Being and Becoming'. The word 'Becoming' has a wide meaning encompassing the development, both spiritually as well as materially. Both facets of development are intertwined as one form cannot exist without the other.

Sree Sree Thakur had often been deeply involved in discussions regarding economics & economic development. The words emanating from his Holy mouth were much ahead of the times and one is awed with the simple definitions that He provided.

During one such discussion on economy, Sree Sree Thakur wanted to know the root meaning of the word economy to which He was told that economy means house and household affairs. The deep concern of the human race came to the fore when Sree Sree Thakur pronounced that the very foundation of household affairs has been shaken by the current situation. Sree Sree Thakur was, however, optimistic that the adjustment of household affairs would automatically improve the economy. Creating a compact home, hearth and farm would redeem us from all worries, He further added.

Sree Sree Thakur laid stress on agriculture being made the principal economic activity. This is not only labour-intensive but also provides food security to all. As can be understood, a robust agricultural system provides the leaping board for further economic growth - a fact followed by all developed economies.

This concept has been carried forward when Sree Sree Thakur advocated the rearing of livestock to augment agricultural income. He

laid stress on cow rearing and urged for taking adequate care regarding the physical health of their animals. This farsightedness of Sree Sree Thakur can be understood from the fact that present-day policymakers have been arguing on the same principle.

Much to the amazement of the present-day thinkers, Sree Sree Thakur also spoke at length regarding the value addition of the products. He was aware of the fact that agricultural production in raw form has a limited shelf life and would deprive the farmers of minimum income. He, therefore, laid emphasis on marketing derived products together with agricultural produce. To quote from His discussions, groundnuts can be converted into groundnut oil, jams can be made from fruits, milk can be changed to milk powder, etc. These derived products, besides increasing their shelf life, would lead to market expansion and give the farmer a higher bargaining power thereby increasing their income geometrically. One is filled with wonder at the unfathomable knowledge of Sree Sree Thakur besides his earnest desire to bring in economic growth.

Agriculture is a seasonal economic activity engaging people during a particular period. Setting up a cottage industry in every household plays a dual role in the yearlong engagement of people besides providing economic benefits. This is being prescribed by various economists today. However, the entire gamut of problems has already been discussed and remedies have been given.

During these discussions, Sree Sree Thakur touched upon every facet that could result in economic well being. The marketing of consumer goods also figured during these discussions. Sree Sree Thakur observed that the

mass appeal of these articles would ensure yearlong sales and a perennial income. This fact has been proved correct by the success of FMCG companies.

It is important to mention here that concerns posed by present-day agricultural scientists have been addressed by Sree Sree Thakur during such times when these were beyond our capacities to comprehend. Sree Sree Thakur emphasized close examination of the type of soil and general natural conditions before deciding upon crops to be grown. These would ensure a good harvest and bestow benefit in tune with labour expended.

This thought process was not restricted to agriculture and allied sectors alone but spread its wings towards setting up of industries. During one such discussion, Sree Sree Thakur defined the industry as 'to build up from within'. According to Sree Sree Thakur, setting up of industry involves a two-way approach: first to have an understanding of the problems faced by the people and thereby make an assessment of their requirements and second to find out ways that can mitigate the crisis. Growth of AMUL in India over the last seven decades bears testimony to this fact.

As can be gathered from the previous paragraphs, Sree Sree Thakur's ideas of economic progression were propounded much before our comprehension. Readers would be enthused by the fact that the entire series of deliberations have taken place before the independence of India when our leaders were at loggerheads in deciding the best and the quickest way of ushering in economic upliftment. These discussions contain answers to our quests regarding economic growth and development. At this juncture, when the policymakers are finding it difficult to frame policy guidelines to comply with the UN-sponsored Millennium Development Goals, it is pertinent that we spread Sree Sree Thakur's ideas of economic empowerment and this could be our small contribution in bringing equality among the global population.

Source:

\*\* *Alochana Prasange – Vol 3, Page 173,191,192,192*

\*\* *Nana Prasange – Vol 1*

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*Where love adheres  
with untottering,  
sincere,  
serviceable righteousness,  
the spirit is chaste.  
-Sree Sree Thakur  
(Magna Dicta, page-48)*

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**PERSONAL EXPERIENCE**  
**SECTION**

## Days in Pabna and Deoghar - A memoir

Satyajyoti Bose (SPR)

Hamilton, Canada

[Translated by Manoj Patra (SPR), CA, USA]

[This is extracted from the speech delivered by Sri Satyajyoti Bose (SPR) da aka Mefer da on 2020/09/02 during the daily Bhadra Satsang in California. The complete speech is accessible [here](#).]

The things I will tell today may be pure or impure are His words so I have no qualms in mind.

When I was young Pujyapad Sree Sree Dada had asked me to give speeches so I would give speeches in gatherings. Some years ago Param Pujaniya Babai da asked me to speak about my own experiences. So I will try to narrate a few such experiences given the constraints of time.

A few days ago Pujyapad Dada asked me “Did you attend the utsav in New York”. I replied with folded hands that, “The utsav in New York and in Canada happen so close to each other that it is not possible for me to attend both. However some time ago there was a program in Detroit and I attended the same.” I am way over 80 and with the help of 2 gurubhais Sanjib Das and Amit bhai I was fortunate to attend the utsav. These two gurubhais help me a lot in travel and other logistics enabling me to attend such utsavs. They helped me visit Detroit and there I could share some of my experiences with people.

I will start with an introduction about my family. Sree Sree Thakur expressed a desire to visit the home of my maternal uncle Late Shri Susil Chandra Bose at Jessore district, Harinakundu village. He alighted at Alamdana railway station and there was arrangement of vehicle and palanquin to cover the remaining 8-10 miles distance but *Dayal* Thakur said he would travel that distance doing *kirtan*. That year was 1918 and he covered the distance doing kirtan. On both sides of the road stood scores of people trying to collect the dust below his feet. Most people felt that Sri Chaitanya was doing kirtan as he would do

(during his time). Therefore many people collected the dust off his feet as a holy collectible, and at the end of kirtan in 1918 He had *bhaav-samadhi* (divine trance) in that village Harinakunda. After witnessing this my parents took initiation that year. We are initiated for 5 generations now. We are also very fortunate that 5 generations of guru parivaar have graced our home through their visit. A few years ago Pujaniya Sipai da visited our home in Canada. I told him then that Mata Manmohini, then Sree Sree Thakur, then Param Puyapad Sree Sree Borda, then Acharyadeva Sree Sree Dada visited our home and then you (Rev Sipai da) have visited our home. This was a brief introduction about my family.

My name was given by Sree Sree Thakur as Satyajyoti - many pronounce mistakenly as Satyajit but it is Satyajyoti. Param Pujyapad Acharyadeva Sree Sree Dada calls me lovingly as Mefar and I am hence known by the name “Mefer da” in the ashram to many. Let me now tell you about Pabna district. To the North is the river Jamuna and to the South was river Padma. You would have heard about both these rivers. Between these two rivers is Pabna district and dayal Thakur made his ashram in Hemayetpur village there. You might have read about Mansingh from Akbar’s era. Mansingh was sent by Akbar to control the rebellion by Bengalis. So Mansingh established a cantonment there. When he departed, he left his son Himmat Singh behind to rule over. From his name Himmat Singh the village was named as Hemayetpur - so now you know the origin of the name Hemayetpur.

Thakur made the ashram near Padma. He constructed mandir for Huzur Maharaj, Pitri (Sibachandra) mandir and Matri (Manmohini devi) mandir. A light would always glow on top of the matri mandir at a great height. I had enquired my

father as to why and he replied that when there was a storm in the river Padma and that happened seasonally then steamers would lose their way in the river. However by looking at the light they would realize that this is our ashram towards north of Pabna and could thus steer their boats properly.

You all have read Mahabharata. When Guru Drona put Arjun and other princes to test and asked what they saw, many answered I can see the bird, one said I see the body, the face, the trees, everyone etc. Only Arjun said that he could only see the eyes and thus pierced the target. Similarly Sree Sree Thakur would look at the eyes and face of the patient very keenly and would prescribe medicine that would pierce the diseases just like Arjuna's arrows, it worked like Dhanvantri's medicines curing them of their root ailments.

One of my elder brothers was a good football player. He was also born in Pabna and Thakur had named him Bipad Baran Bose. His nickname was Paltu. He went for a provincial level football trial to Kolkata and he came back with fever. He had contracted Malarial meningitis and before the news could be broken to Sree Sree Thakur, he died within 24 hours. The next day Thakur sent a message, "Paltu had come to me and told me about his Istabhriti and Swastayani *arghya*. He said he had kept the money at a place that nobody knew. He said that his mother was behaving uncontrolled in grief". Thakur called for her and consoled her, saying that Paltu had come to him and so she should not worry. Later family members found the Istabhriti and Swastayani *arghya* exactly at the place Thakur had described. It was evident that he could see the souls / spirits regularly and used to have conversations with many of them.

Once Thakur asked for a (male) goat. My second brother Mintu da worked as a Captain in the army and he got a goat from a market from where the Britishers would buy goat meat. So he went to the market near a station called Patna and got a good looking male goat from there. The goat was

named by Thakur as Virbhadra and kept in ashram and reared there. Sree Sree Thakur said that he was a human in his last birth named Hriday Singh but did some heinous act and hence was born as a goat. After getting to know of this, many ashramites started feeding the goat so much that he died of overeating.

The Britishers wanted to create a communal disharmony by dividing into East and West Bengal and induced a famine in Bengal. They stopped water supplies and slowly due to drought all water bodies dried up. Lakes, ponds, canals everything and as people started drinking polluted water from such places they died in thousands. It became an epidemic and infant mortality was very high. At that time Thakur asked ashramites to go and deploy tubewells in many villages and save as many as possible. Not only that as people died drinking from the dirty water he created the medicine called Azamanjit that would cure people of alimentary disorder.

He did not want people to go out for higher studies so he started a college and named it as Manmohini Institute of Science and Technology. My elder brother and others of age studied there after graduating from the Tapovan School. Thus he started many institutes there. We heard about institutes of Technology many years later but at that time Sree Sree Thakur had the vision to start that. In the ashram was Dispensary, Hospital, Brick factory, Philanthropy office, ironsmith workshop, carpentry, coppersmith workshop, library, printing press, schools, hydro work, power house and many cottage industries. Hearing all this the Britishers approached Sree Sree Thakur for wooden sleepers when they planned to construct a bridge over river Padma. They did not want to use steel or iron as that would make the bridge too heavy. Sree Sree Thakur agreed to make the sleepers but asked for a sawmill to cut the hard logwood. That volume of work could not be done through manual saws. The British officers agreed. However the machine could be brought only to the nearest railway station Ishwardi station.

But how would the machine almost the size of a train engine be brought the last 20 miles to the ashram. So Thakur asked for 4 pieces of railway tracks. And then by using a pair at a time and pushing the machine manually from one pair to next it was brought to ashram after 2 weeks of intense manual labor. Then from the nearby Terai forest such logwood was brought by the river and then using the sawmill those wooden planks (or sleepers) were carved. The local normal people realized his greatness at generating local employment and the Britishers were thoroughly impressed. Thakur in return asked the Britishers to stop shooting people involved in swadeshi movement or political acts of rebellion.

Some people of one community eyed the ashram with contempt and wanted to take over the ashram. A Satsang office was set up in Kolkata at 68 Mirzapur Street. My father was visiting the office for some Satsang work. All around the office was dominance of muslim community and communal riots broke out. Many people were mob-lynched and killed. My father was confined in the office all alone. He was surrounded by the mob all around. He prayed to Thakur all through night and at early dawn felt instructed by Thakur to wear a lungi and merge into the protesting crowd. He did that and when he reached the Sealdah railway station, he quickly slipped and boarded a moving train to reach Pabna. Thakur was quite unrest in the early morning as all this was happening and was extremely happy and relieved when my father reached the ashram safely. One day I was in the local marketplace or *Haat* with my father when I witnessed a muslimn person hit a gurubhai of ashram with a thick staff on head. Right in front of my eye, the head split and bled profusely. The brother died after some time. On knowing this Sree Sree Thakur said that it was not wise to stay in the ashram any further. Exactly 2 days later a few protestors lit fire in one gurubhai's house. The house got burnt but the people of the house were evacuated. However some cows were in the shed and the fire engulfed the complete house. At that time an intrepid and

courageous person with dark complexion played on his life and saved the cows. On knowing this Thakur called him and embraced him and told that due to this pious act all his past misdoings are undone. I noticed that he was the same person who had hit and caused the death of a gurubhai earlier. Then my father told me that every human being has 2 sides: a divine side and an evil side. If one can raise the divine side the other side gets subdued automatically.

Let me tell how Anandabazar came into being. When people grow vegetables in their gardens it is customary that the first produce is offered to the Lord Jagannath or their guru. That way many people would bring different kinds of vegetables, fruits etc to the ashram. So Thakur approached Mata Manmohini and asked if all this could be used for making prasad and distributed to people in a community kitchen called Anand Bazar. Mata would cook in a large pot khichdi with rice, dal and all vegetables and everyone would be served in leaf plates. My mother's duty was to clean the cauldron everyday. The lower part of the cauldron would be filled with soot and she would get it home to clean daily. That was how Anandabazar came into existence in 1922 where everyone would receive prasad afterwards.

I will now tell you about the day when he left the ashram. A few days ago he had asked my uncle Susil Bose da to visit Deoghar and get a large house ready to accommodate several people. He had gone there, selected a house, got it painted and readied. On the day of leaving the ashram, it was drizzling slightly. Thakur went and offered Pranam to Huzur Mahraj, Pita Sivachandran and Mata Manmohini with tear filled eyes. Then he boarded one of the 2 cars arranged for Thakur , Borma and other members of Thakur family. Other ashramites boarded the 2 buses arranged. From there an entire coach was reserved in the train which was occupied by the ashramites, which took people to Deoghar.

We children would mostly eat fruits from the numerous trees there. Sree Sree Thakur would say

“See how happy these kids are just surviving on fruits”. Slowly and steadily once again in Deoghar ashram similar buildings and institutes sprang up just as was in Pabna.

During utsavs, lakhs of people would visit the ashram. They had to stay in tents as unlike current days there were no puka buildings or Guest houses. Tents would be put up and there was no bathroom setup (people would have to go to the fields and river bank of Darua). We children would carry the loads on our head to help visitors reach their allotted tent. People had to bring their own beddings. We would carry the beddings, the bags and other load to their place. Pujyapad Dada would stay awake day after day looking after people, what they ate, where they stayed etc. Slowly the ashram grew more and more.

We all seek Realization of God. For that we need attachment to living *Acharya*. This brings self control. The Acharya shows the direction. Most people are directionless. But Pujyapad Dada is showing us the path even while being at ashram.

I can share many more things. My humble appeal to you all that if I get a chance I will speak again. I took quite some time today. If I said anything incorrectly you will pardon me, To do his work your pardon is essential. I stay near Niagara Falls - if you ever visit Niagara Falls do try to visit our

place. If you ever visit Deoghar please convey my pranam and regards to Pujyapad Dada, Pujaniya Mej da, Puj Babai da and others. Since my childhood like a banyan tree they have guided me throughout.

I will tell one of my most glorious moments of life. When I got the chance to come to Canada I went and prayed to Sree Sree Thakur, “I have got a call from Canada should I go”. At that time Sri Debi Prasad Mukherjee would scribe his dictations. That day Thakur blessed me by keeping his hands on my head and told a couplet. Sri Debi da requested Sri Sri Thakur to pen down his blessings in a paper. So he wrote a few words on this paper and then handed it to Debi da and dictated the rest. I am showing this photocopy - the original is kept in a safe box in a bank vault. It goes like this:

*Satyajyoti tomar dibya utbuk jege  
shakti rekhe antare  
Temni karei uthal bok ta  
ista nesbar dhum dbare*

Translation:

*Satyajyoti let your divinity rise, the inner power prowess  
Let that grow further attuned with Ideal Centredness*

This was given at 09:06 AM on 1967-10-30. I showed and read this out.

## Blessed with a new life

Angshumitra Gupta  
California, USA

*Miracle:* the dictionary Meaning: “a surprising and welcome event that is not explicable by natural or scientific laws and is therefore considered to be the work of a divine agency.”

I would like to share with you a real-life miracle that happened in our life. Here is the story:

Friday, July 26,1988

Muscat, Oman.

My husband Debasish left home around 8:00 AM and went to learn swimming at the nearby Al Falaj Hotel Swimming Pool. Close to 9 A.M, I got a call from one Mr. Nabil Sheikh in a calm and composed voice that my husband was having breathing problems and therefore, taken to the nearest Al Nahda Hospital. I was feeding my nine-month-old son Udit at that time and became so nervous that I momentarily forgot all phone numbers commonly used by us. I immediately took the phone book and the first name that came to my mind was Mohammed Reza Khan, Debasish's Trusted Employee, who was very close to our family since Debasish picked him up from daily labour and got him employed as a regular employee in the organization he worked for a premier medical equipment distributor in Oman. I called Reza Khan who responded right away, came and took Udit and me to the hospital.

At the hospital, the attending doctor in the emergency room told me that Debasish drowned in the pool and was pulled out from it's depth after an unspecified amount of time and asked me to pray to God. Apparently, he was practicing alone in the pool unsupervised, the trainer not being present by the poolside at the time of the incident!

Nabil Sheikh walked into the swimming pool with his two young daughters and the younger one saw Debasish at the bottom of the pool with face upwards and informed her father. Nabil thought that Debasish was an expert swimmer and would resurface and leave. Minutes later, the daughter checked the pool and reported to her dad that he is still lying in the same position. Nabil checked and raised an alarm and together with hotel employer Nazeer, dived to the pool with a chain in hand to pull him out. Debasish's body was totally blue, no pulse was found. Nazeer, who took CPR training recently from a British Trainer said later that he got a feeble pulse near the ear & Debasish responded to CPR quickly with heavy breathing before an ambulance was called in.

Nabil Sheikh had recovered Debasish's purse from the dressing room to call me and at the same time informed Mr. Mukherjee, our family friend from the business card found in his purse, who in turn notified our close friends Mr. Ramanan da Bhattacharjee (Kaku) & Dr. Pratip Bhattacharjee, MRCP. Meanwhile, Md. Reza Khan relayed information to the co-workers resulting in a sea of well-wishers at the hospital that at least made me feel that I am not alone in a foreign country during the hours of crisis.

Since they were reluctant to transfer Debasish to ICU and asking Reza to fill a form, Dr. Bhattacharjee intervened and moved Debasish at his risk to The Royal Hospital in Muscat where he was quickly admitted to the ICU with 10 % chance to survive as reported. In case of survival, memory loss or paralysis was stated as a possible outcome. Hats off to the Oman ambulance driver who covered considerable distance very rapidly as other trailing vehicles lost track of the ambulance in no time.

Debasish went into a coma, breathing normally without life support and no one was permitted to see him. We were advised to go home and wait for updates. Two days passed but nothing changed.

On the third day, I went to the hospital and requested one of the attending doctors to allow me to be let inside the ICU in order to touch Thakur's locket to his body & he obliged. I took Diksha early in life during school days and the locket became an integral part of my life ever since. When I left for Muscat, Oman after marriage, my late father had told me to take Sree Sree Thakur's name all the time and be protected on a foreign land. I sat like a statue beside my husband's bed and prayed to Thakur touching the locket on Debasish's forehead for about 15 minutes. I then left for Kaku's residence in Al Khuwair.

Later that day, when Kaku called the ICU and spoke to the nurse, she told him that after I left, the patient opened his eyes momentarily & went to deep sleep again. I saw a ray of hope and continued prayer to the love lord.

Early the next morning (Day 4), Kaku received a call from ICU that Debasish came out of the coma and was fully awake, talking normally. Tears rolled down profusely and I didn't know what to say to Thakur for bringing him back

from a state of coma to life. I rushed to the hospital with Udit and thanked all the doctors and nurses present. Instead they asked me to Thank God. Doctors in Royal Hospital & Dr Bhattacharjee himself asked Debasish many questions related to his personal/family life as well as professional career, all of which he answered correctly validating that his memory was intact. Debasish also responded to all body movement check commands eliminating the fear of paralysis. They transferred him from ICU to a regular ward for monitoring and he was discharged after three days. Everyone from physicians, nurses, Debasish's GM / Co Workers, Family Friends said it was nothing but a Miracle.

Our deepest gratitude goes to the people involved and also those who prayed at temple, mosque and church but very specifically to Mohammed Reza Khan, Nabil Sheikh & daughters, Nazeer, Dr Bhattacharjee, The Omani ambulance driver & transport team, physicians & staff of Royal Hospital and lastly to Ramananda and Krishna Bhattacharjee who didn't allow me to stay at home alone and took me and my son to their house. This is surely a Divine Intervention by Sree Sree Thakur Anukul Chandra.

*His divine play continues even now,  
A few fortunate ones witness the same*

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When grief, sorrow and suffering  
do not make one consider  
one's own frailty  
but that of others only,  
apathy, hatred and jealousy come creeping  
-- Sree Sree Thakur  
(Magna Dicta, verse 122)

## Transformation of a singer devotee

Sudhriti Ketkar  
Arnhem, Netherlands

It's my pleasure and fortune to narrate this wonderful tale of a life transformation of my father, Mr. Gangadhar Telang (SPR), Badlapur, Maharashtra.

He was a young lad, highly spirited and ready to offer help and service to everyone in need around him. However life wasn't easy for him, as he had an old mother with a heart disease who needed frequent hospitalization, an unmarried sister and a wife with a modestly paying job in the post office. He was somehow making the two ends meet. Many times people whom he offered help ditched him and increased his already heavy burden.

One day he met with a karmi of Sree Sree Thakur, who spoke about Sree Sree Thakur's ideology and deeksha. Gangadhar was a bit reluctant but the aura of that karmi was so intense that he couldn't refuse his words. So he and his wife took initiation at 5 AM in the morning, at Satsang Ashram Badlapur. Little did he know then that this would prove to be the biggest turning point of his life and it was going to change forever for good. They started doing *ishtabhriti* and followed the daily practices.

After about a month of his initiation, while in office he received a phone call from his ritwik P D Joshi (SPR) da, who asked him if he would like to join a group of satsangees visiting *guru dham* Deoghar. Gangadhar refused instantly as the luxuries such as travelling etc were never a part of his life, owing to the hand to mouth existence he could afford. One of the colleagues heard the phone conversation and asked what it was about. He said that it was about visiting his guruji's ashram in Bihar but unfortunately he couldn't go. She explained to him about travel allowance rules and his office colleagues made

sure he booked his tickets for Deoghar. He noticed that after the initiation, everyone around him had started supporting and nurturing him.

As planned, he and his wife went to Deoghar with appx 40 other *guru bandhu*. He went there and had darshan of Sree Sree Thakur, Sree Sree Borda, Sree Sree Dada and other Thakur family members. He could feel the positive vibes of the place. When he was sitting in nat-mandap in front of Sree Sree Borda, someone mentioned that this dada from Mumbai is a good classical singer. Sree Sree Borda asked him to sing something. As it was an early morning time, he performed a brandish in Raag Tiri, which Sree Sree Borda appreciated delightedly and asked him if he could sing for an hour or two for him in the evening. Happy and mesmerized, Gangadhar agreed immediately. All arrangements like the musical instruments and supporting artists for harmonium, tabla was made quickly.

In the evening Gangadhar and others waited outside Sree Sree Borda's residence for the door to open. It was Datta jayanti day, an auspicious day when Sri Gurudev Dutt was born. This day is celebrated with a great devotion in Maharashtra and Gangadhar used to offer the service to Guru Datta by singing in the Datta temples. While he was standing there a thought breezed through his mind, "Today is the auspicious day of Dutt Jayanti and I have accepted Sree Sree Thakur as my guru. I would be fortunate if I could sing in front of Him today and offer my Sangeet to him". In a few minutes the door opened and Puj. Ranga ma came out with a message that Sree Sree Borda wasn't feeling well, so he had asked Gangadhar to sing in front of Sree Sree Thakur and had also asked to record the program and submit

the cassette the next morning. Gangadhar was awestruck with this sudden development where his wish of singing in front of his Guru a little while ago was getting fulfilled within minutes. The program started at around 8 PM and he sang for almost two hours. It was one of his best sessions till date. He also noticed that as he started singing, a few special seats that were initially unoccupied got occupied by members from Thakur family. Puj. Rangama, Puj. Boro boudi ma and also Sree Sree Dada came to listen. The next morning he went to seek darshan of Sree Sree Borda and gifted him the recording of the program. The whole group had planned to start their return journey on the same night hence they asked for permission from Sree Sree Borda for their departure, to which he asked if they could stay in Deoghar for one more day. Everyone instantly agreed, however Gangadhar was a bit perplexed thinking about losing their reservations and the difficulties they might face in getting fresh reservations. A thought flicked in his mind that everyone said, Sree Sree Borda is Acharya he is the living embodiment of Sree Sree Thakur. I had a golden opportunity to sing in front of him yesterday and I lost it somehow. Within seconds he could hear someone calling him from behind. He turned around to find Sree Sree Dada signaling and walking towards him. He was astonished and swiftly touched his feet. People around him started talking about not touching feet, to which Sree Sree Dada replied, "It's ok, this man is *kala ka upasak*". He then turned to Gangadhar and said, "मैं कल गाना सुनने के लिए आने वाला नहीं था पर आपकी आवाज़ मुझे खींच कर ले आई" (I was not planning to attend the session today but your voice pulled me). Now that your departure is postponed by another day, Baba has asked if you can sing for him tonight". Gangadhar was absolutely stunned and speechless to hear him. It was really overwhelming to realize that his second wishful thought was getting fulfilled within a few minutes. He agreed to the request

at once. Then Sree Sree Dada mentioned that Sree Sree Borda wasn't very well so after completing every song, he needs to seek permission for continuing with the program. Accordingly Gangadhar sang that evening, for almost two hours and Sree Sree Borda delightedly listened and enjoyed the program exclaiming "*kbub bbalo*" or "*bab*" many times. Gangadhar has such a deep feeling of bliss and contentment. He felt that he received all he wanted in life seeing the pleasure on Sree Sree Borda's face. So satisfied and amazed he was that he forgot about all his worries.

Though he was reluctant about it, someone mentioned to Sree Sree Borda that this singer dada, who is newly initiated, is childless after almost 10 years of marriage. Sree Sree Borda, called him in front and asked all information about it and after that he asked to see a doctor in Deoghar and said "ठाकुर की दया से सब ठीक होगा" (everything will be fine by mercy of Thakur). Accordingly Gangadhar and his wife visited the doctor in Deoghar who advised them to do a list of diagnostic tests. During their return, Sree Sree Borda advised the group to board a train from a particular station and to their surprise they could get last minute reservations for the entire group. They gathered the news later that the train that they had missed the previous day was looted near Chambal including the coach in which they had reservations. They could clearly understand the reason Sree Sree Borda had asked them to stay for one more day in Deoghar and thus saved them from the peril.

After returning from Deoghar, Gangadhar met a colleague who had his relative working in a government hospital in Mumbai. With his assistance Gangadhar and his wife got all the prescribed diagnostic tests done and as he was collecting the reports, a recently graduated MD Gynecologist approached him and said, "I find this case interesting and would like to treat this patient personally". This doctor met with my

parents and assured them that if they took the treatment from him for the period of pregnancy and followed his instructions, he would make sure they take a healthy baby home. They followed and soon were blessed with a beautiful little daughter. Happiness knew no bounds for them, Sree Sree Thakur had sent a gift of life for them. Taking her as Sree Sree Thakur's blessing, Sree Sree Borda named her "Sudhriti".

Thus those precious moments spent in the pious presence of Sree Sree Borda and Sree Sree Dada have become lifetime memories to be cherished forever.

*Vande Purushottamam*

Dishonest people are  
generally irresponsible  
and passionately sensitive,  
whereas the honest ones  
are always responsible  
and sentimentally zealous.

**-Sree Sree Thakur**  
*(Magna Dicta, verse 191)*

Ignoring, unserving  
and covetous selfishness  
is a dazzling friend of ingratitude  
which asserts foolish priority  
that deprives.

**-Sree Sree Thakur**  
*(Magna Dicta, verse 134)*

## Journey from Ignorance to Surrender

Varsha Gokhale  
Badlapur, Maharashtra, India

In the very early stage I completely ignored the ideology of Satsang. Ignorance was of two forms; not the necessity of a Guru or a Living Ideal in life and not adhering to Sree Sree Thakur.

The seed of *Dikshya* was sown in 1985, but I mostly ignored the instructions of my *ritwik devta* Shri Gangadhar Telang. The sprout of that seed appeared on 1<sup>st</sup> April, 1994. Sree Sree Thakur wrote in Satyanusarn '*Exhausted in Want, the mind seeks Dharma or Supreme Being; otherwise no!*'.

The cause of our transformation was as told by Sree Sree Thakur. My first child had a congenital heart problem and he passed away at 2.5 months. At that time one of the gurubhais did *jaajan* to us and we took *dikshya*. Along with our *Istabbrity* we also did *Istabbrity* for an expected baby. By Thakur's blessings we had a physically fit baby girl. In this way, I can say that my Thakur is *purnavatari* - the ultimate shelterer of the exhausted. Due to her birth he fulfilled my lack of motherhood.

The act of *Jajan*, *Jaajan* and *Istabbrity* saves us from the great fears. We experienced this saying of Sree Sree Thakur directly. While travelling from Kalyan to Pune by bus in the Ghat way (zig-zag way) the breaks of the bus failed and it started retracting and went down 350 feet down the valley. Everyone was injured and some lost their life. But my husband Shri. Harshad Gokhale remained unscathed. While observing that the bus was falling down he took the holy name of *yuga purushottam* and rested on the back of the seat. I believe the main reason for his

survival was the savior *prandata* Thakur.

We all strongly believe that Rev. Babai da is '*vaak-siddha purush*'. I have personally experienced that the words spoken by him came to reality. To cultivate *vidyarambh sanskar* for our elder daughter, we went to Deoghar during December 1998. At that time she was 2.5 years old. I had made a serious complaint about my daughter, regarding her mischievousness, uncontrollable running etc. which are quite normal for that age. For my complaint Rev. Babai da asked me to take her to Mandir everyday and show Sree Sree Thakur till the age of 10 years. He said, after that you will not have to think anymore about her, that period will chalk out her future. As per his instructions and guidance, I tried to take her to Satsang Mandir everyday. We started experiencing his glorious words coming to reality. Due to the blessings of Rev. Babai da and Rev. Sipahi da, she has completed her post-graduation involving herself in Thakur's work. He blessed me with a child, guided me to nurture my child. Thus He is the fulfiller of our parenthood as well.

In 2012, when Rev. Sipahi da came to Badlapur Satsang Vihar as we offered Pranam and got up, he told us that something was wrong in my husband's stomach and asked us to check it out as early as possible. The only symptom my husband had was that his platelets were decreasing quickly. No stomach ache, no blood vomit, no weight loss, nothing was there. As per his guidelines we consulted a good doctor in Mumbai. When the first Endoscopy was done the report was very horrible. His liver and oesophagus veins were overly full and in a state

of almost bursting, but due to the blessing of Paramrita and Rev. Siphai da, nothing has happened till date.

I have experienced the suggestion of Sree Sree Thakur that one who follows *Swatsayani* when such life-threatening conditions arise, automatically the intensity of suffering is reduced. We take care of our own possessions, similarly if we make ourselves as assets of Sree Sree Thakur, they take care of us. They definitely know what exact step is to be taken to maintain us, to protect us and thus guide us accordingly with the perfect path.

In this context I would like to present an experience of my two daughters. Though my husband and I accepted *swatsayani* many years ago, we never felt the need to introduce the same to our daughters. We thought they were anyway following the *swatsayani* dietary habits. In February, 2020 when Rev. Siphai da visited Badlapur Satsang Vihar, I made a *nibedan* about

my elder daughter's PCOD problem. Rev. Siphai da asked her whether she had taken *swatsayani*? She replied, "No."

Rev. Siphai da did *Jaajan* in a very appealing way by asking her, "If someone forcibly puts two drops of poison in your mouth, what will be your instant natural reaction?" She replied that she would spit out that poison. He asked, "Why?". She responded, "Because I want to live so in order to live I must throw that poison out". Then Rev. Siphai da said, "Yes, for existence you will throw out that poison, in the same way unwanted things like wrong thoughts, wrong eating habits, health problems will spill out from the person who follows *Swatsayani vrat*". Next day, on 14<sup>th</sup> February, 2020 Rev. Siphai da gave them *Swatsayani Diksha* after prayer.

Our Love Lord, prandata Thakur has thus canvassed a very small human-being on the huge platform of Satsang World Family. We feel ever so blessed.

When grief, sorrow and suffering  
do not make one consider  
one's own frailty  
but that of others only,  
apathy, hatred and  
jealousy come creeping

**-Sree Sree Thakur**  
(*Magna Dicta, verse 122*)

Any communal hatred  
of a community  
against another  
which adores  
and follows any Prophet,  
is a sin to the community,  
a curse on the followers  
and blasphemy  
to the prophets.

**-Sree Sree Thakur**  
(*Magna Dicta, verse 123*)

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## A saving call in time

Tapasi Pal

Visakhapatnam, India

I want to share the experiences of having Thakur in my life, a life that is bestowed upon me by His grace. Every moment of my life has been graced by His blessings and I do not know how to sum up everything in words here, as there is no end to it. Let me begin my humble attempt to describe Thakur in my life from my childhood.

I was born in a small town named Margherita in the upper Assam region in India. From my childhood, I have seen Thakur in the puja room of our home and embraced Him as my Lord. I remember as a young girl attending Satsangs with my grandmother every Saturday who would sing bhajans. In 1980 I got initiated following my stubborn urge. My journey thus began as a satsangee. I loved sharing all my happiness and sadness with Thakur. I was blessed to get married into a satsangee family in 1987. Thereafter in 1996, my husband Asis Pal and I accepted the path of Swastayani and slowly I felt that we moved into the righteous track of life. The year 1999, saw a major change in my life when we moved to Visakhapatnam and my husband got a better job. At this juncture in a new place with a new beginning, we felt His grace showered more upon us in the daily walks of our lives.

In 2007 we, a family of five my husband, myself and our three sons went on vacation to Sikkim. My husband felt sick at the higher altitudes of Lachung, a village in Sikkim. He suffered from hill diarrhoea. Due to the absence of medical facilities in Lachung, we had to retreat to Gangtok at a lower altitude at night. We managed to get a small hotel room for the five of us to spend the night and awaited to visit the doctor in the morning. I laid my children and my husband on the bed and I slept on the floor repeating His Holy name. It was around 4 a.m. I heard a voice calling out His Holy name into my ears, buzzing loudly. To this, I woke up with a sudden rush and looked right onto the bed. I saw my children sleeping, then looked behind to find my husband. I could only see his legs dangling out of the bathroom. He had fainted on the floor of the bathroom. I rushed to the bathroom and with the help of my eldest son, carried him to the bed. After a while, he recovered his senses and then I wept praying to my Lord, for waking me up at the right time and preventing a big misfortune in my life. "Oh, Merciful Father, my Thakur, your mercy knows no end, my humble salutations at Thy Lotus Feet".

## Sree Sree Thakur's Darshan and Pir Saheb's initiation

Dilip K. Debnath  
North Carolina, USA

I was initiated in Thakur's Holi Satnaam at a very young age in the late 1950s. My parents were also initiated. So, we brothers and sisters were initiated whenever we crossed the age of 12 years. We used to do "Ishtabhriti" in the morning. There was no scheduled prayer time. We used to go for Satsang ("Sitting" as it was called). In those days no time limit was fixed. It would continue for 3 or 4 hours and we enjoyed it.

I remember the year was 1961. I had completed my schooling and was idling out. One day my Ritwik, Late Aswini K. Das, SPR, came to our village Srirampur near Nabadwip Railway Station, about 100 Kms from Kolkata. My Ritwik used to visit our home every 3 to 4 months to inquire about our well being. Whenever he visited, he used to cook by himself and spent a day with us. In one such visit, my Ritwik informed us that he would go to Deoghar soon to attend Ritwik conference. I expressed my wish to visit Deoghar, availing this opportunity. My parents had some discussions and then agreed.

I prepared my baggage and the scheduled day arrived during the end of May, 1961. We started from Nabadwip via Bandel to Deoghar. After spending a day on the train, we reached Jasidih Railway Station. We went from Jasidih to Deoghar by tonga.

After reaching Satsang Deoghar, we kept our luggage in the hall and went for 'Thakur Pranam.' Sree Sree Thakur was sitting on a bedstead. The mattress was as white as snow. A big pillow was on one side. Sree Sree Thakur was sitting on the mattress having a divine smile on His face. On the ground, on one side, there was a small table and wooden seat on which Prafulla da was ever ready to note down

whatever Thakur uttered. There was a wooden barricade. On the other side, many gurubhais were present, sitting on the mat. Sree Sree Thakur sat with folded hands when we bowed. We sat there among the other gurubhais. Total silence prevailed. I felt a divine peace that surrounded the entire area. I saw my Thakur. I was thrilled. I was just looking and looking at Him, my guru, *Parampita* (the Supreme Father). We stayed there for some time and came back after the *darshan*.

The next day, Lutfar Rehman da, SPR, came from Dhaka (then east Pakistan, now Bangladesh). Lutfar da brought one Pir Saheb with him. He had done Jaajan about the ideology of Thakur and Pir Saheb had agreed to take initiation. It was said that Pir himself had more than two thousand disciples.

During Thakur Pranam, Pir Saheb said, "Thakur, we, being Muslims, don't bow our head to anybody except Allah". Thakur replied, "You need not bow your head here, you bow to Allah only". Pir Saheb was very pleased to hear this unexpected reply from Thakur.

Sree Sree Thakur asked Ajay Da (then looking after the technical department of Deoghar) to take care of Pir Saheb, his stay, etc. Thakur also asked Ajay da to convey his message to 'Badakboka' to initiate the Pir Saheb. Pir Saheb was initiated by Sree Sree Borda.

In the evening, Lutfar da and Pir Saheb described the incident to us among others. Lutfar da said that Pir Saheb, while starting from Dhaka, had decided that if Sree Sree Thakur or Sree Sree Borda gave him *Diksha* (Initiation) only then he would take *Diksha* not from any other person. But he kept this a secret and did not disclose to anyone. When Thakur

sent the message for *Badakboka* to initiate Pir Saheb, he was very pleased, at the same time surprised as Sree Sree Thakur fulfilled his secret wish. THAKUR IS ANTARYAMI. He dwells in everybody's mind and knows all. So, to fulfil the wish of His bhakt (Pir Saheb), Thakur directed Sree Sree Borda to give the *Dikshya*. This incident ingrained a permanent imprint in my mind.

I stayed 3 days in Deoghar. Lutfar da had a very pleasing personality and was very popular. He

took me along with Pir Saheb to visit important places in Deoghar by tonga. He also wanted me to go to Dhaka for further studies. He asked me if I was ready. I agreed. Then he asked me to take permission from Thakur. Before leaving Deoghar, I went to Thakur, did pranam, and sought permission to go to Dhaka. He approved with a nod. I left Deoghar for my hometown along with another family as my Ritwik had to stay there for a few more days.

I reached my home with a cherished memory of Sree Sree Thakur and Deoghar.

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*To comply with the wishes  
of Beloved the Superior  
with every uphill contentment  
in the shortest reaction-time,  
is the crucial measure  
to test  
that the complexes  
are adjusted  
with a meaningful  
achievement.*

**- Sree Sree Thakur**  
*(Magna Dicta, verse-45)*

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## Acharya Parampara

Viiveck Shetty  
Mumbai, India

It is indeed my great fortune that I could have the Holy Darshan of Param Pujyapad Sree Sree Borda at the Puri Satsang in April 1992. My first ever visit to this Holy place is etched in my heart forever. I was not initiated then, but my parents were for 11 years and we used to attend the weekly Satsangs in and around our home where I eagerly used to listen to Sree Sree Thakur's life and about Sree Sree Borda. This had really created a hankering in me to get His holy *darshan*. Mainly I used to hear such enthralling descriptions from my mother (who was the blessed one in our family to have visited Deoghar during the Pujo Utsav) and her heartfelt sentiments about her visit. I can still hear her telling about Sree Sree Borda's glance being the most lovable and arresting that just one gaze could turn a barren land into a fertile one. Such descriptions from my mother kept increasing my longing for His *darshan*.

Finally in 1992 my dream came true. I had appeared for my Class 12 Board and my sister her Class X. We were on our way to Deoghar but we learnt at the last moment that the Thakur family was at Puri and so we diverted our route towards Puri. On reaching Puri, the family we were travelling with took blessings from Sree Sree Dada for our initiation. In spite of the summer the climate was pleasantly soothing and cool in the early morning. After seeking blessings from Sree Sree Dada for our initiation, Shri Shanti da gave us the Holy Diksha thus began a new lease in our lives. I quickly picked up the Satsang way of life and routine. Daily after evening prayer we would eagerly go to have the holy *darshan* of Sree Sree Borda who would sit with saintly calmness despite ill health. At the same time we could be in the shade of Sree Sree Dada who would sit in the lawns along with other devotees around him. Not knowing Bangla did not hamper my joy of being able to have my long awaited dream come true - to be in their divine presence, it was just serene and magical. We also got introduced

to Puj. Boroboudi, Rev. Babai da, Rev. Sipai da and Rev. Binki da.

Following this despite my strong yearning to visit Deoghar, there was a big gap before that materialized. I was on my way travelling with an SPR from Mumbai. During the journey I was down with high fever. It was early morning when we reached and we decided that we will attend the Morning Prayer and then look for an accommodation. So we freshened up and made our way to the morning congregational prayer. I was very eager to have darshan of Param Pujyapad AcharyaDev Sree Sree Dada. As soon as I got a glimpse of Him arriving for the prayer it felt that my ill health all flew away. And He looked so different now from the image I had of him in Puri - I just cannot put in words. When I offered my pronams at the Lotus Feet of Sree Sree Thakur, I felt like someone shook off all the heaviness from me and left me only feeling His calming love. This experience of my first morning prayer at Deoghar is incomparable.

Work for Sri Mandir at Badlapur commenced with Sree Sree Dada's blessings. We got actively involved in this divine work of Sree Sree Thakur thus getting an opportunity to earn His blessings. During the Sri Mandir *udbodhan* (inauguration) I realised that Sree Sree Dada knew our family by name. I wondered with just a few handful visits how was that possible! Every interaction with members of the Thakur family kept me enthralled. By this time my visits to Deoghar had become frequent and the more I spent time in their presence, the more I came to know the treasure He was imparting to us and keeping us in His divine protection. This assurance, His presence in my life gives me immense security and a sense of belonging which I pray at His Lotus Feet that my family continues to receive forever.

Every interaction with people by Rev. members of Thakur family displays their unending love, trust, patience and interest in making humans

good is just mind blowing and heart-touching. It reinforces that the *Acharya Parampara* is being continued just as Sree Sree Thakur had assured that for next 10000 years we don't have to worry about having a spiritual guide. He is referred to as *Param Premamay* the Supreme Beloved. The love in Him unmitigatingly encompasses us even though He is showering us all with it. Just following the basic tenets of *Jajan, Jaajan, Istabbhity* we remain the beneficiaries of His love and protection. He engages us in His work for us to grow by character and not just by age. By continuing to do as He has asked, we can leave behind a rich and peaceful legacy of His divine blessings.

The current lockdown is a prime example that we have turned adversity into a blessing. The e-Satsang platform we are participating as Satsangees, from everywhere in the world is His

way of reassuring us that come what may His divinity will always be our umbrella in times of rain and shine and that we as Satsangees are never going to feel lonely rather we will keep drawing strength from association with our Lord. This is a *mahayagya* where all we have to do is *anusaran*. Just follow Him sincerely and we won't get astray.

Sree Sree Thakur has quoted 'Divine mercy dwells within us and it never deserts us'. Because of this divine mercy we keep walking in the endless journey of life. Our wishes have no end. Sree Sree Thakur has said "To satisfy this never ending desire, there's only one way and that is to try to satisfy and carry out His commands without any hesitation".

Vande Purushottamam!!

God is one,  
Dharma is one,  
Prophets are same,  
servers of the One;  
conflict and animosity with any of them  
proclaims the presence  
of opposite – the Satan;  
surrender to the Supreme is the sauce  
that brings heaven down  
to the soul and service;  
Do love, do serve, do surrender,  
do ever for Providence,  
the Lord, the Ideal, the source of all sources,  
with every inter-interested serving zeal  
that serves the Ideal-  
Fulfiller the best of the past and present  
Whose presence is to fulfill not to destroy !  
utter and act with every enthusiasm,

surrender to the enlightened and only!  
Surrender to the enlightened Seers  
that are fulfillers of the past,  
Surrender to the Fathers that  
follow the right way,  
Surrender to Varnasrama that  
evolves out of Providence,  
Surrender to the all-fulfilling  
Fulfiller of the present,  
This is the Aryan path'  
this is Dharma  
that upholds existence,  
this the eternal truth  
that all are  
to surrender to!

- **Sree Sree Thakur**  
(Magna Dicta, verse 67)

## The Omnipresent Guide: Sree Sree Thakur

Mitali Bhadra  
Fremont, CA

*‘At the time of weakness think of beauty and strength, and when vanity seeks to possess you, think of the beloved and of humility. Mental health will remain undisturbed.’*  
-Satyanusaran

Sometimes, life brings us across to a crossroad, where we don't know which direction to choose. Then, to the believer an unknown voice from deep within guides us to the right choice! One such crossroad in my life came when my father was diagnosed with cancer three years ago. Born and raised in India, I moved to the United States nine years ago for a new beginning in life. Being an only child, it was difficult to say goodbye to my parents and I missed them terribly, but they were happy to see the direction my life was headed in. Seasons would (as they always do) change, with the cherry blossoms blooming every spring and autumn leaves painting different mosaics on the hills of California every fall.

When I first heard about my father's health, it shattered me to the core. It was a difficult time for my mother, and I knew I had to go visit them. I travelled with my one year old child 7,000 miles to be with him.

Was I scared? Of course, I was! Emotionally, I was broken to the core, but somehow, I gathered myself and just moved on. People who travel that 25-hour long journey know how tough it is to manage a one-year old on that long journey, but I am glad that I could manage everything alone.

After that, every year for the last 3 years, I made that trip to see my father. Earlier last year, when the cancer had metastasized, the doctor gave him a prognosis of very few days, about a month to live. When I informed Shyam Giri (SPR) da about the same, he said ‘Let Thakur do

what is best for your father!’ He reminded me of the verse from Satyanusaran, to pray to Thakur saying:

*“Thy will is good. I don't know what will make me good. Let Thy will be Fulfilled in me.”*

My dad lived for the next 10 months, something I believe was due to a lot of Satsangee brothers and mothers praying for us and him even when doctors had said otherwise.

In September 2018, I visited my father for the last time. I held his hand in the ICU for ten whole minutes while he just wouldn't let go. I think maybe he knew it would be our last few moments together. Two weeks after my return to the United States, he left for his heavenly abode. I will never forget the warmth of his wrinkled hand and the last time I kissed his forehead.

I did not have many people stand by me in this fight with time and destiny. Sometimes, I was scared or angry with myself or I would cry. The only person who never left my side was Sree Sree Thakur! I suppose that is because Thakur doesn't expect a lot from us in return. All he wants is our faith. I know He was the invisible force that kept me going. He gave me strength to fight all odds and to be with my father when I had to.

I miss my dad a lot. He was an intelligent, funny and handsome man. Efficient and witty, he taught me the basics of life – from engineering to baking. From him I learned to be humble and kind. I wish he had stayed a little longer. I wish he could see my son graduate, see my mom and me grow older, and celebrate his 70<sup>th</sup> and 80<sup>th</sup> birthdays! But I am thankful for the time we had.

I will wait to meet you on the other side of the rainbow, dad – till that time, take care and be funny!

One of the best things being a Satsangee has taught me is to be more compassionate. I would like to mention about Gisela Ma, who constantly kept in touch with me, although she lives on the other side of the country. I can't thank enough all who came and stood by me on the day my dad passed away.

Sree Sree Thakur teaches us to be a good person in our life! We live very far from where our families live. Satsang gave us a family away from our home in this country where we don't have a lot of people of our own. Thakur's

teachings will make us stronger and a better person. At the end of the day, the happiness within you, the peace of mind you have matters, nothing else. Doing Jajan, Jaajan and Ishtabharity is going to help us sail through the tough times.

I am glad I had a guide who showed me the way. Life will have rainy and stormy days but remember, it will have the sunshine too.

*'Misery and happiness are both modes of mind. To lack the thoughts and deeds befitting the desire is misery. You may serve the world in a thousand different ways, but you cannot destroy its misery until the sense of inadequacy be removed from the heart. Dharma alone can do that.'* -Satyanusaran.

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### Forgive and Forget

*Whoever is sincerely able  
to forgive and forget,  
Nature receives him cordially  
with the same tribute; -  
otherwise undue demand  
insults  
and makes one miserable  
repeatedly!*

**-Sree Sree Thakur**  
(The Message, Vol-1)

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## Thy will is Good

Biswajit Paul  
North Carolina, USA

I am fortunate to share my realization about Sree Sree Thakur's divine blessings showered upon us. It is truly difficult to put the exact feelings in words but I have tried my best to express the same.

Whenever something bad happens we wonder why that happened to us, especially when everything is already negative around us. Often we fail to understand the intent behind why something happens to us. That's when weakness (like a blood sucking vampire) in the form of doubt starts creeping into our minds to shatter our faith.

Towards the end of Nov 2019 I was in a situation quite difficult to express. I was legally out of status, my work visa had expired, I was furloughed (without pay), opportunity of intra company transfer in the same city where my family lives went for a toss and all circumstances favored release from my current job as two engineers were already hired to fill in my position .

I was asked to leave the country ASAP leaving my wife (Alolika) who was 7 months pregnant with a 2+ years son (Bideesh) to manage by herself.

On top of all these I had contracted "Shingles" which is the relapse of chicken pox. For a moment I felt what worse can happen? Knowing it is contagious and dangerous specially for Alolika who was pregnant and my two year old son Bideesh.

I had to quarantine myself for almost a week. I remembered the message from holy Satyanusaran:

*Pray to the Supreme Father:*

*"Thy will is good.*

*I don't know what will make me good.*

*Let Thy will be fulfilled in me."*

I reaffirmed my faith as solid as the Rock of Gibraltar.

My attorney wanted me to leave the country immediately as I was out of status and get my H1B visa stamped in India before I could come and work in the USA. Earliest available date for my Visa interview was the 2<sup>nd</sup> week of Jan 2020 and with a week as buffer for passport collection, the earliest I could return back to the US was the 3<sup>rd</sup> week of Jan 2020 and Alolika was due on 9<sup>th</sup> Feb 2020.

Entire calculation was in the Red Zone even if everything fell in place properly. If anything went wrong I would be stuck in India and she would have to manage everything on her own.

When I told my attorney about my shingles and Alolika's due date, maybe she was kind of moved by our situation and decided to appeal USCIS for my case. I still remember vividly, on her vacation day she prepared a 40 pages dossier for the USCIS immigration team with all supporting documents, explaining our medical condition and other legal aspects. She took the responsibility on herself for my current complicated situation.

She could have easily stepped back and rattled my situation further considering her strong experience and acumen. However, one small blunder made her reverse the course of action in my favor. I still really wonder how she could do that? Divine Intervention!

Further knowing the criticality of timing, my attorney wrote to the consulate office citing medical reasons to avail express visa interview. To my surprise, the request was approved by the US consulate and I was able to schedule an interview just after a week against the regular timeline of five weeks. That gave me a week's

breathing time to recover, instead of immediate departure to India for my visa stamping.

I was furloughed as my EAD had expired, but due to shingles I received a disability paycheck that I never expected.

Though circumstances were rife for me to lose my current job, during the send off meeting with my plant HR and director, the story was opposite. In fact they appreciated my integrity and hard work and gave me the option to continue further till my transfer formalities were sorted.

Now I feel the antiviral medication I had taken during Shingles is working against covid for me in this pandemic. Being in manufacturing, I have to be in a factory environment and interact with many people everyday. So Shingles turned out to be a blessing in disguise. I feel in each stage it was the Divine Intervention of our Supreme Beloved Sree Sree Thakur.

I would like to share another experience from this period.

My visit to India was never planned at this time. All my Indian colleagues had received H1B visas that allowed them to stay and work in the US without having to leave immediately. In my case I had received H1B visa approval in code B that allowed me to work in the USA provided I got my visa stamped at a US consulate outside the USA.

For a moment I was upset but again I found strength reading the above message from holy Satyanusaran.

My visit to India was only for 10 days (including transit). I had planned to also visit Thakurbari, Deoghar and booked my tickets accordingly before leaving the USA. I was not sure if I would get *darshan* of Acharyadeva Sree Sree Dada and Pujaniyo Babai Da as my visit was just for 12Hrs (Day time). I had just one wish to offer my Pronaam and Nibedan for my daughter's *Naamkaran* (Name).

With His grace I got the holy *darshan* of Acharyadeva Sree Sree Dada and Pujaniyo Babai Da from very close quarters, which I had never imagined. Those 12 hours were priceless.

This time I was able to do *nibedan* myself to Revered Babai Da and He himself spelled and gave her name as "Aatreyee". As a father it was a moment of contentment as I could do the *nibedan* myself, which I missed during the *naamkaran* of my son Bideesh when I had to send a request via Gour da over phone.

Now I realize why I did not receive the H1B visa approval in code A. There were many more divine experiences from this period which deepened my faith further.

*Vande Purushottamam !!*

## Traits of Successful People and Sree Sree Thakur's Principles

Dishita Debnath, 8th Grade, NC, USA

While reading the book “Seven Habits of Highly Effective People”, by Stephen Covey, I noticed that almost all of the points were similar to Thakur's principles. I will try to explain them in short.

The first habit is Being Proactive, wherein we are in control of our life and how we respond to things. There are 2 types of people: reactive and proactive people. Reactive people like to blame others for their behaviour, circumstances, etc. while proactive people take responsibility for their actions. Reactive people usually focus on things they have little to no control over, such as other people's opinions. Meanwhile, proactive people focus on things they do have control over, such as treating others how they want to be treated. On page 63 in the Satyanusaran, Sree Sree Thakur mentions, “Move on! Go ahead! Don't get tired thinking about the path, or you won't be able to move.”

The second habit is Begin with the End in Mind. Begin each day, task, project, etc. with a clear vision of our desired direction and destination. A good example for this habit is when we do Annual Satsang, we have to think about all the aspects - Usha Kirtan, Thakur Asan decoration, plan for different events during the day, prasad and food including time and cost of the same and more. If all of these aspects are properly handled then only the Satsang becomes successful. On page 30 in the Satyanusaran, Sree Sree Thakur mentions “Be inspired by your purpose and with serene mind, forbear all. Then only shall your purpose be fulfilled.” Also, on page 83; “Doing is mother of getting. Only when doing is in accordance with desire does success appear”.

The third habit is First Things First. This habit is about thinking about our priorities and acting on them. A good analogy for this habit is

imagine you have a pile of small rocks and a pile of big rocks and a jar in which you have to fit all the rocks. If you put all the small rocks in first, you'll see that there's not enough space for the big rocks to fit inside. Instead, if you put all the big rocks inside first then put the smaller rocks inside, you'll see that the small rocks can go between the gaps of the big rocks and because of this, they all fit. Similarly, if you try to do the fun things (small rocks) first and then try to achieve all the important work you need to do, you'll see that it's not possible to do all the important things. But, if you do the important work (big rocks) first, you'll see that you have time to do the fun things as well. A way I do this is by doing all of my schoolwork and then do fun things like playing games or talking with my friends. Thakur mentioned that when a good thought comes to your mind do it immediately without delaying it which is the same as the third habit.

The fourth habit is Think Win-Win, which is about handling a situation in such a way that both you and the other person/party can get what they want. Thakur always exhibits how loving people can bring happiness for all. One always must think how to listen to others and be outspoken but sweet (Satyanusaran page 27). That will always make a win-win situation for everyone.

The fifth habit is Seek First to Understand, then to be Understood. Humans are generally good at this habit but why Stephen decided to make this a habit is that we tend to dehumanize other people who are different from us. An example of this is that rich people think that poor people lack self-control and initiative while poor people think that rich people are very greedy and vain.

A way of overcoming this is that instead of thinking about what makes us different from

other people, start thinking about what we have in common with them. On page 44 of the Satyanusaran, Thakur also mentions, “Be wealthy, no harm. But be humble and charitable.”

The sixth habit is Synergizing. Synergizing is when people use their talents together to achieve more than the sum of what they would achieve by themselves. A simple way to explain this is in the following example: Suppose there are two companies, Company A and Company B. Company A has better materials with which they make high quality products and Company B has a better system with which they make their products faster. The two companies can merge and gain many benefits because they both have something the other one needs. Merging will help both the companies in a win-win situation. Sree Sree Thakur also says take the strength of all the people and do the work being Ideal centric then success will be yours.

The seventh and final habit is Sharpening the Saw. Sharpening the saw is when we refresh ourselves in these areas in our life: physically, social/emotionally, mentally, and spiritually. A

person sawing down the tree takes too much time to cut it down if the axe is blunt but he will take much less time if he is sharpening his saw. Similarly, when you study hard and for long hours and your mind gets exhausted, take a break and meditate for some time, then the mind gets refreshed and you can study better. Refer to page 74 in Satyanusaran; “Take to the habit of the creeper and entwine ourselves around the tree of Ideal; fulfillment of desire shall be yours.”

Some ways to renew ourselves physically are exercising and eating healthy. Sree Sree Thakur has emphasized on principles of hygiene along with good food habits through Swastayani. Renew ourselves socially or emotionally by interacting with others, such as close friends like our Satsangees. Some ways to renew ourselves spiritually are to meditate or fasting. Thakur encourages everyone to meditate as much as one can. Some ways to renew ourselves mentally are by reading the holy books like Ista Alochona, Satyanusaran etc.

From the above, it can be concluded that if one follows Sree Sree Thakur’s principles, success is guaranteed.

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## Spiritualism

*To maintain  
and nurture that  
which makes the existence breathe  
is spiritualism.  
-Sree Sree Thakur (The Message, Volume-IX)*

## Family Education

Tumpa Ghosh, UK

According to Sree Sree Thakur Anukulchandra, each and every person has an immense potential to bring out the best in themselves and in their surroundings. Ideally, the environment should be conducive to the growth and development of the individual. This is something we all know and are aware of but to ensure that the right environment is created, each one of us has responsibilities to fulfil. As adults, we play different roles in different situations. When we are able to align all these roles in the right direction, we find happiness. The beauty in our life lies in how well we are able to play these different roles that give us peace, pleasure and that immense sense of achievement.

According to Sree Sree Thakur, an individual's education can be broadly categorised into two aspects. They are: family education and academic education. Both together shape or develop the person that we are.

I am going to focus on the education or the learning within the family environment. For a child, their adherence, i.e. their tendency for natural attachment centres on the object of attraction, which is initially the mother. Later on, as the child grows in years, they get initiated into loving their father and other personalities that the mother adores. Thus the normal adherence of a being, originating from the mother travels on. This occurs simply as the result of the imperceptible influence derived by the child from the mother. Thus, if the parents are attached to the Living Ideal, and are leading an Ideal-centric life, then there is a greater inclination for the child to follow Him. Therefore, 'the more concentric the love' for the supreme, the more the child will be inclined to get attached to Him too.

As we all know, young children are very observant. Whatever the child sees or witnesses within the family environment, determines the actions and behaviour of the individual in the later stages of life. It also shapes the person's attitude towards life. Thakur has said that a family is like an institution, where the father plays the role of the facilitator, and the mother, the nurturer. Thakur has mentioned that the relationship between each parent is not that of equality, but of an equilibrium. A family can be considered stable or balanced when each parent can fulfil the other. This gives the overall poise or composure to the family.

Today, our lives have become very busy and sometimes we tend to forget or ignore little things in life. Quite often, we shift our priorities knowingly or unknowingly. Little do we realise, the impact it has on the growing child. The relationships within the family members and their services to each other shape and elevate the nature of the child. Thakur has said,

*"Serve Lord with every compassionate ardour and serve everybody accordingly and have happy glow of life."* (The Message', Volume 3 Pg 181).

It is the family environment that initially helps the child to develop the core values of life, like, love, respect, tolerance, perseverance, resilience and compassion. Therefore, the more the child sees these values being actively practiced at home, the greater is the opportunity for the young child to develop them. This moulds their behaviour and attitude towards life. This wisdom and experience then expands within the greater family, friends, neighbours and everyone else around that person. Eventually, as the child grows, the values that they develop at home are carried and transmitted to the outer world, for example, school, university, workplace and the

greater community in which they are associated with. This, in turn, helps their associates to adopt these invaluable qualities in their lives too, creating for a better society. Education alone without virtues of active service, care, courage and dedication to the Supreme Fulfiller, would not create the urge within the person to serve their community. Thakur has given us a kind of education that helps everyone towards infinite development. He tells us that an individual can have an integrated and evolved personality when they can achieve coordination between their thought, speech and action.

Sree Sree Thakur has asked, “*to serve and exalt the environment around you,*” (The Message Vol 3) is one of the prime duties of any person. The

active service of the individual to the environment helps in the expansion of their mind and also deepens their love for the Lord. One may come across challenges or conflicts, but by untying the knots, one becomes wiser. This eventually elevates the individual’s consciousness and brings out the best in them.

To conclude, I would like to quote from ‘The Message’, Volume 3 Page: 186:

*If you love to live and grow,  
then let others too .....  
your existence will be  
nurtured in that way  
and that nurture will be  
the asset of your life.”*

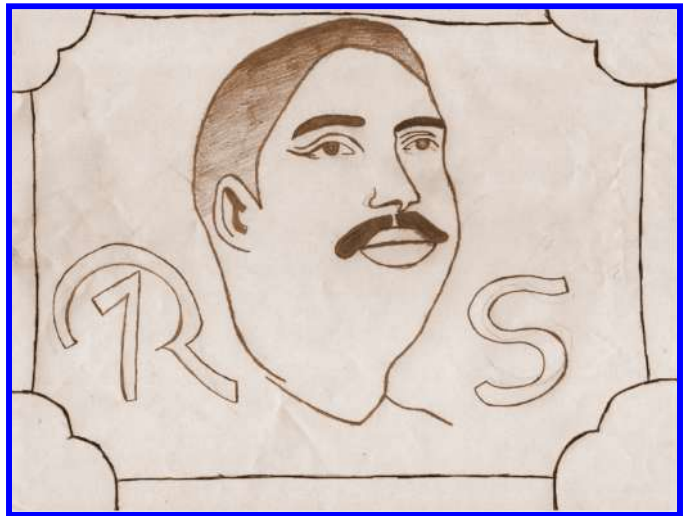
Politics nurses  
the life and good  
and Dharma upholds it:  
Hence in a conflict  
of politics and Dharma,  
Dharma should be followed.  
-- **Sree Sree Thakur**  
(Magna Dicta, verse 167)

Ignoring, unerving  
and covetous selfishness  
is a dazzling friend of ingratitude  
which asserts foolish priority  
that deprives.  
-- **Sree Sree Thakur**  
(Magna Dicta, verse 134)

**CHILDREN'S**  
**SECTION**

## Sree Sree Thakur

Portrait of Sree Sree Thakur [→](#)  
Pencil Sketch by Udayan Satapathy  
6 Grade, NC



Satsang Utsav Ceremony [↓](#)  
Watercolor by Shubhalakshmi Nayak,  
Grade 4, Maryland, USA



## My Thakur Is My Lord

Ciyana Satapathy, 2nd Grade,  
Mooresville, North Carolina, USA

My Thakur Is My Lord  
We love him so much  
Because he is our God.

We need to follow his Steps.  
Because it is good for us.  
O My Thakur Is My Lord

He is our guru and Purushottam  
We need to keep him in our hearts  
from dusk to dawn.  
O my Thakur Is My Lord...

We need to do Jajan, Jajaan, Istavrity  
To make him very happy.  
O My Thakur Is My Lord...

We pray to him Morning and Evening.  
We do Naam to get his blessing.  
O My Thakur Is My Lord...

## Be with me O' Lord

Sanvi Nanda (10 Years)  
New Jersey, USA

In my way of life, Thakur is with me  
in every moment He guides me  
I try to follow Him with my ability.  
which open the way to prosperity  
My Thakur is my ideal in all respects.  
I bow my head with due respect.  
Be with me O' Lord on my way  
When you are with me, that is my joy.

## Responsibility

Ishaan Sahu (9 Years)  
New Jersey, USA

My Responsibility  
is my dignity

I try to follow Thakurji's Ideology  
always according to my ability

This is for everyone's awareness  
We should fight against our weakness

Life and growth is the root  
This we should never forget

My family is my pride  
For them I can take any ride



Pencil sketch of Sri Sri Thakur  
Manisha Mohanty, Grade 5  
Columbus, Indiana, USA



Thakur Bari, Nalhati  
Pastel Color by Sanjit Sahoo, Grade 6,  
Los Angeles, California, USA

**ACTIVITIES REPORT**  
**SECTION**

## Activities in the USA

### New York:

The renovation work of Satsang Center of the USA was completed in Feb 2020.

Satsang Center is being

regularly maintained by local brothers and mothers of New York. Important days have been observed in the Center following all COVID-19 restrictions and New York city guidelines. Satsang congregations, Jaajan programs are being organized in New York in regular intervals.



After the COVID-19 restrictions were applied weekly satsangs and regional volunteers discussion continued to happen on electronic platforms. A web based program titled Istalochana was launched in mid May in which invited many eminent speakers outside the USA were invited to speak on various topics. Scores of people join these sessions which had a grand closure on Sep 19.

### Connecticut

In the last 12 months the Brothers and Mothers of CT witnessed the blessing of Sree Sree Thakur and the Love of Parampujyapad Acharyadeva Sree Sree Dada during the difficult Covid 19 Pandemic. As all guru brothers were confined to quarantine we started doing E Satsang over available virtual platforms. This

enabled us to continue monthly Satsang without missing a single occurrence. All guru brothers stood by each other during this difficult time and we immersed ourselves in E Satsang happening all over the world. We continued to do Jaajan to our friends and neighbours maintaining the Social Distancing regulations. With His Holy Grace two people got initiated to the HolyName in the Pious Bhadra Month.

### Maryland, Washington DC and Virginia

The Satsang Congregations were held in different areas of the United State's capital. 6 people got initiated by the blessings of shree shree Thakur. Satsangs in the holy month of Bhadra were conducted online from the homes of Ashwini Bhai, Suman Bhai, Amit Bhai, Sushuruta Bhai and Tarakeswar Bhai. All gurubhais and their families are energized by attending e-satsangs which boost their life in the pandemic situation.

### New Jersey:

Satsang Congregations, Jaajan programs are being organized in New Jersey in regular intervals. During the Covid-19 weekly satsangs and regional volunteers discussion continued to happen on video conferencing platforms. Weekly Satyanusaran discussions with people from the neighborhood has proved to be very



helpful in enhancing the ability to make better decisions in life.

**North Carolina:**

Last year in NC annual satsang and 3rd Dikhya divas was held in Oct. A total of 19 new initiations happened. In the last 7 month two new families took the holy initiation from NC.

Daily Morning and Evening prayers happen on a virtual channel where guru brothers and mothers of NC join. Following



daily evening prayer the gathering continues for ~1 hr and everyone participates in singing bhajan/kirtan. All kids aged 3 - 15 yrs participate actively and are now learning new bhajan/kirtan or accompanying instruments through the program.

**Michigan:**

Satsang Congregations Jaajan programs are being organized in Michigan in regular intervals following Covid-19 and city guidelines. During Covid-19 people shared love, hope and reliability to support each other's existential needs.

**Texas:**

By the grace of Love Lord Sree Sree Thakur and blessings of Param Pujyapad Acharyadeva Sree Sree Dada, Satsang activity in Texas is progressing continuously.



Weekly Satsangs are held. In pre-COVID times, the Satsangs were organized in cities like Austin, Dallas and Houston

participated by both initiated and non-initiated from all over the state. In the current circumstances e-Satsangs are with participants from not only Texas but from other states in the USA, India, Europe.

Guru brothers and mothers actively contribute to Satsang activities organized by other areas as well through devotional songs, energetic kirtans and Jaajans. Over the years, the number of initiated followers in Texas has been continuously growing. Even in this COVID situation, several initiations over the past few months were done. Together gurubhais and gurumas are helping each other to lead an Ideal-centric life and enjoy His bliss.

**California:**

Gurubandhus of CA celebrated the Annual Satsang in LA on Feb 29 (the leap day) just before the COVID-19 restrictions came into effect. Gurubandhus then switched to e-Satsang from Mid March onwards and weekly satsang has been happening every Saturday. Many international singers

and speakers have participated in this weekly Satsang. Every session is recorded and split into different programs for easier viewership.



This has given opportunity to connect with many satsangees all over the world. Gurubandhus celebrated the holy month of Bhadra with daily Satsang and that gave a chance to many initiated families to become more active. Daily morning prayer has been happening since the first of Bhadra through a virtual conference. About 10 initiations and 4 swastayani has happened in the last 1 year. Some brothers of the Bay Area are giving service to the community by helping local farmers supply their produce directly to consumers during the tough times of COVID-19. This has helped the local gurubhais do strong Jaajan to many new people and earn many local friends.

**Colorado:**

Colorado has been celebrating Love Lord Sree Sree Thakur Anukulchandra's holy Janma

mahotsav in the month of August every year for the last three years. Last year the Utsav saw an attendance of more than 50 people from Colorado, Texas and WA. Sri Indra Bhandari da (SPR) from WA participated in the occasion. One mother was imported the holy name through Raj Marasini da of TX.

### Georgia

In the state of Georgia, despite severe impact of pandemic for the last eight months, we had significant grass root work of Jaajan between and among Georgians and others. The outcome is not numerically countable just at this minute. But we do hope that the underground work that we have commenced will produce sustained results. One other area to mention is that some brothers migrated to other states with or without the pandemic is a loss that cannot be easily absorbed. Let Sree Sree Thakur's grace and Sree Sree Dada's blessings be showered here to foster new spirits and sense of discipline among Georgian Brothers and Mothers. We have hosted 25 e-Satsangs during the pandemic in the last seven months.

### Minneapolis:

The first annual Satsang Congregation in Minneapolis was held on August 11, 2018. Six initiations

happened during the event. On 10th August, 2019 we had our second annual Congregation at a larger scale. Due to the



extraordinary situations this year all the Satsang Congregations are being conducted virtually.

### Indiana:

Indiana Guru brothers and mothers conduct monthly Satsang in each other's house . One initiation has been done since last September 2019. Guru brothers and mothers are contributing to the different activities conducted by Satsang America throughout the year.

He is the existence of all that exists,  
thereby He, the *Sat* ;  
He is the responsiveness  
of all that respond,  
so *Chit*-that He is ;  
He is the becoming  
of each that becomes,  
thus He, the *Ananda* as known,

He made Him Himself,--  
materialized with the matter  
of *Sat-Chit-Ananda*  
--that of Him and His  
which is and was.

-- Sree Sree Thakur  
(Magna Dicta, Verse 75)

## Around the World in 2020

### Satsang in Middle East

Anand Suryavanshi (SPR), Dubai & Pawan



Bansal (SPR), Kuwait

Satsang Centre in Ajman, United Arab Emirates was inaugurated by Rev. Binki Da on 27 Sep, 2019. It has a large prayer Hall, Acharya Bhavan and guest rooms. It is gorgeous and has exquisite beauty. The double paned doors and window ensure that not a trace of sound from outside creates any hindrance to the silence of the premises.

The Holy 132nd Birth-Anniversary of Sree Sree Thakur by Arab and Africa Satsang was



celebrated at Umm Al Moumineen, Women's Association, Ajman. More than 1500 devotees gathered for the event from different parts of UAE and also from neighbouring countries Oman, Kuwait, etc.

### Satsang in Kuwait



The Holy 132nd Birth of Param Premamay Sree Sree Thakur was celebrated with great joy and enthusiasm in Kuwait on 29 Nov, 2019. About 400 people attended the celebration.

### Satsang in Oman

There is a Satsang Centre in Muscat, Oman. The Holy 132nd Birth Anniversary of Benign Lord Sree Sree Thakur was celebrated amidst joy, zeal and great enthusiasm in Oman on 25 Oct, 2019 at Muscat.



Due to Covid-19, online Satsang is being arranged on a weekly basis in Kuwait / UAE / Oman involving gurubhais from the Middle-East and other parts of the world.

### Satsang in Canada

Sanjib Das (SPR), Hamilton, Ontario

Brothers and mothers of Canada are arranging local Satsang and actively participating in online Satsangs and women's congregations around the globe. During this global pandemic gurubhais and gurumas feel more united under the Supreme Father. All the Utsavs have been cancelled due to restrictions from local

authorities, so celebration of 133rd Advent of Sree Sree Thakur was held through online activities.

The challenging times have elevated the level of Jajan and Jaajan. Till date in 2020 five people including a muslim brother have been blessed with the 'Holy Name' in Calgary, Montreal and Toronto.

A few families initiated earlier but not in touch were discovered and are now actively joining Sastang activities. Acharyadeva Sree Sree Dada and Rev. Babai Dada are constantly guiding and inspiring the families in Canada to pursue the path of being and becoming.

### Satsang in UK and European Union

Rajarshi Roy (SPR), London, UK

The devotees of Sree Sree Thakur in the UK organised Satsangs in East London, South London and Peterborough before the lockdown due to the pandemic was imposed in March 2020. An initiative of Satyanusaran Discussion was started on 7 Mar at Sutton, South London, in which participants discussed on a few lines from the holy Satyanusaran. A large number of people participated actively in the program including many uninitiated people.

After the imposition of the lockdown, Satsang UK started daily online activities to all the Satsangees motivated for existential living in this difficult time through collective morning and evening prayer, longer meditation sessions, discussion of Satyanusaran chapters, reading from other holy books like *Atmojoneer Katha*, *Chalar Sathi*, *Shashwati*, *Swastha O Sadachar* etc. Satsang UK organises online Satsang on 3<sup>rd</sup> Saturday each month.

With the blessings of Pujyapad Acharyadeva Sree Sree Dada and the inspiration of Rev. Babai da 13<sup>th</sup> National Satsang UK congregation was organized to celebrate the Holy 133rd Birth Anniversary of Sree Sree Thakur on 19th September 2020 online. In this devotees from

faraway countries like India, Nepal, Malaysia, Bangladesh, Ghana participated in various devotional activities in addition to Satsangees from the UK and EU.

Devotees of Sree Sree Thakur in the EU organised Satsangs in Oslo, Amsterdam, Brussels and Stuttgart before the lockdown due to the pandemic was imposed. Online Satsang is organised in the EU every Sunday afternoon and in Germany on the 4<sup>th</sup> Saturday of each month, where devotees from various countries join regularly.

### Satsang in South East

Gopabandhu Patra (SPR), Malaysia

Following the blessings of Pradhan Acharyadev, and with help of local Malaysian guru brothers and mothers, the Satsang organization was registered and named as 'Satsang Malaysia Social Welfare Association'. After the registration, with the divine blessings of Param Premamaya Sree Sree Thakur and strong adherence of the Malaysian gurubhais and gurumas, a Satsang Centre was inaugurated on 01 Dec, 2019 by Rev Binki da. The event saw a large gathering from



Malaysia and neighboring countries of Singapore, Myanmar and Thailand. A large percentage of carpentry, plumbing and retrofitting work was done by the guru brothers themselves without engaging any paid labour. Since then regular Satsangs have been happening at the Center.

During the ongoing COVID-19 pandemic following Standard Operating Procedure ordained by the Govt. of Malaysia and with the help of local guru brothers regular satsangs

continue to happen every week at the Center and Satsang every weekend and holiday during the holy month of Bhadra recently. The total number of initiations imparted is 102 and 2 people have accepted Swastayani during this period. When this information was relayed to Rev. Acharyadev, he was very happy and blessed the whole team in Malaysia.

### **Satsang in Singapore**

The Satsangee brethren of Singapore are continuing with regular Satsangs in the Center and online. Utsavs and large gatherings are cancelled this year following the instructions of the officials.

### **Satsang in Oceania 2020**

Subhas Nandy (SPR) & Ambupad Thakur, Sydney, Australia

Jai guru from the Downunder. Satsang activities in the Australia and Oceania region have been going on in earnest in 2020. We started the new year with a well-attended Satsang gathering in Sydney.

Due to the approaching COVID pandemic, Satsangees in Australia decided early on to follow the principles of Being and Becoming and stop any physical get-togethers till the pandemic blows over. However, where there is a will there's a way and if one door closes, many others open. Australia was among the first to start with online or e-satsangs. These online satsangs have been going on regularly with Sydney, Adelaide, Perth, Darwin and Brisbane conducting their own particular sessions every week/month. In fact, the number of satsangs

have gone up manyfold since the COVID crisis started and Satsang Oceania has been taking the lead in conducting international satsangs bringing together gurubhais and mothers from diverse backgrounds and regions around the



world through these online sessions. Diksha (initiations) have also been done, albeit less, this year in Australia. We hope to further continue with and grow our activities across all Oceania countries including New Zealand, Fiji etc. as per the instruction from Rev. Babai da for the rest of the year.

### **Satsang in Africa**

Deepak Das (SPR), Accra, Ghana

An Utsav was held on 7 Dec 2019 in Accra, Ghana which was attended by many eminent people, business leaders and devotees of the local ISKCON unit. Apart from Bhajan and kirtans by such participants, discourse on the importance of accepting initiation of Sadguru in life was done. 3 people took initiation.

Regular satsangs are being held with all caution. Satsangee brothers and mothers are participating actively in other Satsangs being organized on digital platforms.

## Around the Ashram

During this unprecedented time of global pandemic, Parampujyapad Sree Sree Dada addressed to all guru brothers, gurumas and sisters from all over the world on the auspicious 133th Birth Anniversary of Param Dayal Sree Sree Thakur on Tuesday, 15th September 2020.



Sree Sree Dada gave the following message, “We are living in distressed conditions due to the disturbance by coronavirus. You are not able to visit here. You are not able to see me, I am not able to see you. Like the days are getting passed. I am also getting older. From time to time I feel upset when I do not see people for long. What if I am not able to meet. Whatever, all should remain good, filled with joy and happiness remembering His Name. An epidemic has come, especially for children and those who are aged, this disease is very frightening. To avoid infection, everyone who lives by should stay maintaining a distance. I request you all to take care of this.

All days are not alike. There was no epidemic earlier, now it has come. One day all the overcast will be gone. Whatever work we are not able to do now, we will be ready to then. We should be ready to serve the Lord properly. No evil force should be able to deter us.

Some messages from Dayal Thakur are in the book titled ‘*Swasthya o Sadachar*’ (Health & Hygiene). It is mentioned there how we can save

ourselves from spread of infection. Primarily what we now call social distancing. The diseased (patient) is our own, very dearly our own but not the disease. We will protect ourselves from the disease and do our best to free the patient from the disease. To save life is to cultivate life. All of you live following the footsteps of Sree Sree Thakur, serve Him, follow Him, make life meaningful, make everyone owner of higher life. I am waiting for the day when we will be able to gather at the feet of Sree Sree Thakur again. I hope that the day comes soon. I pray to Thakur you all also pray that day comes soon. I pray at His feet that may your days be filled with peace, well-being and health”.

On the 10th September, a grand satsang was organized by the inmates of Soroshi Bhavan led by Rev Borobourani Ma. In the presence of Archarya Dev Param Pujyapada Sree Sree Dada in which various songs were presented. The beautiful program, including the blessings by Sree Sree Dada from the *Natmandap* was live cast on multiple social media channels like Facebook and Youtube. Hundreds of thousands of people watched the program live and it was a heavenly treat to the eye of so many devotees who had been longing to get a glimpse of Rev Acharyadeva for several months.

On the 2nd of September 2020, the 65th Shubhagaman day of Sree Sree Thakur was celebrated at Sri-Baidyanath Dham, Deoghar. Unlike earlier years of band parties, this time following the Govt's call for restriction due to COVID-19 fewer cars were used and the idols of Sree Sree Thakur and Sri Sri Borma have been carried in the Hudson motor of Param dayal. The car festival was piloted by Rev Sipai da and accompanied by Rev. Ribhu babu, Rev. Arnab babu and Rev. Arni babu. Sree Sree Dada along with Rev Binki da led in another car. On this occasion, prasad (food offered to Thakur)

was distributed in packets to the various houses of the localities. The visuals were more heartfelt in the advent documentary that was broadcasted through multiple social media channels. Innumerable devotees enjoyed listening to his inspiring words and were elated to watch the visuals of Satsang Ashram, Deoghar online.

On 27th Aug the Janma Tithi was celebrated in ashram with *Janma-Lagna Ghoshna* (Arrival announcement), Devotional music, Swastayan yagya for world peace, reading from various holy books and a Satsang was organized. All inmates of the ashram had *Khichdi* made of broken wheat and sweets made of palmyra fruit as *prasad*.

On the 15th August (Sat), in the wake of rain, wearing national masks, maintaining physical

distancing and displaying utmost social responsibility through various patriotic songs Independence Day of India was celebrated. Chairman of Satsang Pujiyapada Mejda in the front yard of Satsang Philanthropy hoisted the national flag. On this day, various delicious snacks were distributed among the workers of the Ashram.

It is noteworthy that in the above rituals, all the participants take up residence in the same premises and often abandon the contact of outsiders for the long six months. Despite this, social distance, masks, sanitizers, etc. has been used in organizing above rituals and adopting healthy practices. It sets an example to the other world of our and our surroundings. Such a parable should be illuminated by the conduct of everyone.

Blessed is he who chooseth Lord  
 in love for love  
 with a follow  
 of contented forbearance  
 in persecution ;  
 heaven comes forth  
 to elect him with a crown  
 that shines  
 to make others shine, —  
 freedom glows there ;  
 but those who have not  
 that bliss of freedom,  
 cannot make others free ;  
 hence, it is a misery  
 to be drawn through them  
 to freedom !

- *Sree Sree Thakur*  
*Magna Dicta, Verse 238*



*with best complements from*

**Satsang America**

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