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Volume XIII

SATSANG AMERICA



Be Ye Peaceful
Volume XIII

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“Satsang wants man
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of all beings,
God, Khoda or Existence,
whatever you call Him.
Satsang does not think in terms of
Hindu, Christian, Muslim, Buddhist;
regarding each and everyone
as a child of Him alone,
Satsang wants to make all
submissive to that One.”



Sree Sree Thakur



Be Ye Peaceful

An annual magazine dedicated to being
and becoming of humanity.

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of

the Holy 130th Birth Anniversary
Celebration of

Sree Sree Thakur Anukulchandra.

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Blessings



Sree Sree Dada

Reverend Acharyadev, Satsang

Connecting to the source of peace and happiness

Sree Sree Thakur is our Ideal, the very center of existence of all of us. Only by remaining totally adhered to Him with every mighty urge and worshipful-endeavor. Serving him piously with unquestioning allegiance, and doing everything for his sake with whole-hearted sincerity and vigor, we become true to ourselves and come to true piety for others. He is fulfiller the best. Only by serving and loving Him, we may attain perfection in all our actions, words and behavior. By remaining in tune with his existential ordinance, we join true happiness and may make others happy too.

May your resolve to be His and His only, resonate your own heart and also that of everyone else with ever undiminishing peace and happiness.

Love and R.S.

Dada

26.08.2010

Satsang, Deoghar

Bhadra Parikrama

Satsangees all around the world observe the holy Bengali birth month of Sree Sree Thakur with daily Satsang congregation.



1st Day of Bhadra Parikrama in Dallas, Texas, August 19, 2017.

Editorial



“What sacred formula is there like carrying out the commands of the Living Ideal?” – Sree Sree Thakur.

We are pleased to present you our thirteenth edition of “Be Ye Peaceful” published on the occasion of the Holy 130th Birth Anniversary **Utsav** of Supreme Love Sree Sree Thakur Anukulchandra.

This year, the Holy Birth

“The ceremonial function which extols the being and begets prosperity is Utsav.”

~Sree Sree Thakur

(The Message, 9:27)

Anniversary Celebration of Sree Sree Thakur is marked with a special ink in the Satsang America chapter of Satsang. To the brothers and mothers of Satsang America, the devotees of Sree Sree Thakur Anukulchandra, the sole pursuit of life is the timely implementation of the Acharyadev’s (spiritual head of Satsang) command. Satsang America has achieved the small but significant milestone of creating “A permanent address for Sree Sree Thakur in the United States”.

A simple wish from Acharyadev of Satsang in March 2014 to create “a permanent address for Sree Sree Thakur in the United States” has vibrated in the brother’s and mother’s heart in such a frequency that it has resonated in the communities they live in and that resonance, in a short ~2.5 year period, has culminated in securing that “permanent address” in Jamaica of New York. Inspirational vibration and constant touch of guidance from Reverend Babaida strengthened our tempo in this endeavor.

Now, that pursuit of bringing people to His holy feet, to be touched by His love and to change the misery and sufferings of human life begins in America with an even greater intensity.

The lifelong pursuit of our Living Master, Acharyadev, is to bring the love of the Love Lord Sree Sree Thakur to every individual on the planet earth. He has called for an all-

out effort to touch as many people as possible by that love that changes human life.

Meditation of ‘Satnam’ at dawn and night, repetition of it at all time, timely implementation of Ideal’s command, - are a devotee’s pursuit of life.

~Sree Sree Thakur

(Translated from Bengali)

It will bring immense pleasure to our hearts if this Utsav along with this publication contribute anything towards that pursuit.

This small souvenir is composed of prose and poetry from individuals, who are not professional writers. The articles are spontaneous outpouring of the expressions of heart bursting with love. Readers are requested to consider the love induced effort by the writers.

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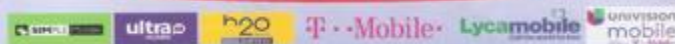
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He, the God of Men

Subhendranath Nayak

In Satyanusaran, Sree Sree Thakur writes, *“He within whom all the resources of the world—knowledge, love and activity—are spontaneous, and by the inclination towards whom the scattered lives of men and all the diversities of the world find a final solution, is the God of men!”*

The simple truth is He descends on the earth as a human being to be easily understood, believed and espoused by the mankind. He dispels our ignorance and misconceptions in cogent manner.

Without the God of Men (Him), one’s life cannot be properly shaped, his complexes cannot be mastered, his whims and caprices cannot be controlled and sublimated; his character and personality cannot become integrated and balanced, his being cannot be elevated and he cannot have the realization of the divine God within. But then the Ideal must be a man – God of Men, a man in whose thought, speech and action a complete co-ordination of existential expansion has been materialized.

When He comes, our active attachment towards Him is the key to multidimensional progress in our life. When someone is attached to Him unswervingly, with a deep heart, it normalizes and inspires one’s thought and action. Love and attachment to Him and adherence to His dicta,

engender gigantic personality with power that encourages man to overcome all odds in life and clutches all opportunities through which life becomes a saga of realization and fulfilment.

Sree Sree Thakur talks about “being human” i.e. blossoming human character, conduct, behavior and capability. He speaks emphatically of doing work in most efficient manner, originating pleasure out of efficacious work culture. Work converts to worship, when its objective force helices out of attachment to the loving God of Men. Hence, when such work gets strength and support from the God of men, it becomes elixir of our doings; our life becomes blissful. One’s capacity gets strengthened and enhanced to an enormous magnitude that one is unimaginative about. No wonder when we see dedicated and fervent individuals many a times being appreciated to achieve a seemingly incredible job.

Our life becomes lively when it is based on adherence to Him. Basic elements of life’s go like patience and perseverance, develops and takes its own shape automatically out of love for Him. Moreover, Life’s urge get motivated and propelled by Him, then life assumes the expanse and serenity of nature, where beauty and harmony are always found in abundance.

Sree Sree Thakur says *“pockets of ignorance and inefficiencies, which have built into our system, are in fact*

responsible for the outcomes that are perceived to be short of the commensurate result of effort”.

In the process of tussle and success, depression, fault-finding and frustration are likely sprouts when one fails to measure the consequence proportionate to effort invested. Hence, along with action and activities, what is required is knowledge and love induced devotion, so that life and its whole activities become meaningful and rewarding.

Sree Sree Thakur says -*“Though God is infinite and unlimited yet His qualities are known only through a man, a being an Ideal.”*

*God is for all
prophets are for all,
no compartment,-
but they are the fulfillers
of all compartments
in their equity;
to create ‘ism’
is the Satanic dissuasion
of people
from unity-
the God!”*

~Sree Sree Thakur

(Magna Dicta, 245)

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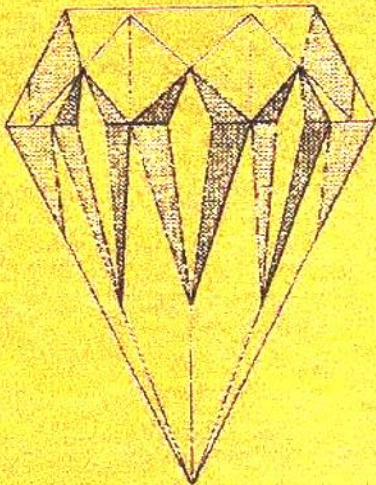
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The Life and Message of Sree Sree Thakur Anukulchandra— the Redeemer of Mankind

Dambarudhar Das

I am making a humble attempt to throw some light on an ideal, a messiah, the latest incarnate of the age, who has showered peace and has arranged to do it ceaselessly for next ten thousand years to come. He is none but *Sree Sree Thakur Anukulchandra*, the prophet of the age and the redeemer of mankind and dispenser of peace.

If one casts a cursory glance at present day panorama of the social fabric, he is simply bewildered, panicked and discomforted at the horror, turpitude, treachery, loot, murder, adultery, debauchery, distrust and all such sinister evils encompassing the world today. Everyone sighs with suffocation, and is scuffled with the present day scenario. The hearth and home is devastated. The peace and satiety in the conjugal bond is dwindled. 'Home sweet Home' has lost its cohesive harmony and peaceful co-existence and is bereft of its benign luster. In a word, there is a hue and cry for rescue from the gnawing claws of dreadful decadence. The scriptures describe such a state of affairs as the omen for the descendance of the Savior to the mundane earth to redeem the mankind from the state of annihilation, as came in different ages in the form of Rama, Krishna, Buddha, Jesus, Mohammed, Srichaitanya, Ramakrishna etc. The latest incarnate, who came at in the present age is *Sree Sree Thakur Anukulchandra*, the redeemer of the

mankind. His mission is not to annihilate the sinners but to emancipate all from the pangs of death, disease disintegration, ignorance and poverty and re-establish the values of being and becoming in His creation.

Born to a nondescript village Himaitpur, in Bangladesh, in the lap of a Brahmin couple- namely Sivachandra Chakraborty and Manmohini Devi- on an auspicious Friday, of 30th Bhadra, 1295, corresponding to 14th September, 1888. The very birth of *Sree Sree Thakur* envisaged unusual prognostic phenomena. The landscape gleamed with a radiant glow, which confused the fishermen at Padma River that Chakraborty's house is ablaze with fire. From the early birth, godly virtues sprung forth spontaneously in his activities and behavioral movements. In the early dawn of his childhood he conglomerated the naughty kids and nurtured them in novel ways. As a result, the goodness latent in them bloomed forth to overshadow their acts of frivolity. Few instances of his early life, vividly, focuses his innate greatness. During school days, he stripped his woolen shawl pieces to save the mates from chilling cold; he paid the examination fees of a poor lad with whatever money he had, without thinking of his own; could listen from a distance the call of a drowning Muslim old man and rushed amidst heavy rain to rescue him from a drain; took the pangs of a lash on the horse, which was reflected physically on his own back; swallowed the poisonous Ayurveda pills at a draught and had no concomitant effect; as a medical professional, he served the coolies in the coal depot to let them forget

the pricks of poverty; as a doctor healed incurable diseases with simple treatments. These are but few out of numerous instances that had occurred in normal and natural course that astounded others. With the rush of multitude of patients, he discovered that the cause of diseases lies not in the body but in the mind itself.

To set the mind in right earnest, he initiated his mission of reformation. He founded an organization called *Satsang*. With its philanthropic intent started imparting the *holy name* to thoroughly wash out the inner impurities and bloom the latent faculties in its entirety to transform every individual to become man of nobility. The process of imparting the *holy name* is *Initiation* or *Diksha*. The holy *Initiation* enforces every disciple to observe three cardinal principles called, *Jajan*, *Jaajan* and *Istavrity*. *Istavrity* is the gratuitous unrestricted sacramental offering to bind one with the ideal in a concord of love and obeisance; *Jajan* is to meditate on the holy mantra dawn and night to excite, energies and activate the brain cells; *Jaajan* is to execute the precepts of the Ideal in day to day performances and thereby reach out to the environment for leading them to divinity through love and service. Thus with active attachment to the Lord, the sensory consciousness being materialized in actions, man is reformed and imbibed with dazzling character, divine virtues, and extraordinary traits by virtue of motor sensory coordination. Godhood naturally gets awakened in him. He becomes active, agile, responsive, tactful and all other faculties bloom and glow.

The *Holy Name* of Sree Sree Thakur played miracles. Many deadening diseases got cured by the wonderful healing effects of the *holy name*. Name Hospital was established to cure sure-to-die patients. The name and fame of Sree Sree Thakur was spread far and wide to every nook and corner. People started to call him *Thakur* which he vehemently protested. But consequently, accepted with the pretext that Bengali chefs also are called in this name.

Thakur's organization 'Satsang' with its multifaceted activities of man making mission gained enormous popularity. Many also envied the widespread credibility of the seer and rushed to test the veracity of the eulogies. This included intellectuals, elites, philosophers, politicians, scientists, astrologers, magicians and so on and so forth. They came to conquer him, but were ultimately found with the conquest of themselves. *Satsang* got accepted as a sole solemn panacea for solution of worldly problems. With a common *Ideal*, bond of universal brotherhood paved its way. It will not be out of place to jot down here, that personalities like Mahatma Gandhi, Desabandhu C. R. Das, Lal Bahadur Shastri, Guljarilal Nanda, D. S. Kothari, Nityananda Kanungo, R. A. Hauserman, Eugene Exman and many others paid a visit to the *asram* and many of them accepted *Sree Sree Thakur* as the Spiritual Guide.

Sree Sree Thakur had trances. He used to abruptly fall down as a lifeless being, not reacting even with the touch of burning coal but later bubbling with nectarine utterances covering all aspects of creation; out of which 72 days of such divine dictations have been enshrined as the *Holy Book*, a unique epic ever compiled. He did not believe in miracles rather said that miracles are

mirage of ignorance. He used to give messages in English, Bengali and Hindi covering not only all aspects of life and living; of individual pursuits; ideal conjugal bond; family life, social and national scenario; but also on dharma, ideal, education, science, marriage, eugenics, politics, administration, health, hygiene, *Sadhana*, cosmology, creation, economics, physics, fundamentals and all this and all that - leaving no element uncovered. He has also emphatically declared that He has given solutions to all problems that may arise in ten thousand years to come.

Abruptly, he left Himaitpur before partition and came to Deoghar (Bihar, now Jharkhand) on 2nd September 1946 leaving aside the *asram* and its assets evaluating to millions of dollars at the age of 58 years and has never looked back. He started his man-making mission anew from nothing at this decrepit age from a rented hut at Deoghar and in no time it gathered momentum to shine with multifarious activities, where people could explore solution to insoluble problems. *Sree Sree Thakur* wielded the weapon of *Name and Love*. He emphatically professed - *Name and Love* can conquer the whole universe. Love was his expenses to earn man. He loved man to an extent that he used to say, "I can forsake an empire for a man's sake". On the *Holy Name*, he emphatically declared that *Name* is the formulated clue meditating upon which leads to un-folding of the cause. If one continually goes on practicing the *Holy Name* with an unswerving spirit of devotion, the past and the future flash before his inward eyes and paves the way to adjustment of the present day activities. The mysteries of the universe is unfolded before him. He becomes able to read the in and out

of a person at a glance. *Name* was the weapon with him to reform a man. Drunkards, murderers, people of ill-famed character, thieves, debauches, anti-socials, outcasts, villains- all have found a shelter near him and were ultimately refilled with nobility and turned to be ablest persons with un-folding of latent qualities. He spent sleepless nights hovering over the plight of the people and exploring means to save them from the impending calamities.

Sree Sree Thakur was acclaimed as the *Purusottam*, the *prophet* of the age, i.e. the *Fulfiller the Best*. He fulfils everybody as per his individual distinctive traits, fulfils all the past prophets in a concord of love and respect; a living ideal whose message is his materialized maxim, an ushered of the holy name embodying the citadel of highest stage of *Sadhana*.

His wishes for the mankind is manifold. He calls upon us to roll on like a flood amidst sorrows, sufferings and calamities of the world.

He has set up a system of Acharya Succession in the organization to translate his noble mission to reality by active allegiance to the *Living Acharya*.

The only path left with us is to accept him in unequivocal terms, follow him with unwavering spirit of sacrifice and reverence, fulfill him with sprightly urge and be imbued with his blissful benign grace and become a man of effulgent character and charismatic personality and act as a torch bearer of the *Redeemer of Mankind* to materialize His mission of establishing Heaven on Earth.

This, succinctly, is the surest way to be blissful and peaceful in life.

BOW—BE BLESSED

Bow,
borrow the features and attributes
of your Love-Lord,
assimilate them,
imbibe His character, conduct
and characteristics
with intelligence,
and act in accordance
with a throbbing urge ;
be blessed.

Sree Sree Thakur

The Message, 5:84

The Hope of the Modern Times: A Preamble on Sree Sree Thakur Anukulchandra

Ranjan Behara, Ph.D.

We dwell on the beautiful earth: Behold; gloriously beautiful is the eternal cosmic manifestation of the Father, the supreme! Multitudes of mesmerizing sights (rupa), tastes (rasa) and odors (gandha) enrich the earth we inhabit, all in abundance! The union of the 'parama pursha' (Supreme Being) and 'parama prakriti' (Mother Nature) has procreated everything from microcosm to macrocosm with absolute accuracy and order. The horizonless open sky, the deep oceans, the wide-gamut of colors, and the soulful tunes are just only a few examples to spark our imagination of this diverse creation. The spectrum of life forms (inanimate to animate) is infinite, so is their mutual interactions and activities. All bear the testimony of the Almighty!

The purposes are great; the possibilities are numerous, and the potentials are beyond measures!

In the process of genesis we, the human, blissfully inherited the image of the Father. The Bible says-'*God created man in His own image, in the image of God. He created him; male and female. He created them*'. Blessed we are!

Life is a purposeful journey: Life is a continuum in the lap of

time, endless and infinite, flanked by the eternal phenomena of birth and death. The lord Krishna narrates in the Bhagavad Gita, "*babūni me vyatītāni: janmāni tava cārjuna: tāny abahm veda sarvaṇi: na tvaṁ vettha parantapa.*" We inherit life (rather create it) on this earth again and again to love and serve, and to celebrate our unique relationship with the supreme father to ultimately attain the state of highest consciousness. So we pray the supreme father to bless us with 'life' and 'growth' with progressive memories and conscious minds (*Dadaatu Jeebanbriddhi nirantarang smritichidjutey*).

He comes and leads us towards holistic co-existence: Life is a beautiful yet complex domain. We live as an individual, as a couple, as a family, as a society, as a nation, and as a whole, the universe. The relationship we share at every level our existence in this greater universe have certain biological needs, social needs, and spiritual needs. In the course of practice towards fulfillment of these needs, we fail to distinguish between the "need and greed". We consider our 'blessed privileges (divine attributes)' as 'selfish rights (narrow complexes)' and get confused and deviate from the path and purpose of life. A smooth purposeful trajectory of life appears hypothetical.

Ever merciful and compassionate He (the lord) is! With tender loving care, He demonstrates us the holistic co-existence and meaningful interpretations of 'life and growth' which is called

"*dharma*". He comes with utmost consideration again and again in different geographies and time depending upon the need to lead the mankind.

"*I am the way, the truth and the life : No man cometh unto the Father but by me. If ye had known me ye should have known my father also.*" St. John Gospel Ch. 14 Verse 6/7

Sree Sree Thakur Anukulchandra, the Fulfiller the Best: Fulfilling the past prophets, the advent of Sree Sree Thakur Anukulchandra in India in the modern times (1888-1969) is a blessing to the whole humanity. People from all spheres of life from different parts of the world and practicing different faiths came to him. They asked questions after questions to satiate their unending curiosities and validate their understanding about the elements of life. Sree Sree Thakur, with utmost kindness and genuine perseverance, unfolded the essence of the multifaceted human life in its truest sense. We highlight some aspects of Sree Sree Thakur's narratives verbatim.

Concentric living is the way: Through his discussion with Thakur, Michael, a devotee from the USA reminded of a saying in the Bible that if a man loses his soul, the accumulation of the entire wealth of the world cannot compensate this loss. Thakur responded, "Exactly! If we are not concentric, our life urge gets dissipated by the actions of the impulses exterior to us. When such is the case, it does not fulfil, rather disintegrates our becoming. But if we are concentric, even our

nerves get integrates through concentration. Great men are fulfiller the great, and Purushottam means fulfiller the best. That is why often He is described as the world teacher. He does not come for any specific/particular country, rather for the entire world.” He is ingrained in each and every creation of His. Therefore to know Him we have to take shelter to the one who has known Him. What we fail to comprehend through our impulses, it is impossible to imagine. Therefore to feel/fathom Him, we need such an agent who will impress upon our consciousness and elevate it to a level from there so that the related knowledge through our receptive capacity makes us realize the real. Jesus said unto them, *“If God were you father, ye would love me; for I proceeded forth and came from God.”* St. John Ch. 8 verse 42. *“I am the door, by me if any men enter it, he shall be saved and shall go in and out, and find pasture.”* St. John Ch. 14 verse 9. No matter how extraordinary we idiots are and possess the ability to defeat other through argumentative talents or oratory skills, minus Him nothing else can awaken in me that supreme realization. Therefore, one who

has to understand Him, in this way it is unfurled to us the truth.

Soulful allegiance to the Lord with love is essential: Love the Lord with heart and soul, lead your life adhering to His principles and if you come across someone who is imbued with love for the Lord then following him and his guidance you may realize the Lord quite naturally. You may realize the Lord quite naturally. You may realize the Lord quite naturally. You cannot fathom Him simply by reading books or through imagination. We can sense him to a certain extent by encountering a person who is immersed in His thought and is an embodiment of His qualities but simply seeing such a person won’t help – you have to love and emulate him in practice. If required unconditional surrender should be there on. If accept only those things of His sayings that I like and refuse to accept whatever I don’t like then my complexes don’t get adjusted. That I don’t like many of his sayings or fail to understand them is because my complexes befuddle my understanding. The reasoning that we are so proud about actually doesn’t help us much. It is so because reason is guided by

complex and sentiment that is why one should obey the commands of one’s Master unhesitatingly. Whether you like it or not you should carry out his instructions with determination. Later you will realize why he said, what he said. In this way we learn to identify and organize our submerged complexes. Thus if you are not guarded by a Seer (Rishi) complete transmutation of personality does not happen. Character remains plagued by certain inconsistencies. Despite blossoming of good attributes, more often than not, a self-seeking tendency remains prominent. So real elevation of being does not occur. The reason behind the existence of so much turmoil and confrontation in the world is lack of ideal centricity. If Lord Christ had been our center and we could make people feel inspired by Him, then such a situation would not love prevailed. Everyone would have strived to serve the other’s interest. No one would have imagined of hurting others. Hurting someone only means eroding one’s own existential platform. You should bear in mind that the ‘Advents are bedewed’ with the attributes of Providence and they are Christ’ Christ means anointed.

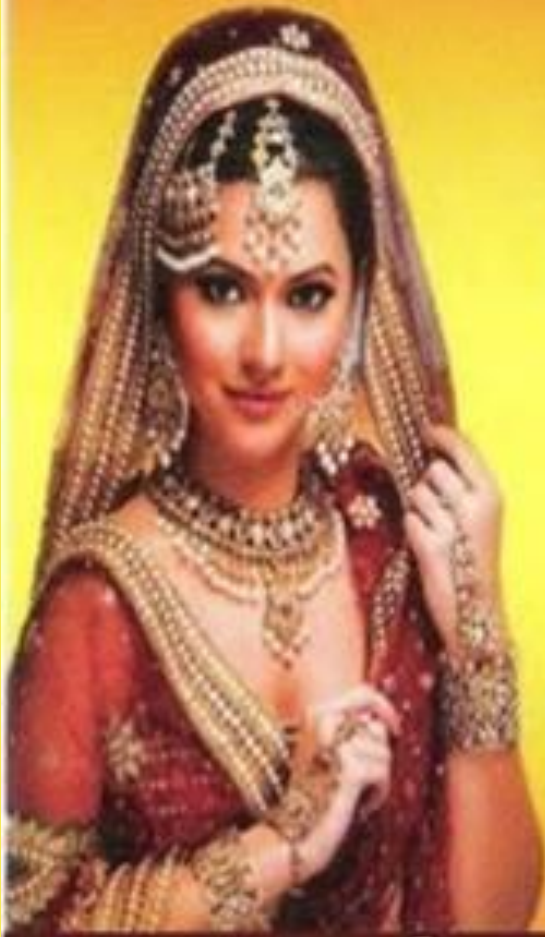
“As long as you feel pain in your body and mind,
keep trying to remove the pain of even an ant.”

~Sree Sree Thakur

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এখানে সব রকম রাশির পাথর ল্যাব সার্টিফিকেট সহ বিক্রয় করা হয়।

শ্রীশ্রীঠাকুরের ১৩০তম শুভ জন্মবাধিকী উৎসবের সাফল্য কামনায়!

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Indispensability of a Living Ideal in Man Making - the Fundamental Basis of Nation Building

Sushant Mohanty

The title of the article encircle has three major words: *Indispensability, Living Ideal and National Building*.

Very frequently we hear *nothing is indispensable in life*. On the other hand, we come across many things like: to survive, breathing is indispensable; to grow, nourishment is indispensable and so and so forth. There are other hosts of examples, such as, giving up smoking is indispensable for a person suffering from lungs disease or refraining from eating sweets is also indispensable for a highly diabetic patient. Motherly nursing is indispensable for a new born baby. These are well recognized and realized as indispensable by one and all, because the question of survival is in stake.

Is the scope of *indispensability* restricted to one's mere *survival* only? Or the scope of the term '*survival*' needs to be broadened? To survive is to move towards *Being and Becoming*. The more we magnify the scope of survival, the gamut of indispensability will increase. To sustain the being and to become is to follow a set of principles and processes. Any organization, association, functional bodies is regulated and administered by following

some processes. Technologies, machinery appliances operate by following certain paradigms. We can say that, these guidelines for sustainability are well transcribed in various books, scriptures and the same can be embraced as guiding agents and are indispensable. Are books and scriptures sufficient enough to serve as guide in each and every walk of life?

If someone is told to view the cricket or soccer match by following the newspapers, radio commentary, live telecast and watching the match live in stadium. Obviously the preference for the same will go in the reverse order as is mentioned above. Similarly given an option to choose to take some critical health advice from the expert's book or publication or to consult a local physician, the choice will be visiting the local physician. To seek an admission to an on-campus institution is preferred than a distance education system, for the simple reason, to get educated from the live instructor and many more such examples can be cited. But why?

Doesn't the non-live agents carry all the vivid information and knowledge to suffice the requirement? OR is it the inner craving of each and every instinct to get drawn to a live acquaintance for a better clarity on the matter. OR the quest for something reaches a meaningful assimilation, the moment abstract knowledge gets a realistic (true-to-life), lucid and simplistic touch. The books, scriptures can expand the horizon of knowledge but certainly can't act as an agent to trek the rhythm of being positive, motivated, and

inspirational, rejuvenated. Energetic thrilling progressiveness can be realized from the live environment. Live source is better than an abstract (non-living) source. It is difficult to love an abstraction. Many will sacrifice their life for their leader but few will do that for an idea. People usually cannot enthusiastically obey the laws of rational conduct unless they consider the laws of life is the command of a *personal god*. People need god who hears us, loves us and respond to us

The personal god refers to a *Living Ideal*, otherwise can be said as *Embodied Ideal*, who acts like a role model in one's life. The personal touch of a teacher for students, living love of parents to offspring, visiting a live pyramid gives immense pleasure than seeing a picture.

Who can become a role model or a *living ideal*? People differ on the personality of a *Living Ideal*. It ranges from parents, social reformers, teachers, intellectual personalities, may be experts of a specific field etc.

Human beings want to enjoy the life. The source of enjoyment is the human complexes. People driven by or overpowered by these complexes also lead to cruel fate. If these complexes are well managed, then they can be the source of enjoyment. Complexes are natural, they are the natural responses to the situation people are in according to individual instinct. By knowledge and training or other means the complexes can be channeled for better use. Active affinity to a supreme personality, who has mastered to govern these complexes, may help adjust the complexes to its best. This kind of person is described as *Acharya*, who does and demonstrates to others the standards of conducts. The *Purusbottam* (the fulfiller the best), *Satguru* (Realized Master) can be described as *Acharya*.

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Purushottam, the fulfiller the best, fulfills everyone according to their instincts. His potentiality is inexhaustible like the great natural phenomena; he is still unintelligible. Such an individual is truly the creator and center of the universe. The word *Purushottam* refers to the resolved personality who guides, administers according to the instinct and existential traits of each individual on time and every time without any contradiction and conflict - the Fulfiller the Best.

He is an omnipresent, formless, integrated personality, immensely powerful, omniscient, ever conscious, ever truthfulness, ever magnanimous, supreme beloved and resolved personality. Who doesn't cause grief to anyone in any form, yet doesn't indulge in evil. He who tries by strength, skill or tact for the welfare of all the creatures and have a light Ego. He upholds the being and becoming in every state of affairs and he is the materialized form of bliss. He is the epitome of love, unity and harmony. Does anyone's parents, any social reformer, teacher or an intellectual

personality possess such virtues?

According to Swami Vivekananda: There are some special classes of world teacher, when they command the lowliest of low become Mahatma, the highest form of godhood.

In response to the query - how to identify such personalities, Sree Sree Thakur Anukulchandra opines that - He sits in a neglected corner of the world with wisely foolish, simply gorgeous, and normally normal personality with an atom bomb of love in his hand.

Like Sree Sree Ramkrishna Paramahansa for turning Narendranath to Vivekananda, Ram Das for Great warrior Shibaji, Guru Chanakiya for Ashoka the Great. These role models come in different ages as redeemer to mankind in the form of Prophets or World teacher.

Human beings are units of the Nation. Collective individual characteristics are reflected in the characteristics of a nation. All the plans and programs fail to work if the human beings are not reformed. Reformation is possible by following *live redeemer*. Describing the role of Satsang organization, its founder and life

center Sree Sree Thakur Anukulchandra said - "*Satsang is man making factory.*" Each being has to be reformed and every house needs to be reconstructed by active and un-tottering adherence to the *Living Ideal*. Building the Nation need not require any separate effort. The word nation is otherwise known as *desb* (in Hindi or Bangla language) is derived from the word *adesb* means command. Following the command of an adjusting agent, the personal life, family life, economic life, and national life will become complementary to each other and well-harmonized. The pillars of dharma, custom, tradition, culture, morality and values will get strengthen. Nations built with the guidance of *Living Ideal* move towards perfection.

Sree Sree Thakur said:

*"Prophets come down
in the role of reformers
with the message of
existential propitiousness
with its uphold
suing the age
by the observance of which
they can advance the welfare
of the people;....."*

(The Message, 2:69))

Don't do that work which makes your face gloomy when you speak of it to others.

~Sree Sree Thakur

A Seer from the East

Anurag Nath, BDS

Since the beginning of civilization there has always been an innate tendency in Man to question everything around him. It is this curiosity that led Man to ignite the first fire of knowledge. This curiosity was the pushing factor behind the man who first sowed the seeds of agriculture. This curiosity had guided the seers of the past to understand that the true objective of humanity is to be in tune with God.

While walking on the path of life, Man found that the world is not just what is seen around him. Rather it encompasses a wide range of life forms, flora and fauna, places he had not yet explored, forces of nature which he couldn't control and at most of the times beyond his comprehension. Gradually he understood that the whole of this creation is just a giant necklace of life units -- both animate and apparently inanimate forms of life that are commonly threaded by a single all powerful entity. The ONE who is invisible, the ONE who is unheard of, whose mighty presence can only be felt. The early man was grateful to large shadowy trees because apart from providing him the leaves for his clothing and fruits for satisfying his hunger, they also gave him the woods to kindle fire and weapons for his hunt. Out of this gratitude and respect he started worshipping the trees. He drank water from ponds and rivers. Hence the rivers became sacred to him. Thus we find our earliest predecessors to be nature worshippers.

Gradually this innate hankering of curiosity provided man with knowledge and changed his mode of worship from extrinsic to a more intrinsic approach. Eventually he came to know that if there exists a Supreme Being, it is within Himself - - not only that but the Omniscient Omnipotent Supreme power resides within each and every particle of this universe as life urge. That was the time when after deep meditation our seers came to know that their own existence is divinely interwoven by the existence of all other life-forms and is in tune with the Supreme Being. This was the time when they uttered *so'ham* or He is Me. (i) Like the Aryan Seers we find Jesus Christ echoing the same words in the Holy Bible by saying "The kingdom of heaven resides within you." (ii)

In The Old testament, Genesis we find that "God created Man in His own image."(iii) This verse from the Holy Bible clearly depicts the divine nature of Man. Again our curiosity peeps in. If Man is so divinely constituted, then how come we find humanity ailing with the deadly diseases of Superstition, War and Terrorism? That too in the name of God? Why did God create so many religions in the first place? Let's try to analyze these things from a Seer's point of view.

Seers or Rishis are living universities. The first book of knowledge or the *Vedas* were composed by compiling their divine experiences of the voyage of *sadhana* or austerity. Sree Sree Thakur Anukulchandra is considered by many as the seer of the present era. Sree Sree Thakur observes that although Man is created after the image of God, yet God does not intervene in the

freewill of Man. For example a child is born from his father. But he has his own freewill. Sree Sree Thakur says that the human mind is engrossed with different passions which are termed as "Ripus" in our scriptures. The complexes like Lust, Anger, Selfish ego, Greed and Infatuation make the humanity go haywire and because of these unresolved complexes the demonic dance of mayhem is going on across the world. This is the reason that Man today, forgetting his divine identity, is seen chasing the mirage of ignorance in the alleys of darkness. In this deplorable situation the only ray of hope is to take shelter of a Seer and accept Him as our Living Ideal or Guru.

If somebody is drowning in a river the only person who can lend a helping hand is the one standing on the shores. Similarly the only person to rescue us from the sorrowful sea of passions is the Seer who is above the complexes Himself. By accepting Him as our Guru, by surrendering ourselves at His commands all our complexes find meaningfulness and are automatically adjusted without any need of suppression. If we observe the present state of affairs we find that Man feels not the least amount of hesitation to slay his own brother! To kill a fellow life form in the name of Religion is a heinous act which has no forgiveness in the court of God. The reality is that God never created any sect or division. He did create Man and proudly adorned him as His best creation. It is Man who placed boundaries, created nations, divided society, divided people in the name of Religion and completely forgot that Dharma is essentially One.

WAY TO BE GREAT

To adore the great

with devoted service

is the way to be great,

because bliss is materialized

in them

through their devotion

and worship.

(The Message, 9:166)

TO ADORE THE GREAT IGNORING GOD

To adore the great

ignoring God

is a meaningless

tuberous exuberance

that melts in despondence!

(The Message, 9:165)

FORTUNE SMILES

Fortune smiles on them,

who follow their principle,

and goad themselves therewith;

whereas, the unfortunate

deal their complexes

as principles.

(The Message, 9:171)

According to Sree Sree Thakur Dharma and Religion are two different things. While Dharma is presented as a *faith* or a *sect* in today's date, Sree Sree Thakur describes a unique way of presenting Dharma. According to Him, "Dharma is anything that upholds and nurtures our existence."

The word Dharma (root word 'dhri') can refer to a sense of duty, i.e., Rajdharma or duty of a king. Also in the sense of attributes, i.e., the dharma of water is to seek its own level or flow downward.

Religion, on the other hand has a bit different meaning if we observe the root meaning. The word Religion is derived from the root word 'Religare' meaning to bind or to attach. Hence Religion means work and activities which helps a man to bind himself with the Guru. (iv)

Each and every creature has an innate hankering to live and grow. If we observe Sree Sree Thakur's definition of Dharma then there exists no debate or fight for Dharma. Because if nurturing the existence be Dharma then each and every life form has just one Dharma. For example Water in English is Jal in Bengali and Pani in Hindi. Linguistic variation does not change its original identity and composition. Likewise Dharma too has two components. Divine and Discreet. The divine component is eternal and ever constant. But variations may creep in due to the discreet component of Dharma which

changes due to time, place and circumstances. For instance, Hinduism traces its roots from the ancient Aryan culture which flourished on the banks of River Saraswati. There was abundant water, soil was fertile and so with changing climatic conditions the diet too changed to mostly vegetarian. On the other hand the Arabian land had harsh and dry climate with a scarcity of water. Agriculture was a distant fantasy. Hence the only food source was meat. But just because of this the dharma is not different. Rather all the faiths merge into the same goal. They are all different paths to the same destination. As is said in the Vedas "Ekam sadvipra bahudha vadanti" (v) which means the Ultimate Truth is One, Knowers present it in different ways.

The need of the hour is to do away with the threats of superstitions, War and terrorism and all those social stigmas which are pulling back our Sprint to development.

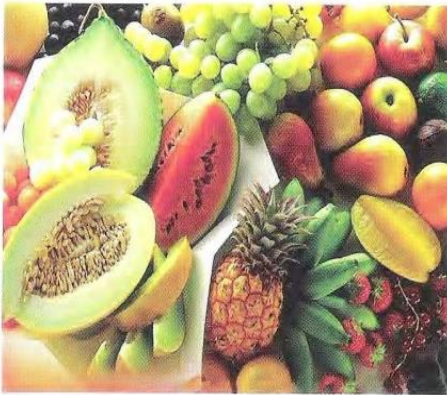
Let us all, according to our individual distinctive characteristics serve and work for the wellbeing and development on an individual, social, national and ultimately universal scale and put in our best efforts to regain and glorify the humanity again. By following the commands of a *Guru*, a realized soul, opens up the path of heaven within us. The only thing which we need to do is to follow His commands and start walking!

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The Need of the Time

Hrushikesh Senapati,
Professor

This is an era of mounting anguish and vanishing happiness, when a disaster is fast overtaking the society and country as a whole with the dominance of savagery. A brutal thirst for possession augmented by science and technology is the symptom of the disease of the present time. In the physical world, we are always anxious and eager to get more and more of possessions for our own satisfaction. We get pain instead of peace. Pain affects us and often we are not conscious of it. We don't want to be, since we understandably fear becoming sensitive to be under so much pain. Whether we open ourselves to consciousness of it or not, we suffer from it; and as long as we remain insensitive, it emerges in our anger, greed, loneliness, defensiveness and judging power. These are the signs of distress. There is tremendous development in the field of science and technology which results and facilitates man to fly like a bird in the sky and to swim like a fish in the deep sea, but not to act as a man on the earth due to moral cataclysm. By virtue of scientific acumen, human is able to acquire vast knowledge and

enormous power but there has been a rapid decline in moral values due to a free ride of passions. Love and co-operation in human society is dwindling. Each individual is becoming selfish; instead of nurturing and fulfilling others, he is exploiting his fellow-beings. There is an atmosphere of hatred, intolerance, envy and violence which indicate the loss of humanism at present time.

The primitive man tried his best for his survival and through different stages, he could reach in this modern society. But now we consider everything in a fragmented and isolated manner. For that reason the Religion, Philosophy and Science run in a parallel path. There is dominance of miss-interpretation and misuse of everything prevailing in the society which creates sectarian feelings and resulting overall conflict between ideas. Sree Sree Thakur Anukulchandra, the present *Prophet* of the age and the embodiment of all the past *Prophets* couldn't find any contradiction in simultaneous pursuit of these three means, provided philosophy, science as well as religion worked for the welfare of mankind and of the world. According to Sree Sree Thakur, "*The degeneration of humanity began at that*

moment when the unseen God was made infinite and, ignoring the seers, the worship of their sayings began. Oh mankind! If you desire to invoke your good, forget sectarian conflict. Be regardful to all the past prophets. Be attached to your Living Master or God and take only those who love Him as your own. Because all the past prophets are consummated in the divine Man of the present?"

Now we are engaging numerous scientists and spending billions of dollars to find out the origin of the universe and speculating it as *God particle*. Some cosmologists of this century formulated the Big Bang theory and argued that the universe began with the explosion of a primeval atom. It was during this century that the Quantum theory came into existence and emphasized that elementary particles behave both like particles and like waves. Based on the observations of philosophers of ancient India, the ultimate particles, which constitute the basis for all the materials of this Earth, was the quanta of energy and their interactions determined the physical and chemical properties of matter. Madam Curie's radio-activity and Einstein's conversion of mass into energy and vice-versa explained the subject to a great extent. Sree Sree Thakur mentioned that it was

the specific type of harmony amongst the fundamental energy particles, which were responsible for physical existence, from which materials evolved. Sound and Rhythm, which arise from the vibrations, are the ultimate constituents of the materials of the world and have a great importance on the functioning of the human body. The soul within the body has an ultimate tendency for unification through libidic attachment with the *supreme soul*, who is the creator of the universe.

The advent of the *supreme soul* appears in a physical mortal body which is the condensed form of the super sound termed as the *Holy Name*. Moreover the sound was His creation and is composed of the fundamental vibration of the consciousness in a living body. It expands and belongs everything yet remains the same. Sree Sree Thakur's consciousness from birth was spontaneously identified with the *Holy Name*. He is the embodiment of *Dharma* with the central and conglomerated theme of the *Holy Name*. *Dharma* is to uphold, sustain and nurture the all-round harmonious life and growth of the individual along with those of the environment. In fact, it comprehends the totality of life, individual and collective, with a meaningful adjustment of the past, present &

future. According to Sree Sree Thakur, "To speak of Hindu Dharma, Christian Dharma, Mohammedan Dharma, Buddhist Dharma, etc. is wrong; rather they are so many views. In fact, there is no opposition in the views –different views, the same way-feeling One in many forms." The fundamental of all the laws and principles for our being and becoming is to attach and adhere ourselves to the *Living Ideal*, only because the living and embodied *Ideal* is the nucleus of *Dharma*. When a man loves and follows the *Living Ideal*, observes the laws and principles of being and becoming, he presents himself as a regulated person and proceeds towards normality. It always fosters love, friendship, goodwill and brotherhood among members of different faith. It enlarges one's vision, expands one's self and makes one to love his neighbors as himself. It crowns man with mastery over his passions and complexes and renders himself as integrated and sublime. During this time of turmoil it is quite possible to achieve life and love abundantly out of an active emotional attachment to a *Man*, who is the very embodiment of love, life, light and wisdom in flesh and blood; called the *Ideal* or the *Prophet*. The *Prophet* comes down with the lucid and distinctive characteristics of providence for the age. He exemplifies what it means to

be the fulfiller the best and as the nurturer and fulfiller of the distinctiveness of the spirit of the age.

All His principles, philosophies and sayings like daily practice of Jajan, Jaajan, Istavrity, Sadachar and Swastayani for adjustment and strengthening of individual, conjugal, family, social and national life are highly essential for this time. This can influence the education, health, varnasram, marriage, eugenics, culture and tradition, politics, economics, resistance to evils and defense of the country as a whole. The present time of the human civilization absolutely requires the directions and blessings of Acharyadev of Satsang, Sree Sree Dada, who serves the *Ideal* and for His sake, the humanity with heart and soul and He is the living manifestation of the *Prophet* of the age. With the paramount celestial blessings of Acharyadev and Reverend Babaida, we are undertaking gigantic ventures to distribute the holy ambrosia in most of the western countries under the dynamic leadership of Satsang America. Pray to the lotus feet of Acharyadev to bestow grace and blessings for the noble endeavor of Satsang brothers and mothers of western countries in general and the United States of America in particular to fulfill the need of the time!

Accept, Follow and Fulfill

Jatindra Nath Mohanty

“When ominous tyranny
 tutored with hellish hoe
 through pythonic push of desire,
 reigns with a ramming blow,
 life grins,
 groans with a
 gnaw of despair,
 soul rebels
 sobs with a panting urge
 for rescue;
 and blissful God comes down
 with His stretching hands”

-*Sree Sree Thakur Anukulchandra* (The Message, 9:45)

Whenever the existence of humanity is threatened with extinction due to varieties of factors, nature out of its own instinct of self-preservation brings forth the savior in form of human beings to save the mankind. They are called *Incarnations*.

Such *Incarnations* are born at different places of the earth, at different times and under different situations. Down the ages these *Incarnations* are best known as Lord Rama, Lord Krishna, Lord Buddha, Lord Jesus, Prophet Mohammad, Lord Gauranga, Lord Ramakrishna and the latest one as Lord Anukulchandra. Though omnipresent, omnipotent, omniscient and universal, they are born as human beings of flesh and blood to interact with the humans. As human beings, they suffer from all kinds of weal and woes – physical, mental, emotional etc.

Extremely obedient to his parents, Lord Rama accepted the banishment to the forest on the eve of his coronation to the thrown of Ajodhya. His beautiful spouse was kidnapped. He had to face many

anti-social elements, which culminated in the war of Rama-Ravana. Lord Krishna was born to a jailed parents. Once out of prison clandestinely he grew up facing many antisocial elements throughout his life and was finally shot dead. Several attempts were made on the life of Lord Buddha, who at the prime of his youth, left the palatial luxury of the kingdom, and underwent rigorous penance and finally poisoned to death. Lord Jesus at the prime of his youth was arrested on false accusations and crucified most inhumanly. Prophet Mohammad was forced to leave his near and dear birth place Mecca. He was chased by unscrupulous elements and in the process lost one of his teeth. He lived in Medina, and had to fight twenty-eight battles throughout his life. Lord Gauranga escaped several attempts on his life and finally shifted to Puri (Odisha) from his near and dear birth place Nadia Navadwip in Bengal. Lord Ramakrishna was treated as a poor unlettered rustic Brahmin priest by the so called local intellectuals of the then Bengal. Then came *Sree Sree Thakur Anukulchandra* (1888- 1969) being the latest in the line of *Incarnations*. In his case also the history repeated. It is aptly said that “the greatest lesson of history is that nobody learns its lessons”. *Sree Sree Thakur* also faced many anti-social elements including attempts on his life and attacks on His *asram*, at his birth place Himaitpur, a village in the district of Pabna, in the then East Bengal and now in Bangladesh. Finally, he had to leave the near and dear place of his birth with heavy heart and settled at Deoghar in the then Bihar, which was also ridden with anti-social elements and the most backward place, now in

Jharkhand. Here also, at the initial stage, he faced stiff opposition from the local people and anti-social elements, even at the far end of his life, at the age of 62, he had to suffer with the unbearable agony of mind, when his very innocent devoted eldest son was jailed, against some false, fabricated, manufactured criminal charges, though shortly he was acquitted honourably. But all these *Incarnations*, irrespective of their place of birth, color, community, language, and time, never harbored any grudge against the offenders rather unconditionally served them to transform. “*Lord forgive them, they don't know what they do.*”, Lord Jesus prayed. They are selfless lover and supreme well-wisher of the mankind. All of them are bound by common thread of heavenly love for all. They are mutually inter-fulfilling. Every fibre of their being of flesh and blood is vibrated with love and love only. All these incarnations are the continuous form of their previous ones and the best fulfiller of their time.

Sree Sree Thakur Anukulchandra between the ages 26- 30, had frequent round of *trances*. In course of such trances, he used to utter many things, *inter alia*, his past and present identity and mission. Most of his utterances are missing, out of these seventy-two days utterances are recorded and published in the form of a book, called *Punyaputhi* (Bengali). In one of such utterances he is recorded to have said:

“Children! You must fix your attention at the root of the nose to have you and draw these spirits onward. This was my policy when I was Jesus, you can search the Holy

Book” (7th Day of trance, 13th of Ashar, Bengali Calendar, 1914).

“Christianity is nothing but Love, Love others. This love nothing but love and love (10th day, 5th Sravan, Bengali Calendar, 1914)”.

“Name and love can win everyone! Love can gain “I” and Love can gain you and enjoy everyone! Love and name can conquer “I”, can win “I”. Therefore love and name can conquer the Universe! Declare the name and Love. Give heart to heart and win heart”. (3rd Day, 4th of Ashar, Bengali Calendar 1914).

In the Holy Bible, there is an alarming message which is as follows “Do not suppose that I have come to bring peace to the earth, I didn’t come to bring peace, but a sword. For, I have come to turn a man against his father, a daughter against her mother, a daughter-in-law against her mother-in-law, a man’s enemies will be member of his own house hold. (Matthew, 10:34, 35).

Exactly similar message is echoed in the following version of *Sree Sree Thakur Anukulchandra*.

“Think not, Prophet comes to the earth, only to give peace, rather he carries sword instead, meaning of the sword is weapon of rescue (interpreted as gospel of Lord Jesus). He turns son against his father, daughter against her mother, daughter-in-law against her mother-in-law, even members of his own house hold, become his enemies. Because he who has not accepted him “LORD” as his own and who is totally adhered to Him also can’t accept the former, (the anti-lord) member of his house hold as his own. For love does compromise very rarely”. (Adarsha Binayak, Bengali, Verse 100)

Sree Sree Thakur Anukulchandra is against the obnoxious practice of conversion, as prevailed in the Christianity. According to *Thakur*, no prophet, who is the selfless supreme well-wisher of mankind,

will support, this practice, which involves, changing of one’s name (proselyte) etc., and thereby wiping out the memory and treasure of his forefathers which he has instinctively inherited from the ancestors. This statement of *Sree Sree Thakur Anukulchandra* is echoed in the following message of Lord Jesus.

“Owe to you impious scribes and Pharisees! You traverse sea and land to make a single proselyte (convert) and when you succeed you make him a son of hell, twice as bad as yourselves” (Matthew, 23:15).

All these incarnations have unequivocally propagated the message of love, hope, service, sympathy, peace, harmony, and universal brotherhood and have categorically, assured the mankind at the time of their departure from the earth that they will visit again and again. Blessed seekers are they, who accept, follow and fulfil the latest of them.

Satguru, Satnam and Satsang

Sasmita Mohanty

Surrendering to the principles of being and becoming that
Awakens the conscientious concentrated mind to
Tactfully uphold the existentialism according to one’s own instinct and traits
Sheltering the Living Master into one’s Life – *Jaajan*;
Associating the environment to the corridor of life and growth – *Jaajan*;
Nourishing the Living Master daily with spontaneous love offering – *Istavrity*,
Germinates the spores of healthy society of mankind,
Arouses the need of a Supreme Beloved – the *Living Master* to
Muster the sentiment of love and devotion and consciousness, *He*
Emerges in different ages, places to pump the blood of *Life-ism* and
Relieving the sorrows, distress, torments and worries,
Invites the virtues, righteousness and forging the vices and hatred by
Coveting universal brotherhood and Peace through
Adherence to *Satguru* (Living Master), *Satnam* (Holy Name) and *Satsang*.

Sree Sree Thakur, the Incarnation of Love

Bijoy Bhusan Misra

Once a western disciple of Sree Sree Thakur, after taking *initiation* knelt down before Him and submitted, “Thakur, teach me!” “love me!”, responded Sree Sree Thakur, “Teach me how to love you !”, insisted the foreigner. “Love me, your love shall teach you how to love me!” These are the words that came from the divine lips of Sree Sree Thakur. No one teaches the newborn infant how to love his mother. It is spontaneous love, welling up from the core of himself. It is that native, potent, instinctive volition from the innermost center of the child’s physical body that un-repellently tied him with his mother, the moment he comes through the mother in the world. Love is a silken bond that ties our own existence with the outer world and that unseen force that binds our mother, father, and brother, sister so on and so forth. Without love they are not worth those names. Love alone bestows such identities.

Love is the deepest and strongest drive of our life. Even our destiny is determined by the center where we place our love. We gradually come to be what we love. There would not be even life without love. And love imparts activity. Activity is nothing but the sign of life’s existence. So He says, “*Love is life, Love is faith, Love is lore, Love is a lead to active progress, Love is God and His Incarnation.*” But to be pure, Love must supersede passion. When love can exist un-repellently

superseding the crave of passion, it becomes the redeeming bliss of life. Out of love come sympathy, compassion and cohesion, fulfilling urge and activity and those that make our life so sweet, so beautiful, so good and so enjoyable. “*So love is the elixir of life.*” says He, the unending fountain of love, the very manifestation of pure, pristine, unalloyed love.

There are various examples of how Sree Sree Thakur, from his very childhood felt a very strong love-feelings that binds him with every being and everything around him. His love for his mother was so strong that -he would forsake all his comforts, all his prospects of life to keep her happy, to see the dawn of a smile on her lips. So was his love for every human being, high or low, rich or poor, known or unknown was so compulsive that he would forsake an empire rather than let a man go. Anyone who came in his contact, hitherto unknown, even carrying a shield of pride or prejudice, was in no time overwhelmed with such wrath of love as he had never experienced before. He would feel as if he knew him for so many ages beyond his present physical identity, transcending his physical self. And so were men and women not leaving him once they came in his contact. And so were people- men, women and children- Hindu, Muslim or Christian- the advantaged or the deprived, the aristocrat or the destitute- flocked around him day in and day out. Thus, *Satsang* was so naturally evolved out of his divine existence.

It is not that he loved human beings alone. His love was equally deep for animals, trees, plants, in fact, for every living being. Once a formidable scholar in the *shastras* had come to his *asram* to test him, test his knowledge, his wisdom and find out whether he was equal to the reverence with which his disciples hold him. He was so overwhelmed with the strong love and deep concern of Sree Sree Thakur for an ordinary dog in the *asram*, which had sustained an injury that he decided to keep his test aside. His heart was automatically filled with spontaneous admiration. Men have often seen Sree Sree Thakur shed tears and weep on seeing the cruel hand of man cutting the branch of a tree. He would not take his food, would not rest until the fallen branch was rejoined and there was sure sign of life passing through it. How many people have given such account and of their personal experience cannot be counted and all such accounts are not recorded. He would not even bear the sight of a car being scorched by midday heat! The pure empathy with which he would respond to any individual’s account of woes and agony and would rejoice with glee to hear the slightest good happening to an individual that even a mother would hardly do so. So many people have felt the warmth and concern of a mother in him when came in contact with him.

No one can love an abstract idea. The object of love has to be a physically manifested being, be it a person, an animal or a bird. So, it is hardly possible to love an abstract God; a God who is not

manifested in flesh and blood. If our love is centered upon, focused upon, a divinely inspired ideal, our life is normally transformed and we proceed to a progressive realization of the divine. Such concentric love ultimately gets universalized and becomes all-pervading. To be consummated, this love has to be un-expectant, unselfish, unconditional and above all un-repelling. The living ideal, the manifested love, wisdom, knowledge, mercy, compassion, forgiveness and all those divine qualities characterized in his being. The object of our love becomes the object of such love that it has to find expression in a valorous active urge to fulfill his wishes and establish him in our environment. That activity alone can awaken the divinity in man and extinguish the fire of afflictions, born of our ignorance, passionate cravings and obsessions. It shall put us on the royal path of immortality, the ultimate celebration of life. Sree Sree Thakur says;

“When you feel concentric to your Love-Lord

with conscientious inquisitiveness and delighting throb through the wine of love with enlightened good or well-being to existence- it is the response of your godliness that peeps in you with flashes and radiates through your being- for joy is the zeal of the Lord and it is divine.”

(The Message, 3:32)

According to Sree Sree Thakur, the principal hankerings of beings are expansion and augmentation. These hankerings can be fulfilled by binding with attachment to the source of existence and expansion. This attachment is the love. Love is the stay of the existential life, the secret of bliss, the boon of the Lord. It is cradle of universal wisdom, that path to ultimate realization of self. *Sree Sree Thakur Anukulchandra* is that incarnation of that supreme love and limitless wisdom and the source of existence and expansion.

“The Love the omniscient Providence

is bestowed with effulging urge on every existence to uphold, to protect, to preserve with an equitable fulfillment of every one; the process,- the law of Providence begets existence to well up as life- entity in everyone with inter-interested service of life and growth; hence, Providence provides the law of begetting and becoming not to destroy but to protect; Love is the lore of life and Providence provides it; Providence is the provision of all-Himself- love, law and service.”

(The Message, 3:66)

To live in a better world, let us love the *Love Incarnate* with the whole of our being and love all as our own. Let us transform the earth into paradise.

*All proteins are not
equally constituted
nor are they easily
assimilable,
so, take that
which is assimilable,
nurturing to your constitution,
compatible with your system,
and which exalts
your existence
and longevity
with good health.*
(The Message, 8:257)



Dharma- the Concentric Living

Kabi Chandra Mohanty

We live in a world, full of tension, anxiety and fear. A western poet writes:

“Do you know-
it no longer seems
worthwhile
to speak to anyone
No, it's not that I want to be
alone
But everyone is alone
Or so it seems to me”.

This pessimistic outlook is spreading at an alarming rate. The net result is an outbreak of both physiological and psychological disorder. Demand for alcohol and medicine have gone up. This can be taken as an index of the present state of affairs. It is a question why we are so distraught both physically and mentally. The innate hankering of human is to live and grow. We all are the offspring of bliss. We should have a vibrant life beaming with joy and prosperity.

We strive for knowledge, we go to the teachers to learn language, mathematics, science, arts, etc. We put lot of effort, time and money in learning various subjects and we achieve great things. In spite of all these achievement and growth of civilization, we are becoming increasingly lonely unhappy, depressed. Intellectuals are taking on socio-economic problems, research is conducted and results are published, recommendations are made. Nonetheless, problem persists. Shuddering at the devastation of World War II, Einstein said, “The problem is not of physics but of ethics”. The

whole world may have been suffering from this ethical problem.

We have increasing hunger for knowledge and are understanding increasingly difficult subjects and have made tremendous progress in many aspect of understanding. We also have raised awareness of global problems. We tend to act quicker to stand on the side of the victims of natural and other calamities. We have tremendous resources all over the world for humanitarian aid. All these seem to be going in the right direction. What is missing then? We are doing everything right, at least it seems. Why are more and more people lonely, unhappy and depressed?

We would like to have an understanding of the connection of successful material world with a happy and harmonious individual and social life. An extremely successful entrepreneur, businessman, educator, scientist, and athlete etc. still wants to have a life that is happy, joyful and peaceful. We often seek counselling for family problem, marriage problem etc. We seem to go to professional stress management expert etc. We want to solve these problems.

The understanding of the necessity of a spiritual master is not common in many nations. In Aryan culture, it used to be the norm. Also, there is a misunderstanding in the modern world is that the spiritual masters are disconnected to the materially successful world. This misunderstanding also have a basis to it. There are plethora of spiritual masters who are disconnected from materially successful world.

The spiritual master is a realized person with a deep understanding

of matter and spirit and that understanding came from living a materially successful life. A person with deep love, whose simple gesture can remove the pain of the sufferer; a person who can feel the pain of a sufferer the exact same way the sufferer feels and shows exact sign of distress; when we find that person, our successful yet scattered life could find a happy and joyful solution.

One such personality is Sree Sree Thakur Anukulchandra, who was a hugely successful physician. At the height of His success as a medical professional, He devoted His life to find a joyful solution of scattered lives of people around Him. People came into contact with Him with problems of their scattered lives and by associating with Him, their lives problem found meaningful solutions. More and more people came swarming at Him to get joy and happiness in their lives.

Sree Sree Thakur gave the solution to that scattered life problem in simple formula of living a concentric life with a Living Master, a realized one. Living a concentric life along with modern pursuit of knowledge and scientific experimentation could be the solution to the problem of this materially successful yet lonely, unhappy and depressed world. All-embracing, integrated approach has to be made to solve the problems of life effectively. This concentric, synthetic integration of all aspects of life that maintains balance and poise and leads to dynamic evolution is, according to Thakur, the keynote and quintessence of Dharma.

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Genetics vs. Diet

Gisela Lichtgarn

Since June 3 I have had to deal with an injured vertebrae, crushed actually! And this was caused by a cough!! Due to osteoporosis and brittle bones! The primary care physician was too busy with other patients of which she had 3000!!! When I finally got around to noticing that I could write something for the Souvenir, it was due on that day!!

I am very eager to write something about diet and how in general most Americans and perhaps even other nationalities have a strange idea about diet and the cause of disease!! Most people think that when they get sick it is due to genetics! Of course that is understandable. Most of us don't want to take responsibility for the situation we find ourselves in! We would rather blame genetics versus diet! Besides, it may give us considerable discomfort to adjust to these dietary changes. Sometimes it seems we would rather be sick and eat what we crave than eat what is for our health and well-being!

But when we examine closely the conversation of Sree Sree Borda (Discourses on the Ideal) we find at least 9 quotes in which Sree Sree Borda clearly states that diseases are caused by faulty diet!!

1. "All of our sicknesses come from eating. Rheumatism, blood pressure, diabetes, psoriasis and so on, are all relieved by reducing food intake. When any of these diseases are present, salt and sugar should not be taken at all. It will provide relief if they are eliminated for some time. If salt and sugar are decreased as one's age increases, such diseases do not set in at all. No matter what their age is, if people with skin diseases eliminate salt and sugar completely for some time, and take little solid food and mostly liquid food, they will get relief without taking medicine. This I say according to my own understanding of the matter." p. 5/6
2. "Most illnesses are generated by eating. If one eats properly, the bowel movements become as they should be. If one eats too much the bowel movements become obstructed. Then the food matter that is accumulated inside affects the tissues." p. 48

3. "As many diseases as there are, they all come from eating. Particular attention is to be given to the diet. Eating little salt and sugar is good for everyone. This cures rheumatism, diabetes, and high blood pressure. Eating small amounts is good." Referring to a patient he said, "She may eat often. Her digestion will be good. If digestion improves, the bowel movements will be as they should be." p. 69
4. "When to eat what, what to do when, what to say—the more one understands (these things) the more learned he is. One does not become learned only by getting high degrees. Many people have money. They eat what they wish and when they wish. Later they suffer from various diseases—blood pressure, diabetes, gastric ulcer." p. 74
5. "By eating little, health stays good. As many diseases as there are all come from eating. Most people do not know when to eat what. They eat out of greed." p. 75
6. To a brother with an illness he told this: "You should go without salt and sugar completely from time to time. You should not add more salt to the food on your plate at all. And it is to be eliminated completely from time to time....."
 Brother: "For how many days at a time should I go without it?"
 "A few weeks out of the year. If you can do more it is very good. Perhaps for a week you wouldn't eat anything with salt in it the next week you would have a little. After that, again you would eliminate it completely—like this."
 The brother: "But without salt, the taste isn't good."
 Sree Sree Borda: "There you have it. As long as we are controlled by taste, we think like that. If we bring taste under our control, it isn't like that anymore. Then whatever we eat seems to be nectar. Those who are controlled by taste say, 'I won't eat this. I won't eat that.' When salt is to be eliminated, it is good to take some raw foods, such as peas, tender cucumber, *kankeri* (a vegetable similar to a cucumber) and beets."
 The Brother: "When we eat those raw foods, what should we eat in the evening?"
 Sree Sree Borda: "In the evening it is good to have one piece of bread and one cup of milk. In the morning, a little yogurt mixed with water and at noon one cup of yogurt."
 The Brother: "How is it to take plain rice and dal and one vegetable curry?"

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Sree Sree Borda: “Very good! (Indicating the amount with his hand) This much rice, dal and raw vegetables—it is very good to eat this way. Of necessity, the way of eating has to be changed a little in a reasonable manner depending on the time and place.” p. 75)

7. Again speaking about taking food Sree Sree Borda said, “What happens if I eat a lot but it is not digested? The undigested portion comes out in the stool. If there is no stool, or if some portion of it does not come out in the stool, it remains within the body and creates various kinds of diseases. Then diseases such as rheumatism, blood pressure, and diabetes develop. Salt is to be reduced absolutely. Delusion comes from taking salt. Lust comes from sweets and foods made from milk. Yet in youth these foods are necessary. Whatever things the Supreme Father has created, there is a need for them. Understanding the need, they are to be accepted. It is necessary to know the proper use of everything. If they are used correctly, then there is no trouble. I say all this out of my own understanding. I haven’t read too many books. I say what I understand.” p. 76

8. The subject of meat and fish came up. Sree Sree Borda said, “Why do we avoid eating meat and fish? We love Thakur, and because we love Thakur we love the creatures and the world of his creation. So we don’t want to eat meat and fish. We don’t want to destroy a single one of the lower creatures. This is one aspect. There is another aspect. If meat and fish are eaten, toxins are formed in the body. All diseases start from that. If not today, maybe tomorrow, people of the whole world will surely be able to understand this. Research about food is going on now in various countries. Many people in the world take vegetarian food out of their own desire.” p. 78/79

By Thakur’s grace we see now people more and more becoming interested in vegetarian and vegan food. Michael Greger, MD, a western doctor among others, has made it his life’s work to spread the benefits of eating these kinds of life-giving, plant-based foods. He has based his work on scientific studies. In many ways his views agree with those of Sree Sree Thakur and Sree Sree Borda.

Some of us are blessed to have spent some time in the blessed company of a lofty mind like Sree Sree Borda. Sree Sree Dada and Reverend Babaida continue the lofty legacy of truth and well-being in body, mind and spirit!

Husband is the Altar of God

Ram Bilash Choudhury, Ph.D.

*When I am with you,
Love is truly you
I am glad that I share my life with you,
Yes it is only you
Your love is the doctor to my wounds,
And friend to my sorrow.
When we fight I sometimes feel,
You as a wound in my heart
.I love you in morning and in the evening,
Underneath the full moon
If my life is a wavy ship,
You are my only anchor
You are the light that wakes me in morning,
Lucky to have you as husband
The day you came into my life I knew,
You will be till end of my life.
You may hold my hand for a while,
But you hold my heart forever
Within you I lose myself without you,
I find myself wanting to become.
If I had my life to live over again,
Next time I would find you sooner
Our love sings with passion and sensation,
Our marriage hinges on affection
I am selfish because I will never share you,
Your love with anyone else.
You are source of my joy, center of my world
And whole of my heart
Your love is my strength that drives me,
You are armor that shields me.*



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Miracle Hormone- Melatonin

Bhaskar Chakraborty, M.D.

Recently, from 1980 onwards, scientists have had great exciting breakthrough of this Millennium by discovering secretion of Miracle Hormone from Pineal Gland the *melatonin*. Pineal Gland is situated at the center of the brain just behind Thalamus. It has a size of 1/2 cm. and it weighs 120 mg. It usually dries up at the age of above 40. If one draws a straight line at the root of the nose between two eyebrows it will reach to the pineal gland. Sree Sree Thakur gave instruction to fix attention at the root of the nose and repeat the *Holy Name* i.e. chanting of the *Holy Name*.

Vibration by chanting the *Holy Name* will stimulate pineal gland for more secretion of melatonin. The melatonin helps to slow down ageing process, prevent diseases by secreting antibody by boosting immune system, by boosting energy level to keep youthfulness long time. To survive long time without diseases, without losing memory which organ of the body is responsible? We didn't know it since centuries.

Lord Buddha at the peak of His youth, left the golden throne, lovely beautiful wife and affectionate son to search out the way to prevent ageing process, diseases and premature death. Could He find out the way? Yes, He found the way through meditation. His ideology was spread worldwide. For a long time scientist neglected two glands of our

body, pineal gland and appendix. But Sree Sree Thakur told that no part of our body is useless.

Of course, from time immemorial in Indian Vedic culture various books have discussed the *third eye* or *tri-netra* or *gyan-netra* or *ajna-chakra*. During vedic age many sages could develop properly their *tri-netra* through meditation. So they could see clearly about past, present and future by perceptivity, receptivity and sharpness of brain. It was more adopted to their brain through meditation as compared to that with common persons.

Melatonin, which is produced naturally by human brain, helps us to live longer, sleep better, overcome stress and strain of life, boost immune system to keep body disease free and helps to maintain blood pressure at normal level. Melatonin acts as a powerful antioxidant- prevent early oxidation of the cell of our body, it prevents early wrinkling and heart diseases also. Oxidation is the reason for iron rusting, paint fading and oil going rancid. It is one of the most common causes of cellular damage, breaking down complex and delicate chemical compounds necessary for life and good health.

Secretion of melatonin acts as an anti-oxidation, prevents rusting of cells, which stops chemical damage of oxidation. By blocking oxidation of cells, melatonin prevents changes in blood vessels

(i.e. atherosclerosis, changes of blood vessels which cause hypertension and heart attack) and it may reduce attack of cancer and memory loss.

All health problems develop due to ageing process and it is due to the deficiency of melatonin.

To maintain youthful life, to keep it for a long time and disease free with intact memory and everything, it is necessary to depend on continuous secretion of melatonin.

Stress and strain of life and different drugs can reduce secretion of melatonin, can even shutdown such secretion and prematurely starts ageing process. Harmful drugs include Alpha and Beta- Blocker, Painkiller, NSAIDs (non-Steroidal Anti Inflammatory Drugs).

Other less harmful drugs include Stimulant, Sedative, and Benzo-Diazepine such as Valium and Librium, Birth Control Pill, Estrogen replacement, Therapy, ACE Inhibitor and Thyroid Pills.

Also other less harmful effects like electromagnetic field emitted by household gadgets from coffee maker to computer has powerful effect on pineal gland secretion, sometimes shutting down melatonin secretion completely.

Light and Darkness regulate secretion of melatonin. So it is called a Biological Clock. The pineal gland is connected to eyes through nerve. The onset of

darkness transom is a signal to pineal gland for production of melatonin. When we feel sleepy in the evening it is due to secretion of melatonin pumping in blood stream. So it is called natural sleeping pills. Again in the morning bright light hitting the retina of eye shut down melatonin secretion completely.

The Message given by Sree Sree Thakur-

Do meditate Mantra on thy Lord dawn and night,
do repeat the Holy Name mentally and meaningfully
in all the movements of daily life,
do materialize the directions of the Guru in due time-
That is Tapas-
the way to achievement!

(Magna Dicta, 68)

Can be applied in this way! Vibration by chanting of *Holy Name* stimulates the Pineal Gland for secretion of *melatonin*. Sree Sree Thakur said that during meditation one would feel sleepiness. By meditation all stress and strain of life can be overcome, nervous system will cool down and adjusted normally by the help of melatonin. Swami Vivekananda said that to carrying out the order of Guru without least shadow and hesitation is only the way of success.

Usually above 40 years of age Pineal Gland gradually stops secretion of Melatonin, according to various opinions of scientists. However, Sree Sree Thakur has given instruction for meditation right from childhood. Continues stimulation and

vibration of meditation will keep Pineal gland alive and active even many years above 40 years of age.

Autonomic Nervous System is an efferent system that innervates vascular and smooth muscle exocrine glands, a Parenchyma Cells throughout the various organ systems functioning below conscious level. The autonomic nervous system responds rapidly and continuously to perturbation that threatens our constancy of the internal environment. Foremost among the functions governed by the system are the regulation of blood flow and the maintenance of the tissue perfusion, the regulation of blood pressure the regulation of volume composition of extracellular fluid, the expenditure of metabolic energy and supply substrate and activity, visceral smooth muscle and glands. The automatic neurons located in ganglia outside, center nervous system and there are preganglionic neurons of para-sympathetic nervous system.

A neuro transmitter an acetylcholine is preganglionic for both division of autonomic nervous system and is called cholinergic (para-sympathetic). All naturally occurring catecholamine, norepinephrine and epinephrine and dopamine function as neuro transmitter within the CNS Catecholamine's maintained in high concentration in adrenal medulla. All NE present in sympathetic nerve ending. All these neurotransmitters are essential for motor sensory coordination

and to lead active life. Deficiency of dopamine produces parkinsonism, thymus gland controls body temperature.

Some endocrine glands like pancreas and pituitary gland by their active secretion maintain youthfulness. Deficiencies of pituitary secretion cause loss of youthfulness and reduce memory. Deficiency of pancreatic is let of languor and causes Diabetes Mellitus.

It is said, that melatonin activates them all and maintains youthful life, and sharp memory. Due to motor sensory coordination there will be fewer mistakes in policy-making, planning of work and its execution.

Intuition will be more accurate, perception of brain and sharpness of work will increase, and work will be finer. Regular meditation, vegetarian diet with less fat and salt with vitamin E, C and A help to secrete melatonin regularly. One can survive more than 100 years disease-free youthful life. One may acquire many things like *Jastismar*, who can achieve memories of past life.

Sadguru/Prophet knows solution of all earthly problems. So we should follow them without hesitation and doubt. Sree Sree Thakur Anukulchandra, the founder of *Satsang* is the latest incarnation of God. While science discovers many more such miracles, the individual, society and country benefit by following Him.

Work Performed for the Ideal is Full of Virtue

Pawan Kumar Bansal

According to verse 19 of Chapter 7 of Bhagabat Gita, ‘Sadhana’ for many births gives us the opportunity of getting ‘Sadguru’ in our life.

I got the opportunity to accept Thakur in my life in September 1992 through Reverend Babaida, when I was studying Petroleum Engineering at the Indian School of Mines at Dhanbad. I thank my classmate, Bibhasendu Mohapatra for encouraging me to take *initiation (Diksha)* to have a peaceful and happy life.

My parents were not happy with my decision of taking initiation at that age, especially without informing them. They were afraid that I would not focus on my studies and would become a ‘Sanyasi’ after initiation. But seemingly, a miracle happened: about 4 months later (in January 1993), my mother and father also took initiation. They might have observed the positive changes in me in my studies and my behavior. They also realized, ‘Thakur is different from other gurus. One does not have to leave their family life. Thakur focuses on life & growth and wants us to be practical people’.

I used to write letters to Reverend Babaida. Once I received two books through post and came to know that these were sent by Reverend Babaida. Actually they were in reply to a letter of mine in which I asked for the names of some books to read. The two books were ‘Benign Lord’ and ‘Discourses on the Ideal, Vol. 1’. These books answered almost all of my initial queries.

I was posted in offshore Mumbai in 1997. Sree Sree Dada blessed me to visit the Badlapur Satsang Center (Near Kalyan, Mumbai area). I want to share a Jaajan by an SPR during my visit to Badlapur (the Mandir was not constructed in Badlapur at that time):

“At a railway station, when a luggage porter (*coolie*) takes our luggage on his head, we pay attention only to the porter, so that he does not go in the wrong direction and steal our luggage. Similarly, if we take the load of Thakur (*Ist-Swartha & Ist-Pratistha*), Thakur watches us and sees to it that we are not deviated from the right path.”

So I received this simple and easy formula of life, *Work done for the Ideal is full of virtue*. I feel Thakur’s blessings in every moment of my life in this way.

Whenever I get the opportunity, I go to Deoghar and spend some time in the holy company of Sree Sree Dada and Reverend Babaida. People from different parts of India and abroad come to Deoghar to offer their obeisance (*pranam*) and share their happiness/issues/problems. Sree Sree Dada and Reverend Babaida listen carefully and provide solutions to their problems. I am sharing two such incidents near Reverend Babaida at Deoghar.

A young boy was sitting beside Reverend Babaida. This boy was contemplating suicide and Reverend Babaida was discussing with him the following examples:

“Have you observed the preparation of vegetables in the kitchen? Do we

put the cut-vegetables directly into fire? No. We keep a pan on the fire and then we put the vegetables in the pan. Why do we require this pan as an obstacle in between fire and vegetable? This obstacle (the pan) helps to properly cook the vegetables without burning them. Similarly, we get problems and obstacles in life in order to make us better people. So we should never think of death in any situation. Satsang focuses on Life and Growth.”

‘Do never die, nor cause death; but resist death to death’, a call by Sree Sree Thakur.

In yet another incident: It was election period. Some political candidates came to receive the blessings of Sree Sree Dada and Reverend Babaida. One of their security guards prayed to Reverend Babaida, “Our life is always in danger because gunfire during the Bihar elections is very common. Please give me a blessing for my life.”

There is a common Hindi phrase, *‘Jaako raakhe Sanyia, Maar sake na koi’* (None can kill one, who is blessed by God). However, Puj. Babaida replied differently, *‘Jo raakhe Sanyia, Maar sake na koi’* (None can kill one, who is tuned/devoted to God).

God wants happiness for everyone but only one who is connected to Him receives the clue/direction of life and growth from Him.

‘The Ticket for the Beyond is to be bought with the coin of Faith.’ – Sree Sree Thakur



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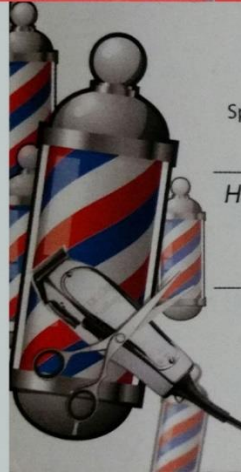
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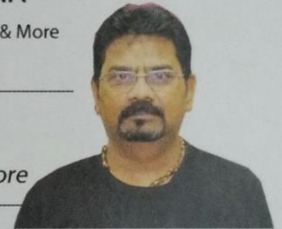
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Normal Way of Living

Ananta Charan Swain

The highest evolved form among innumerable creatures of universe is the form of human being. The Inherent instinctive urge is to live, to exist, and to grow with name, fame, plenty of wealth, knowledge, love and peace. In the struggle for existence, every human being tries his best to succeed in his struggle and achieve the objective he strives for. So the best way to live life is to live for God. Perfection is the goal of life and God is the ideal of perfection. God has created man after his own image. Image reflects the very superiority of human life. He has all the potential facilities given Him by nature. In spite of all these possibilities, human being is facing serious problems. His problems include political, economic, educational and physical impediment that pulls him back from moving forward towards his desired goal. Human to live and grow fruitfully must make efforts to get attached to the Source, a human within whom all the resources of the world-knowledge, love and activity-are spontaneous, and by the inclination towards whom the scattered lives of men and all the diversities of the world find a final solution and He is the God of men. He, whose intense and active inclination for a Living Ideal, transcending time and space has made him into God normally, whose literature, philosophy and science penetrating the scattered good and evil prejudices of the mind, have been meaningfully adjusted in the ideal is the Realized Master or Sadguru. By following Him man can get appropriate inspiration of living and growing with others. Thus Sree

Sree Thakur defines dharma as the laws that sustain the life and growth with every effulgence of personality both individually and collectively.

Man is the finest creation for his intelligence, discoveries and invention. Sree Sree Thakur came on this planet earth to wipe out the strain, pain and suffering of all living beings including human. He has demonstrated how the human can live happily and peacefully with unrepelling love and attachment to the *Ista*, the Ideal, the materialized bliss of the Province through the observance of *yajan*, *yaajan*, *istavriti*, *swastayani* and *sadachar*. First of all, one has to get initiated with the *holy name* through the process of initiation. The meaning is that to attain efficiency in life *initiation* is a must. If we move on to fulfill our lord and his interests then all his traits spontaneously grow and render our life happy, peaceful and prosperous.

Sree Sree Thakur's mission is as He declared, "each individual should be reformed and each family should be reformed. The ultimate is to achieve eternal peace and bliss. Sree Sree Thakur has proclaimed to resist death to death; i.e. to overcome the pains and pathos of death and to continue the stream of consciousness even in life after life. This is quite a normal scientific process. The vital energy of humans can be invigorated by meditation of the *Holy Name* through the process prescribed by Sree Sree Thakur. Practicing the *Holy Name* through meditation has the effect of awakening the awareness of this one within us, finally attaining our goal. The goal of our life is God-

realization i.e., to attain god-hood, means to be a complete human.

Every man is the embodiment of existence and consciousness within his own instincts. By meditation of *Holy Name* his mind tends to attain concentration. The more he becomes concentric to the master, adjustment and control of mind becomes easier by repelling dictation of his passion and complexes. According to Sree Sree Thakur repetition of the *Holy Name* makes man keen and meditation or *dhyan* makes him clam and receptive. These are the gross and subtle forms and it will remain ingrained with the being. By sincere practice of the *Holy Name* the love within is awakens. Continuous repetition of the *Holy Name* co-ordinates the nervous system with activity which coordinates mind and body which is technically called motor-sensory coordination. By the repetition of the *Holy Name* the brain cells become finer and sensitive. This involves understanding and feeling the external world and internal cell. Sree Sree Thakur is the incarnation of the *Holy Name*. The name connotes the entity of the realized one. In order for that to be effective, one has to take initiation to get connected to the *Embodiment* of the *Holy Name*. Sree Sree Thakur emphasized:

*"Do meditate Mantra on thy Lord
dawn and night,
do repeat the Holy Name
mentally and meaningfully
in all the movements of daily life,
do materialize the directions
of the Guru in due time-
That is Tapas-
the way to achievement!"*

(Magna Dicta, 68)

We are fortunate enough to get *initiation* of Purushottam or Sadguru, Sree Sree Thakur, who is the Fulfiller the Best. He has advised five pillars of success in life, namely *jajan, jaajan, istavrili, swastayani* and *sadachar*. Regular practice of these will make a man agile, inquisitive, alert and tactful by psychosomatic and spiritual integration of an individual. Although Sree Sree Thakur, the Divine Incarnate, is not present now in mortal human form, He still is alive in subtle form to provide us with inspiration through Reverend Acharyadev Sree Sree Dada. He will ever remain alive in this way. Sree Sree Thakur desired all to be concentric to the *Purushottam*, who is the material embodiment of God, the creator of the universe. He is the Ideal, the embodied good and grace for all human being. Sree Sree Thakur is all in all in the life of Sree Sree Dada, who follows him with attachment of love. Sree Sree Dada is the living representative of the Embodied Ideal. If we all be attached to such living representative

of the ideal and follow the instruction to propagate the life and teaching of Sree Sree Thakur, we will surely succeed to mandate the whole world with the ideas of being and becoming propagated by the Master. *Purushottam* is the master of the complexes. When the complexes of an individual are utilized through love, service, admiration and untottering attachment to the *Living Ideal*, adjustments of character automatically happens as if magnetized by a powerful magnet. As an individual becomes master of his own passion and complexes, love and attachment for the *Ideal* increases, he/she attains new strength as the regeneration of one's latent energy with renewed vigor. The individual establishes or fulfills the interests of Purushottam. This way, collective individuals can have all round physical, moral and spiritual development and can ensure a balanced and integrated go of life and become spontaneously conscious of their duties, responsibilities, obligation towards

their family, environment, nation and the world.

A *Living Ideal* is the way for becoming, continued life and growth. The only way to live and to enjoy an adjusted happy and prosperous life is to be concentric with the *Living Ideal*, follow his dictations and commandments and fulfill his wishes with an un-tottering adherences and active allegiance. That alone ensures all round success for one and all. To observe *jajan, jaajan, istavrity, swastayani* and *sadachar* daily in our life is to fulfill the lord in thoughts, words and actions. He becomes our way of life. We can achieve success following this early in our life, which becomes our normal way. Sree Sree Thakur says, “*Take to the feet of a Realized Master, go on taking the Holy Name, and remain in the company of the devout. Truly I say, you have no more to worry for your elevation.*”

Dharma- the Super Science

Tapodhana Panda

From time immemorial human beings have tried to find answers to spiritual questions to understand the meaning of life which led to believe in the divine entity of the God, where the supreme power concentrates. When this power becomes operative in human dimension in material plane people called him Advatar, son of God, prophet etc. The followers of any particular prophet grouped into a particular sect which was popularly called a Dharma or religion. Hinduism, Buddhism, Christianity, Islam etc. are the products of such faiths. In course of time misunderstanding develops among different sects, each claiming

superiority over others which leads to conflict and bloodshed. In the name of Jihad (holy war) some followers of Mohammed have embraced terrorism creating havoc and horror on this earth. The discovery of sophisticated weapons by the progress of scientific technology has added fuel to this and human race has been threatened with its complete extinction from this planet as Arnold Toynbee, one of the greatest historians of our times, has put it:

“The human race's prospect of survival was considerably better when we were defenseless against

tiger than they are today when we have become defenseless against ourselves.”

Going back in history in 19th century Karl Marx announced that Religion is the opium of life. In 20th century Friedrich Nietzsche proclaimed ‘God was dead’ Sigmund Freud urged people to regard God saying that God is an illusion and nothing more. The theory of origin of species by Charles Darwin discounted the Biblical story of creation. TIME magazine ran a cover story ‘God is dead’ attributing to the death of god to science and technology as

the discoveries and innovations began to shake our faith in God.

These ideas have created an impression in human mind. However, human belief in a supreme power is still prevalent. Modern Physics and cosmology also suggest that we all are an essential part of one single source. From this source creation we sprang and it is called “unified field” with consciousness as its apparently inseparable aspect. Practicing the basic laws of life and growth, which are essentially the laws of nature and the root of all religions, people try to establish a link between this source and human mind through prayer, meditation. The experience of our oneness with the source of everything becomes easier and conceivable when the commands come from a spiritual leader who has proper understanding of this effect.

According to Sree Sree Thakur Anukulchandra who is regarded as the *prophet*, “Religions may be many but the principle and realization thereof are ever the same. (The Message, 1:156)

The realization of the consciousness aspect of the universal field makes our window of perception clearer. By tuning ourselves to the source a truer picture of reality is perceived just as

a clear image emerges when a television set is properly tuned to the transmitting station.

To understand the spiritual implications of modern science and cosmology we must respect the laws of life and growth which come as a divine blessings from the tongue of modern seer Sree Sree Thakur, whom Hindu scriptures describe- *tatra niratisayam sarbajnatwa vijam/ tatra ritambhara prajna*; Quaran puts- He teaches and practices the commands of Allah; Bible describes the truth, the way and the goal.

With progress of scientific research the horizon of human knowledge is expanding, the social order accepted some hundreds or thousands of years back does not keep pace with time. Additions, alterations come in to force. The way of life and living is changing very fast. It is changing the mind set of modern man. Under the banner of ‘Satsang’ the concept of Sree Sree Thakur has revolutionized the process of thought. *‘I don’t understand any ‘ism’, but I understand life or ‘being’ . This being has a tendency to exit and grow and that which nurtures this urge for existence is religion to me. there may be difference in manner of expression but there is never any difference in religion. sectarianism and communalism are not religion at all, they are a hypocrisy of religion.* (quotes from the book *Who Thou the Revolutionary*)

A powerful ‘Mantra’- the *holy name* carrying vibration is being preached and practiced to commune and tune oneself with the divinity and Sree Sree Thakur- the supreme love is regarded and worshiped as the materialized form of that *holy name*. Peace and bliss is being achieved through the process of meditation and repetition of this holy name.

At this renewed platform a difference attitude to the wholeness and meaningfulness of life has been unleashed where the followers of Krishna and Christ, Buddha and Mohammad, saints and sinners find equal opportunity to evolve and to realize their own true divine nature forgetting sectarian conflict and communal hatred. People have started in believing that even by the advent of nano-technology, the permanent peace and harmony will remain as a distant dream to be realized until and unless man starts to live on this planet with fellow feeling and mutual help. How a man can sleep comfortably when his immediate neighbor is chopped into pieces by miscreants in a broad day light? The life and teachings of Sree Sree Thakur has made a significant contribution to realize the true nature of *Dharma* and has opened the doors to an age of peace, prosperity and contentment.

A Realization of Pure Love through Service

Robertson Das & Soumya Das

In April 2017, we took *Initiation* to *Satnam*. Though, it has been only a few months, it brings a great joy in our heart to write something that we have realized over that short period of time.

Inspired by ‘*Jaajan*’ by our fellow brothers-in-faith, we came into Satsang. We heard numerous stories of selfless love, sheer wisdom and extreme simplicity of Sree Sree Thakur. We heard how millions of people from all walks of life have

been changed inside out by coming into contact with Him. We felt that we are not fortunate to be born contemporary to Him to be able to see Him in our eyes. We have seen the Satsangees with bubbling heart talking about that love. We did

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however feel the love of Sree Sree Thakur through them, we gave it a go, and we took *Initiation*.

During our initiation process, like others, we did commit that we would follow Sree Sree Thakur in our thoughts, talks, deeds and conducts. Soon, we realized that true follower does not mean only to know what Sree Sree Thakur's ideologies are but also to implement them in our lives for our own betterment and growth. According to Sree Sree Thakur "*Jajan, Jaajan, Istavrity*" are the first and foremost principles to be performed and practiced in our daily life. Initially, we thought that it is really difficult to perform and practice these three principles every day in our life. But the truth is, it is difficult for those who do not know the true nuance and outcome of these principles in our day to day life. For us, these are very simple and required actions to live a healthy and meaningful life. These are not only vital deeds but also provisions to realize the God of men in our life.

"*Istavrity*" (*loving offerings*) – In humble lyrics, it is 'the' way to show gratitude towards supreme love for nourishing the virtue of 'giving' in us. The necessity to do '*Istavrity*' everyday, can only be explained and realized by people like us who were not doing it before but doing it now sincerely and out of love. The finest transformation '*Istavrity*' brought in us is; not to expect anything in return i.e. remain in a state of mind called "no expectation". We were generous in nature before also, but giving unselfishly was established after doing *Istavrity*. Our conscious awareness today is – to expect less from others and give more and do more for our surroundings. Fewer expectation helped us to stay away from many

worries, concerns and issues. Expectation leads to disappointment, disappointment leads to heartbreak, heartbreak augments anger and ultimately anger breaks relationship. When there are no expectations, there are no shattering to our relations. Our small gratitude towards Sree Sree Thakur facilitated us to protect our life from major heartbreaks. Unconsciously we are staying away from difficulties, dilemmas and uncertainties. Thus, leads to a peaceful life.

Istavrity should be followed by Morning Prayer.

*Wherever you may be
forget not to offer timely prayer,
this will make you adept at work
your energy will become greater.*

– Sree Sree Thakur
(a translation from Bengali verse)

"*Jajan*" (*elevating self and being capable to embrace His grace*) - means imbibing in our character and conduct the ideologies of Sree Sree Thakur following everything He has suggested us to do. Implementing His ideologies flawlessly within us helps us to do less "*Jaajan*" (exalting others). In simple words, more the *Jajan*, less the *Jaajan*. Sree Sree Thakur has emphasized more on following and implementing the ideologies than worshiping him as God or Almighty. We all know that "our action speaks louder than our voice". Let's remember this and follow Him precisely. This will not only transform our lives but also will help others to change their perception about our individuality and our love center. We all will be renowned as true *satsangee* in a crowd of thousands. Let us not forget that the only desire and

expectation of our love lord Sree Sree Thakur was to see the true love in our hearts for Him.

"*Jaajan*" (*exalting others with His divine ideology*) is to feed the holy messages and ideology of Sree Sree Thakur for the betterment of humanity. However, we need to be vigilant about one thing - before we spread the messages and ideology of Sree Sree Thakur we all must know and understand what Sree Sree Thakur has asked us to convey, then we need to carry that to others. It is undeniably our responsibility to ensure that Sree Sree Thakur's sayings, messages and ideologies are spread and implemented in the families and societies the way articulated by Sree Sree Thakur and instructed by Acaryadev Sree Sree Dada and Reverend Babaida.

Every human being has some good and bad qualities in them, so to be a better and even exceptional individual we all need to follow Sree Sree Thakur's ideology having Him as our love center. Changes will become tangible once we start following Him with all our heart and soul. Sree Sree Thakur has always believed in us, loved us hence wanted people and only people over anything and everything. We human beings alone can bring peace, harmony and happiness in the society. Our capacities in epitomizing his all ideologies in optimum is very challenging, but within this short span of time what we convincingly gathered is, we should keep our effort going motivating and encouraging others. Like little drops of water make the giant oceans, our little acts of true devotion towards Sree Sree Thakur through true following will culminate in a better future for the whole humanity! *Bande Purusottamam!*

A Century in a Day

Prasanta Kumar Behera

Few days ago, I was reading through Alochana Prasange, vol-22. I frequently came across incidents where someone would come to Sree Sree Thakur for a visit, and he would recognize them from a distance and call them in a loud voice that was so sweet and enchanting, that the person felt immersed in the glorifying nectar of personal touch.

June 2016 is summer season in Kuwait; 3 months long summer vacation for kids. As my elder son is in 11th standard and has joined tuition classes, this time the vacation plan was only 30 days in India. I accordingly booked return flight tickets to start the journey on 21st June and return back by 20th July-2016.

I reached India with family on 22nd June and stationed at Bhadrak in Odisha for the rest of the vacation days. When in India for vacation, usually the whole family would always visit *asram* in Deoghar once before returning back to Kuwait; I also always attend the July conference. This year, the July conference was scheduled on 16th and 17th July-2016. My return journey tickets being on 20th July from Bhubaneswar, I deliberately planned not to attend conference this time as the travelling schedule would be bit tight.

The family trip to *asram* was planned on 4th and 5th July-2016; more than a week to go. During these days, we met relatives; we also went to few places in Odisha and did Jaajan work which resulted in few initiations as well. We started for and reached *asram* with family on 4th July-2016.

On 5th July-2016, after the morning prayers, I went to pay my obeisance to Sree Sree Acharyadev in Natmandap, I had some additional work on that morning to be completed, so I was in a hurry.

I saw Reverend Babaida with his devotees in guest house, where he usually sits for some time after Morning Prayer. Being in a hurry, I thought I will offer my pranam from a distance and go to do my work. I entered the guest house main gate, hardly 10 meters inside; I suddenly heard a loud, familiar voice..." oie Prasanta Behera, Kuwait theke essechhe..." I was mesmerized with the sweetness of the voice. My soul felt that it was Sree Sree Thakur's voice. But to my astonishment, I suddenly realized that Reverend Babaida was calling me from a distance. I ran towards him and offered my pranam. He enquired about all my wellbeing and asked to come nearer to him. I walked and stood nearer.

*"Abhi bhi Leela karte hain
Wobi Gopo rai
Koi Koi Bhagyaban
Darasan' pa'ye"*

Later on Reverend. Babaida asked me whether I am attending the July conference or not. I replied to him with the truth." I did not plan to attend; however, I feel you wish me to attend, so I shall attend the July conference". There were further discussions on many topics like the Satsang activities in Kuwait, the food habits, likes and dislikes of people in this part of the world and so on. Suddenly, he enquired about my return date to Kuwait. I said 20th July. He looked at the calendar and advised me move on the 17th night after the July conference and

complete 100 *initiations* before leaving for Kuwait.

Now the real ordeal begin. 100 initiations was no problem, but the tough part was the time. My return ticket was on 20th by flight from Bhubaneswar to Kuwait. I have to travel from Bhadrak which is 130 kms away from BBSR. I need to pack all my luggage by 19th evening. So by 19th noon, I should be present in Bhadrak.

July conference was on 16th and 17th in Deoghar. Again reaching Bhadrak from Deoghar is one day journey by train. So where is the time for 100 diksha! Practically no time available; if available, it is neck to neck.

In this tight situation, Dhanbad came into mind. There, I had completed my academic career and entered into the domain of Satsang where I was offered (initiated by Professor Konar) to the lotus feet of Sree Sree Thakur. Immediately, I telephoned Sree Chandan Sreevastava (IIT PhD student) and spoke about my tight situation. In reply I got the response "Ho jayega dada..." At least I got some confidence with his reply although I was not sure if I can complete 100 initiations in 1 day.

I returned back from *asram* with family on 5th July; I then made arrangements and ticket bookings to reach Deoghar for attending the July conference. Not being sure of completing 100 dikshas in one day, I thought let me complete 100 dikshas before conference. So I moved to different places in Odisha and completed more than 100 initiations just before 16th July.

The countdown begun. Had many activities and many other things were going on; but the real worry with me was to complete 100 initiations and make it possible for me in one day. Reached *asram* and attended conference on 16th July. On the afternoon of 16th July, I got a phone call from Sree Gaur da saying that I have to speak in the conference on 17th July, the next day. Now double tension.

What to speak in the conference? There are so many vast knowledgeable experienced renowned speakers. In front of them and such a huge conference gathering, what can I speak? I got scared; my mind was under tension. My heart was beating fast. Double tasks, speak in the conference and 100 initiations - both were weighing heavily on me. My only strength: Sree Sree Thakur. I prayed. My soul was seeking Him; Lord give me words to speak and strength to work. Luckily reverend Jatin Mohanty (Secretary Satsang Delhi) was in *asram*; I took lot of help from him and prepared my speech for the next day conference. I was the 2nd speaker on 17th July and completed my part by His grace.

*Mukam karati bachaalam'
pangum langbayate girim
Jat'kripa tamaham
bande Paramananda Madbhavam.*

I was a little bit relieved after the conference, but still the 100 initiations was heavy on me. Suddenly, I received a phone call from Professor Konar, who was in USA at the time. He told me that he heard everything from Chandan da,

and that I shouldn't worry – 100 initiations would be done by the grace of Sree Sree Thakur. After taking this call, I became relieved.

On 17th evening, there was heavy down pour in and around Deoghar. Completely drenched, I managed to reach Jashidih station and took the train for Dhanbad. I reached Dhanbad station at 12 o'clock night. Sree Chandan received me at the station and took me to ISM guest house. Before leaving, Chandan said that he will be back by 6 o'clock in the morning - little time to sleep and rest.

Under tension, I got up by 4 o'clock. No more sleep; I prepared myself and became ready by 6 o'clock. Exactly at 6 o'clock, Chandan came into the room with two persons. I began their initiations. Then I went to Dhanbad Satsang Sreemandir. There were additional initiations. Sree Deepak Das da arranged his car and a Gurubhai who drove the car; Sree Prabir Karmakar da also joined. Along with Sree Chandan, the five of us travelled from place to place in Dhanbad. We went to remote villages around 40+ kms to do the Jaajan. We did so, and initiations were adding to my 100 diksha account. By 2 PM, we crossed half mark of 50+ initiations; still a long way to go. By evening 5 PM, it was around 70. Confidence was shaking up but still hopeful to complete 100. By 9:30 PM, it was 90. My return ticket was in Shaktipunja Express at 11:30 PM from Dhanbad station. Only Two hours left. Still 10 dikshas to go. This has to be done very fast and in time. Within this two hours I

have to complete 10 initiations, go for dinner, checkout from Guest house, reach station and board the train for Howrah. Lots of event. My heart was beating fast. Prayers were on my lips, seeking His mercy only.

Yes, it is HIS Blessings and HIS Mercy as well. In a place where we expected five persons, one by one came and it became a big number. Finally it was 107 by 10:30 PM. Thank The Lord. Still two more waiting. Completed 109 dikshas by 10:50 PM. I rushed to Sree Sarat Panda da's residence for dinner; I then went to Guest house for check out. After that, immediately I rushed to station. As I was getting onto the platform, the train was moving in into the platform. I hurriedly moved into my coach and settled my luggage; I then hugged and thanked everybody who came with me to the station.

My train started towards Howrah. Now, I got time to thank The Lord. I thanked The Lord again and again for facilitating me with all the help and resources to complete this century diksha endeavour. The feeling was immense. For me, it was the feeling and experience of a lifetime.

I pray for the wellbeing of all the Dhanbad Satsangees and SPRs who directly or indirectly co-ordinated and helped me to fulfil The Lord's work. May the Lord bless them all with healthy, wealthy and cheerful lives!

Where every opposite meets with a meaningful go, Godhood peeps there.

~Sree Sree Thakur

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The Lord and the Environment

Kerry Brace

The Golden Rule is a basic piece of guidance given by the Ideal. Jesus said, “Do unto others as you would have them do unto you.” Sree Sree Thakur in the Satyanusaran said, “Try to give others as you desire to have.” Likewise, He defined Dharma as that which upholds the life and growth of both the individual and the environment surrounding the individual. One of His aphoristic rhymes goes, “To live helping other to live is Dharma.” He has also pointed out the opposite: making one’s environment bad is deadly to the person who does so. These teachings are probably obvious to any who are following the Lord—in regard to the environment understood as the people with whom we associate. The way that the golden rule relates to the natural environment is equally clear, but perhaps not so obvious until stated.

I would like to put forward the question as to who the “others” mentioned in the golden rule actually are. Is it just people currently living with whom one could interact, or on whom one could have some effect? To me, the universal Lord, in speaking of “others,” could only mean all beings, human and non-human, living now or in the future. From this viewpoint, to attempt to follow the golden rule, I need to try to choose my actions considering the effects they are likely to have on people and other creatures in the future, as well as those surrounding me currently.

This in turn means that I must act with concern for the effects of my actions on the natural environment.

Even before the advent of modern technology, human actions had some serious negative effects, such as extinctions of species and deforestation in some places. Now with the immense power of modern technologies in effect, the natural environment, on which all life depends, is already changing drastically in ways that bring harm or even death to living beings. The consensus of scientists is that recent accelerating environmental changes have resulted from human activities, not geological forces. Further, if humans continue to degrade the environment as we have been, in the not too distant future, some parts of the earth—particularly in tropical regions such as India and Bangladesh—will become virtually uninhabitable for humans. For example, this could occur through flooding of lands at elevations close to sea level, through extremes of heat, or desertification. (Of course there are those who use various media to successfully obscure this reality from many who do not recognize the science that demonstrates it. I suppose some who do this may be well-intentioned and themselves unappreciative of science, while others may do this for selfish interest. I will not try to cite the evidence here. One concise book on the subject is “Tipping Point for Planet Earth” by scientists Anthony Barnosky and Elizabeth Hadley.)

Why put the guidance of “Do unto others,” together with calling attention to the current existential threat to our natural environment? Given the dependence of all life on the natural environment, anything we do that adds to the degradation of the natural environment, to some extent hurts other humans and other

creatures—ones now living or yet to be born. To use Sree Sree Thakur’s term, it would be “against existence” or *asat*. And anything we do that contributes to keeping the natural environment livable would help “others” to live—it would be “for existence” or *sat*. So I believe that in order to actually attempt to follow the Lord’s guidance of “Do unto others,” the “others” must include all future generations who will depend on this earth in order to live and to grow; and I must take whatever action I can, and determine my choices, with a view to the preservation of the natural environment.

I see this as a matter of my individual actions. Some governments, corporations, or other organizations may have policies or take actions that help the natural environment, and some may harm it. In some countries, an individual has opportunities to exert some degree of influence on governments and organizations, and could choose to support the helpful ones and not the harmful ones. Perhaps more importantly, choices of many individuals, coming together like “little drops of water make the mighty ocean,” can make a difference.

Here are some examples of some individual choices that would be likely to contribute to keeping the earth more inhabitable, ones that have made sense to me personally: 1) Taking from the physical environment only as much as one needs to live normally; (as I remember, this is something that Sree Sree Thakur said we should do). 2) Using fossil fuels only as much as needed to live adequately. 3) Choosing a renewable-source electricity provider. 4) “Sustainable investing,”

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that is, avoiding investing money in companies (or mutual funds that include companies) whose activities degrade the natural environment, and choosing investments in companies that do not harm the natural environment. No doubt there are many other ways known to

other people in which we can help and avoid harming.

To conclude, let's remember Sree Sree Thakur's magnificent saying, "You are for the Lord, not for others. You are for the Lord, and so for others." Both sentences in this saying can be true at the same time only because the Lord lives in the

others. Let's remember Jesus' magnificent saying, "In as much as you have done it unto the least of these my children, you have done it unto me." Let's remember that the "others" are everyone, and that He will be living in those of future generations, just as He is in the present and was in the past.

The Concentric Love

Richi Prosad Mistry

Often time Satsangees, due to the their love-filled bubbling heart and associated hyperactive life, face the questions from family and friends such as- what Satsang has done or is doing for the wellbeing of humanity.

There is a smell of malice in that type of question. Nonetheless the question is relevant. Even Satsangees ask that question. There may not be any ill-will in the question. At one point of time in my life this question popped up in my mind too. When this question used to appear in my mind, I cannot say that I was against Satsang. According to my perception, my understanding, I used to judge what Satsang should do or should not do.

Most of us are like that. I try to judge everything with my understanding. I try to measure everything with my yardstick. I do not even think whether my understanding, my perception, my yardstick is at all suitable to judge or measure everything. That does not prevent me to comment on something I do not have a clue.

Needless to mention, in Thakur's lifetime, many people got attracted to Thakur by seeing His miracle or superhuman activities. At later time, many of them lost their faith in

Thakur by observing other activities of Thakur. This means that I accept Him as God as long as it fits my definition of God. If some behavior or activity does not match my definition of God's activity, I lose faith. This applies to every aspect of life.

I grew up in Bangladesh. My way of thinking, my understanding got influenced by Islamic monotheistic unseen form of understanding of God. At the same time I was influenced by Saint Swami Bibekanand's philosophy of, "God manifests Himself in many in front of you, where are you looking for God except in human?"

'God is one' and 'God is in human'. My understanding came to a conclusion somewhere in between. Felt like doing something for the wellbeing of humanity is the only Dharma. With that understanding, as I was growing older, my vanity of formal education set a strong foot. I started questioning/ commenting on the Ideology of Sree Sree Thakur Anukulchandra.

In the same way, my growing up was influenced by everything in my surrounding environment and my understanding is continued to be influenced. I observed that people around me very very vocal about

preaching the philosophies and ideologies of unseen and seen form of God but their own conduct is dictated by their own complexes of mind. I also observed the people who are generally very very attached to their parents are more complex adjusted in personality. These observations help me set aside the seen and unseen form of God concept from my brain.

Next, the thought of how that human form of God would look like, came into my entire conscious world. Got very much influenced by Saint Swami Bibekanada's concept. There I made mistake too in understanding and slowly drifted into the concept of helping the destitute is the only way to serving God. Almost like an atheist. Like this, I have passed by the valuable time of life without doing what is needed to make a man out of myself- what is needed to be.

The more I observed, the more I read the biographies of different personalities, the more I came in contact with people with godly qualities, my perception started forming that behind every good personality there is an Architect behind it. Each of these personalities has done everything in life to imitate that Architect. These people were madly in love with that

Architect. That Architect is called Living Ideal.

Sree Sree Thakur Anukulchandra chose his mother as the Architect or Living Ideal of His life. His entire life was surrounded by pleasing His mother. Sree Sree Thakur in many ways, all His life, by prose and poetry, by action and discussion and by dictation tried to convey this message of necessity of active loving attachment to a Living Ideal. That is the core of Thakur's teachings. This active loving attachment is the only thing that can sublimate our complexes and adjust our personality. This could take few generations with continuity to

achieve godly qualities i.e. complex adjusted personalities.

To adjust the complexes by active loving attachment to a Living Ideal is the only avowed activity of a Satsangee. Satsangees, in that mission of man making are doing whatever they can wherever they are. Each Satsangee with a serviceable attitude towards his/her immediate surroundings are working incessantly to show the path of making that attachment to the Living Ideal. That activity is, as the attachment towards the Living Ideal is, ever increasing. The activity to be, the activity to please the Living Acharya, the activity to be an adjusted human, the activity to help being and becoming

of immediate surroundings- are the activities of a Satsangee and that is what Satsang has been doing for humanity. What activity could be better than the activity to make one individual's own complexes adjusted and offer a complex-adjusted individual to the service of his/her immediate environment?

*When love of variety
concentrates into one Ideal
with every active adjustment
and service,
it sprouts into universal love
in harmony
with every specific universe
of every individual being.*

(The Message, 3:23)

The Ideal Reformer: Sree Sree Thakur Anukulchandra

Suhasini Patra, Student of Grade 8

Once a disciple asked Sree Sree Thakur Anukulchandra "Lord Ram came to kill Ravana, Lord Krishna came to kill kansa. Who will be killed by kalki avataar?" Thakurji had replied that in Kali yug, Purushothamam has come 'not to kill but rather to control' (in Bangla 'vadh karte nein vash karte asech?'). That is to control the evil within us. This was the main reason Thakur started the Satsang movement. Thakur called Satsang, the man-making industry or the Reformation center. Thakur adopted various techniques as appropriate with different people to get them out of their ill habits.

When Thakur ji was young, he had some friends who used to steal. Some people complained to Mata Manmohini Devi that her son's companions were thieves and they would spoil him. Naturally, Mata Manmohini was concerned. When

she asked Thakur about it, Thakur ji said that his friends would improve in his company. Once, one of his friends decided to steal some things. Thakur ji said that he would accompany him to steal. Though surprised, the man agreed. The man told Thakur that they would go to the house of a wealthy man who was to out of town that day. So, Thakur and his friend went to the wealthy man's house and hid behind a bush that was outside his house. While waiting, Thakur ji kept complaining about mosquitoes and other bugs that were biting them. His friend said that when one wants to steal something, he has to get used to these bites and wait quietly for a long time. Thakur waited quietly. After some time, the man came outside, locked the door and left. Thakur's friend got ready to break-in, but Thakur immediately stopped

him and asked "Have you lock your house?" The thief replied that he does not lock his house so that he can easily get into his home after collecting the loot. Thakur persisted what if someone was waiting outside his house he would not even need to break-in. The man had never thought about it earlier. He returned home and did not steal ever again. If he ever had the urge to steal he would go to Thakur and spend time with him or participate in the kirtans being organized by Thakur. This way many like him were distracted from committing heinous crimes and felonies.

There was a mad man in Gauhati who went around asking people if they had ever seen God. Most people gave him unconvincing answers. One gurubhai said to the mad man, "Go to Deoghar. Thakur Anukulchandra lives there. He is

God.” So the mad man went to Deoghar. As soon as Thakur saw him, he called him most lovingly, “Oh my gem, where were you for so long?” It appeared Thakur had been waiting for him. Thakur asked some of his disciples to give him a bath, a haircut, shave, new clothes and food. Thakur said that the man would live with them and asked for making arrangements for his stay. He also asked the mad man to sit next to him from next day onwards. The man would sit everyday and listen to Thakur’s words and slowly recovered from his madness. Those days, food was scarce and anandabazar was on whatever the

disciples collected. This mad man however, did not work to collect anything. This made some people disapprove of him and one of them rebuked him, “you sit here idle whole day and only eat. You do not even go out to collect anything”. The madman went and told to Thakur everything like a small child, and Thakur felt pained. He summoned the said gurubhai and affectionately admonished him, “Is he eating directly from yours? From today onwards you will be responsible to ensure that he gets the exact food and other things he requires. There should be no difficulty to him whatsoever”. With

the divinity of Thakur’s words and love, the man slowly healed and became completely normal. He mentioned to Thakur that he wanted to visit his family. Thakur arranged, food and clothes for his family members and told him to go and take good care of his parents, wife and children. Thakur also arranged a car to drop him at the station, however the man could not leave Thakur ji easily. He came back several times from the main gate and then finally departed tearfully, a completely changed, sane and responsible man now. Thakur had treated him of his mental disorder without a single dose of medicine.

The Truly Compassionate Friend

Supreeti Patra, Student of Grade 6

Sree Sree Thakur Anukulchandra was very generous and helpful to young and old alike. There are many incidents in His life that show how helpful and compassionate he was to everybody. Here is one such incident.

After taking admission in National Medical College, Kolkata he couldn't afford to rent a place so he thought of staying on a railway platform with the coolies (porters). He observed that they lived a very tough life. Most travelers used to look down upon the porters and considered the work of a coolie as a “low” work. The coolies would carry heavy loads for earning their living even if their

health was weak. He worked as a coolie himself carrying the heavy loads of others. He didn't ask anybody any money for porting their goods just accepted whatever they gave. He also helped other coolies share their load the load was big or if they were weak. When he saw old or sick coolies he would tell them to take rest, help them get food and share his earnings with them selflessly. He would also massage sick and aged coolies and nurse them to health. His intention was not to earn money rather make as many people as possible his own.

Many coolies did not even have proper clothing or bedding. Though

Thakur was poorer than most of them, he maintained a good standard of hygiene. He explained to all about the importance of remaining neat and clean and also brought sheets and clothes for them. He earned little but never made any ill use of his money. All coolies liked Thakur and by spending good time with Him many overcame their ill habits.

This is how Thakur showed that even small work need the same consideration as big work. He used to always stress to give due importance to little things as they lay the foundation for bigger things in life.



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Recent Gift of the Lord for Continuity of my Life

Asis Basu

My life as a Satsangee started early when I was only eleven years old. Much earlier in the year, my father academically challenged me to top the class in the fifth grade. He would take me for a trip to ThakurBaree incumbent on that condition. Coincidentally, and I repeat it was just by coincidence, I topped for the first and the last time in my entire academic career. When the results were out, I was ecstatic that Thakur provisioned me by becoming the topper of the class. I was not a topper ever before or after. How I became a topper is still a mystery in my mind. Seriously. Except we all know that mysteries are swept away by Lord's blessings every day, even today. But only few that are blessed, can witness it.

On a wintry day in December 1965, I was feverish and running temperature for the last couple of days. That was the day of our journey to ThakurBaree from Gaighata, a small village in 24 Parganas in West Bengal. I was accompanied by my wonderful parents and a local Ritwik Devata from the vicinity.

We started early in the day to catch the 'Toofan' train from Howrah station. I was still running fever as I could remember when the train left the station. Down the railroad after five hours or so, by Thakur's grace, I felt a sudden chill followed by a sweaty condition that took my fever away.

My mother seemed to be so happy by this event and her face was gleaming with inner joy. She changed my undershirt and the shirt as they were absolutely wet from the unexplained sweat in the middle of the winter. By

the time we were ready to disembark from the train to Jasidih Junction platform, I had virtually no fever.

My father negotiated with a Tonga Wallah (driver of the horse drawn carriage) and surely enough we were now on our final leg of the big trip to our destination. We reached ThakurBaree and entered the gorgeous doorway arch. Our body and mind had a wonderful excitement. Soon we will get to have darshan of Sree Sree Thakur. We silently walked down the metal road to His residence 'Parlor'.

The door was open and although it was close to dusk, we saw an amazing glow and aura of the person sitting on the fresh white linen on a very basic rectangular bed. He had two pieces of white cloth around his upper and lower body. A sacred thread was also worn and could be seen only when he was dropping the cloth of the upper body.

This was a pure stroke of luck for us to catch a glimpse of Sree Sree Thakur as only last evening we had been debating whether it would be prudent for us to visit Deoghar at all with my persistent fever. But truly, He was gorgeously simple.

His voice was barely heard as He was conversing with a man that we did not know. There were not too many people in the room and Thakur seemed to look at everyone with a genuine sense of saving them and radiating with an elixir like smile around His face.

Although very young and ignorant about things that were going on, I too had a sense of being connected to Thakur. A sense that gave me a rare confidence and a determined assurance which prevailed as long as I was in Thakur's parlor.

People were going out – People were coming in. But a continuous

congregation with a heavenly charm persisted with Thakur's unmistakable presence. He appeared to be an epitome of endless natural solutions, a fountain of love, compassion, and forgiveness.

Among them who were present was a gentleman we came to know later Shri Ajit Ganguly Da. He was Thakur's attendant. His job was to make sure that Thakur's immediate needs were answered and delegate the various tasks to himself and others. He looked like one with a strong discipline, and a stern personality to serve Thakur.

Ajit Da was approached by Ritwik Da (Santi Da) that we went with, and we were told that it was too late for Thakur to have another new chain of discussion open that evening. But Dayal (the Graceful) Thakur enquired about us and Ajit Da kindly let the Master know the reason for our visit.

After listening to Ajit Da very patiently, Dayal Thakur commanded by looking at me to take *Diksha* (initiation) the next morning from Ajit Da. He looked at me with His laser vision and blessed me saying "Jai Koro Na Keno, Maar Katha Sona Laage, Moni" (No matter what you do, you must listen to your mother, little boy). That was the first and the very last direct command I ever had from our Lord. One may not find the contextual relativity of the command, but following Lord's command in my life brought utter delight and meaningfulness.

Thakur's decision about choosing Ajit Ganguly Da as my Ritwik Devata did not quite please Santi Da. He literally wanted to initiate me and could not align with the Lord's choice. Thakur's selection of Ajit Da as my initiator helped shape my life in every step I traversed.

The story of my life is nothing special so far though. What is noteworthy, is the turnarounds from huge problems to genuine solutions. One such event, a recent medical episode, happened few months ago.

I came back from ThakurBaree on February 5 of 2017. As I was recuperating from my jet lag from the grueling and long voyage to and from India, I did not notice that I also had shortness of breath. One day in April, as we came upstairs from the living area, my wife noticed that I was breathing heavy. Heavier than normal. We have only 14 flights of stairs between the two floors. And even that short journey was giving me a lot of undesirable exertion. An average 150-pound (70 kilogram) adult will breathe at an average rate of 14 breaths per minute at rest. Excessively rapid breathing is referred to as hyperventilation. Shortness of breath is also referred to as dyspnea.

I also felt the same after she pointed out. The following morning, I got a physical postcard from my Cardiologist's office encouraging me to schedule for doctor's office visit. As you all know, generally these requests are sent by EMR software or email. But the existence of this postcard made an impact in my mind. In my last encounter in 2010, Dr. Reddy found my vessels and the valve work of my heart was ultra-excellent after he offered me the Treadmill Stress and the Nuclear tests. A nuclear stress test measures blood flow to your heart at rest and while your heart is working harder because of exertion or medication. The test provides images that can show areas of low blood flow through the heart and damaged heart muscle. The test usually involves taking two sets of images of your heart — one while you're at rest and another after your

heart is stressed, either by exercise or medication.

Let me give you the backdrop which I think was the single and powerful motivator that kept me alive today. So, in my prior ThakurBaree visit, I had many blessed opportunities of conversing with Reverend Babaida inside the Natmandap where Reverend Sree Sree Dada gives Darsan. It was around 10:30 in the morning. Sree Sree Dada was busy composing a song. Reverend Babaida arrived silently and gorgeously as always. After we all greeted him and settled down, I asked him the question that was in my mind for several days. "When do you think that Satsang will have a global reach and transformational power, Dada?" He paused, and did not answer me until after 10 minutes or so. "Fifty years" was his sincere and confident reply. He paused again, and then looked at me "How old will you be then?" I replied "113". Reverend Babaida then blessed me "Chalie Jaan (keep going)".

Coming back to the postcard, I then remembered that I had to remain alive that long. And therefore, out of some unexplained compulsion, I tried to schedule my visit to the Cardiologist. Except there was a slight issue. My current medical insurance company did not recognize Dr. Reddy as in-network provider. It suggested that you could see and have your procedures done by this physician, but you would have to pay everything out of pocket. That led me to "Google" a cardiologist in my zip code. I found an in-network-provider Dr. Santos. He is a second-generation Cardiologist whose father is also a practicing Cardiologist in the state of Illinois. Afterwards, I happened to realize that Dr. Santos had a lot of trickled down wisdom from his father in the matters of heart and vascular world.

Long story short, I went to Dr. Santos on April 18th and after some quick and confirmatory testing, he proposed angioplasty to be performed within a day or two. He had installed a stent on my heart without a glitch. Years ago, this procedure used to be performed by open-heart surgery. Now they have a catheter that gets inserted through one artery of the wrist. The tip of the catheter has the intelligence to transmit information by means of an audiovisual scope. This tells the doctor what, where, and when to execute and install the stent if necessary.

This medical encounter surely disrupted some tasks that I had in my hand but it saved my life. To be exact, the divine dictation was delivered just a few months ago by a person whom we dearly address as Reverend Babaida. What got delivered by Him was the inspiration to live longer in the presence of our Acharyadev in one of the most sacred places in the universe, "the Natmandap by Satsang Philanthropy". I would not be writing this article today without His unconditional grace.

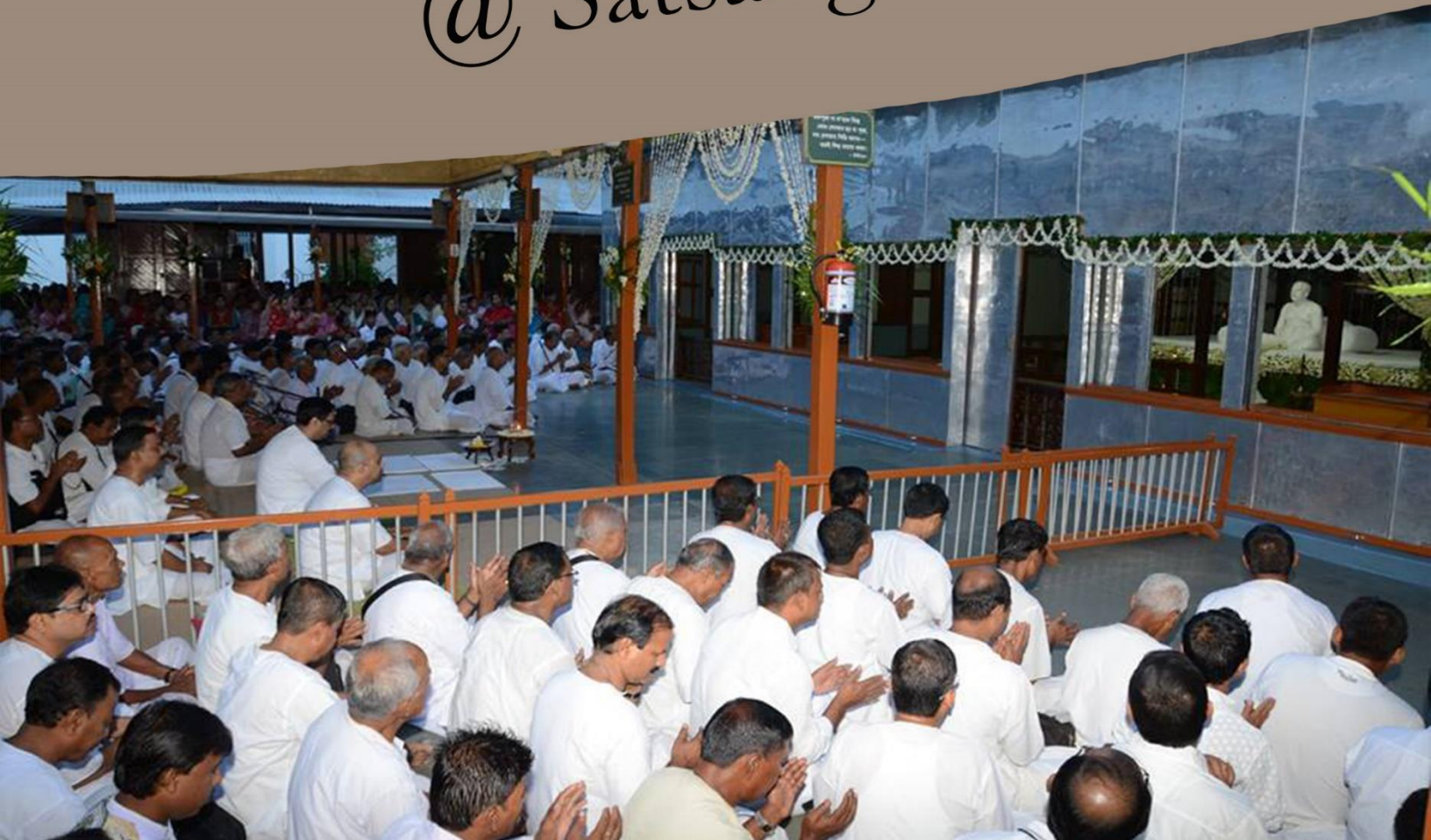
Hey Lord, kindly take our deference and reverence from the bottom of our hearts and have us prepared for your holy work, for that will lead us to the piety - the prosperous and genuine path of corollary.

Sree Sree Thakur defined religion (Dharma) as follows:

*"Dharma –
means the laws
that sustain
life and growth
with every effulgence
of personality
both individually
and collectively."
(The Message, 2:6)*



Prayer Time during Utsav
@ Satsang Deoghar



Sree Sree Dada in Centenary Volume in 1987, proclaimed the following:

“The prophets come according to the needs and necessities of the age. There is no difference among them at all. To deny the one is to ignore all. The present prophet is the consummation of all the past prophets. All the past prophets converge in the present one, and to

adhere to the present means to fulfil all. In trying to establish Him, we are ourselves established, in fulfilling Him, we are ourselves fulfilled.”

It is our immense pleasure to celebrate the 130th Birth Anniversary of our Lord on Saturday, the 16th day of September 2017. The day is especially auspicious because 30th Bhadra according to the Bangla

Calendar is going to coincide this year on that day. Also, we have been duly blessed by our Living Master Reverend Acharyadev Sree Sree Dada to observe the following day, Sunday, September 17 as ‘*Diksha Divas*’ - a day to engage in the process of *Jaajan* to *initiate* others and thereby rededicate ourselves.

Relationships - Eternal or Disposable?

Manoj Patra

I hailed a Lyft taxi to hurry to San Jose airport from SFO airport. I was going to attend the Annual Satsang in Austin, Texas on Jul 09, 2017 and having missed the notification of a flight change had come to SFO in lieu of SJC airport. After I exchanged brief introduction with the driver, I explained why it was urgent that I reach the airport in next 30 minutes to catch the flight in time. The driver initially gave up hope he said, the chances of making it through the traffic was slim and I said with as much calmness as possible, “Let us give an honest attempt. I would leave the rest to the providence”. The traffic was not that bad and by grace of the almighty we picked up speed quickly. Conversation started on various topics and when I enquired about his life, I was happy to note that he was married for long, most other drivers I had met on Uber or Lyft were either divorcee or had divorced at least once. I asked him if he had any kids. And his immediate response was “Dog”. Noticing the queer look on my face, he said “We decided not to have any kid so we have a dog”.

I sat reflecting on this idea that a pet is a better substitute than a child which many families have started following. Adopting a pet is a great thing. It helps one bond with another creature and if there are kids at home they learn to care for a pet and its needs. But pet as a substitute to children! Well, it was not exactly the first time I was hearing this but such attitude always bemuses me. I recounted the demonstrators from our last visit to Oakland Zoo who were educating the children not to pet a Tortoise as they live very long and nobody wanted the pet to outlive oneself. The old lady in the zoo had reasoned, “You do not want the pet to be left without an owner when you leave”. I wondered if that was what the feeling of majority was how they ever equated it to a child.

This led to a train of continued thoughts:

For many years people in developed world have been pursuing the idea of easy disposability e.g.: disposable pens, disposable plates/cutlery, disposable electronic gadgets, disposable mechanical parts etc.

Disposable products or parts thereof are regarded as best option where manpower to clean up is scarce and/or repair of old items is exorbitant. Newer ones are easily mass produced in the factories. This uncontrolled strive for disposable goods has one unwanted impact that wastage and garbage produced is very high. In US an average person produces 10 times more garbage than that produced in other developing nations and perhaps 25 times more than under-developed countries. The impact of this on ecology and environment is high but I reserve that for a separate article.

The strive for disposability does not stop there, people keep extending this to even relationships and it is concerning the rate at which this concept of Disposable Relationships has made its way into people’s psyche and culture. People rent houses for a period of 3 to 4 months as the lease should be disposable, people enroll into classes for a month or two as they want to keep it disposable. The concept of disposability is also pursued by many corporates. The central idea behind strong

processes is to ensure that human resources are easily replaceable. With minor training any worker can do any piece of work as long as they followed the process. Resources (read employees) are fungible, replaceable and dispensable (read disposable). Only a few positions are considered to require specialized skills. Most others are trainable easily. As a direct result of this, very few people if any corporate are regarded as indispensable. The authority of a manager is measured by his/her ability to hire and fire and only to a limited extent by select, nurture, retain.

So much to the extent that people get into live-in relationships to dispose off easily and even when married, disposability is central leading to breaks in marriage at slightest of difference in opinion, mannerisms, lack of consent or discontent. People like to adopt children from orphanages as they can be returned and disowned if things do not go as wished. The idea of “disposable relations” may sound weird to people from other cultures but apparently many are home with the notion in the western countries, especially the USA.

I reflected further into conversations with such drivers (unknown folks) to known colleagues and everyone agrees that divorce is neither easy nor good. Especially those with children admit in person that though they try to live with the separation but it is hard and surely the children are impacted in many ways that they wished had not happened. To give oneself a sort of consolation most of them say, they are good friends

with their “ex” and have an agreement to permit kids to have time with either.

Amidst this culture and mindset, we hear about a seer from India, who was ready to give up a kingdom but not lose a man. One who would yearn for men and would wait endlessly for people, jumping with joy if any newcomer arrived inquisitive or otherwise. One who did not consider a single soul as an outsider or not part of his family. One who would easily love, guide, if needed chide and thus mend everyone to become steadily a better human being. In His direct words to his followers,

“Good, bad however may one be, people have to be initiated and made drawn towards the Ideal.... To men no other gift can be as high as being a man. I wish the yearning for men never diminish among you, just like mine (yearning for men). You should bear, forbear, rule-correct everything. With respect, service, affection, motherly love and inspiration you should grow everyone as per one’s individual distinctiveness. This is the kind of relationship you need with people”.

The contrast is huge. Relationships are meant to be grown over time, especially the bonding between family members are for lifetime. What a stark difference between the idea of “Disposable Relationships” and “Eternal Relationships”.

My thoughts were interrupted as the driver announced, “There you go. We reached in 28 minutes”. I smiled, “The ever loving Supreme Father is ever gracious too”. I thanked him and rushed to catch my flight just in time.

I was really fortunate to participate in the Annual Satsang at Texas,

meet so many guru brothers and guru mothers, see their relentless efforts for the program, the kind hospitality and visibly the frenzied love for Sree Sree Thakur.

And I smiled at the devotion for the Ideal when distilled and concentrated becomes pure love and any relationship that binds in this Love, constantly trying to be Ideal-Centric has to be eternal!!!

Istavrity, the Greatest Oblation-as I Understand

Biswajit Paul

I am a second generation Satsangee and can candidly say that whatever I am today is because of Thakur’s blessing!!

As realization grew with time, I have keenly observed my friends, peers, relatives etc. visiting temples, shrines, pilgrims in search for peace, blessings, fulfill one’s wish and offer food and money to deities etc. The practice of offering Istavrity every morning is same as going to a temple or shrine and offering food or money to the deities, with the difference being, it is offered every morning for the nourishment of the Ideal before performing any other activity. Istavrity is the most important pillar for being and becoming of an individual and Sree Sree Thakur had laid lot of emphasis on this great oblation. Sree Sree Thakur had taught us this protocol of *istavrity* and have asked us to inculcate this as a daily habit for our well-being and providential bliss. I believe, if it is important to brush our teeth every morning then it is super imperative to offer *istavrity* with love for the nourishment of

our beloved Ideal, Sree Sree Thakur for he takes care of our precious life. The concept of *istavrity* is nothing new to Indian culture, like many ancient good practices which have been forgotten by today's modern India, *istavrity* is also one of them. One can find its mention in the scriptures and Vedas and Sree Sree Thakur had extracted the gist of it and made it simple for us to practice in our daily life for our wellbeing.

Do we have any insurance which insures us from death/loss of life when we are alive? All insurance that is known to me covers for our medical expenses after accident or calamity or will payout the lump sum in the event of death.

Istavrity is like a life shield which protects us from any calamity. This is not some trivial ritual, it is the *greatest oblation*, when done with pure heart and faith before sunrise, the Ideal himself accepts the offering. We need not ask for anything, automatically our needs are taken care of and fulfilled as per one's instincts and characteristics. The Ideal is the Fulfiller the Best of the Age.

In simple words *istavrity* is the mother of all insurance which ensures the flow of providential life force to keep us alive and stay our existence.

Now I know why Sree Sree Thakur said "Death is a curable disease".

Since last one year I am driving every weekend for more than 300 miles from my workplace to my family in the wee hours. This is end to end busy I40 interstate highway drive and on every drive there has been momentary occasion of half-awake half asleep and suddenly I would take control of the steering with knee jerk reaction and all this happens in a flash of second. Once again I would say Sree Sree Thakur saves my life. *Istavrity* saves us from such life threatening events when we practice it religiously and surrender at his lotus feet unconditionally with unquestionable allegiance. He takes care of us at every impulse and there is no rationale or logic of how. May be it is beyond human comprehension. I believe this is an outcome of continuous process which further strengthens my attachment towards my love lord and gives me inner peace.

One life changing event, the blessing of Thakur.

After doing evening prayer I and my wife Alolika started for neighborhood Walmart on Saturday evening 19th November 2016. Usually we go by the main road leading to the supermarket but this time accidentally we took a

different turn wherein we had to stop to yield traffic in a two way two lane road. We could notice couple of accidents with patrolling police cars near the junction due to which there was lot of slow moving traffic. Due to accident, the extreme right lane for left moving traffic was blocked and the left lane traffic was moving slowly as and when cleared by the police personnel. We cruised ahead slowly when we saw the vehicles on the left lane are stopped for yielding us. The visibility of the right lane was not there as it was blocked by all the cars on the left lane. As we progressed ahead slowly past the central divider towards the other side suddenly a fast moving car zoomed past ahead of us. The speed of the car was good enough to have totaled our car and cause some fatal injuries. I don't know from where I got that impulse in fraction of seconds to apply the hard brakes immediately to avoid the collision. I am not debating here right of way or speed limit or traffic law violation but how three (?) lives got saved.

Next morning Sunday November 20, 2016, we came to know that Alolika is expecting. This is how Thakur saves us from the unseen and unknown calamities of life.

My Experience with my Guru

Sowjanya Chintala

It's been 3 years I have been initiated. As everyone, I have started my journey with conditional love expecting that being initiated life changes the way I want it and I will not have any problems further

in my life. Being with that expectation, if something good happens I thought it's because of Guru and if something bad happens I thought why the Guru is troubling me. Life became more

struggling because of this conditional love. Slowly with time, as the cocoon struggles itself hard to transform it into butterfly, so as with *Istavrity*, prayer, meditation and Satsang slowly the

transformation started within me. Love started growing within deep inside that my weaknesses started coming out like dirt. First time in my life, I could see how many faults have been accumulated within me. Being in the divine environment only we can find our own dirt. Instead of looking outside for faults I started looking faults within myself. Started working on my weakness which soon developed a self-love towards my own being. Knowing self is knowing the soul or spirit in us. Many of us think spirituality as a philosophical thing and feel one should develop that in old age which is a very common notion. We enter our mother's womb as a fetus with a spirit. From there our mind and body grow for 9 months and see this earth. But being juggled around this materialistic world, we give lot of importance to body and mind and ignores the soul by which we create disharmony with the cosmos. As we are disconnected with the cosmos so we tend to fall down into the troubles. So to being connected with our own soul,

everyone needs a Guru in their life which brings harmony into the life and our perception towards life changes from sympathy to empathy, passion to compassion, conditional to unconditional love, want to give, pride to humbleness by which our daily lives unfolds as a miracle and sense of peace arises deep within.

Recently we moved to a new apartment in Foster City and the leasing lady gave me the address as 1441 Beach Park instead of 1451 Beach Park. In DMV, I gave the wrong address and after knowing the fact, I changed in USPS to redirect the post. One Sunday morning after my Istavrity and prayer, I felt strongly that my DMV license might have reached to 1441 beach park address. With that strong conscious mind I went to that building I knocked the door almost thrice but I could not see anyone opening the door. I was about to move from there, somewhere my heart was saying to knock the door more hard this time. I was completely unaware

who stays there or if someone is residing or not and that too Sunday morning. This time I knocked the door hard and I saw a person opening the door. He was in deep sleep with half eyes closed. I gained some strength within me and explained the situation and he asked my name. The moment I said my name he went inside and bought the mail box keys and gave me 2 letters, one of which is DMV license and the other was the check of my previous apartment deposit refund, both of which were very important for me. I was totally amazed by that incident as license was very important for me as I had to travel to a new location in 2 weeks and had no time to follow up. Sree Sree Thakur Anukulchandra is my guru and I feel very much blessed to have me in this birth as not everyone can come under his shadow without the grace of Lord. I hope my story of evolution of devotion touches someone to take *initiation* of the Love Lord and grow from within and touch the spirit within. JoyGuru.



WEALTH FLOWS TO WORSHIP

He who roams
with the mission and tidings
of his Beloved- the Lord
and serves people
with every compassion
for their existential proficiency,
wealth flows there
to worship him.

~Sree Sree Thakur

(The Message, 8:271)